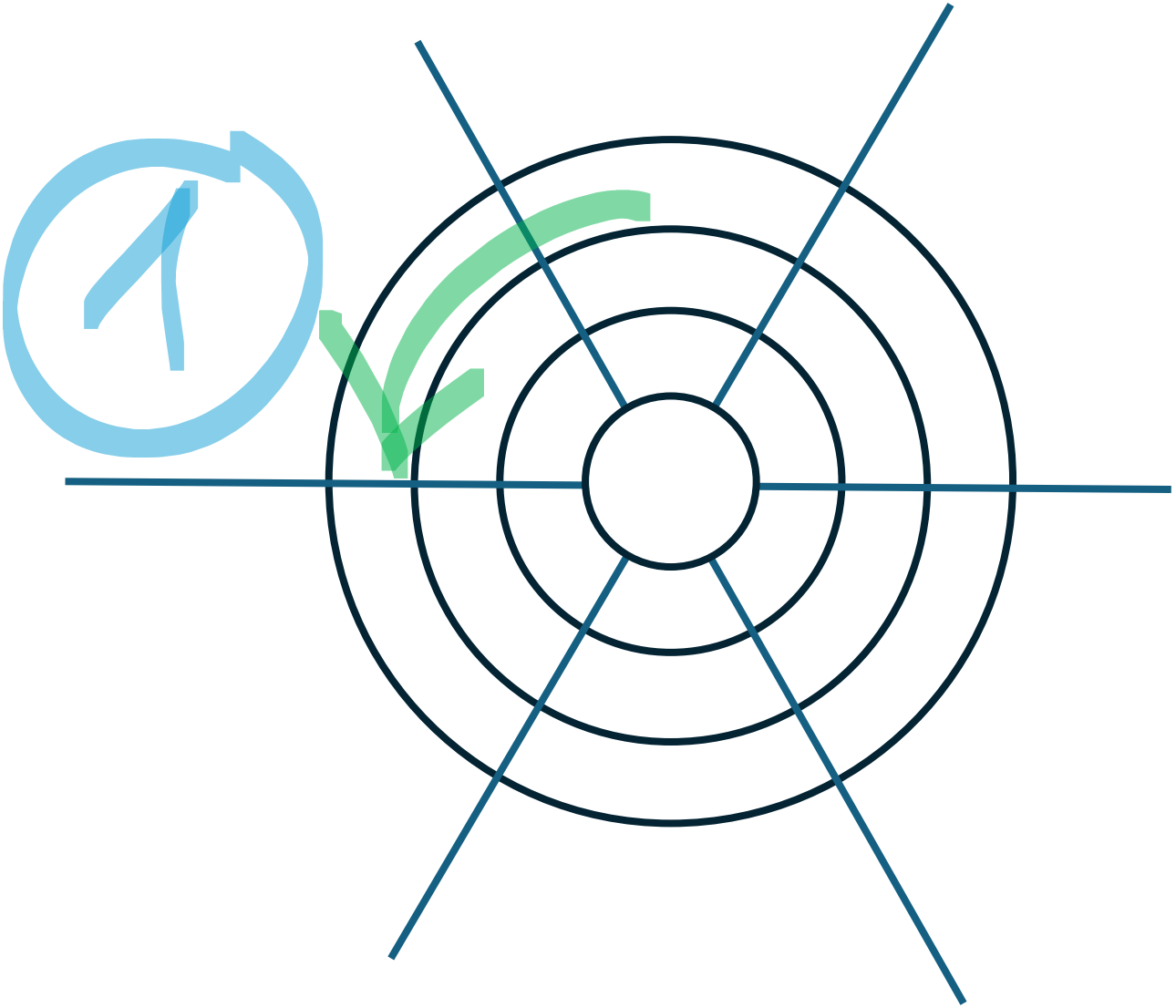
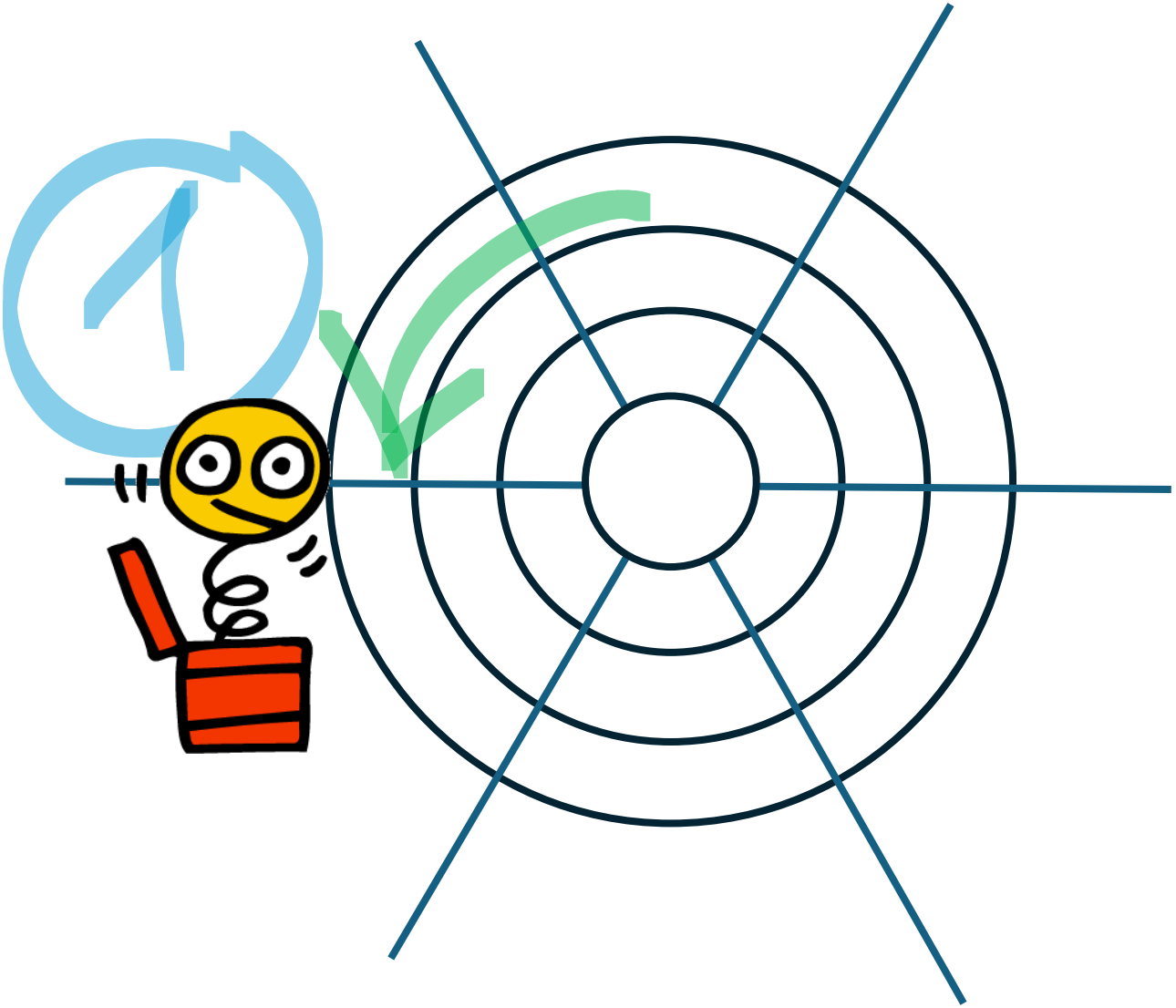
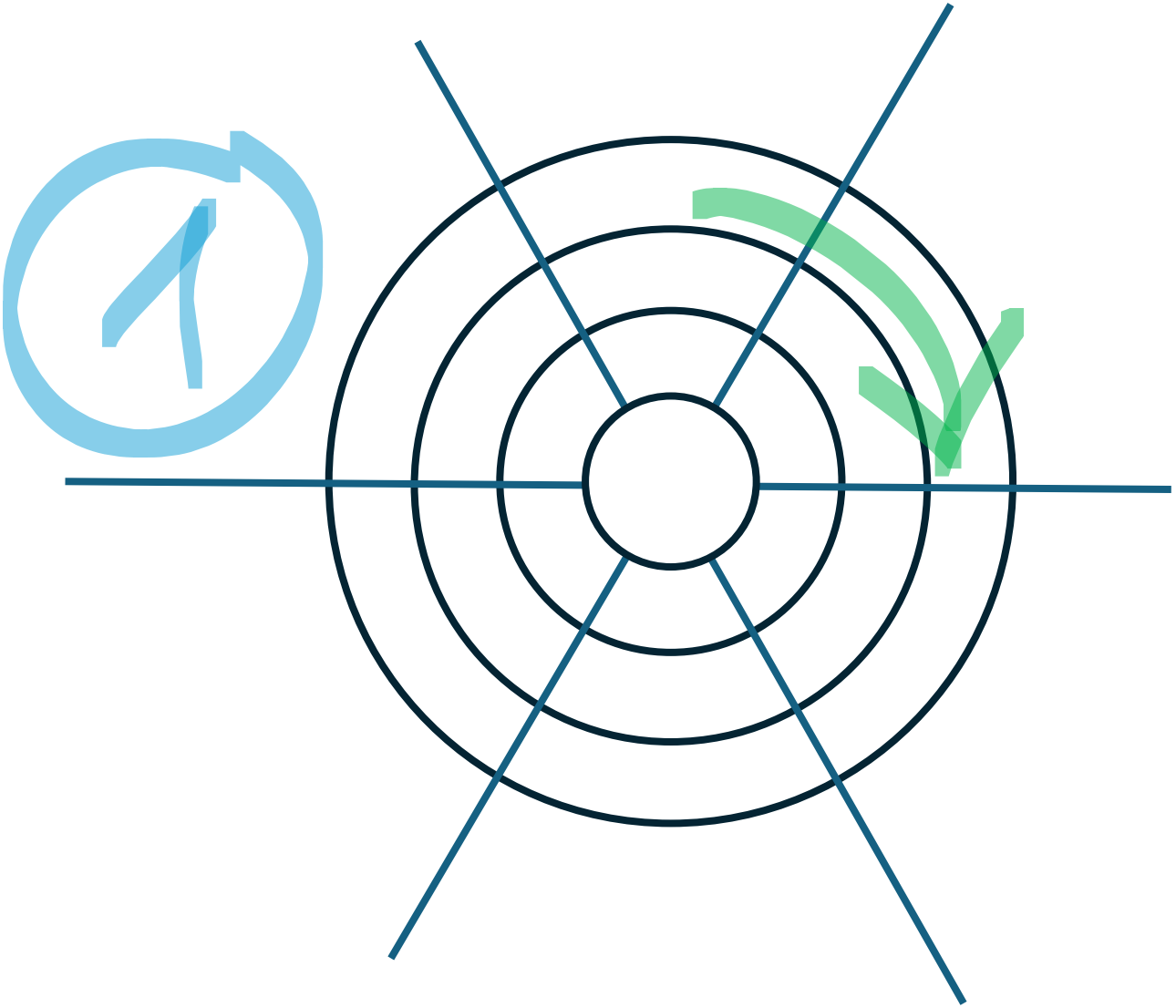

3 abraçades T3s • jo m'abraço • yo t'abraço • kimuak •
per juntes abraçar millor allò que la vida ens porta
3reptes4us
el joc

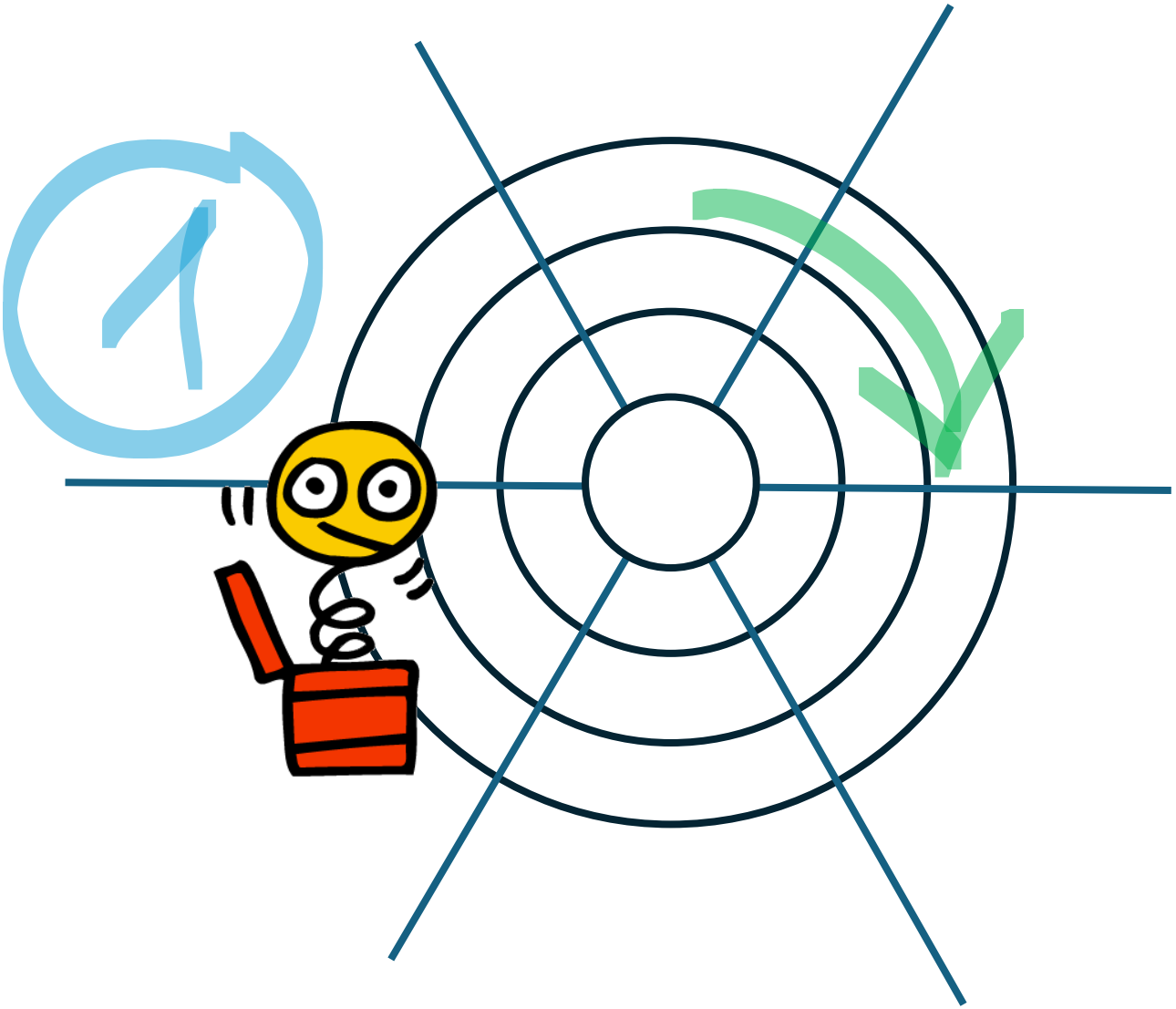
3reptes4us el joc

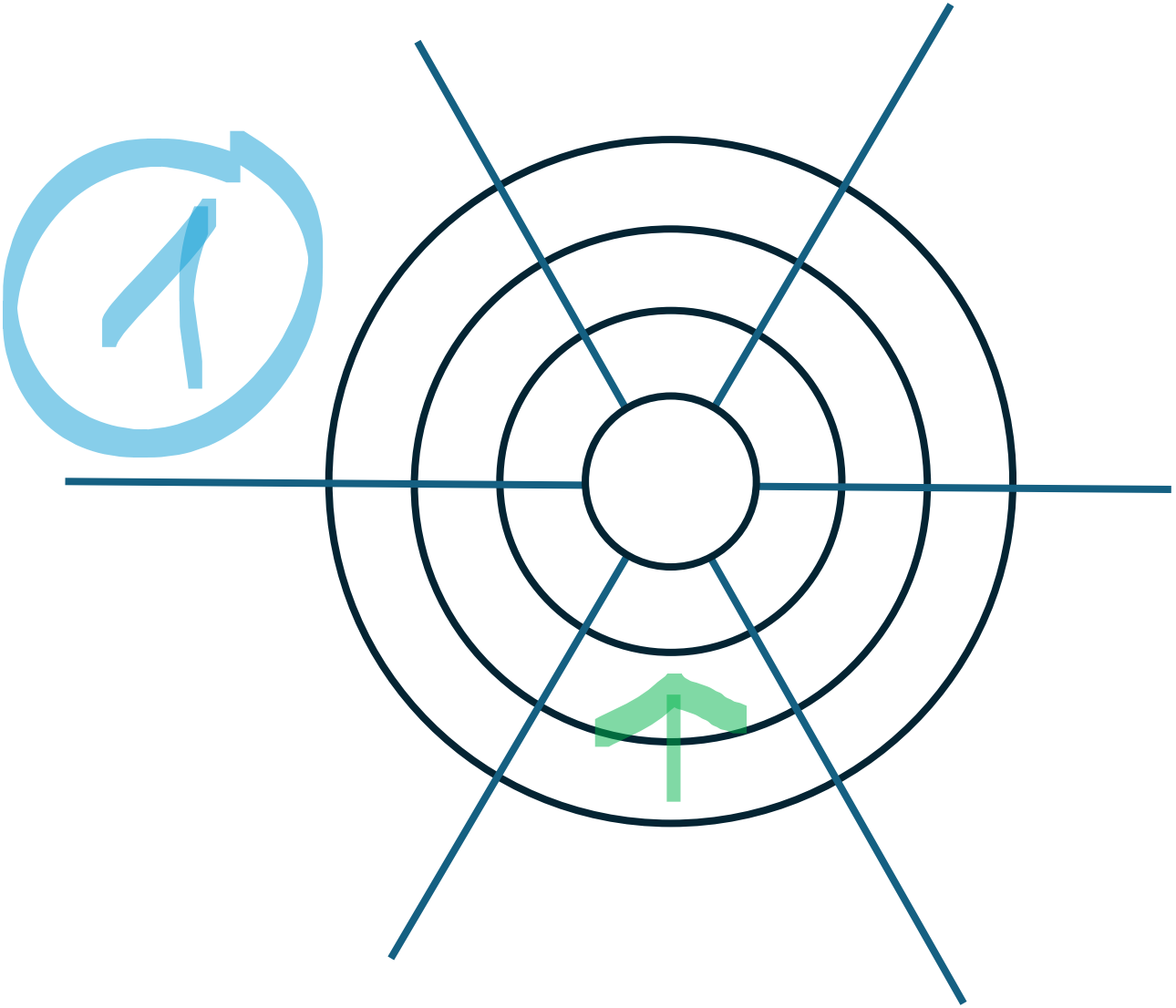
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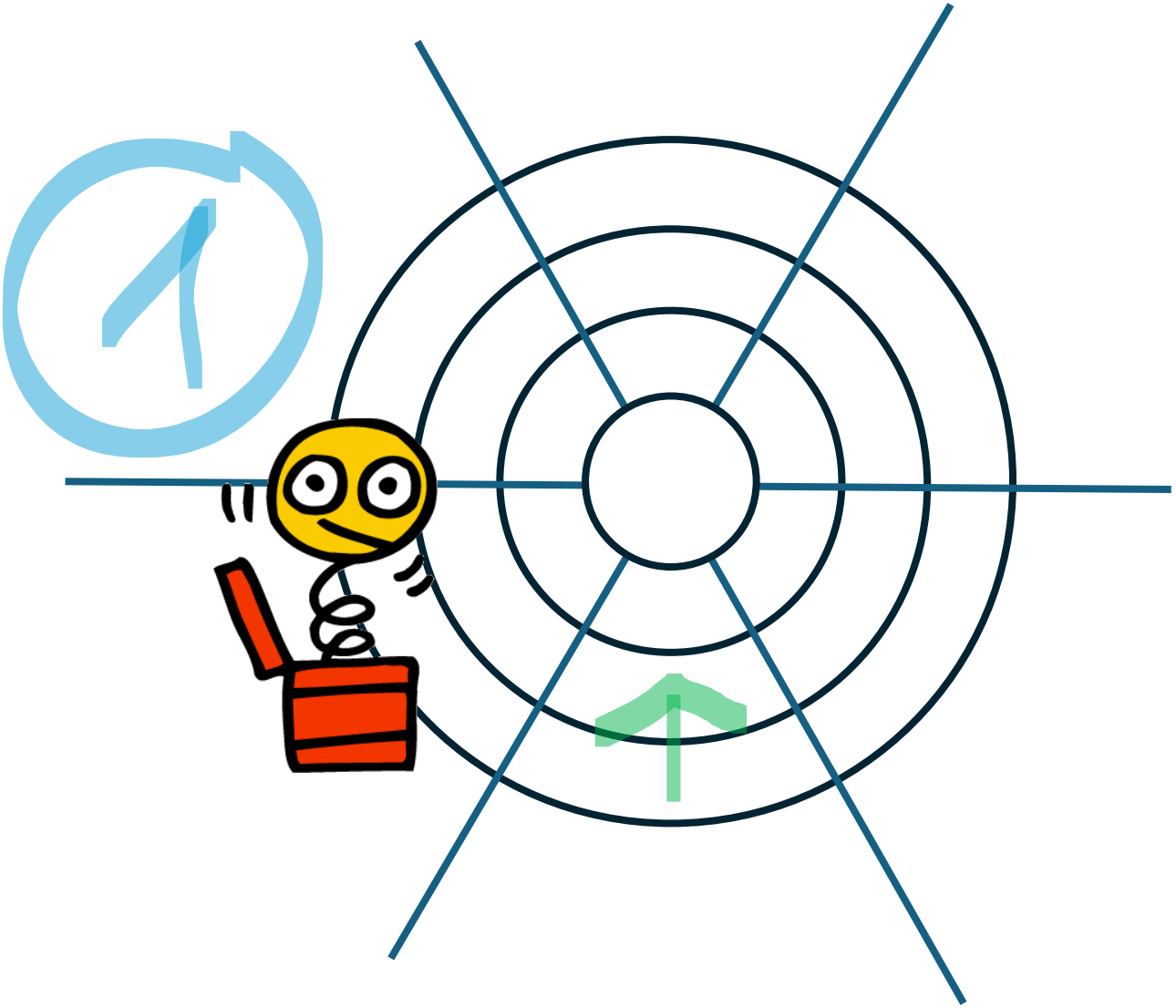


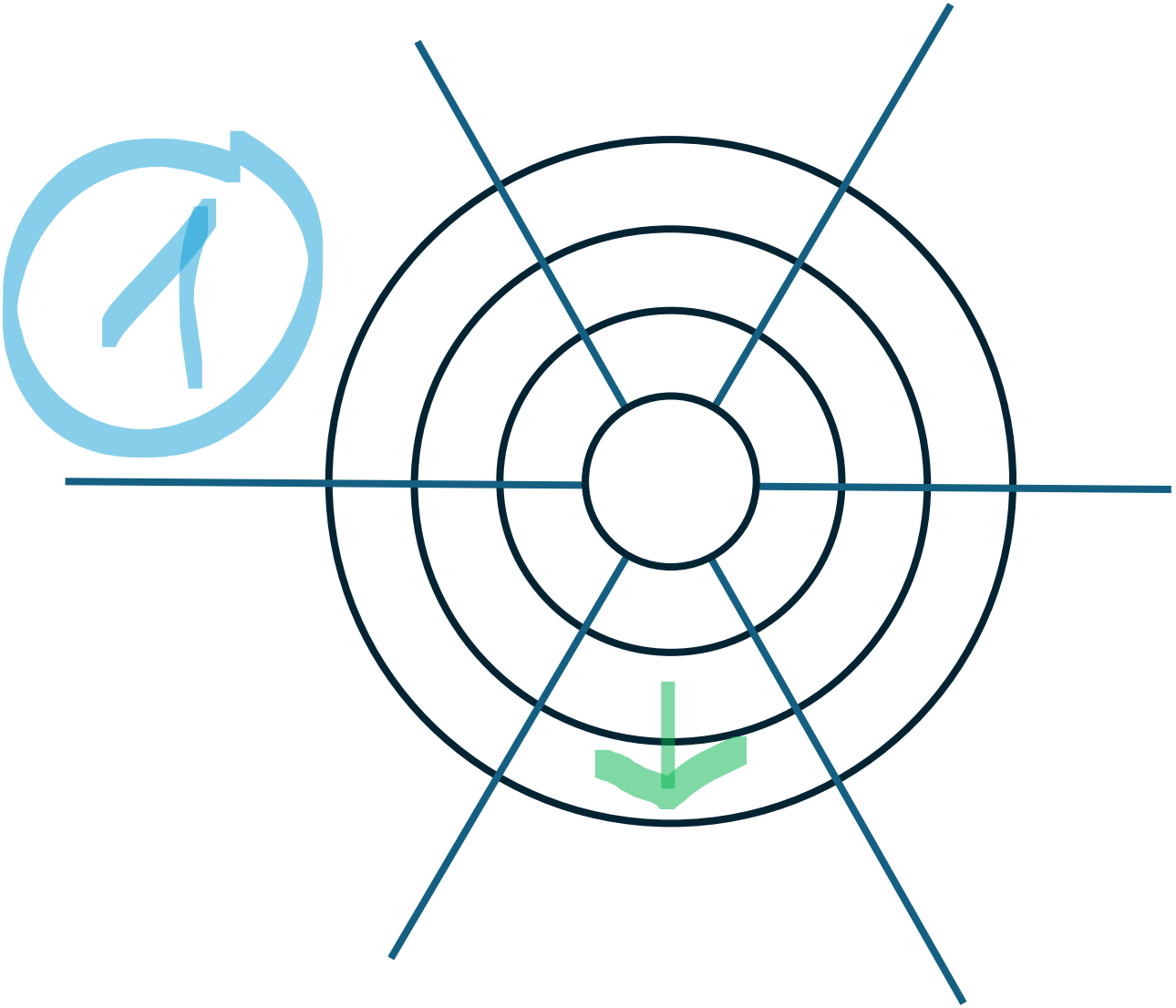


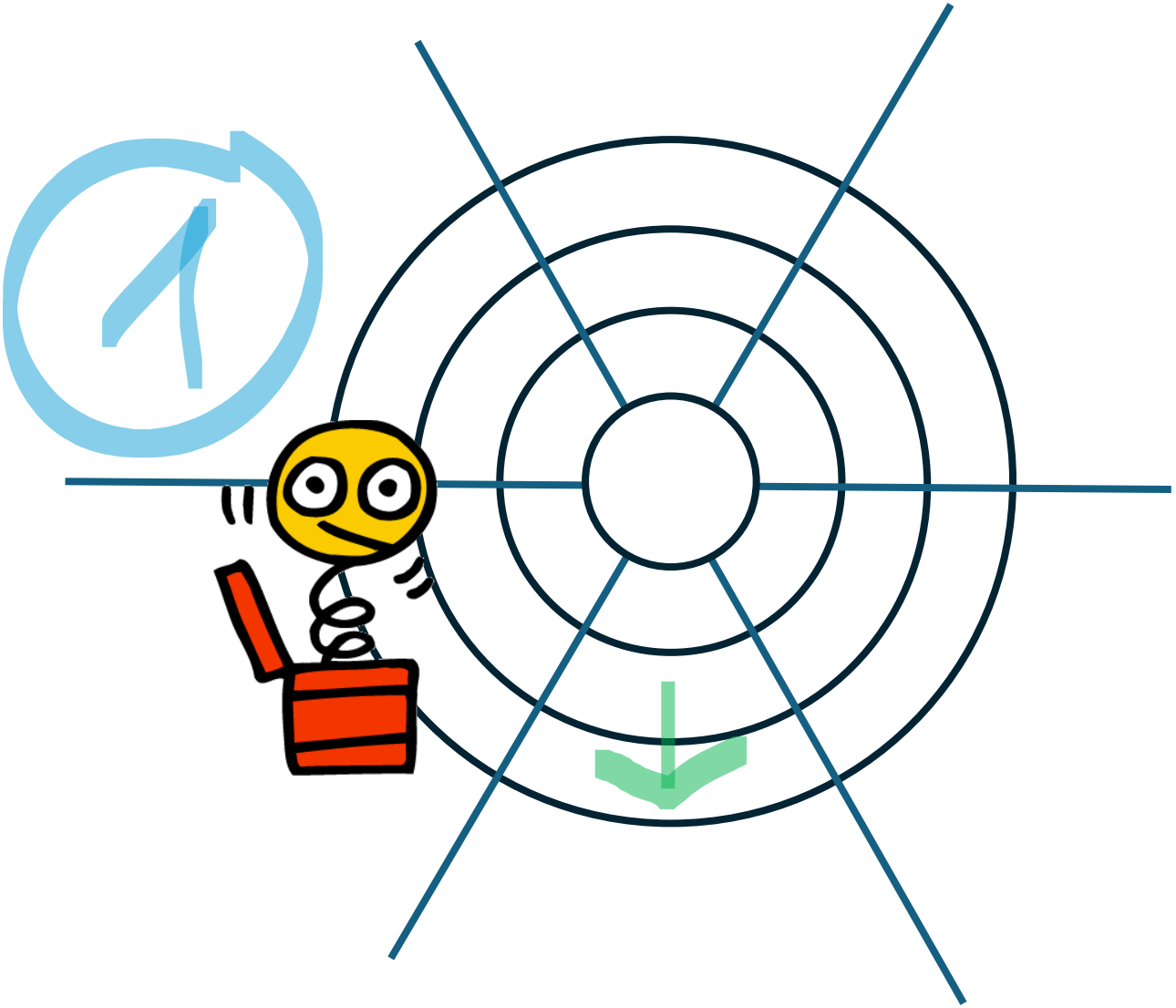


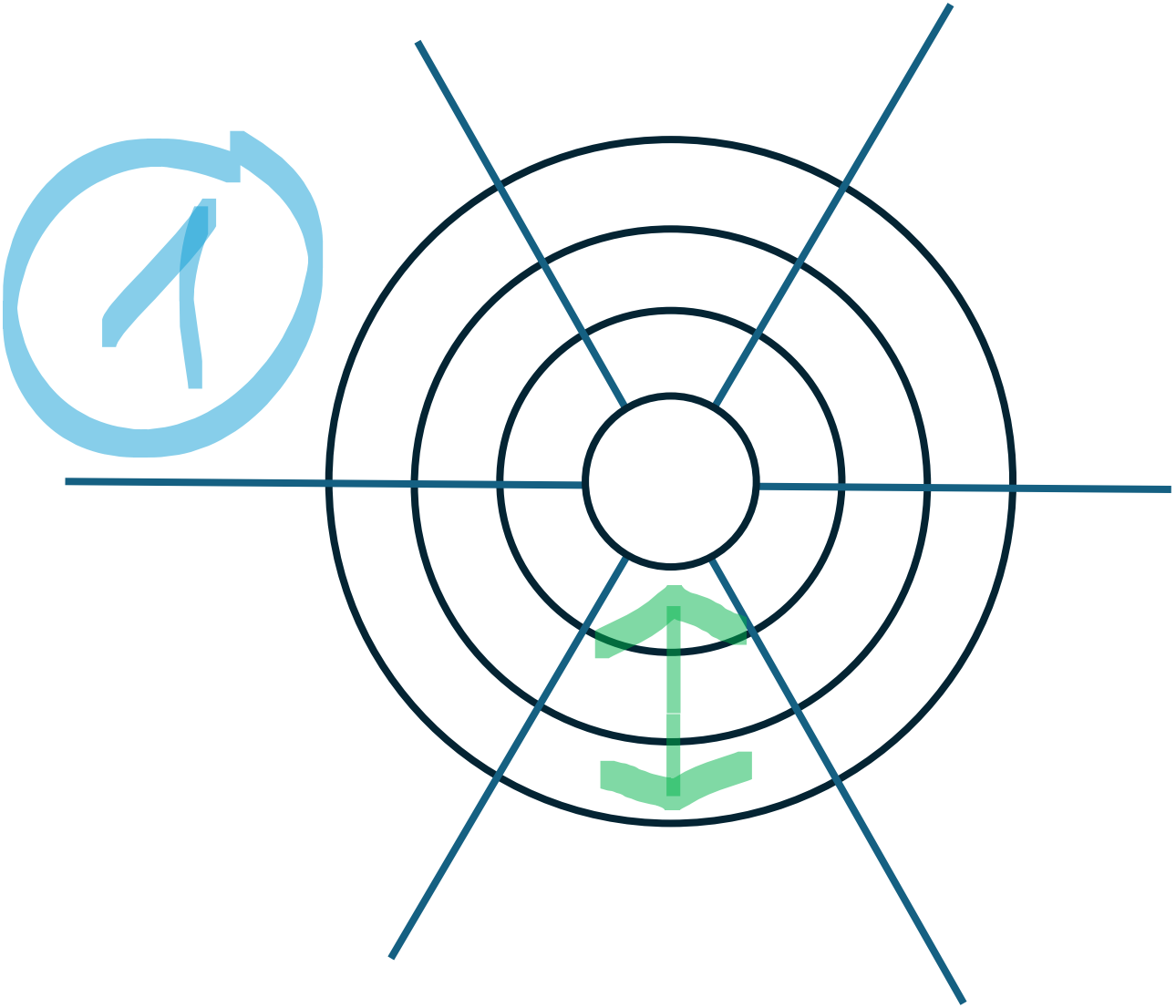


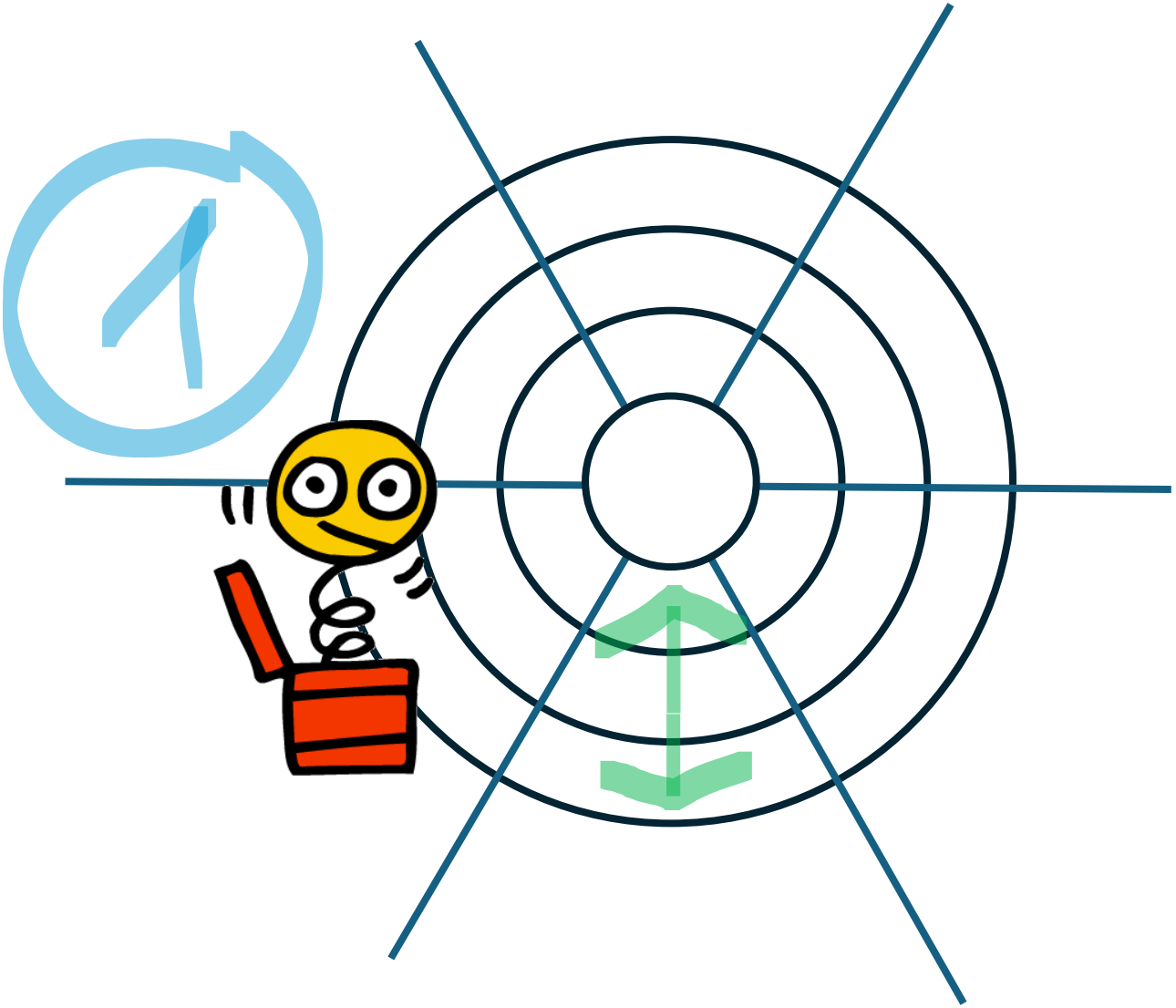


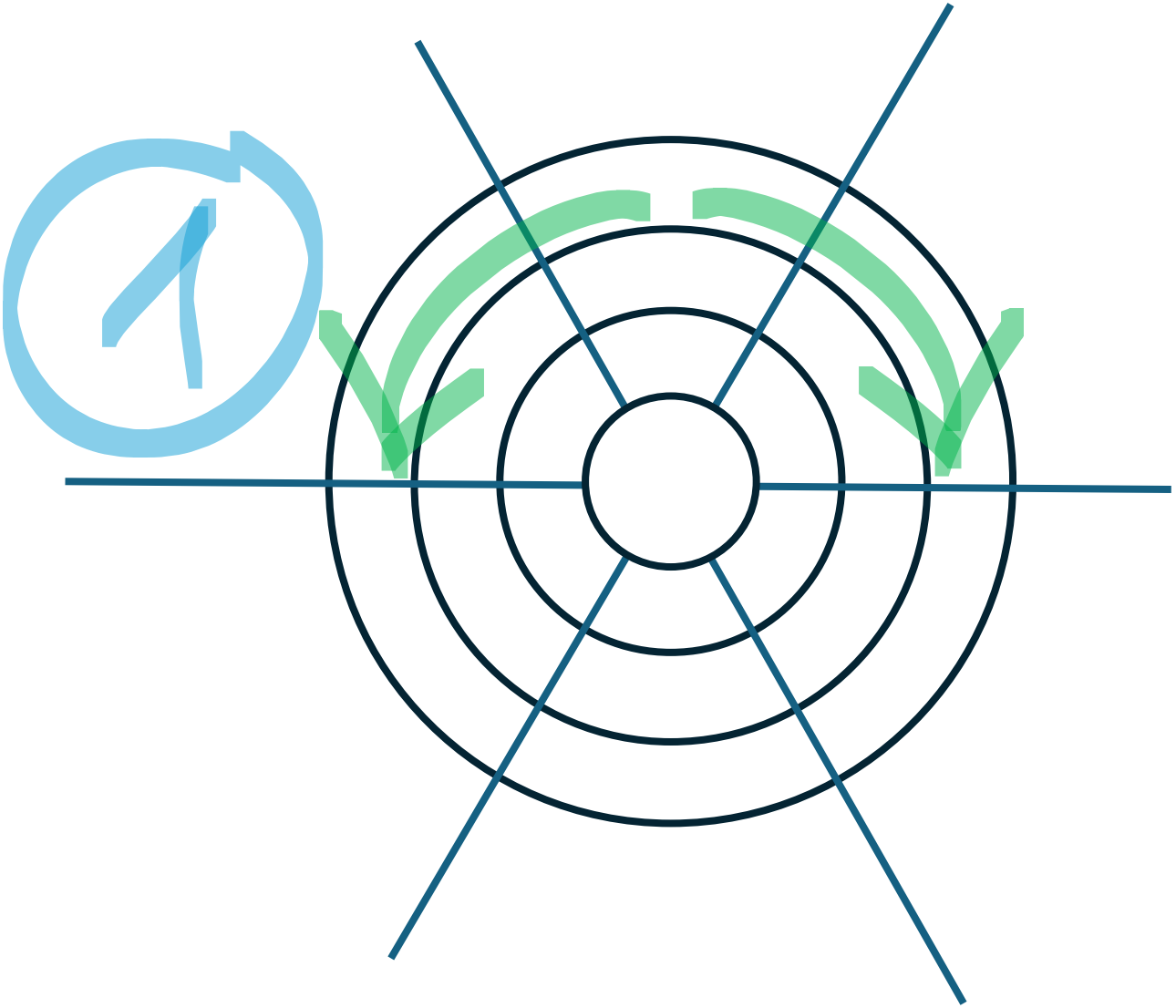


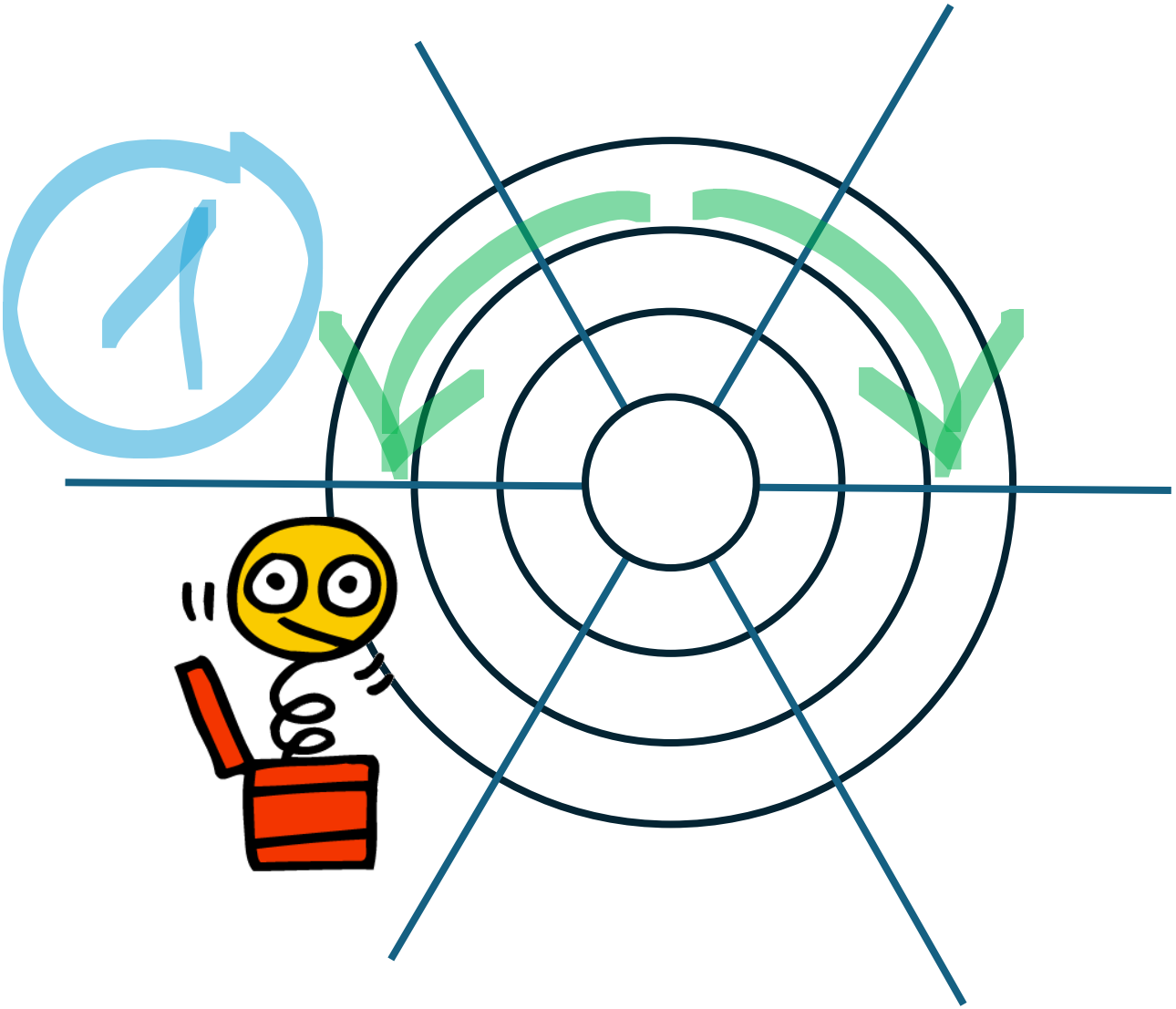


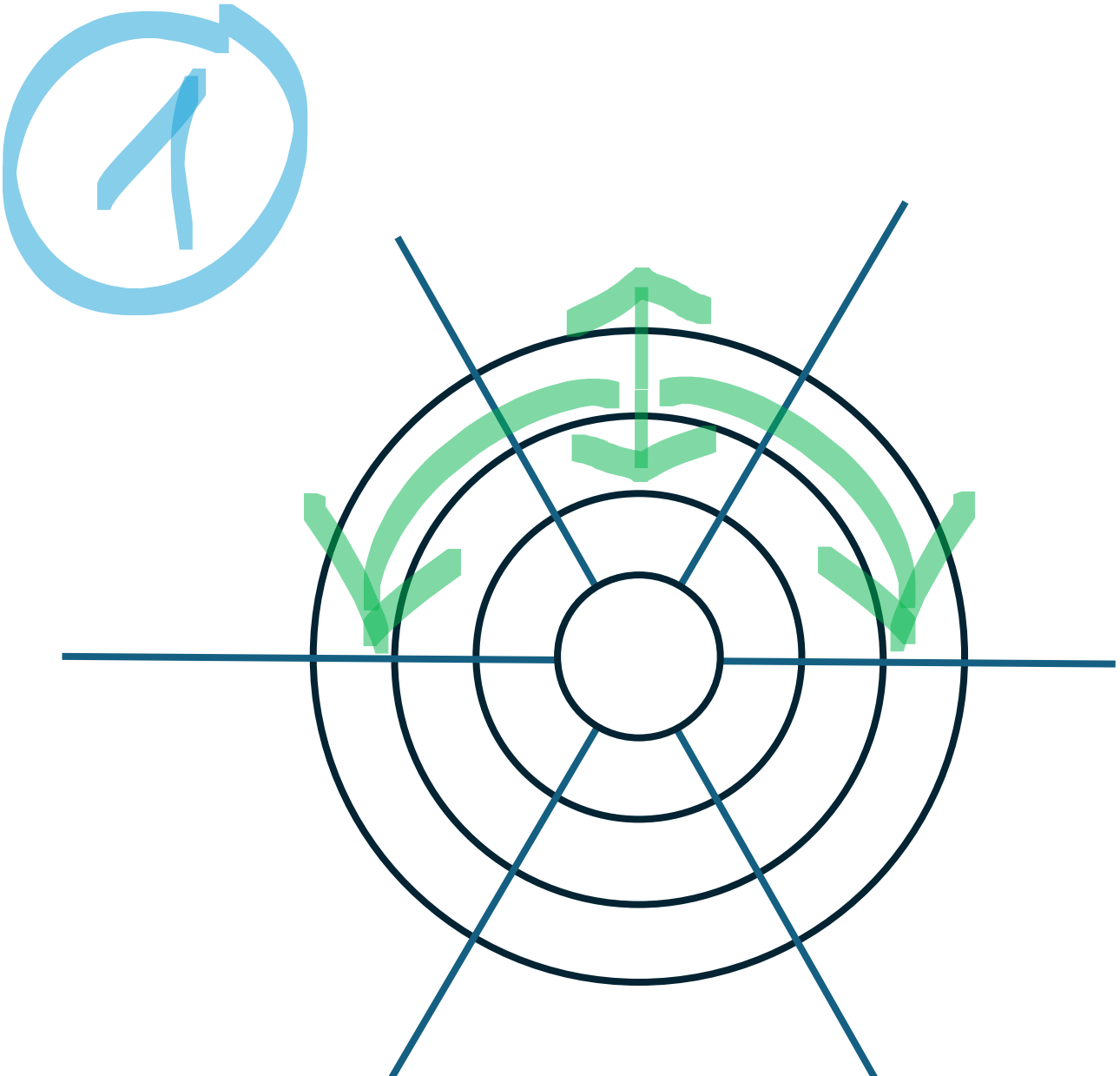


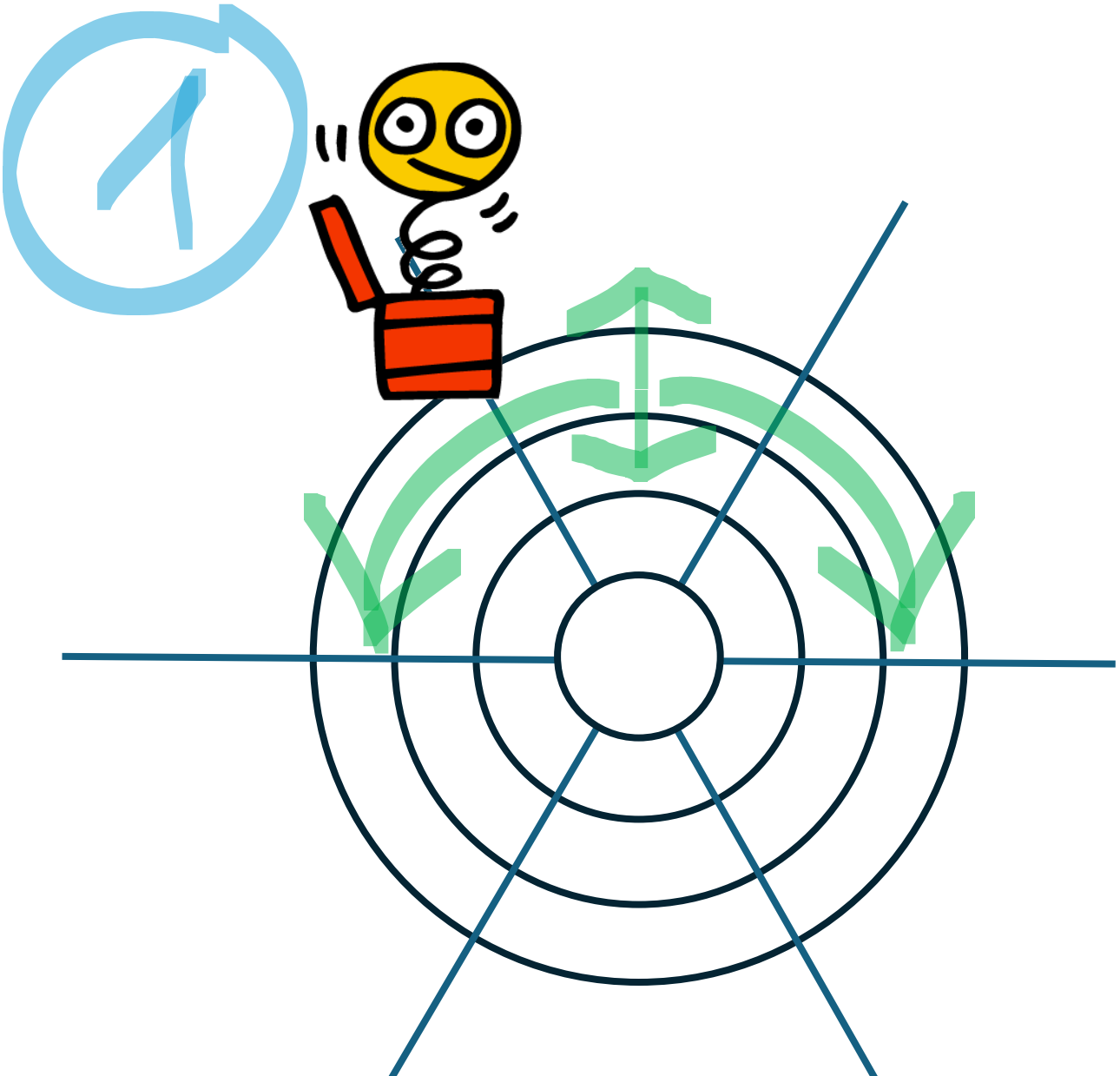




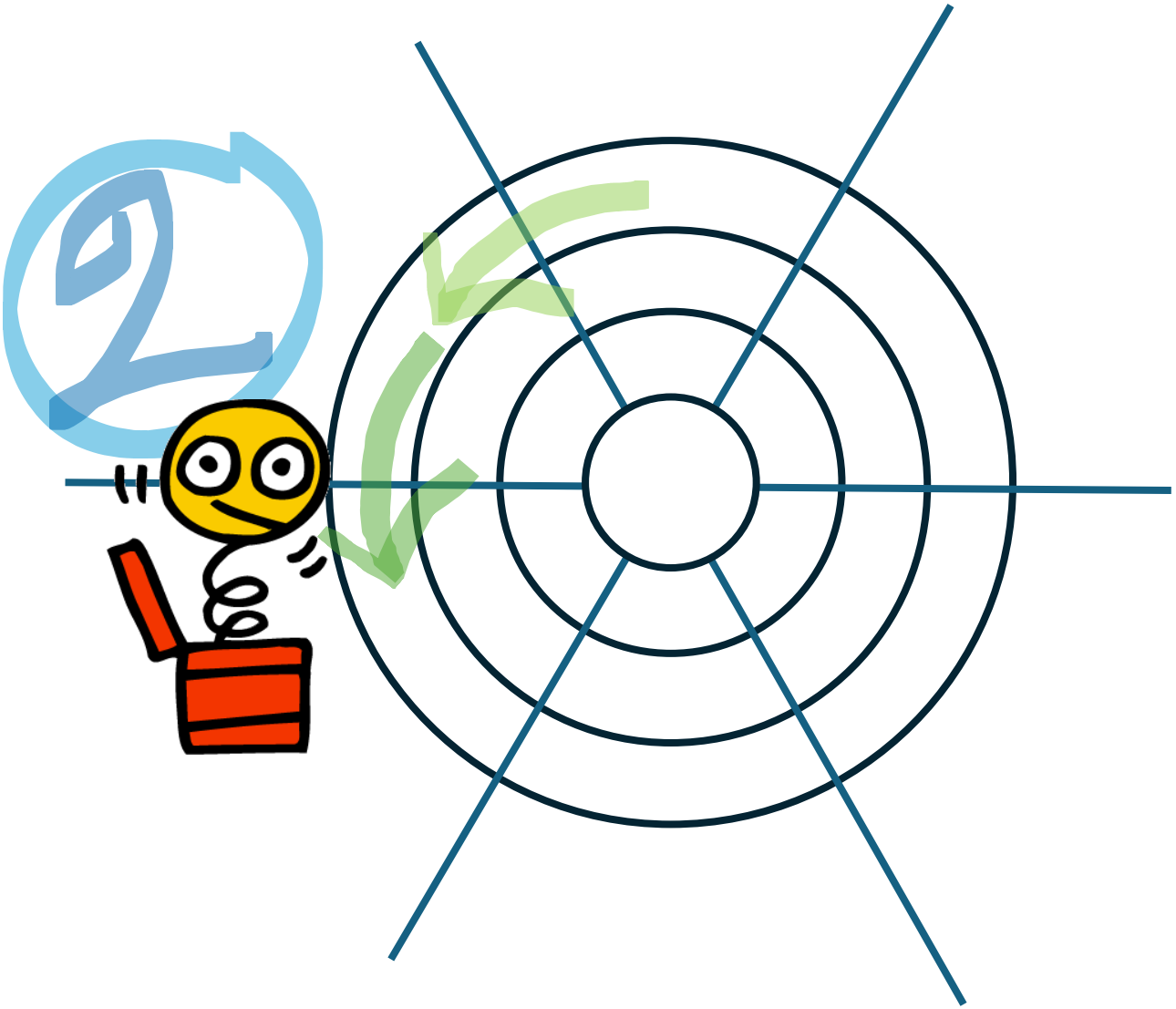




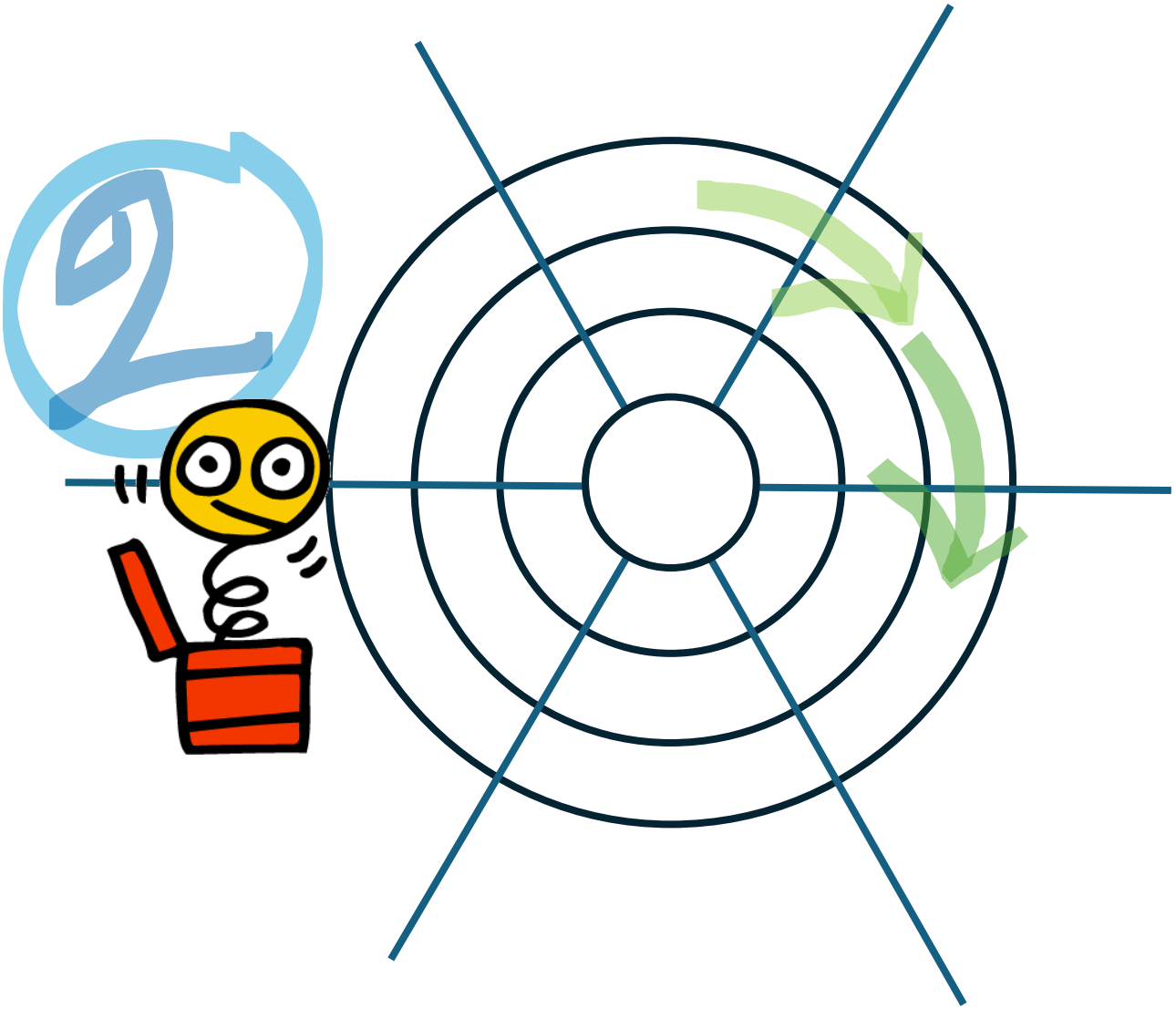


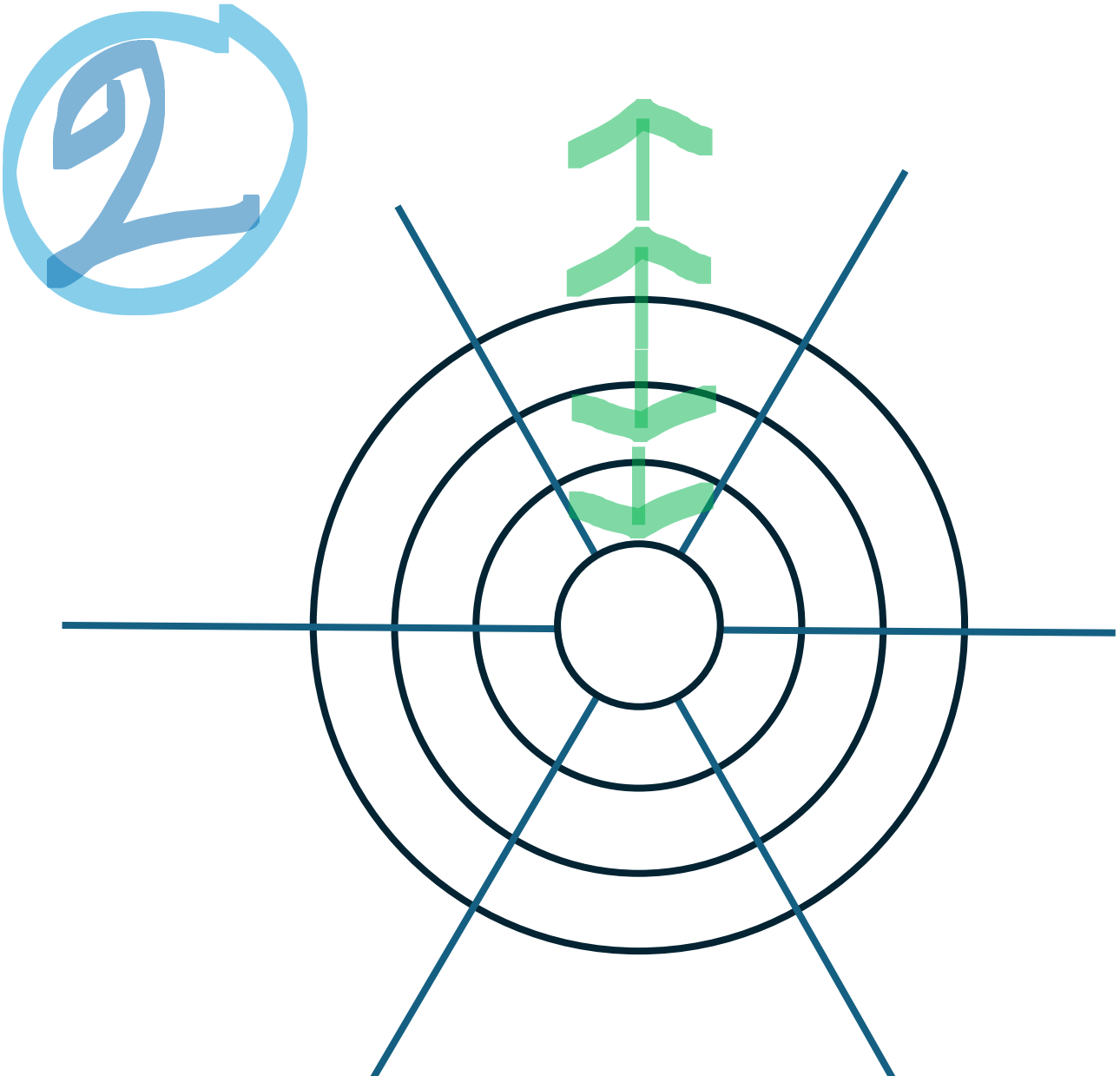


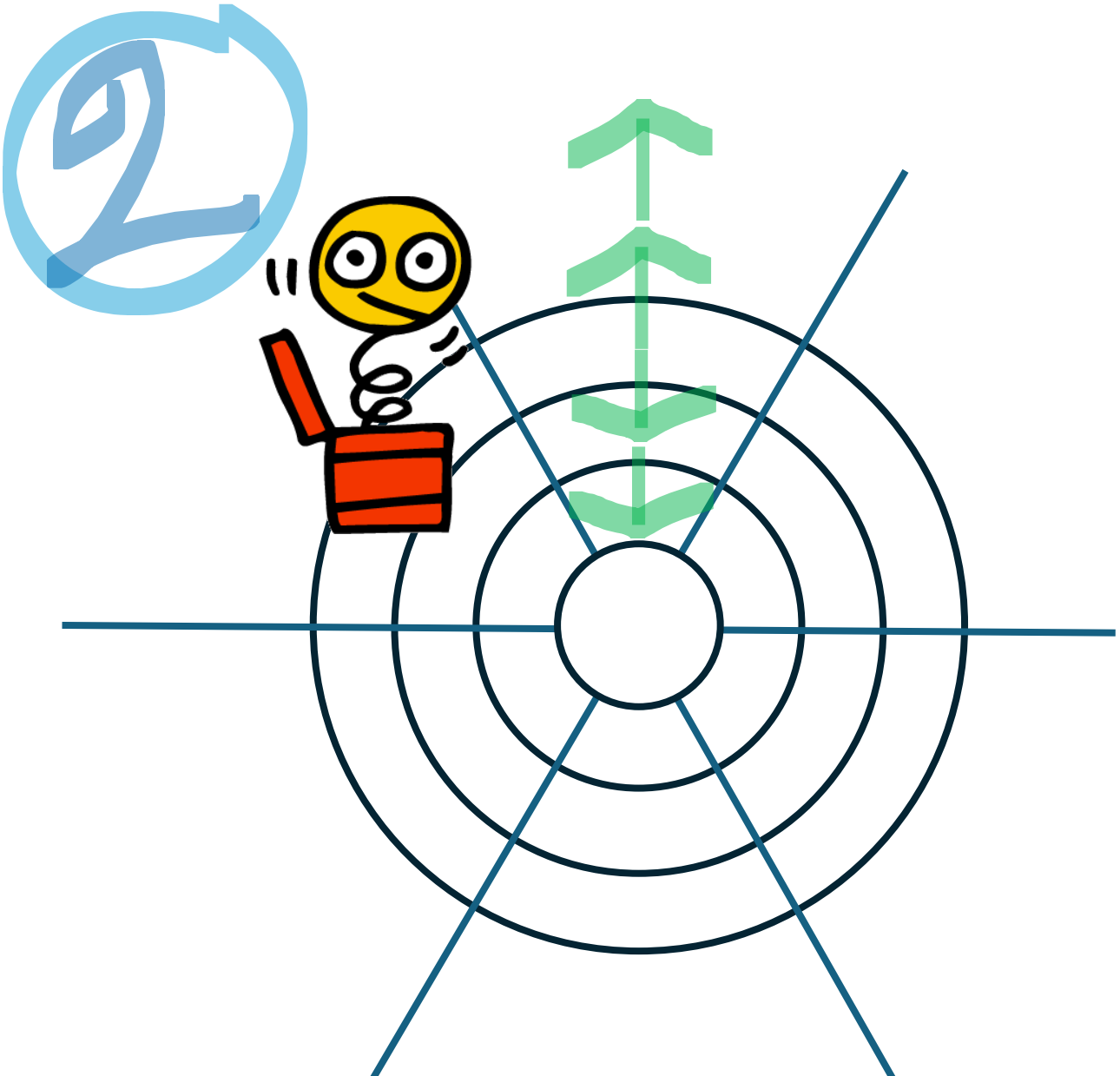


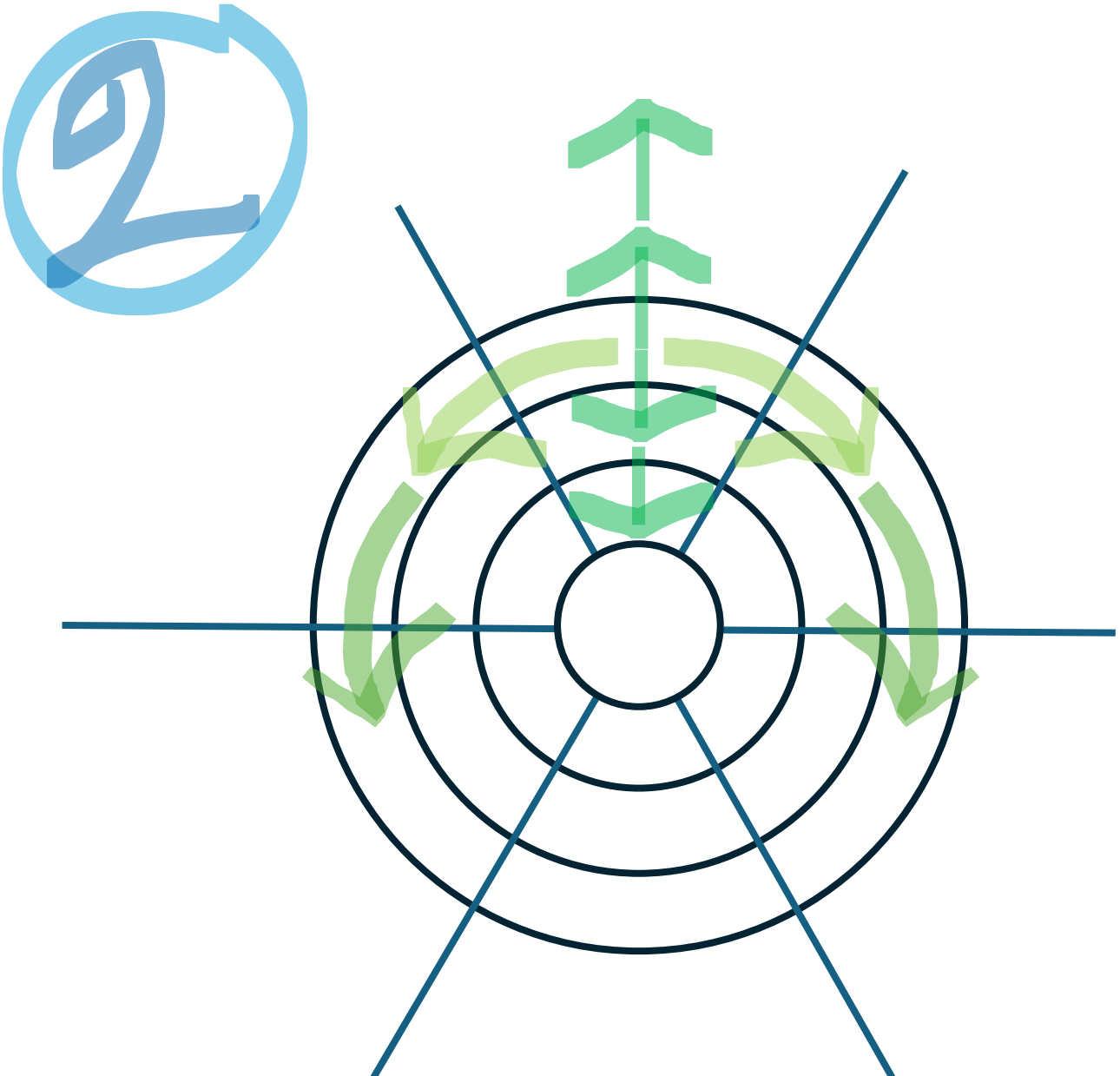


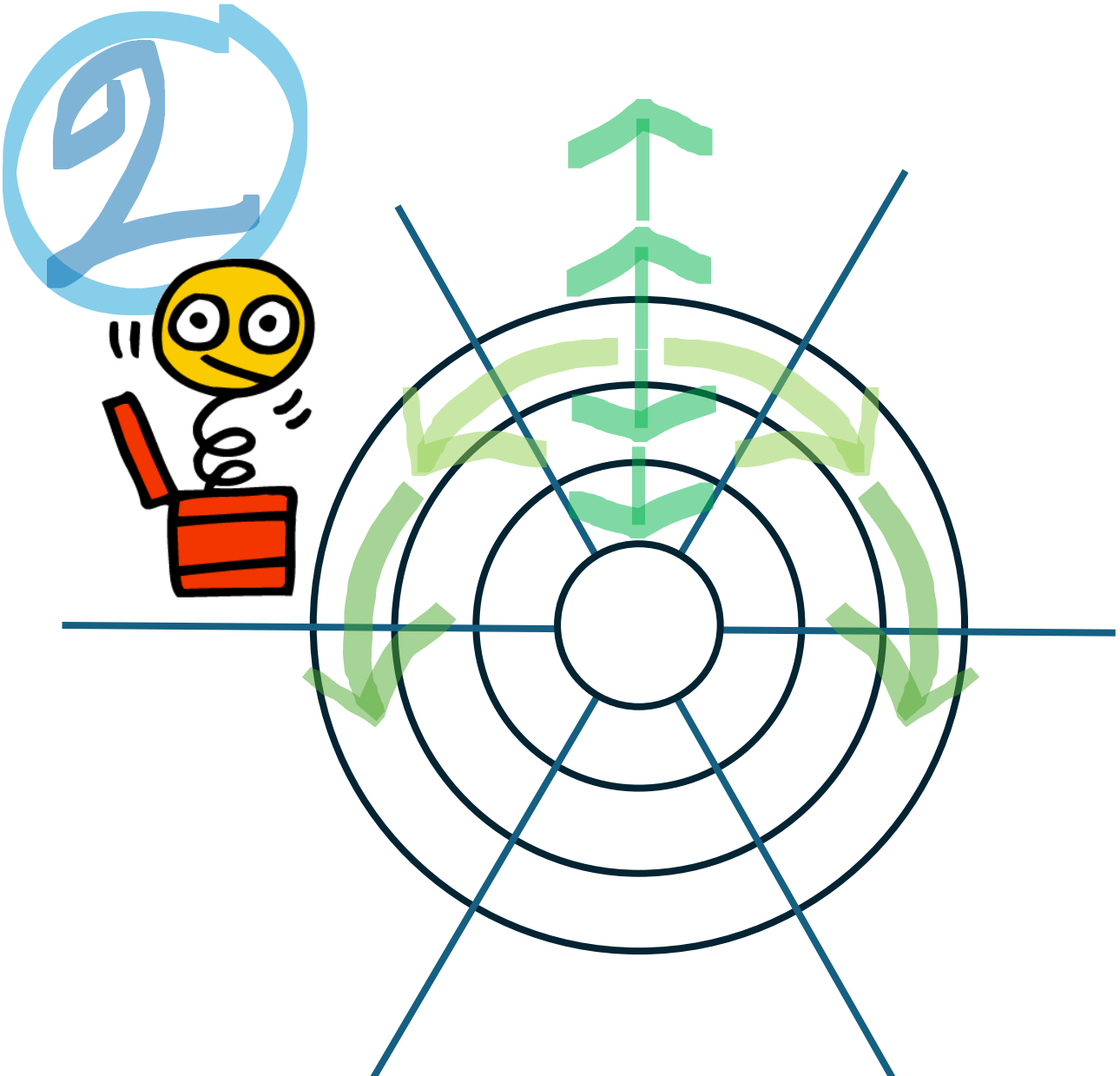


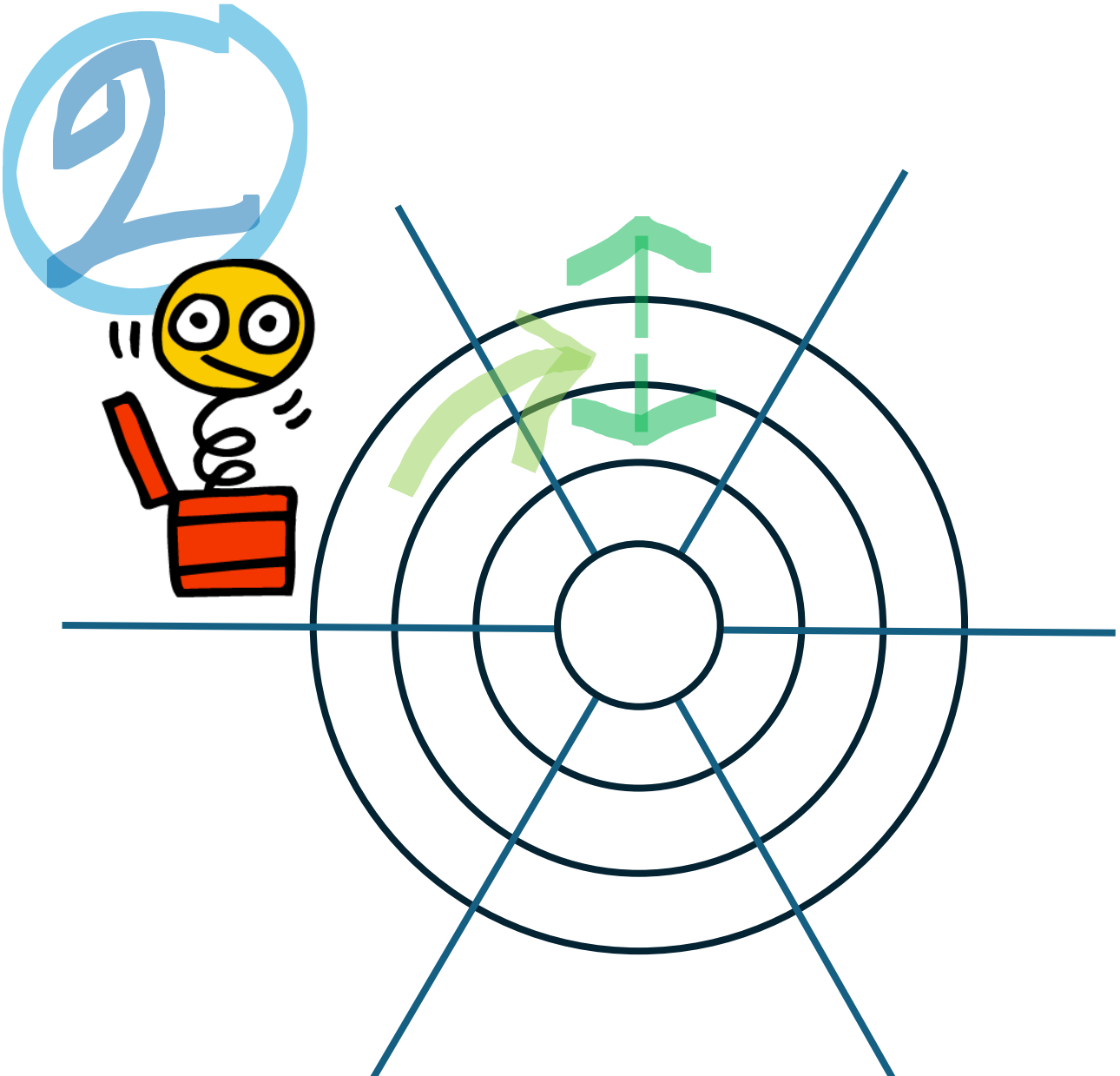


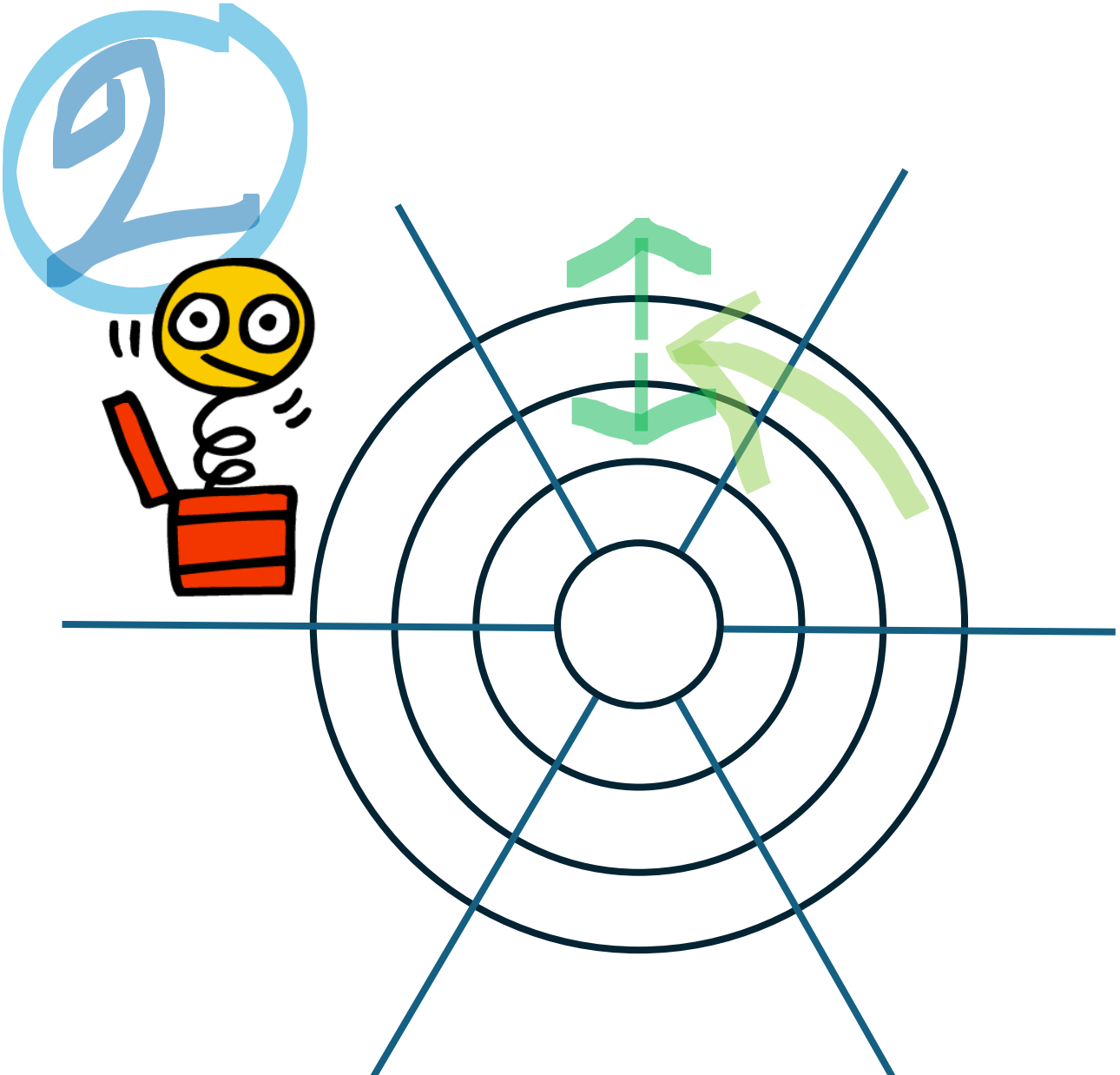


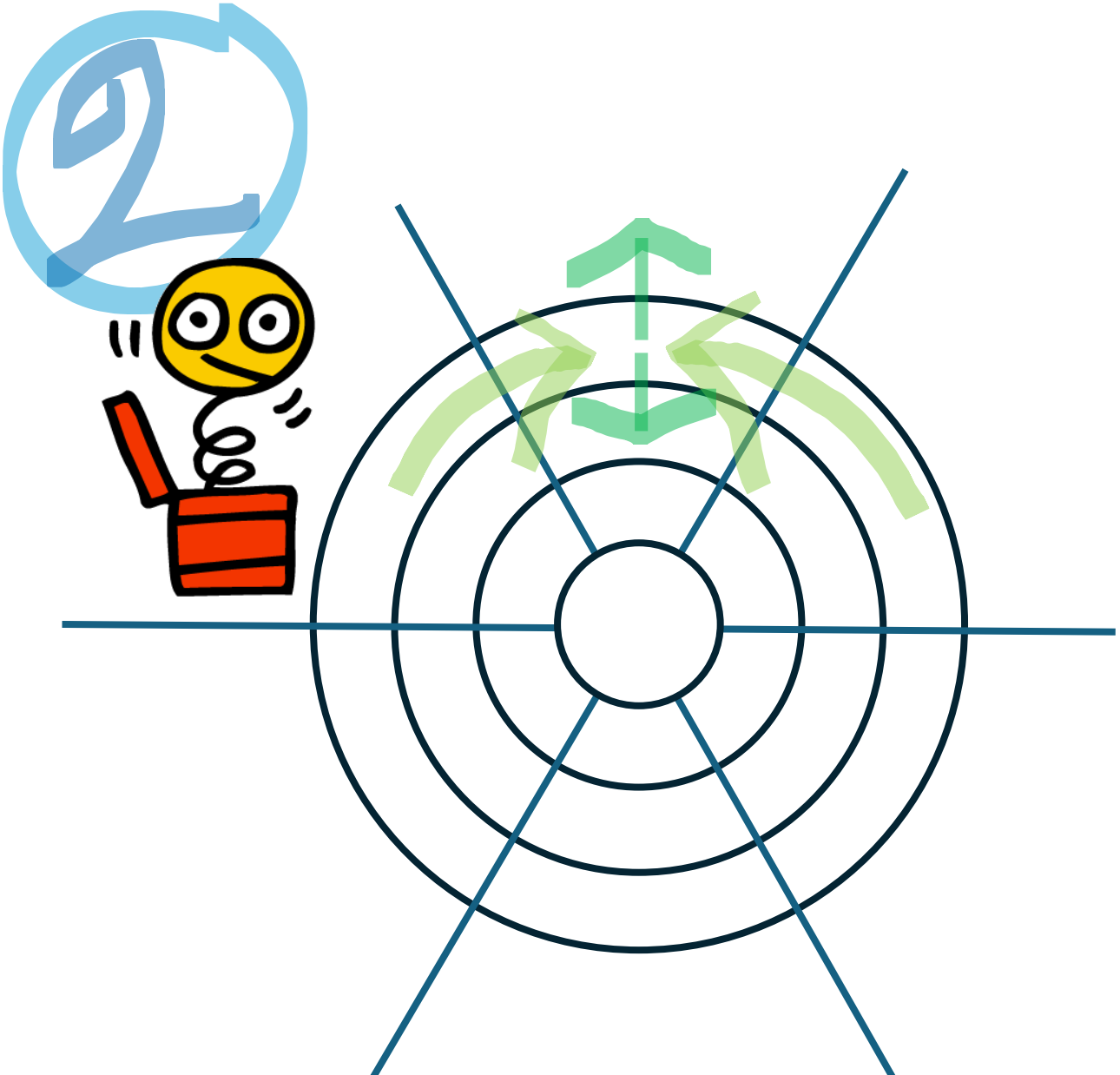


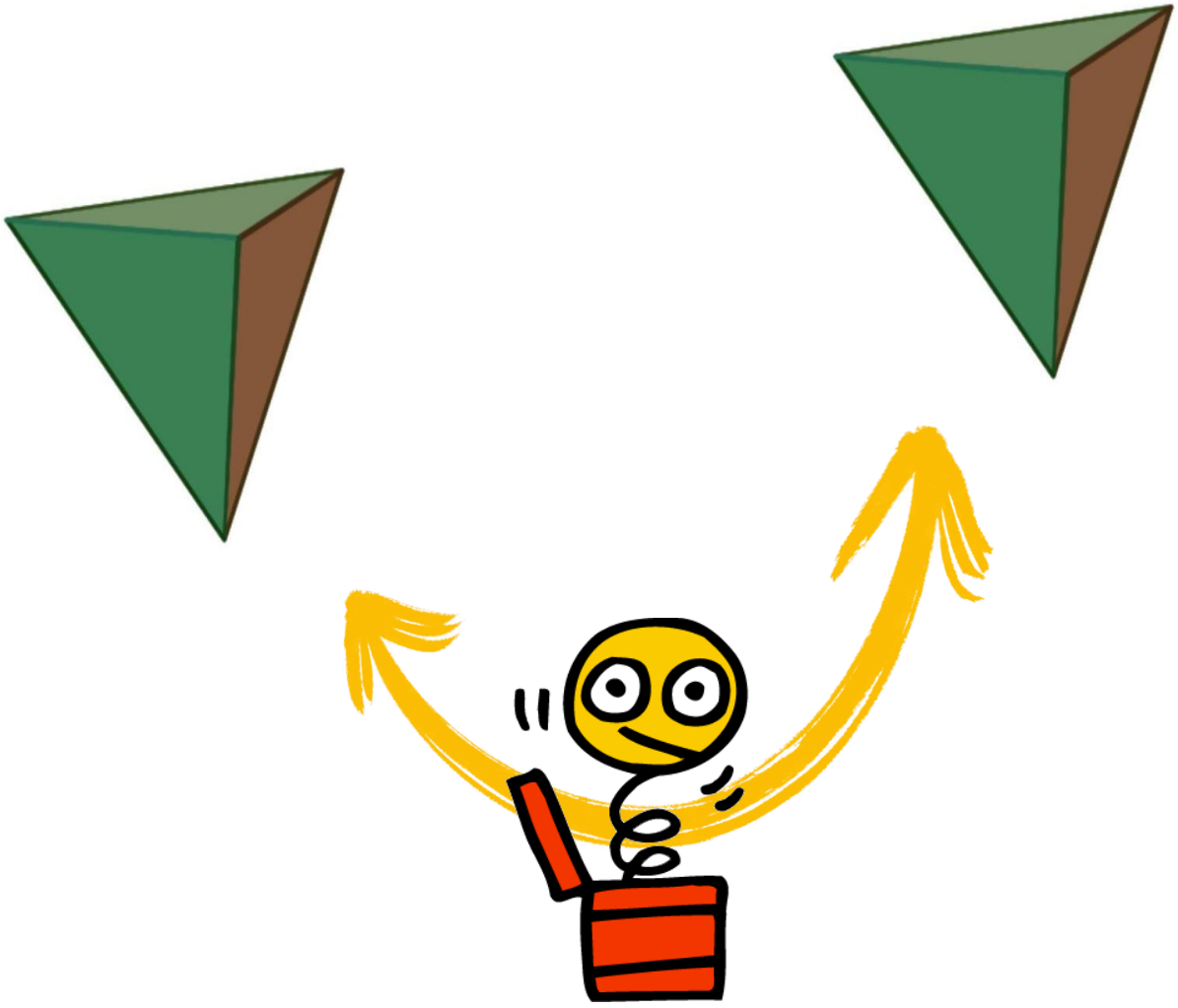


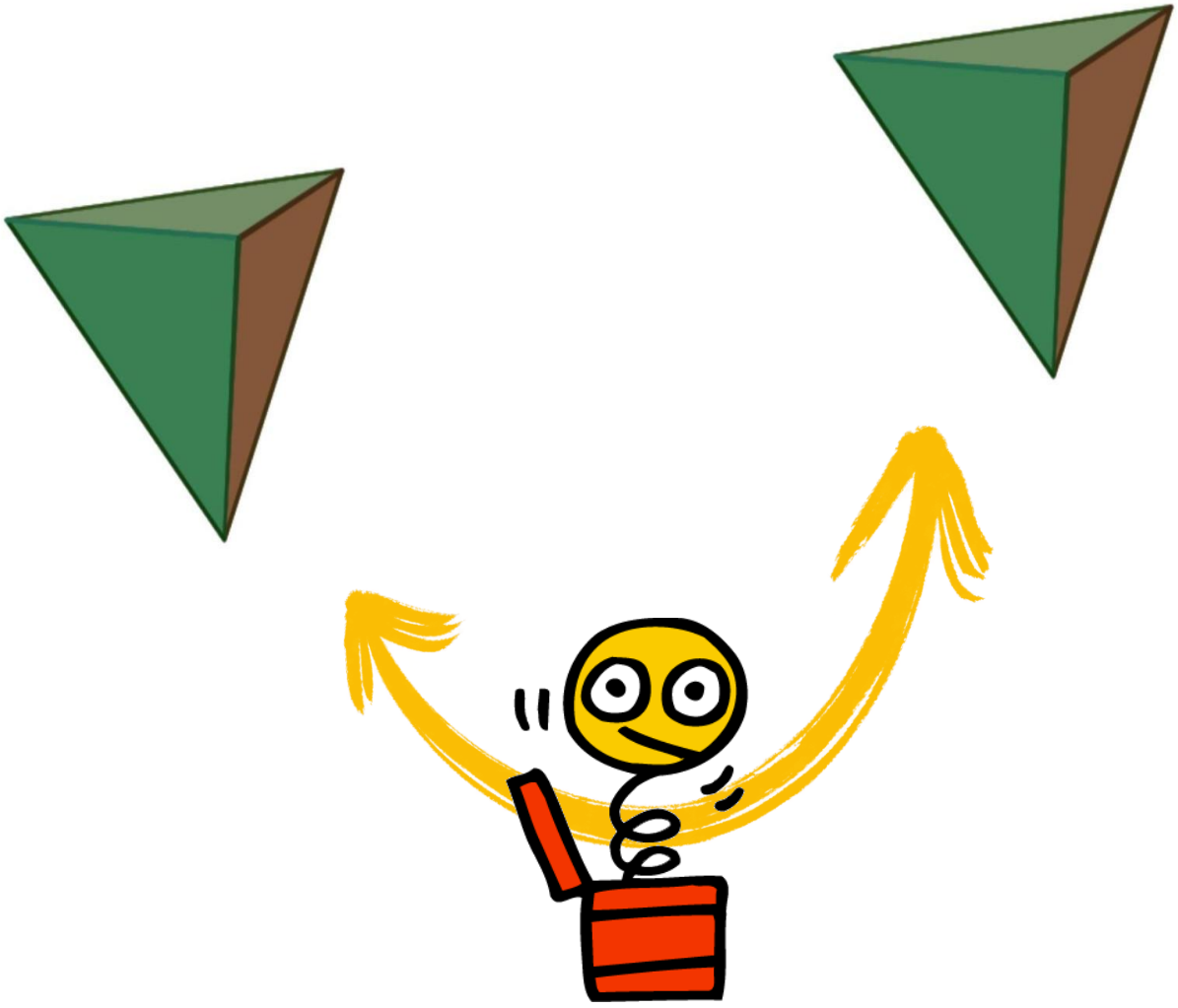


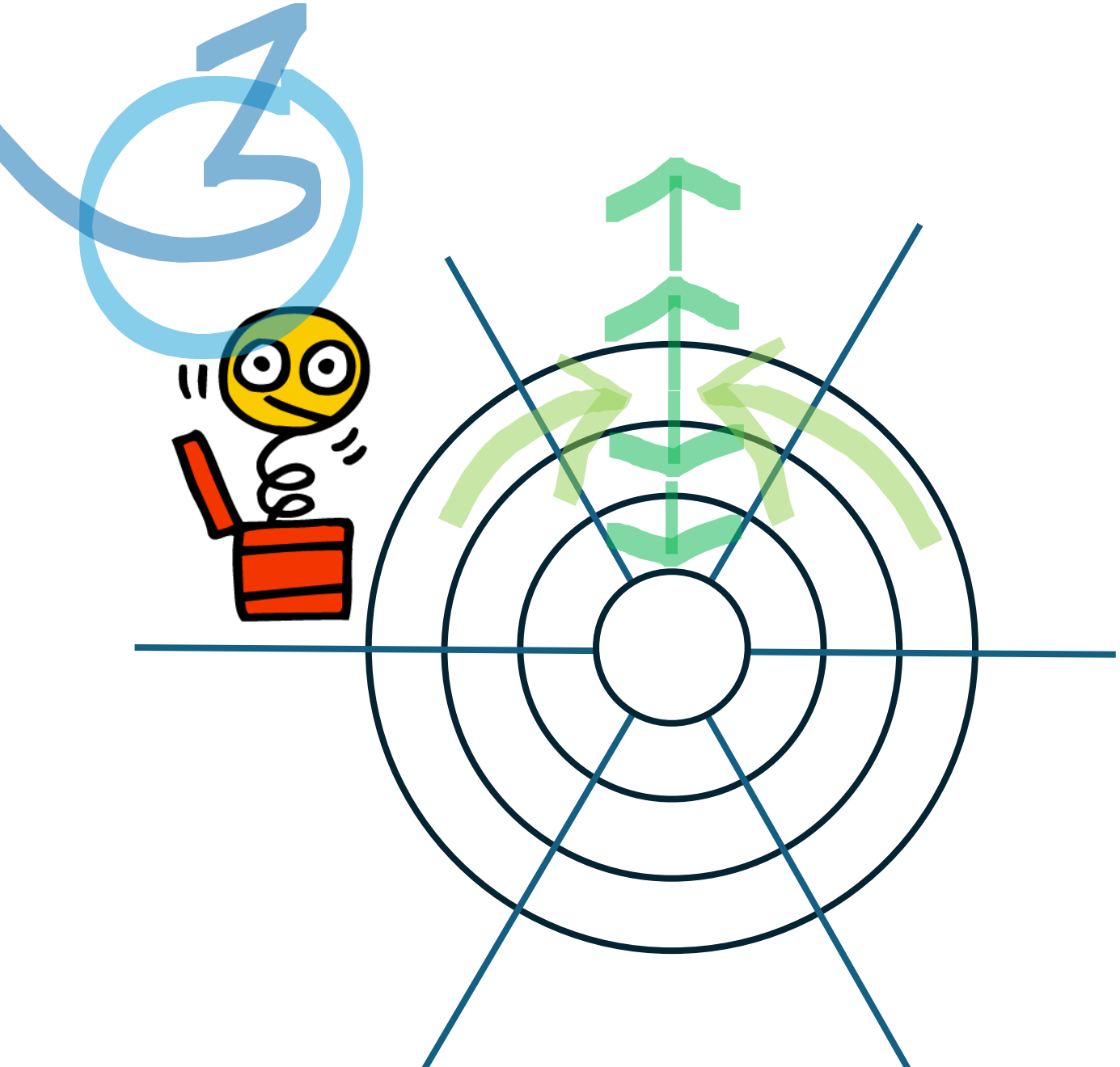


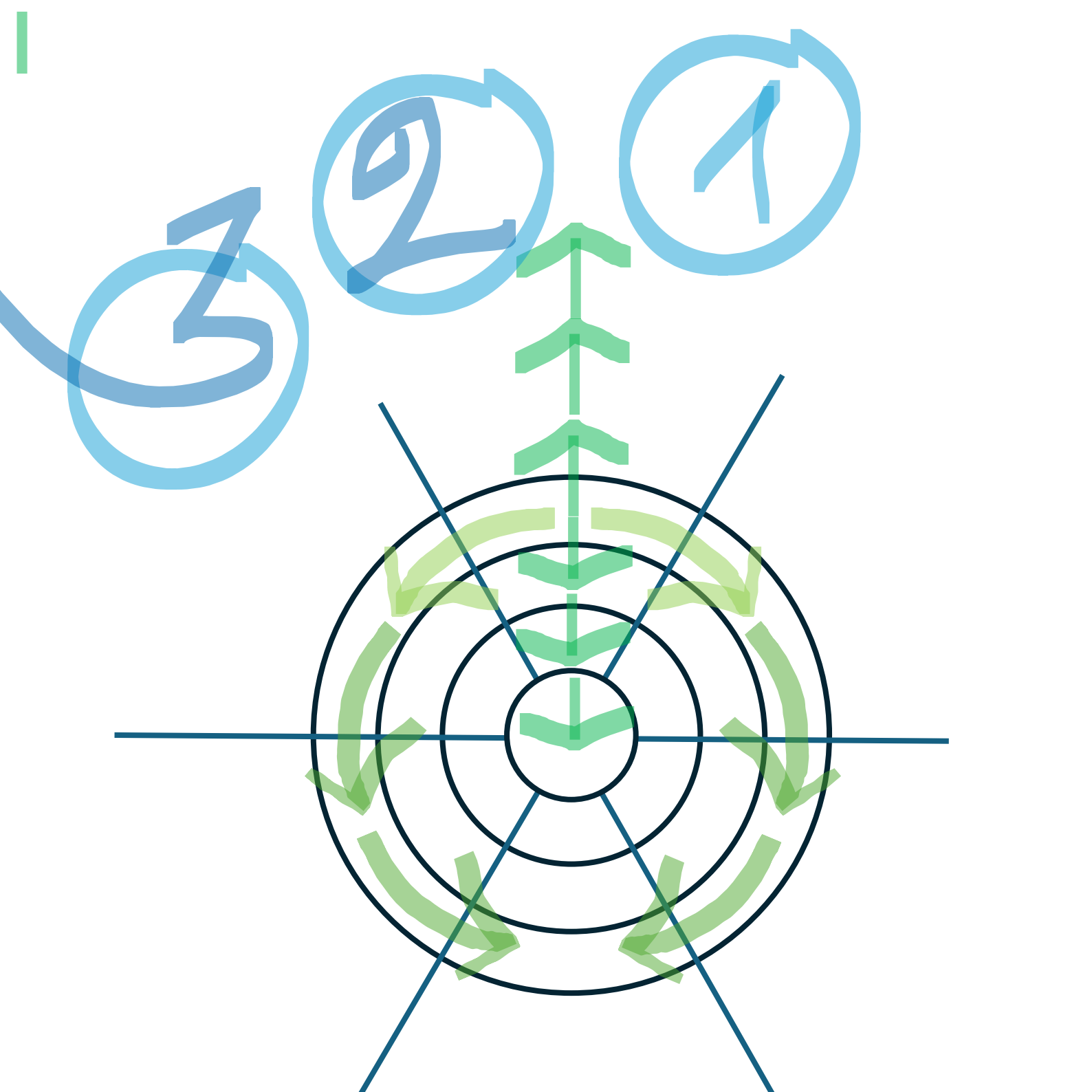


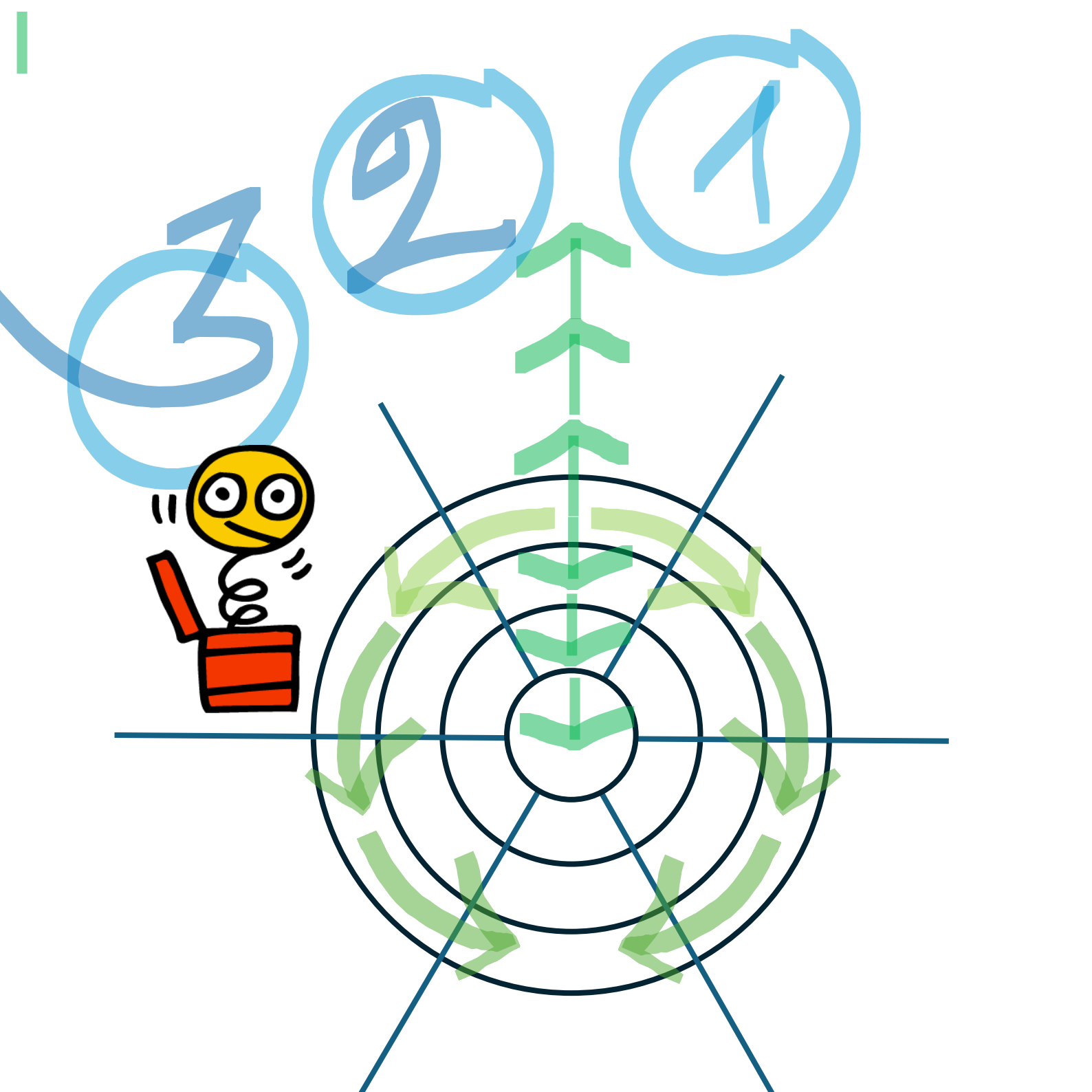






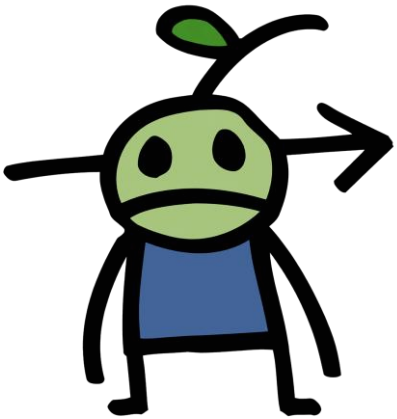








les 6 posades, els 3 personatges, el camí 3ple i les 3 fletxes



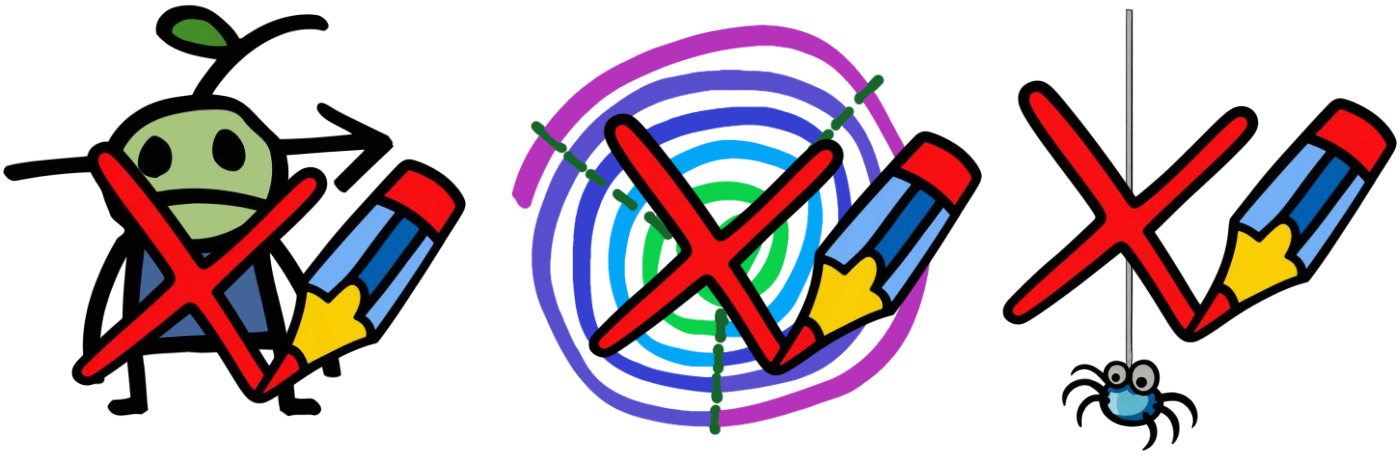




3 reptes 4 us · el joc ens convida a aprofundir en 3 maneres de ser i estar,

- l'infant natural,
- la mare nodridora,
- l'ésser adult sa,

3 maneres sanes de ser i estar a les quals posem una imatge



3 reptes 4 us · el joc ens convida a aprofundir en una pregunta:
per què

- hem ratllat l'infant natural,
- hem silenciat la mare nodridora,
- hem deixat de cercar l'ésser adult sa,

i els hem substituït per la víctima, la salvadora i el perseguidor?
Les 3 maneres malaltes de ser i estar de l'ésser humà,
(l'ésser humà a l'ombra).



I proposem 3 camins de desenvolupament,

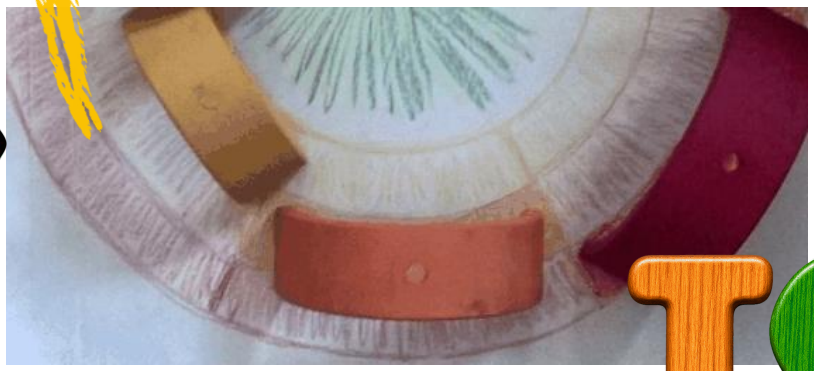
del maltractament al bon tracte

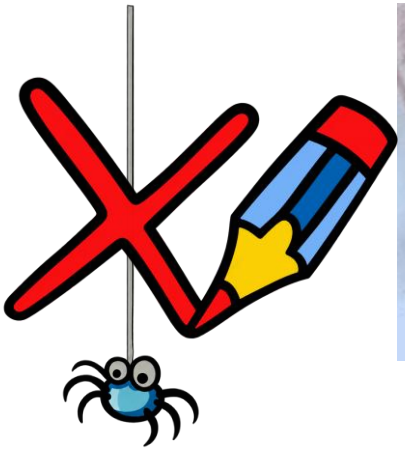
les fletxes de 3 reptes 4 us · el joc s'inspiren en la Teoria U,
tot i que també hi veiem una semblança amb el Camí de Sant Jaume,
el camí de les persones corrents







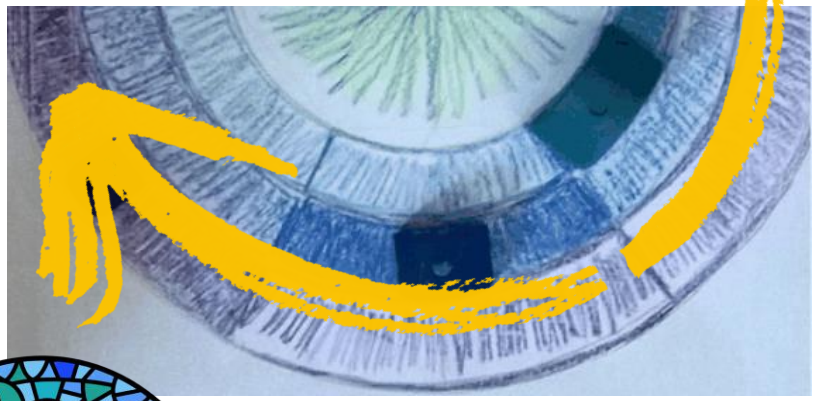




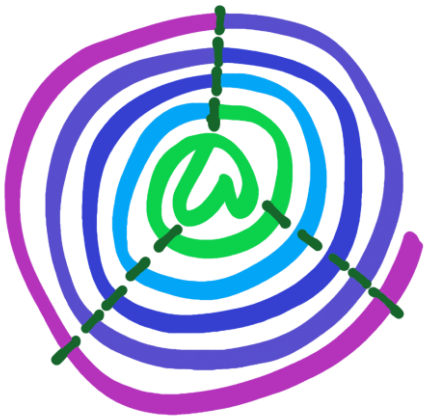


HOT

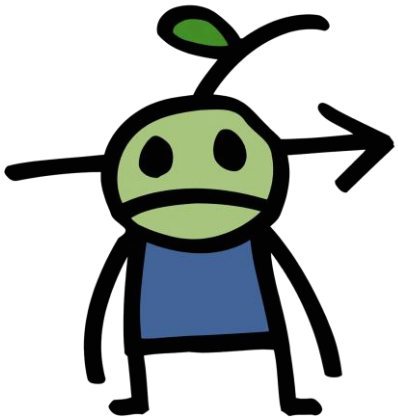




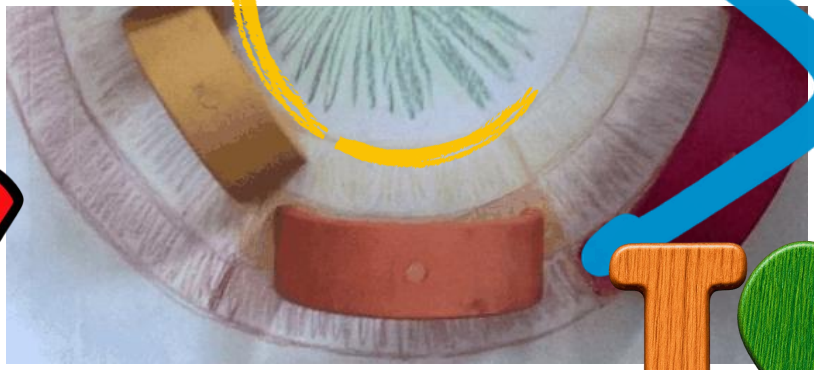


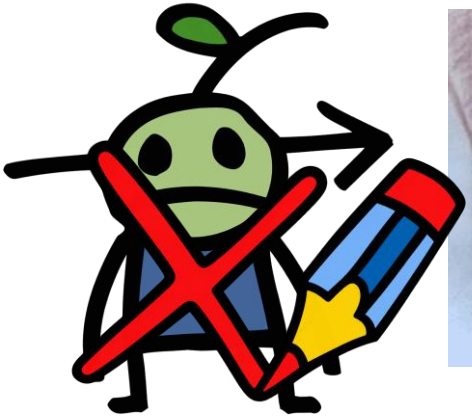




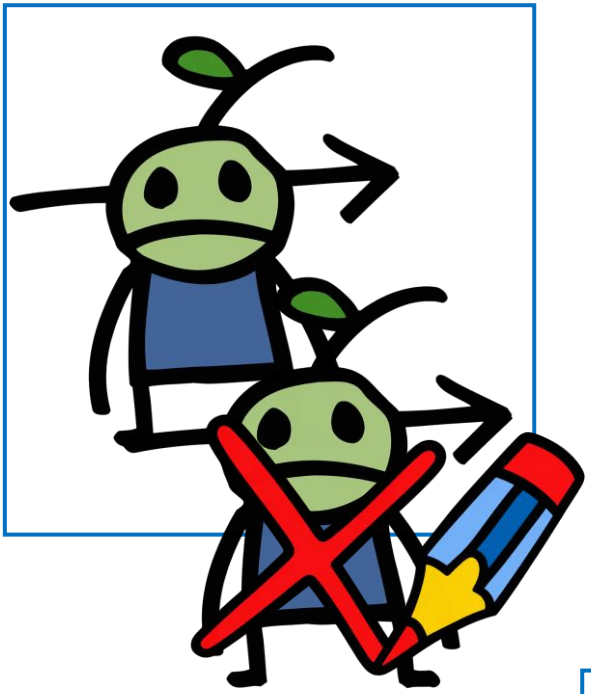


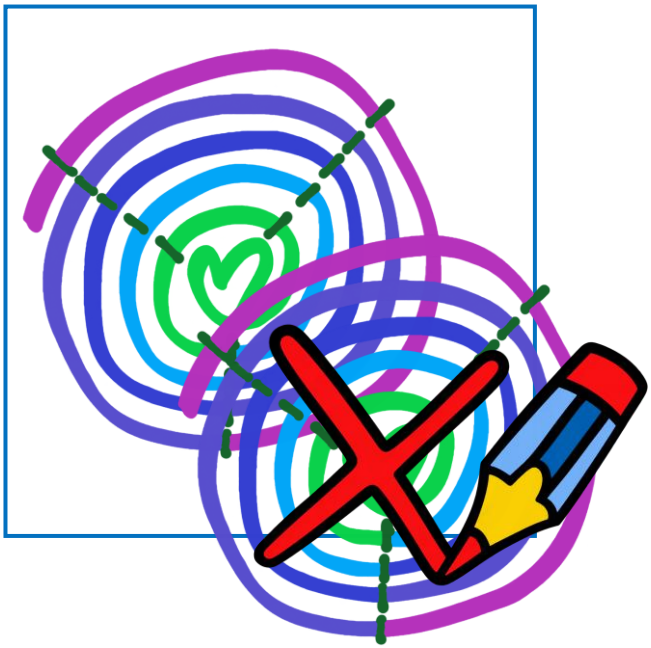


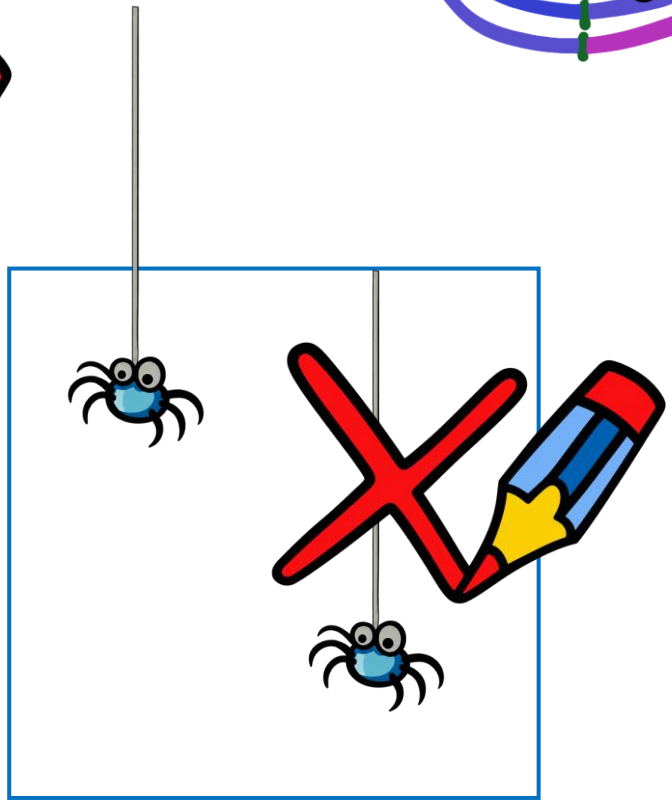




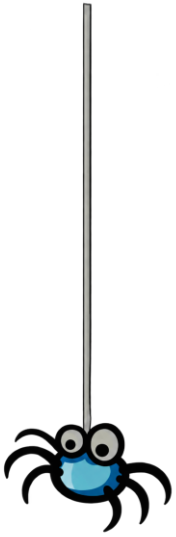








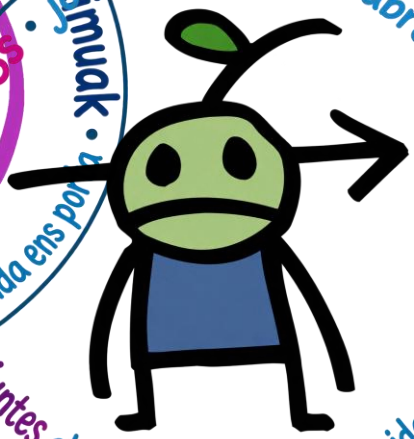
3 abraçadeT3s • jo m'abraço • yo t'abraço • kimuak • per juntes abraçar millor allò que la vida ens porta •



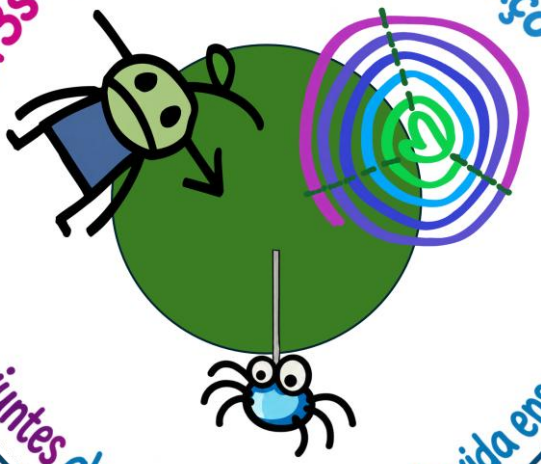
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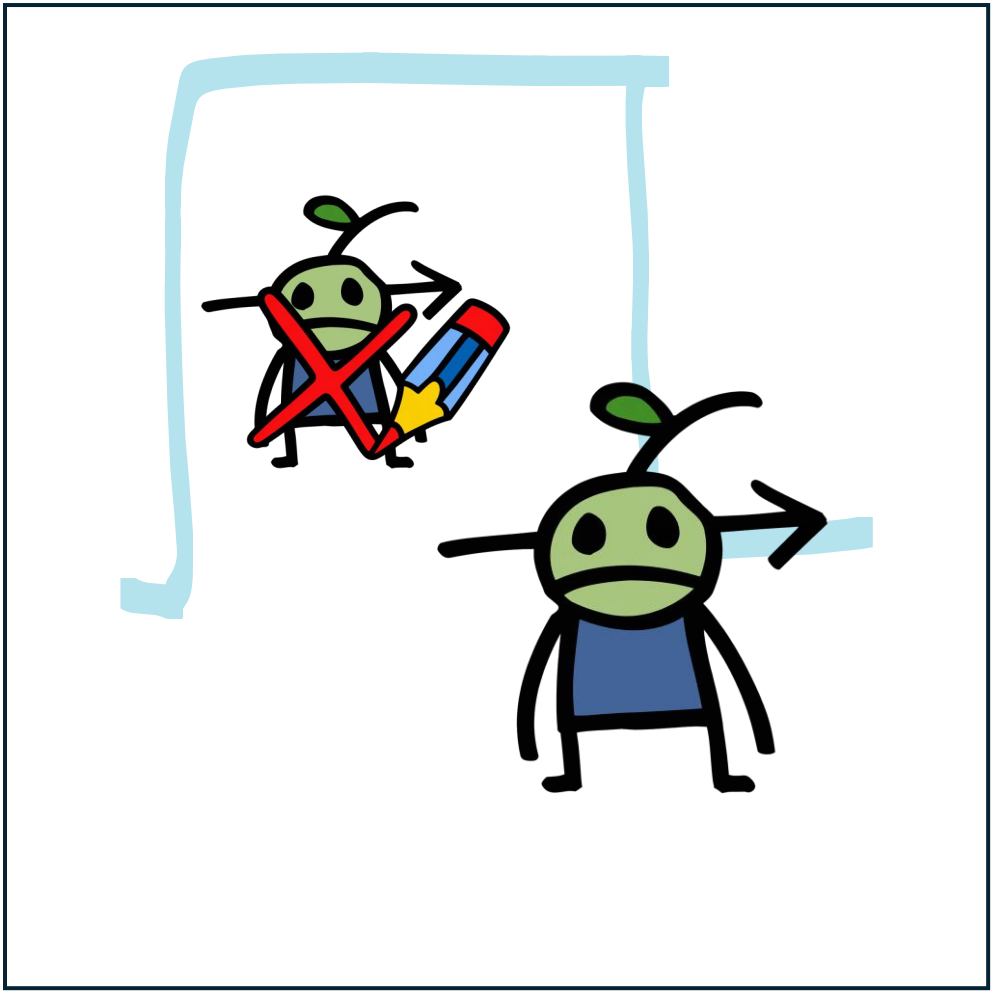


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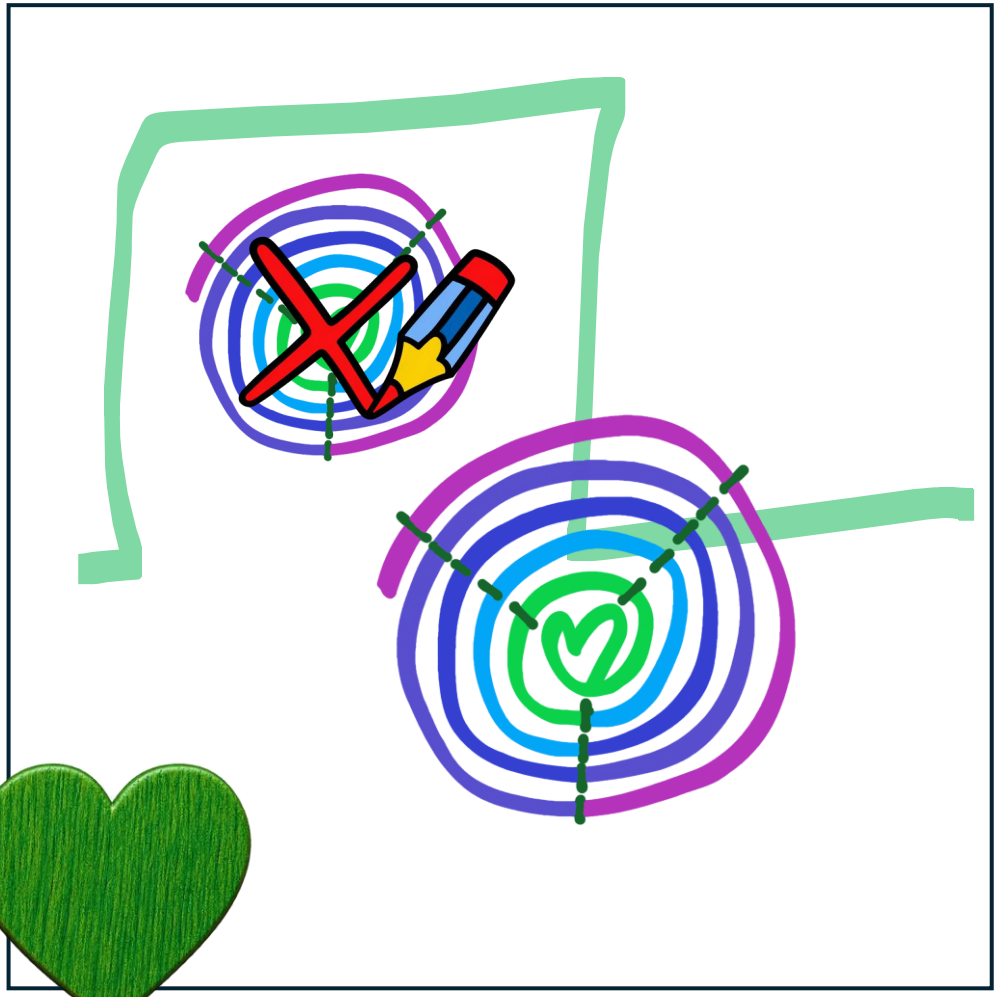


3 abraçadeT3s • jo m'abraço • yo t'abraço • kimuak • per juntes abraçar millor allò que la vida ens porta •

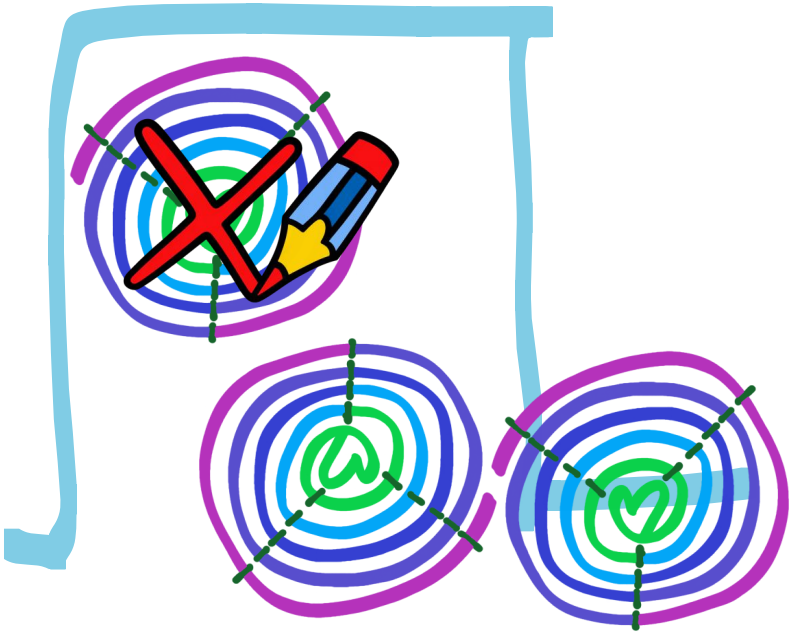




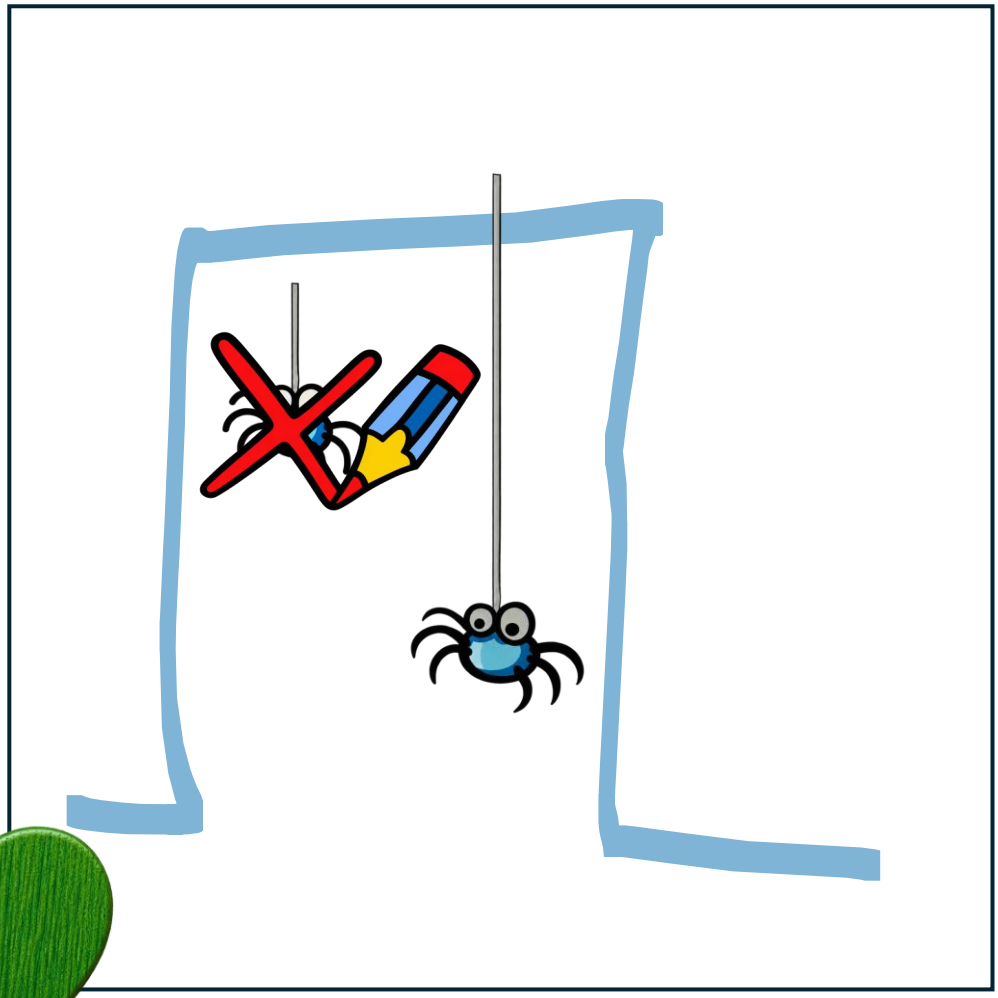
I ♥ OH



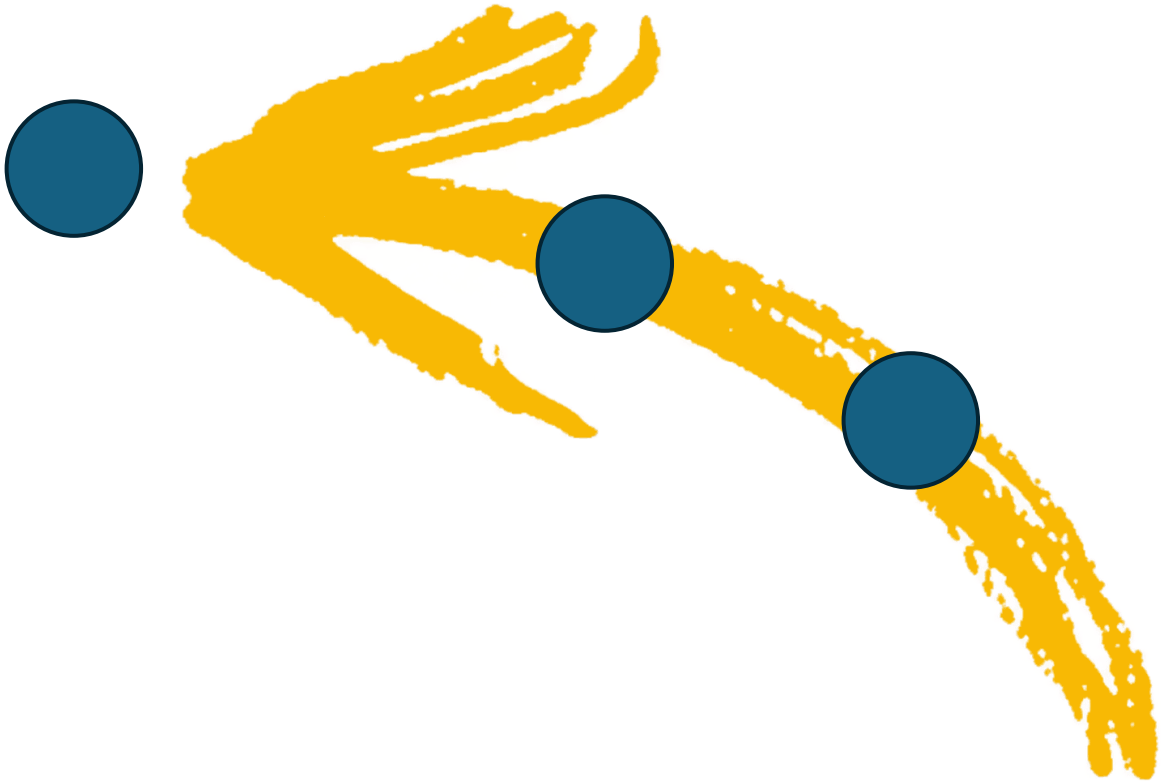
I ♥
OM



I ♥
OM

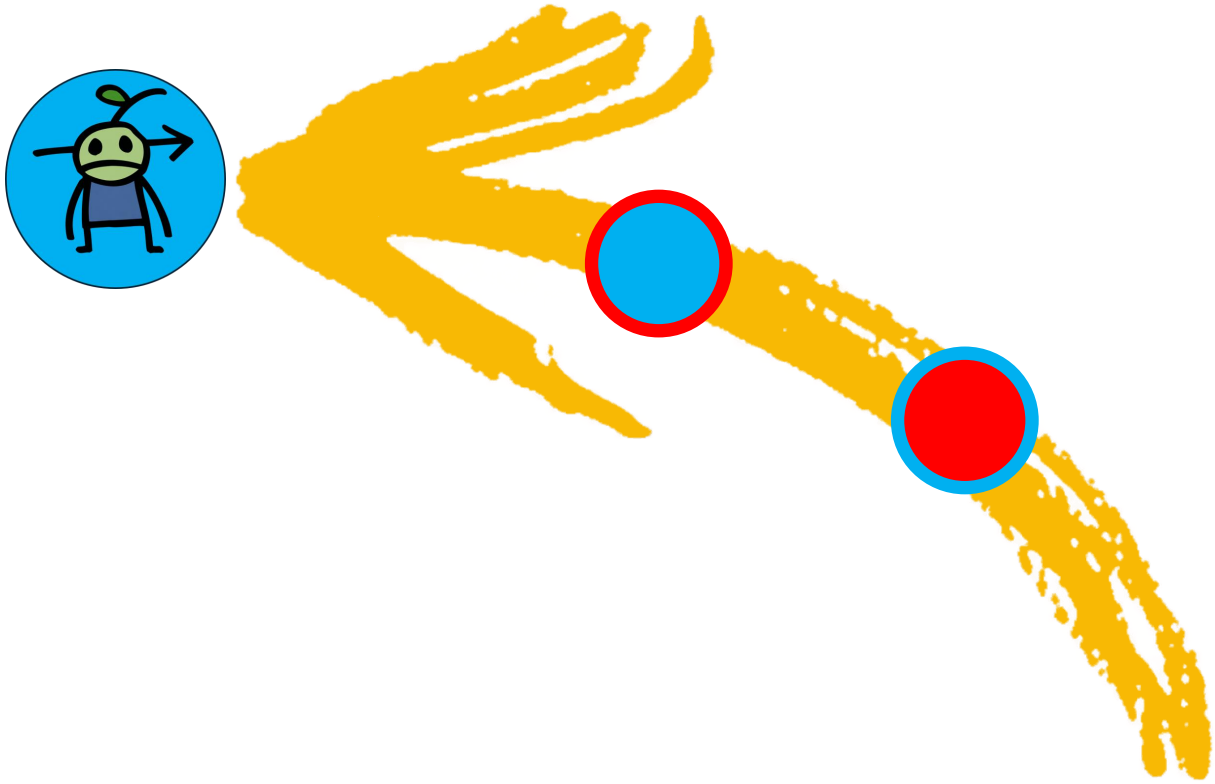


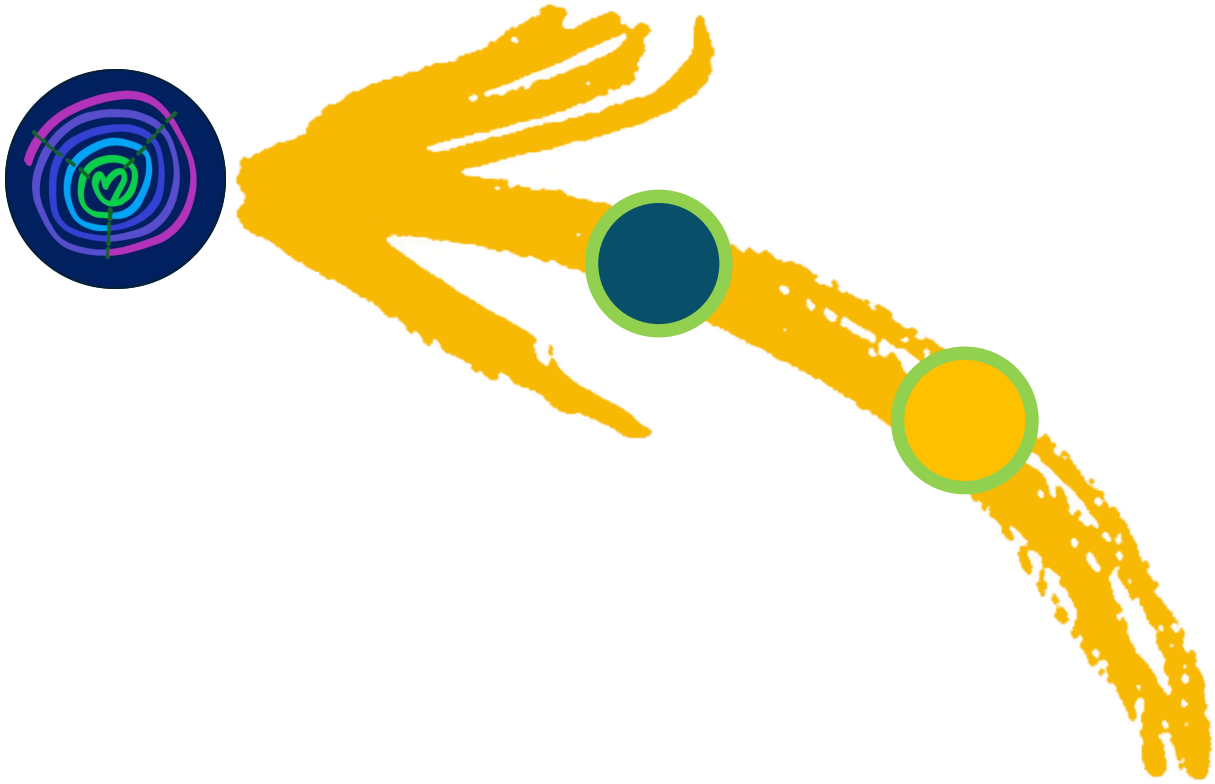
I ♥
OW

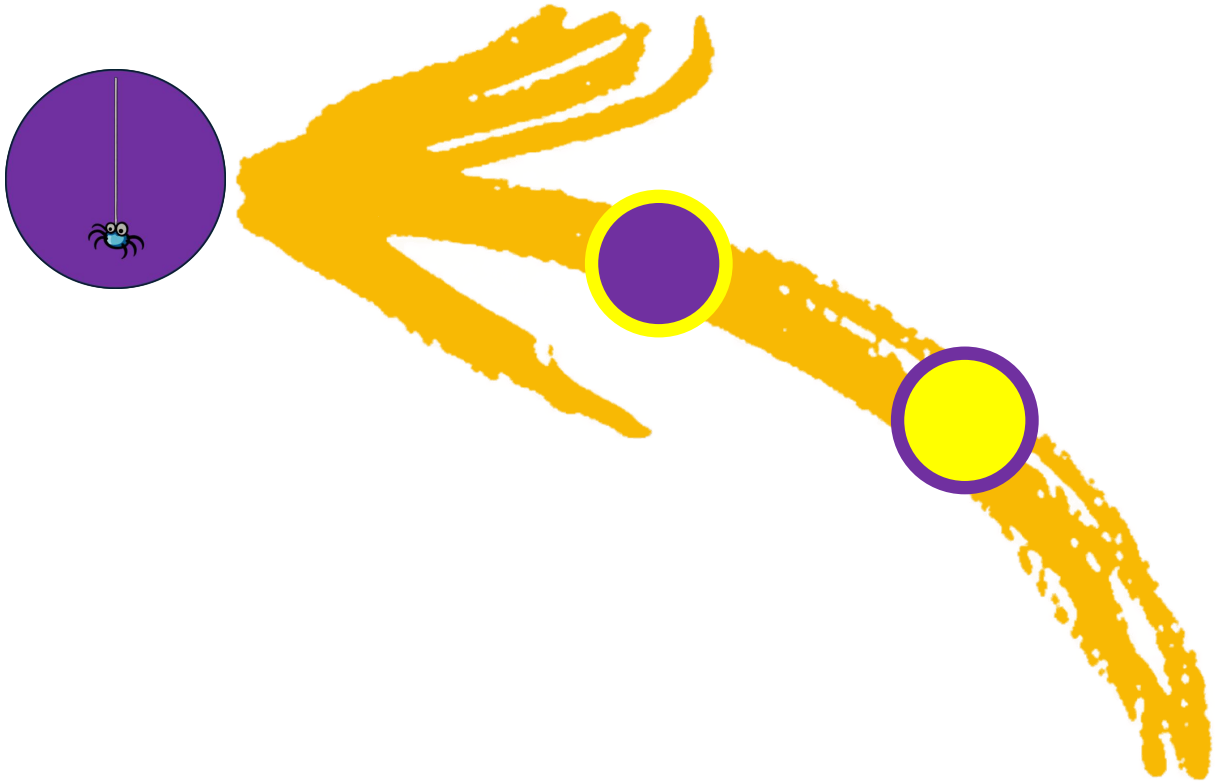


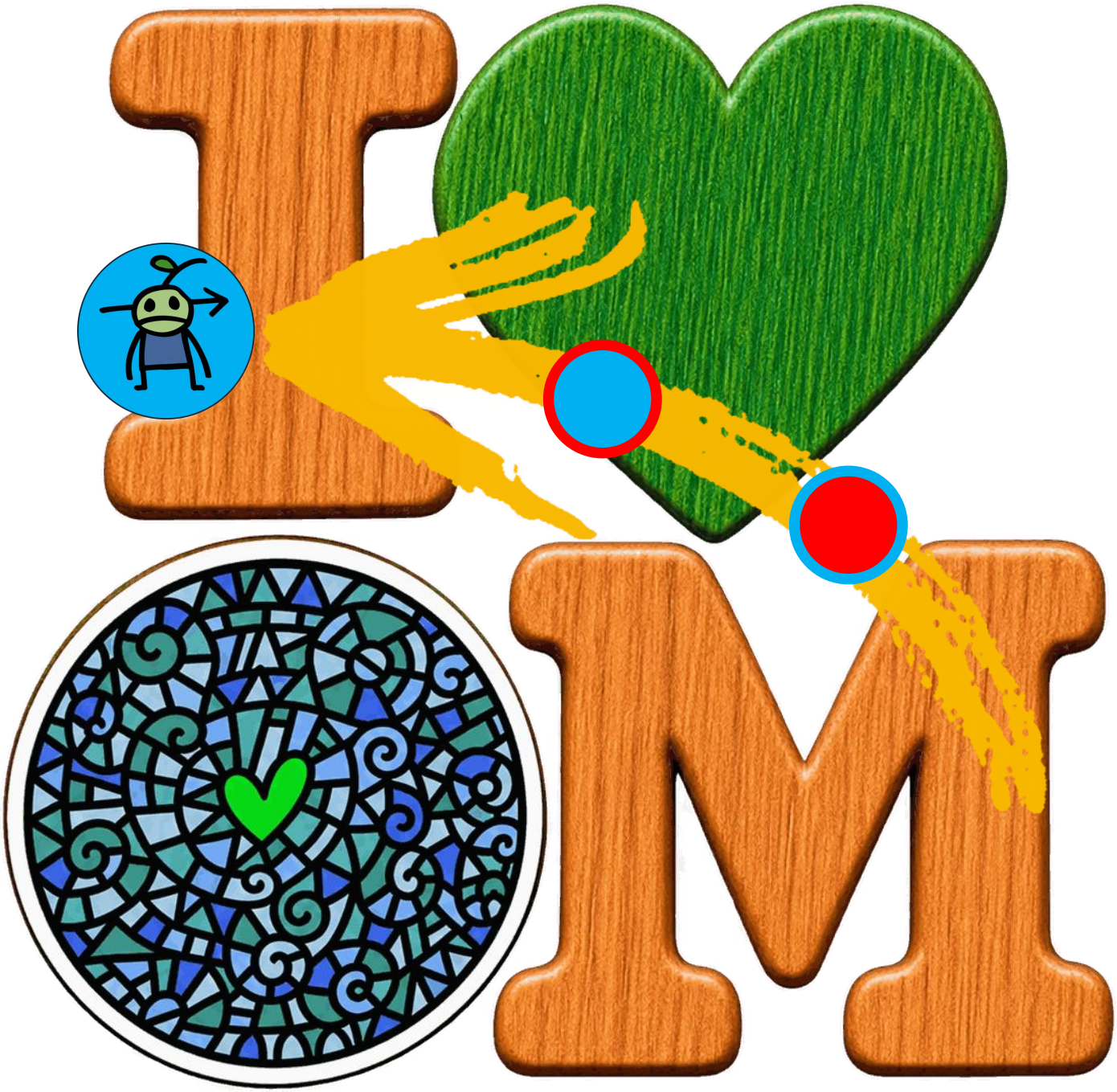
a 3 reptes 4 us · el joc, cadascuna de les 3 fletxes té 3 parades:

- una al món material o terra,
- una altra al món aeri o espiritual,
- i la tercera al centre.

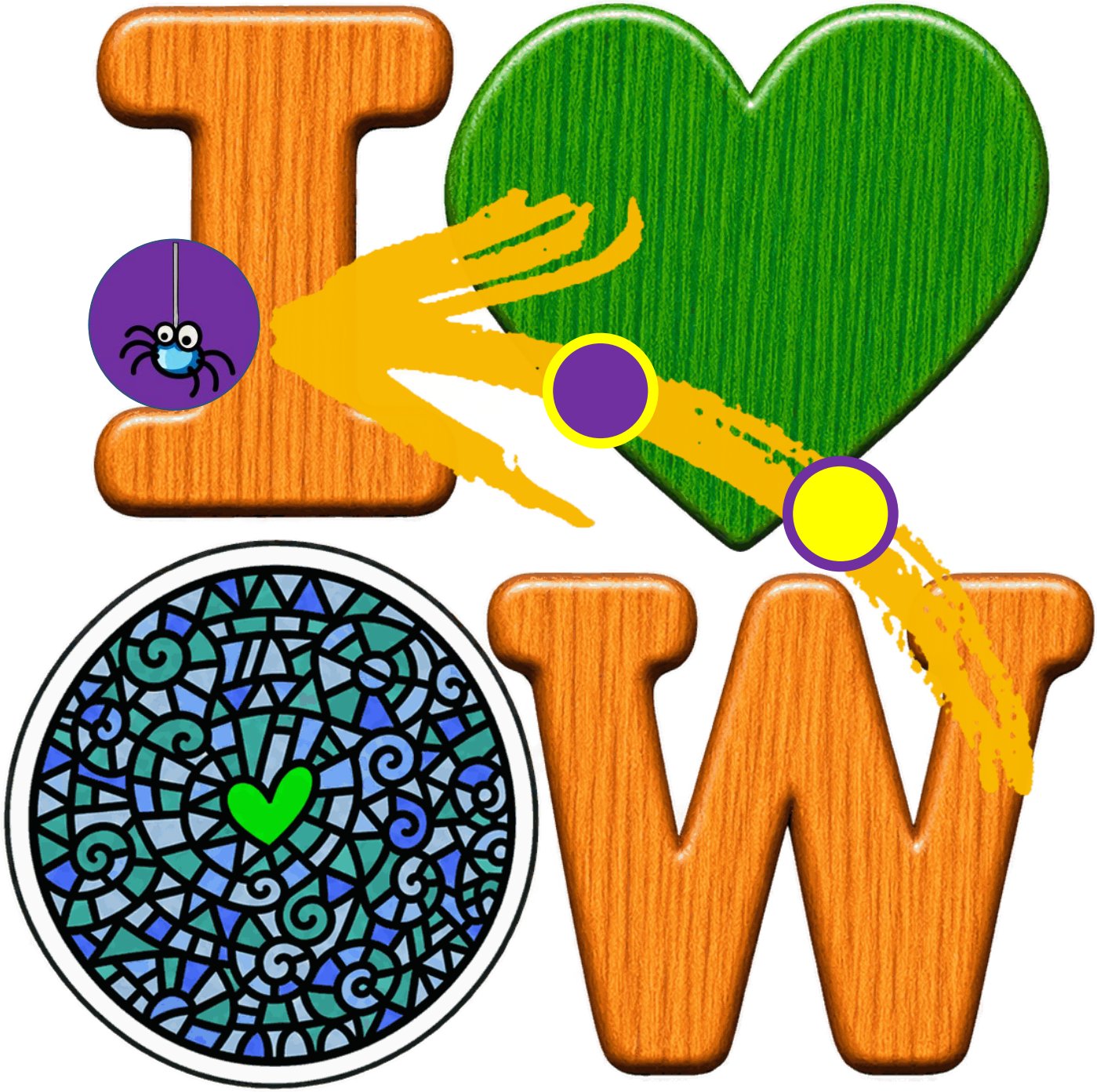






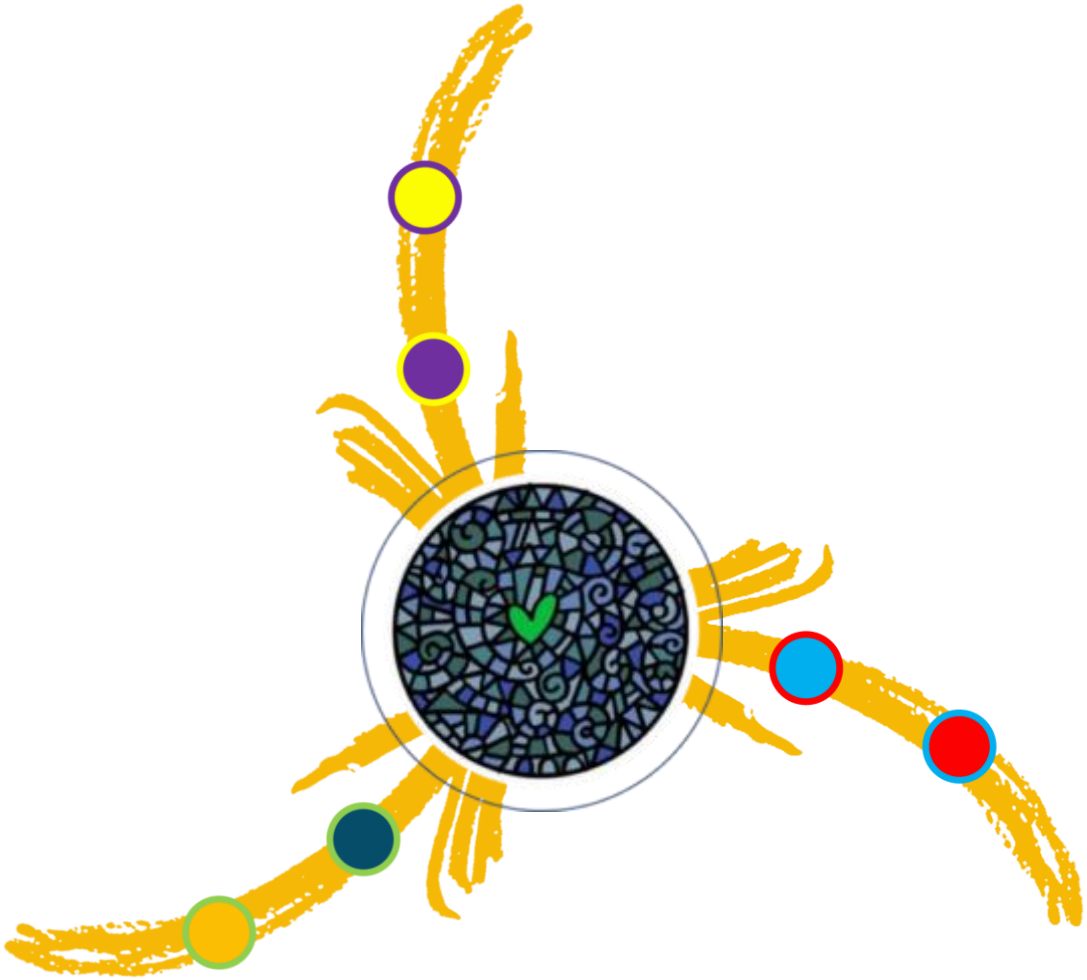

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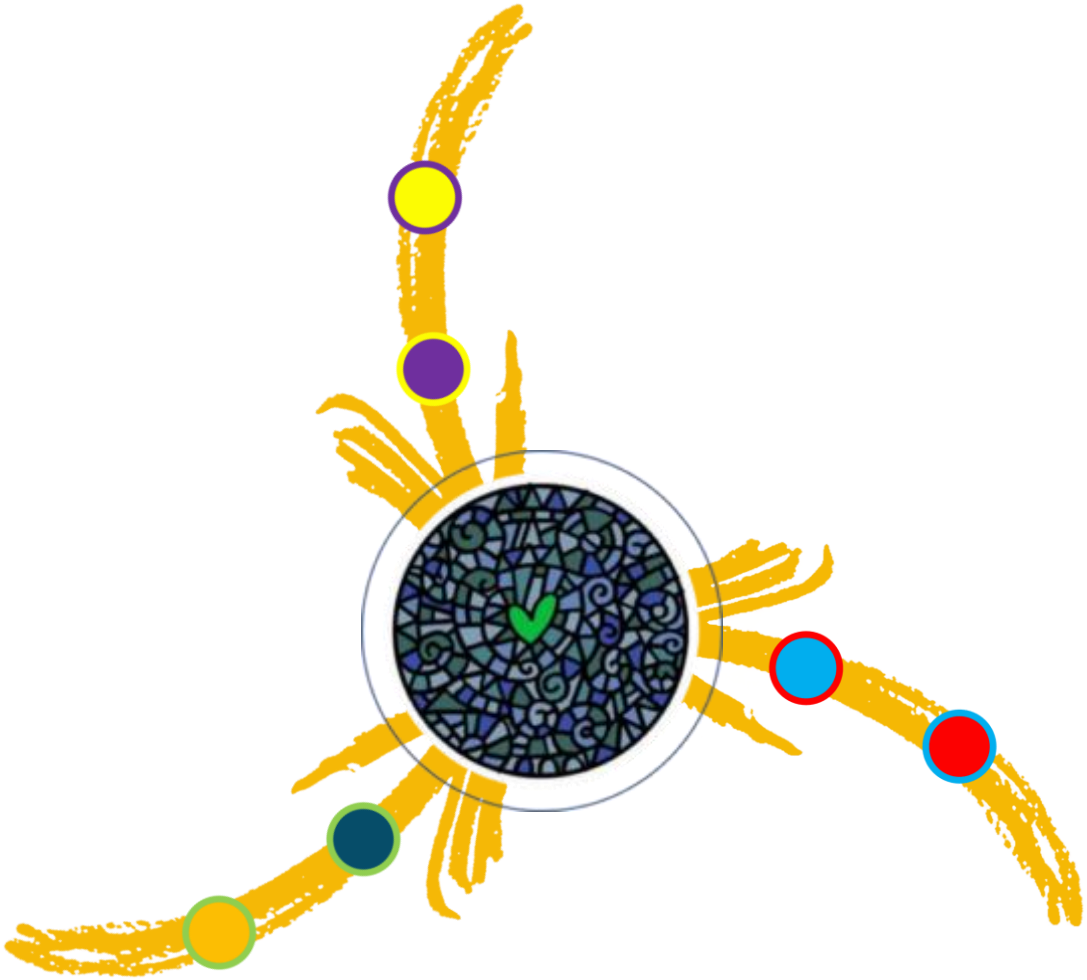

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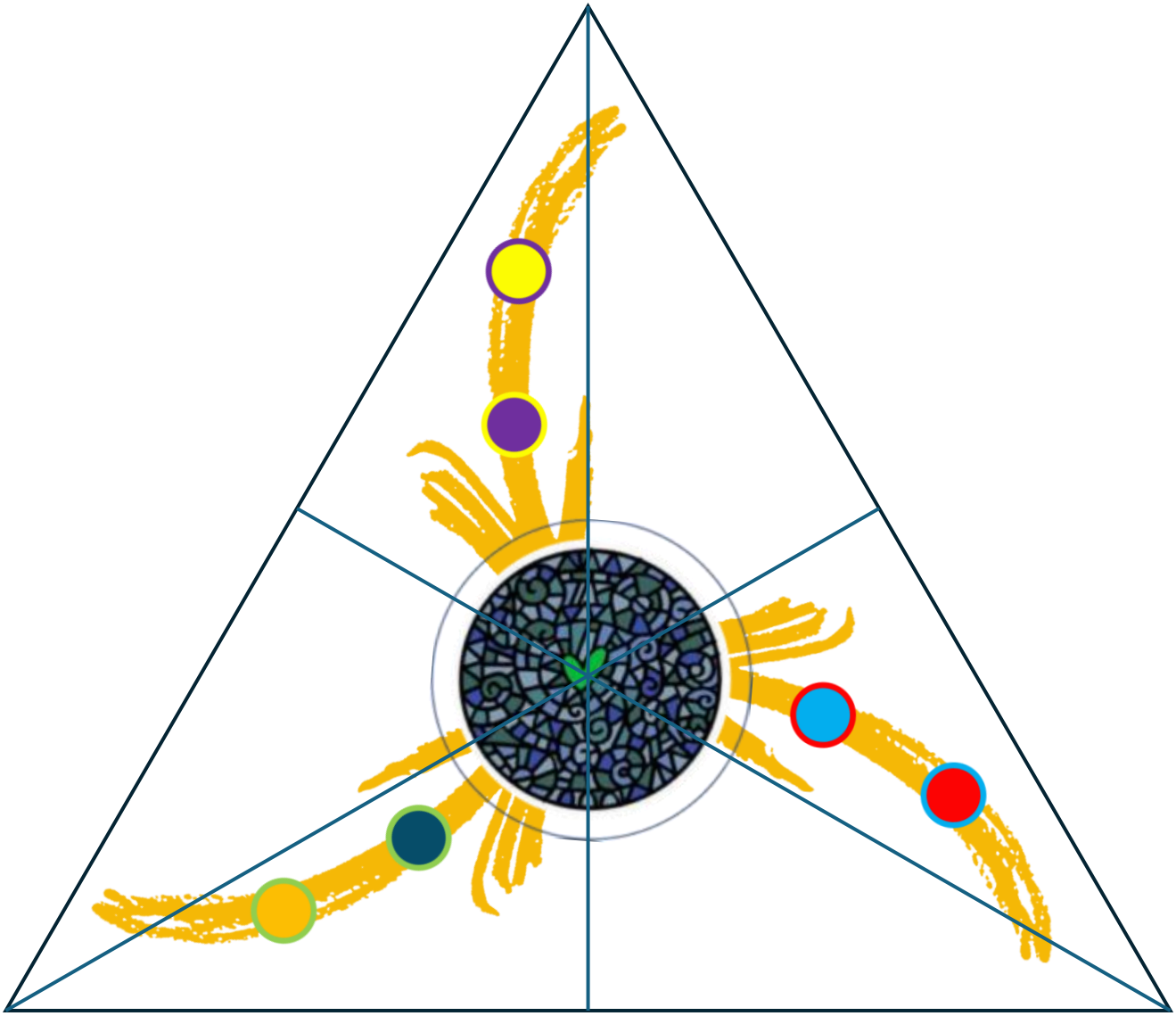

I
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fitxes de moviment



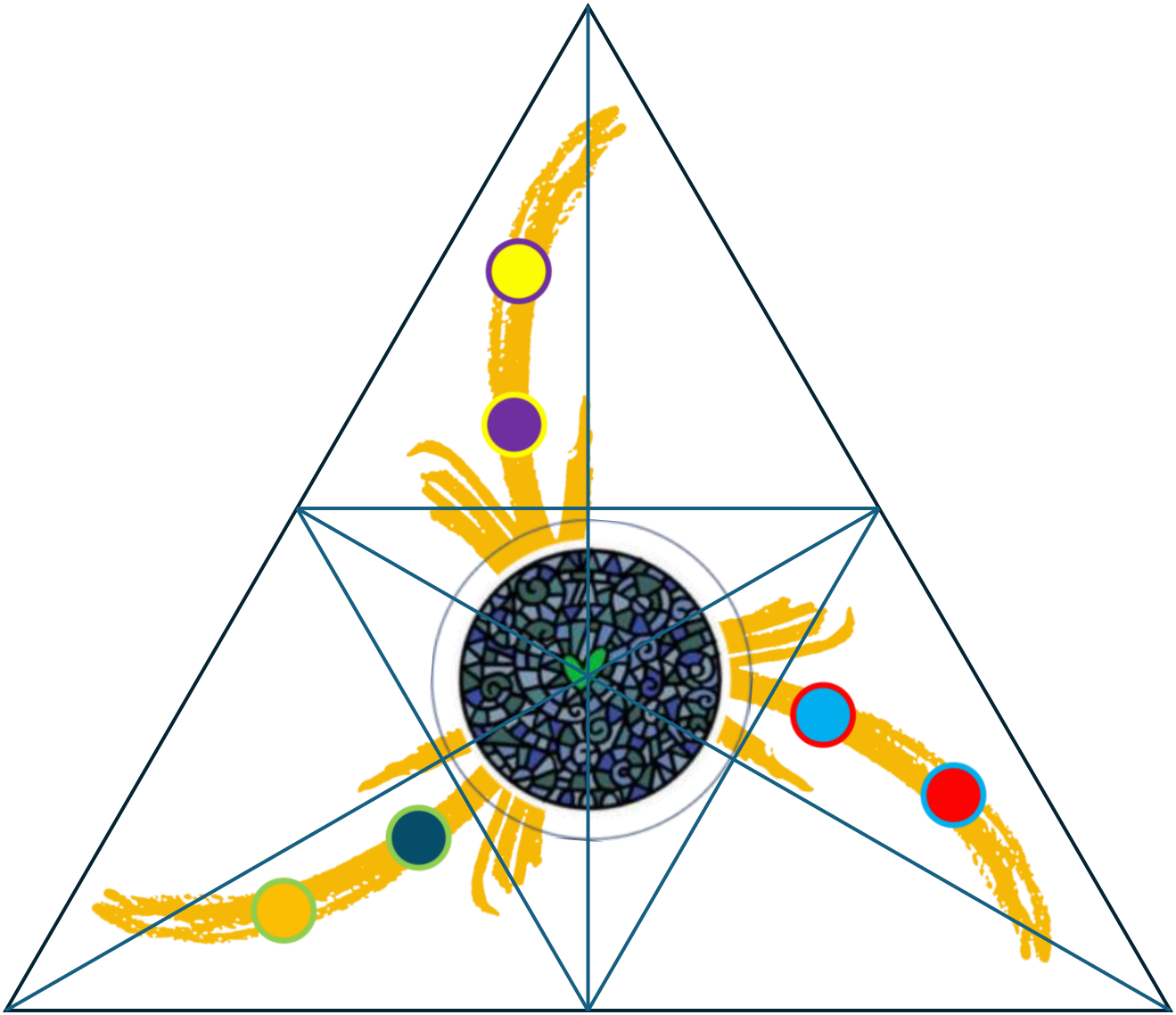


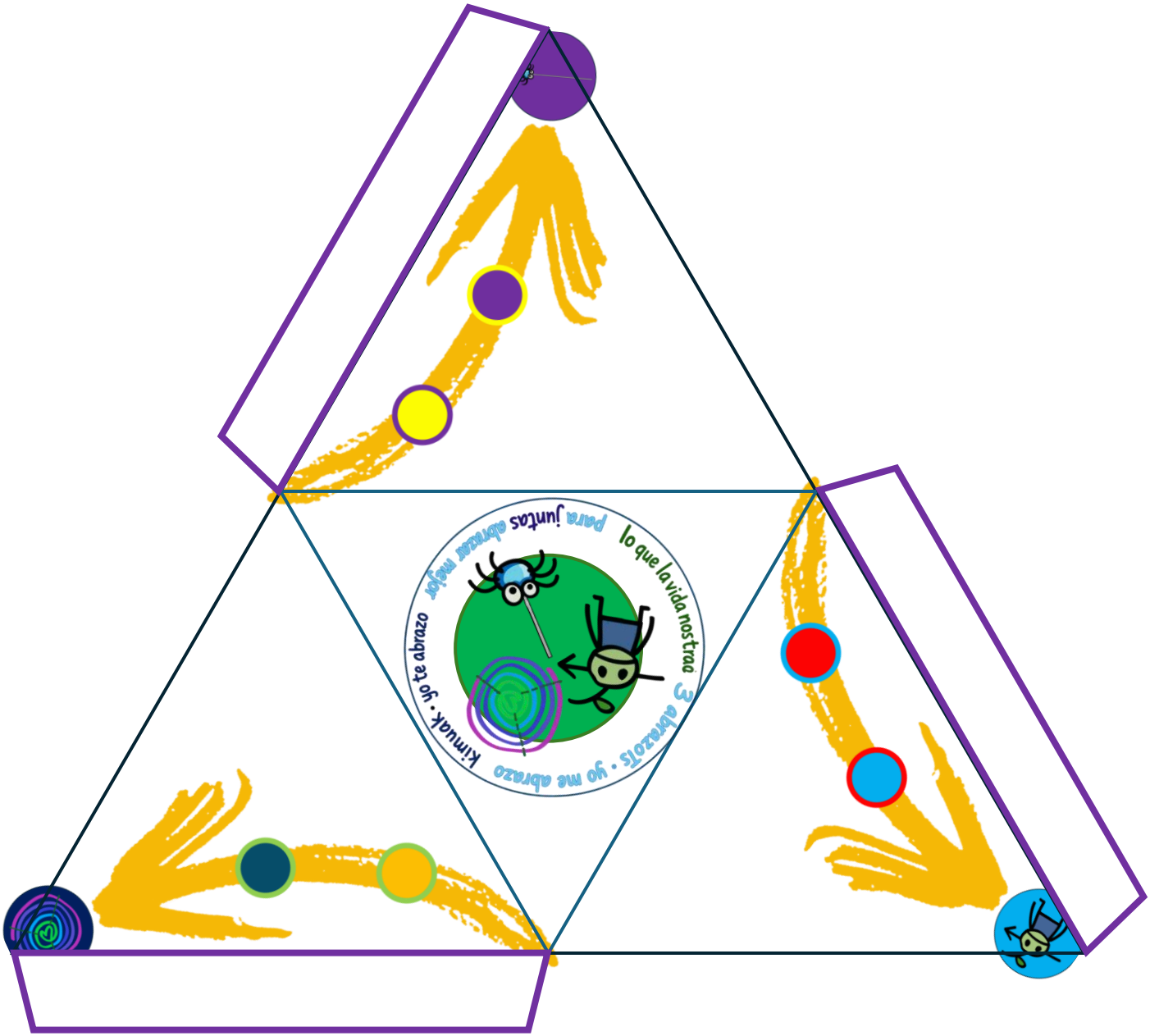


a 3 reptes 4 us · el joc podem jugar amb una fitxa plana

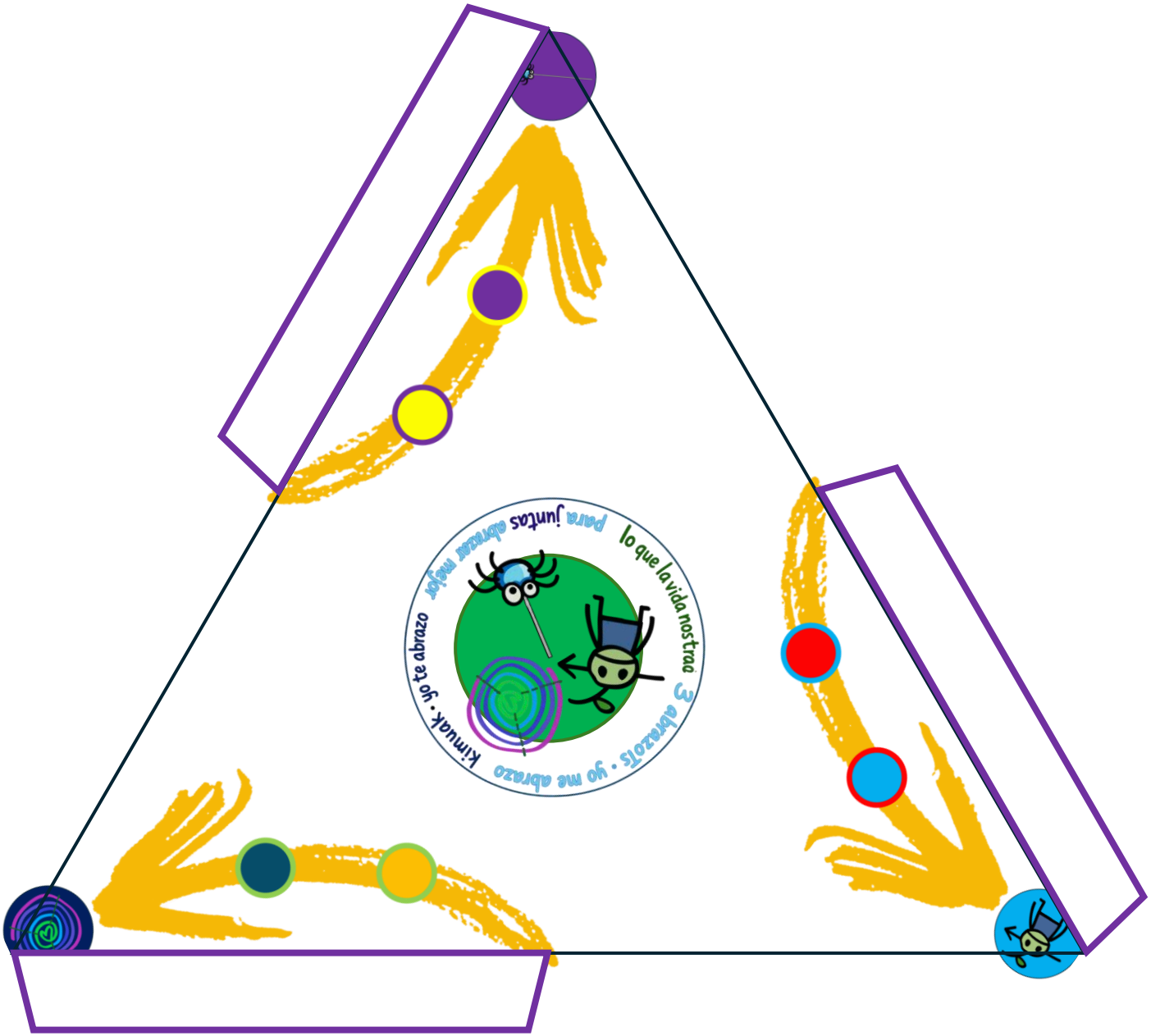
recorda que cadascuna de les 3 fletxes té 3 parades:

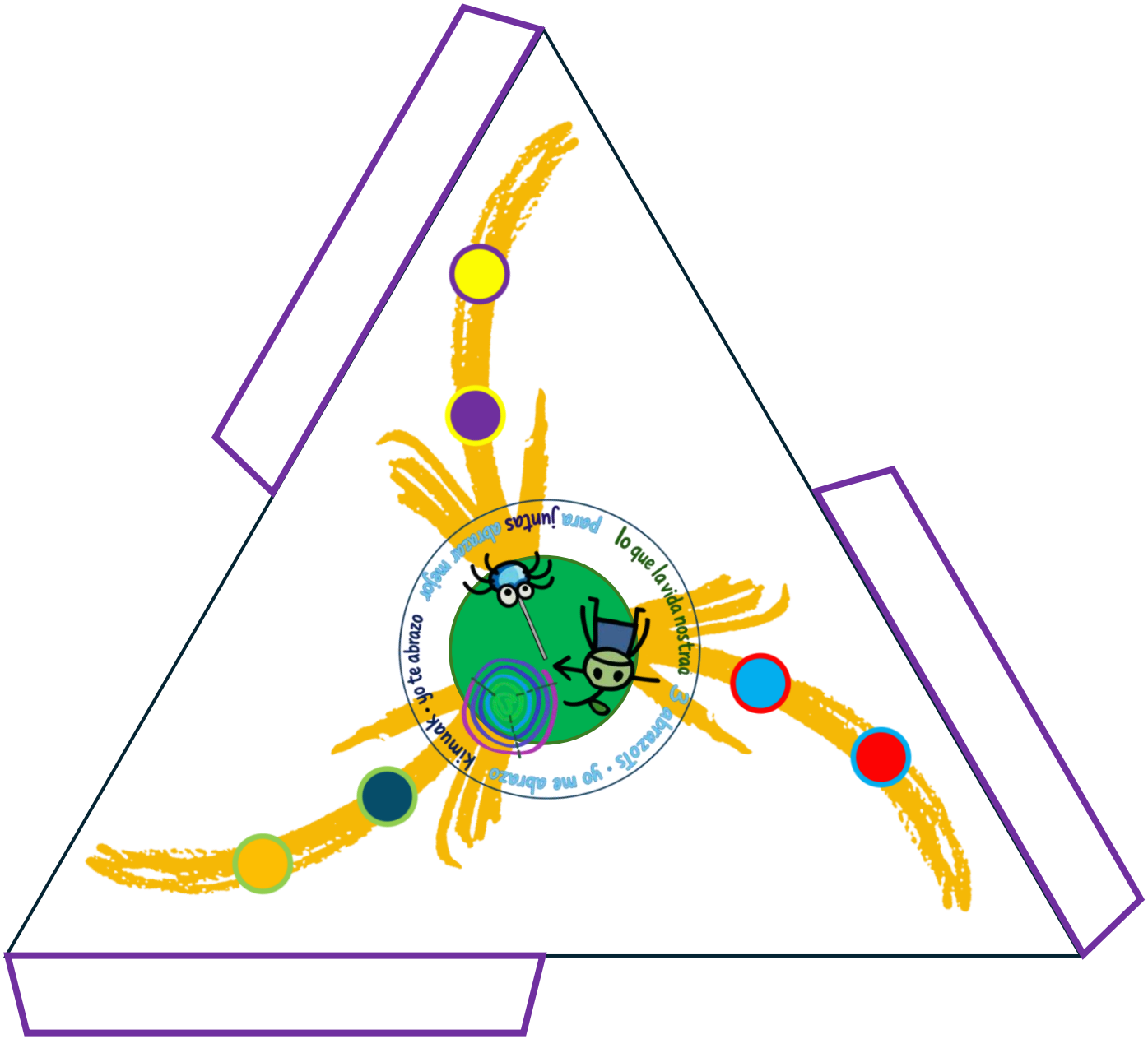
- una al món material o terra,
- una altra al món aeri o espiritual,
- i la tercera al centre (les 3 fletxes comparteixen centre)



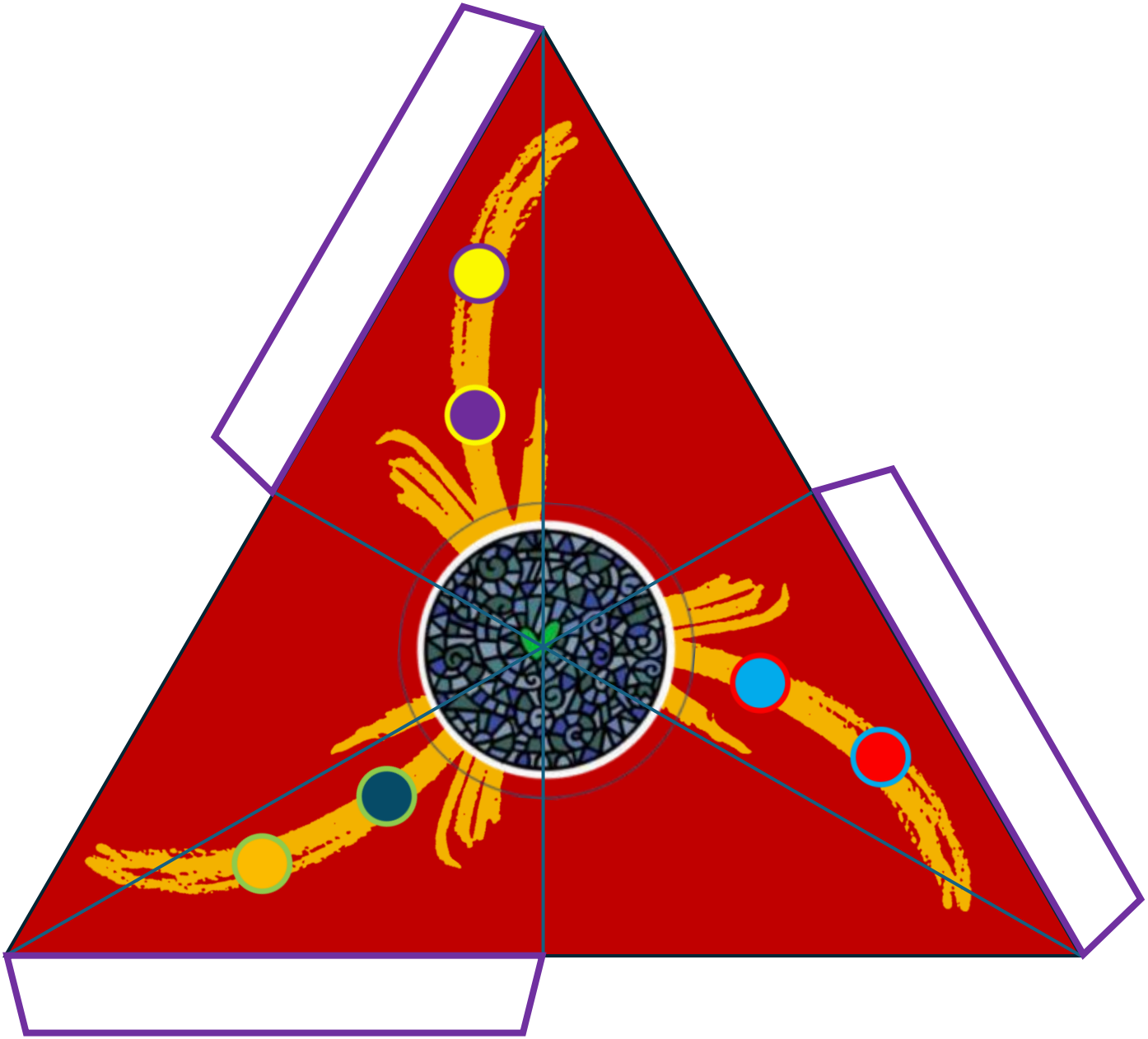


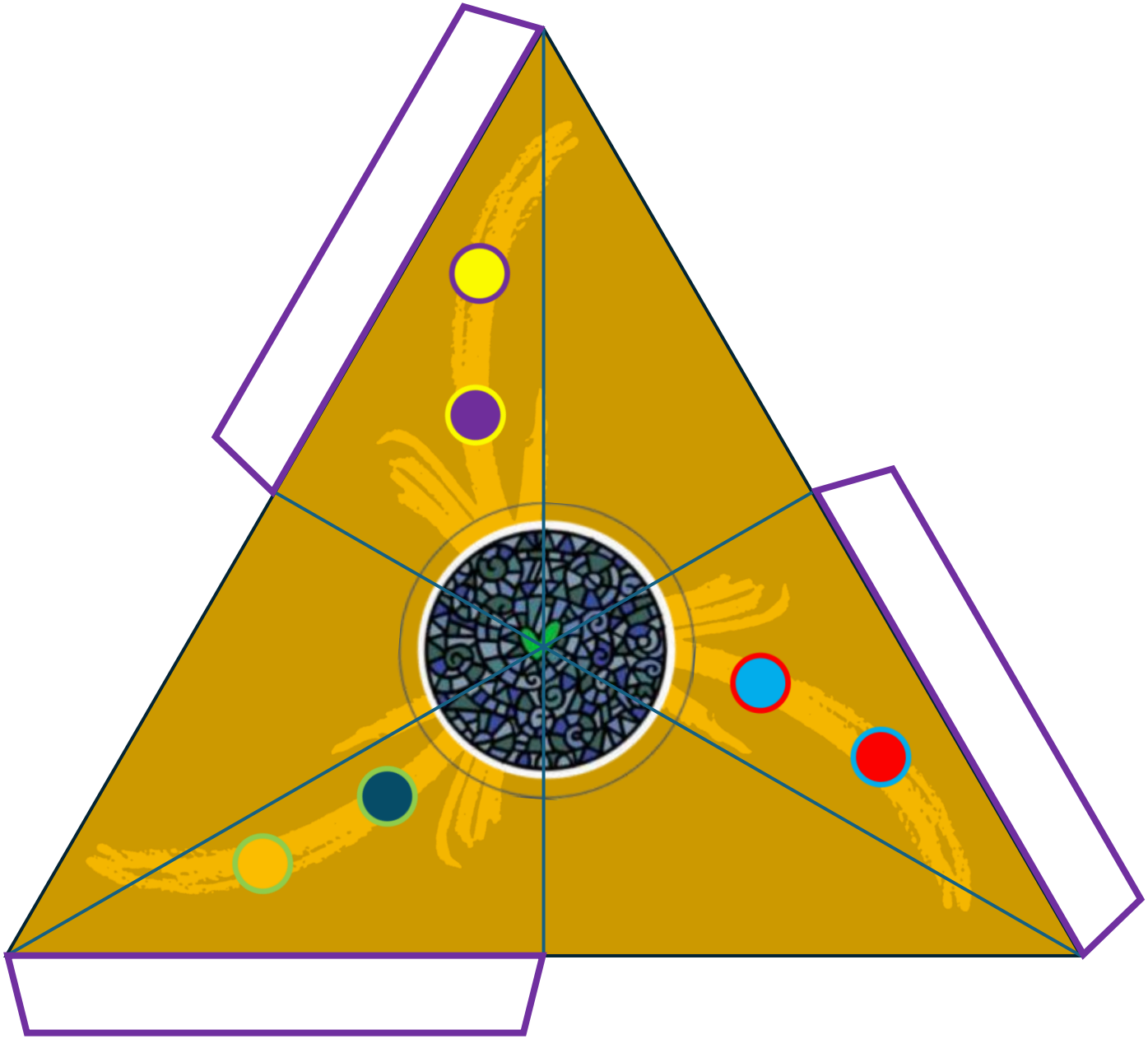
proposta de tetraedre amb les fletxes cap amunt,
3 reptes 4 us · el joc

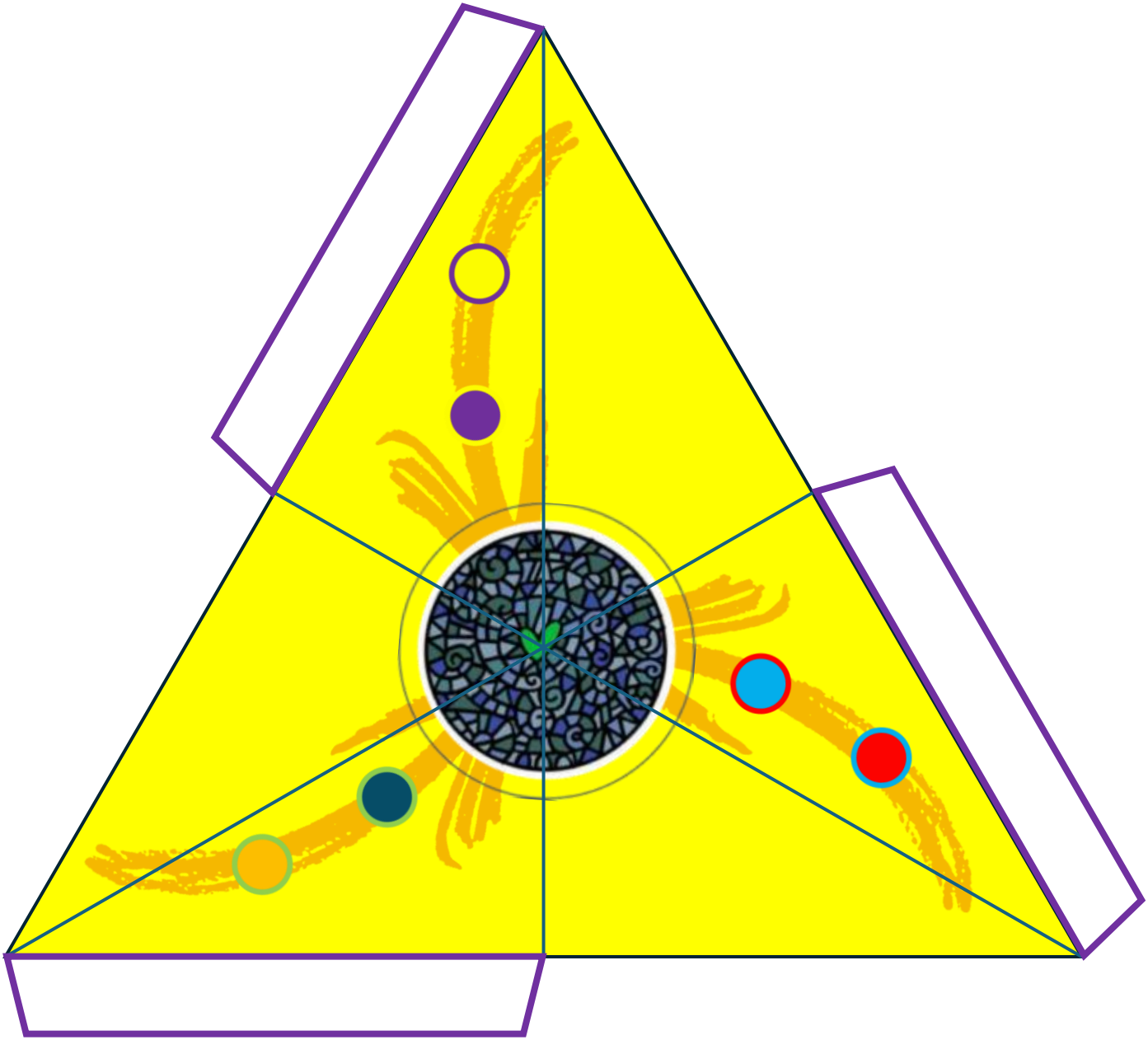

lo que la vida nos traa
para juntas abrazar mejor
kimuak · yo te abrazo · yo me abrazo
3 abrazos

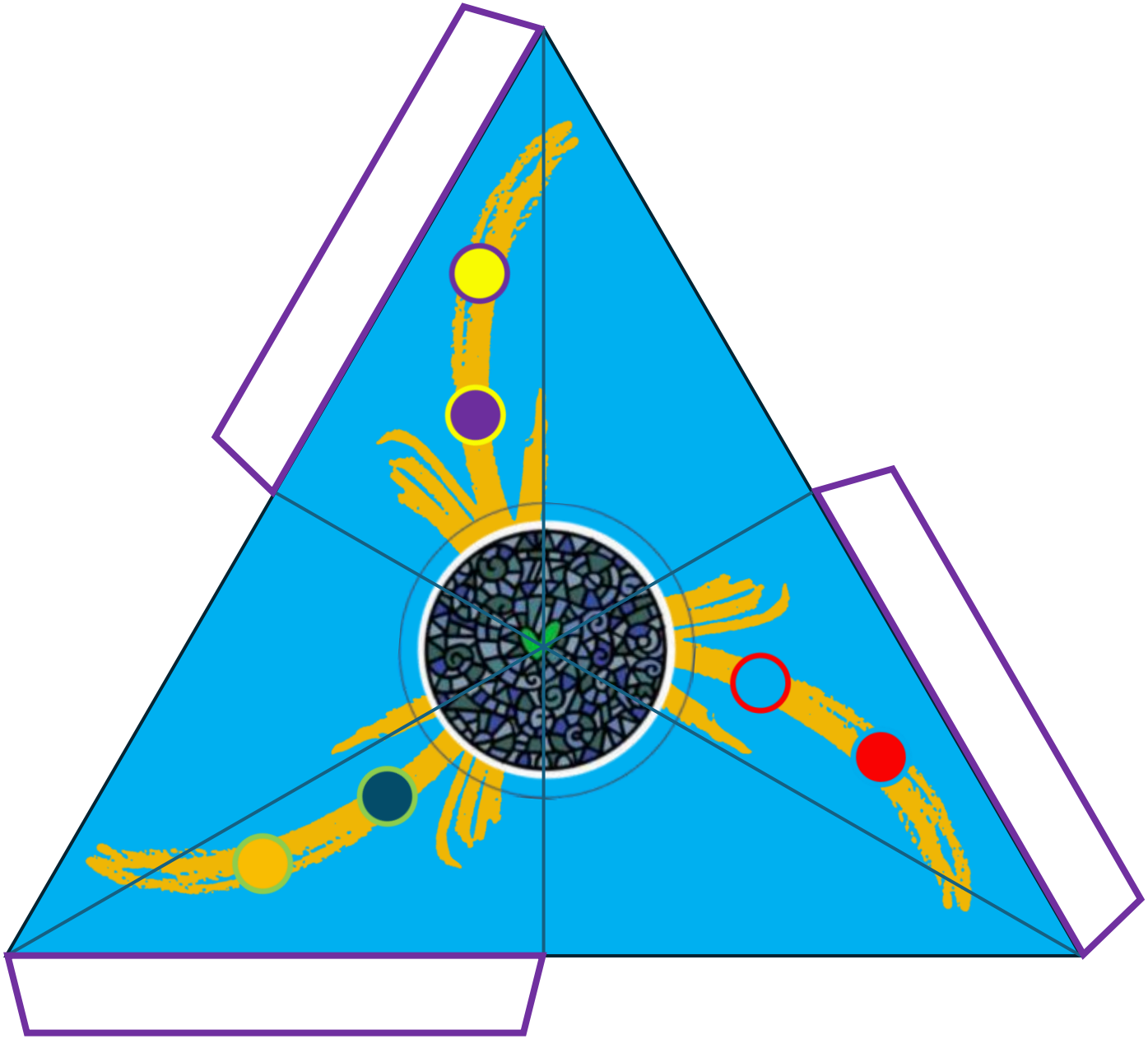


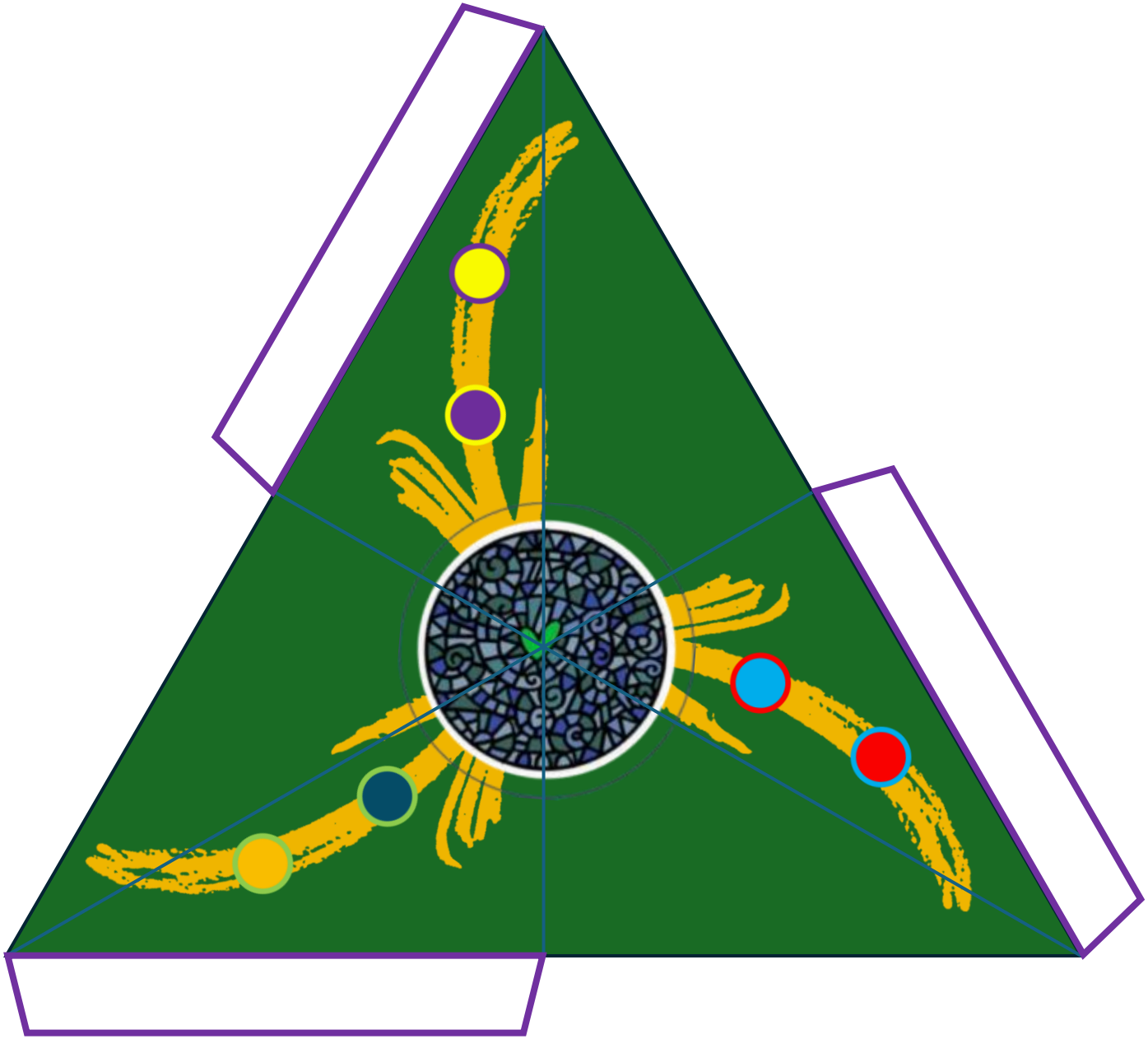
proposta de tetraedre amb les fletxes cap amunt,
3 reptes 4 us · el joc

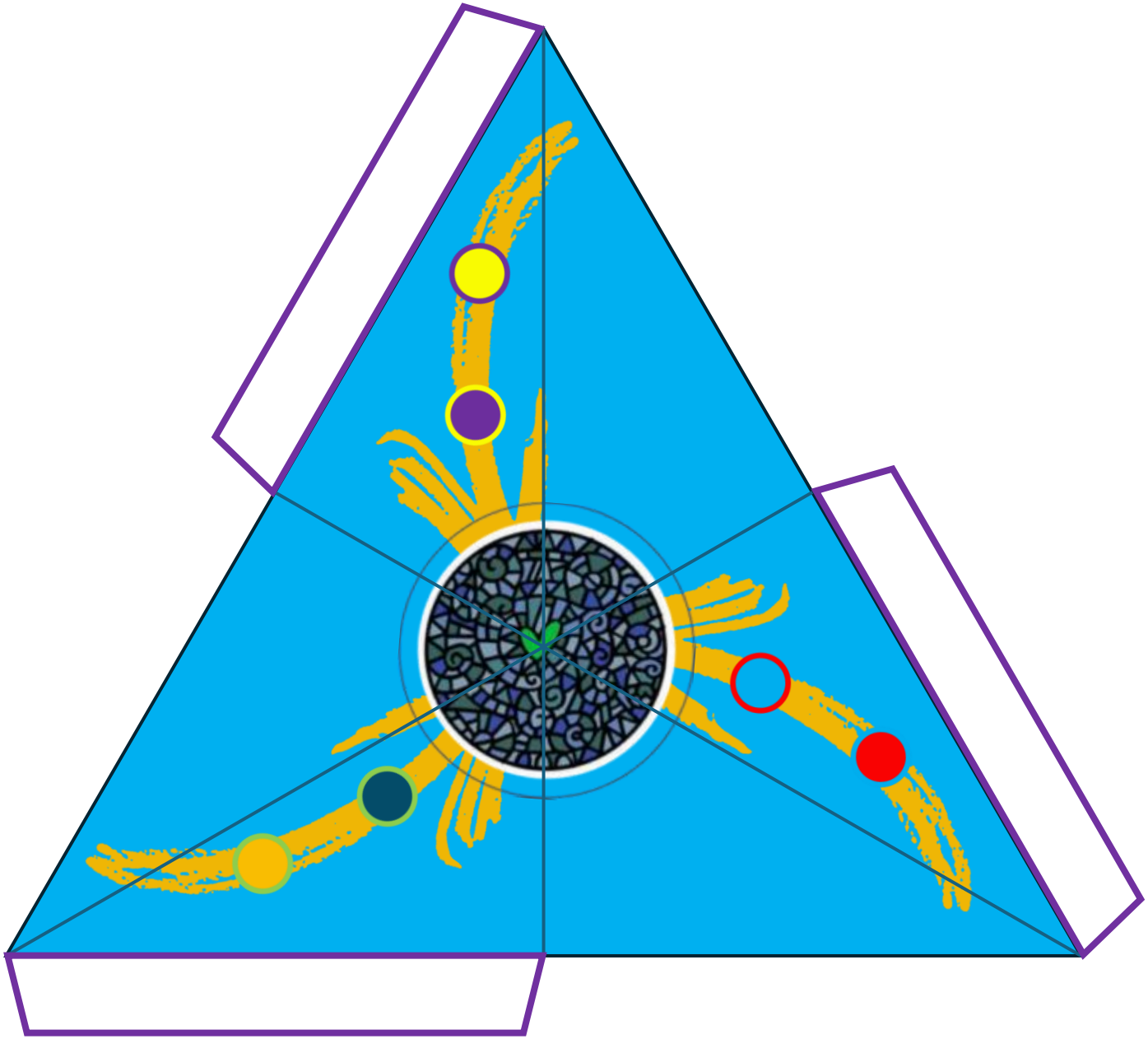


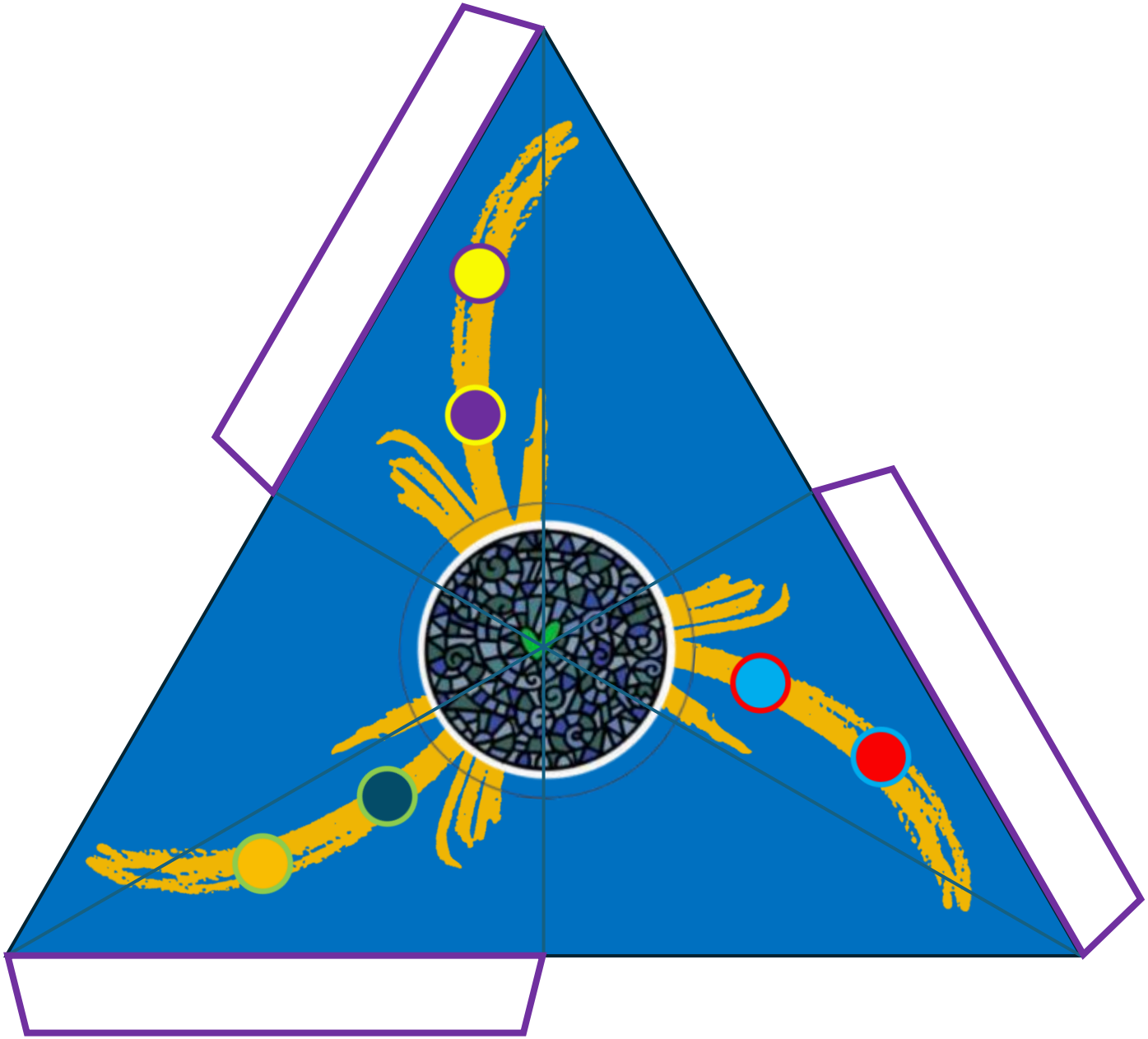


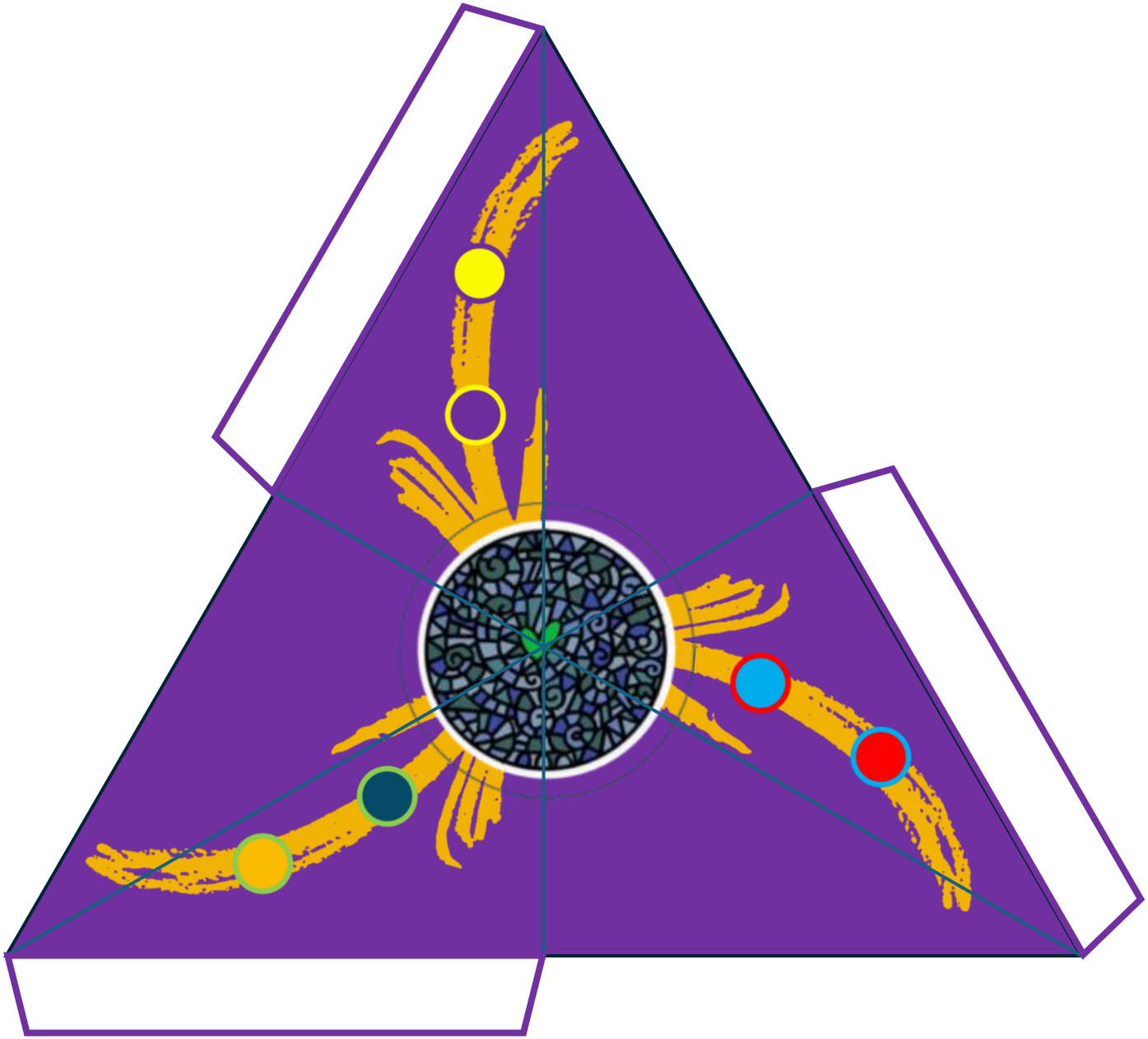






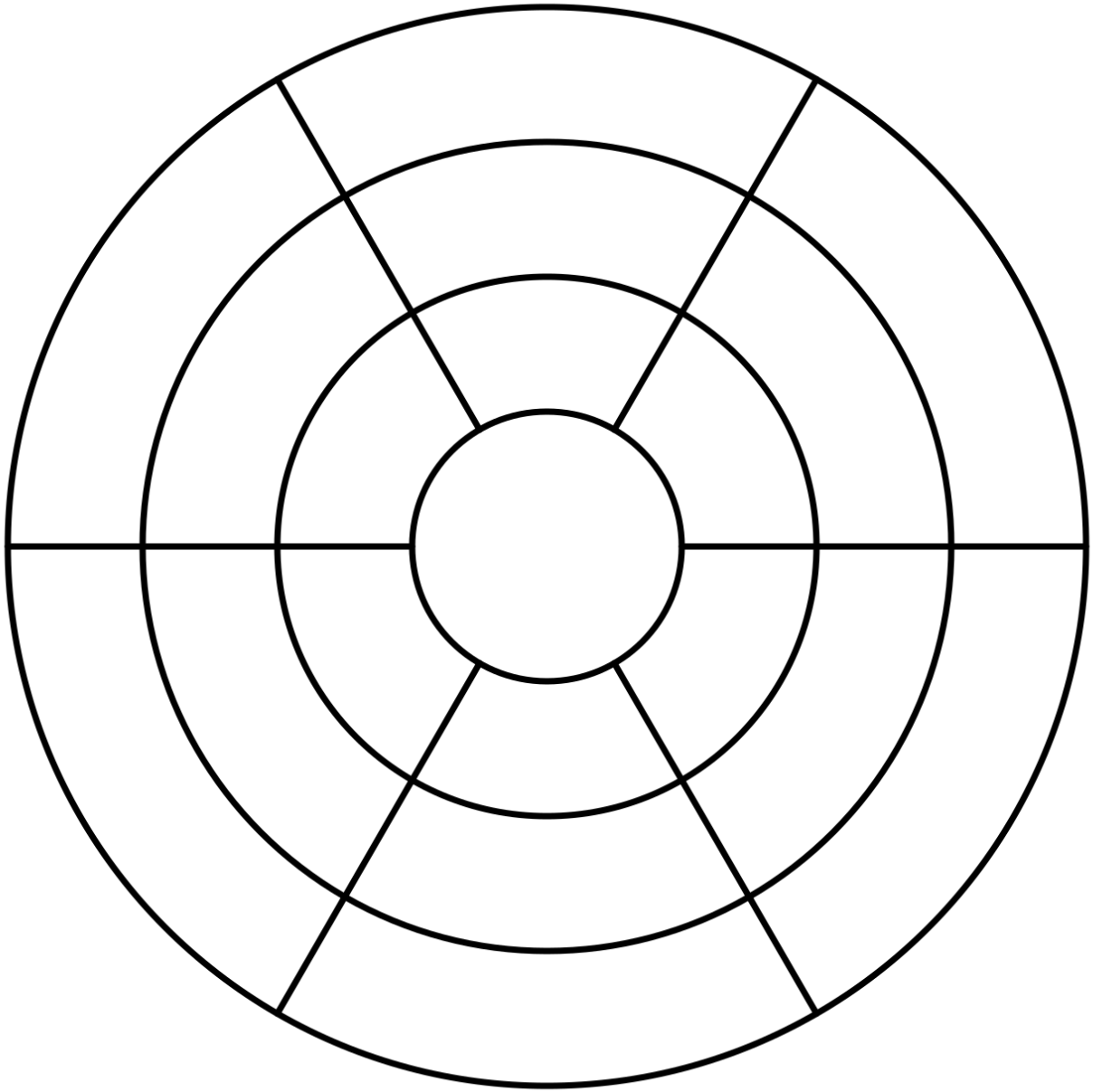




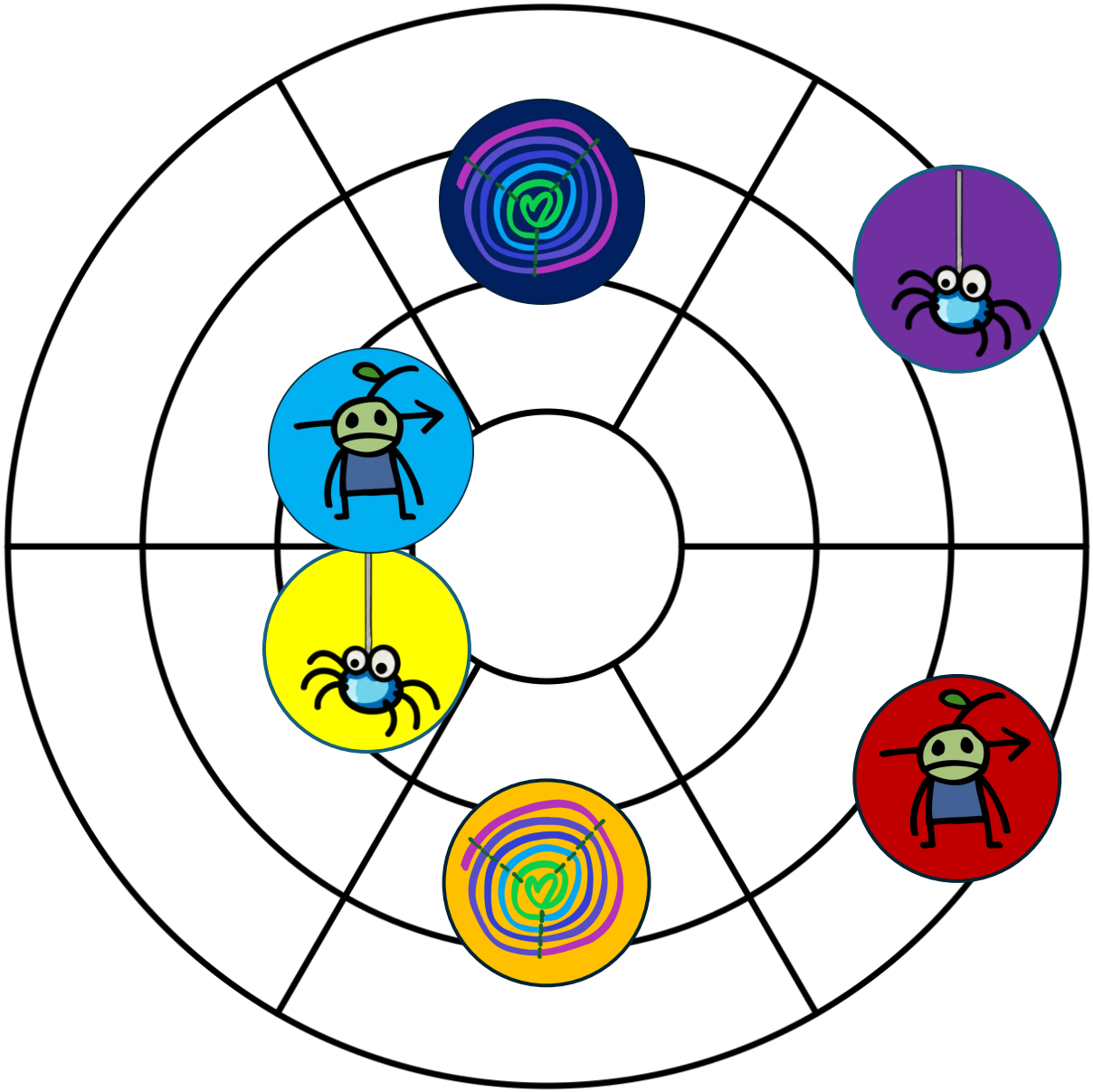


3reptes4us el joc

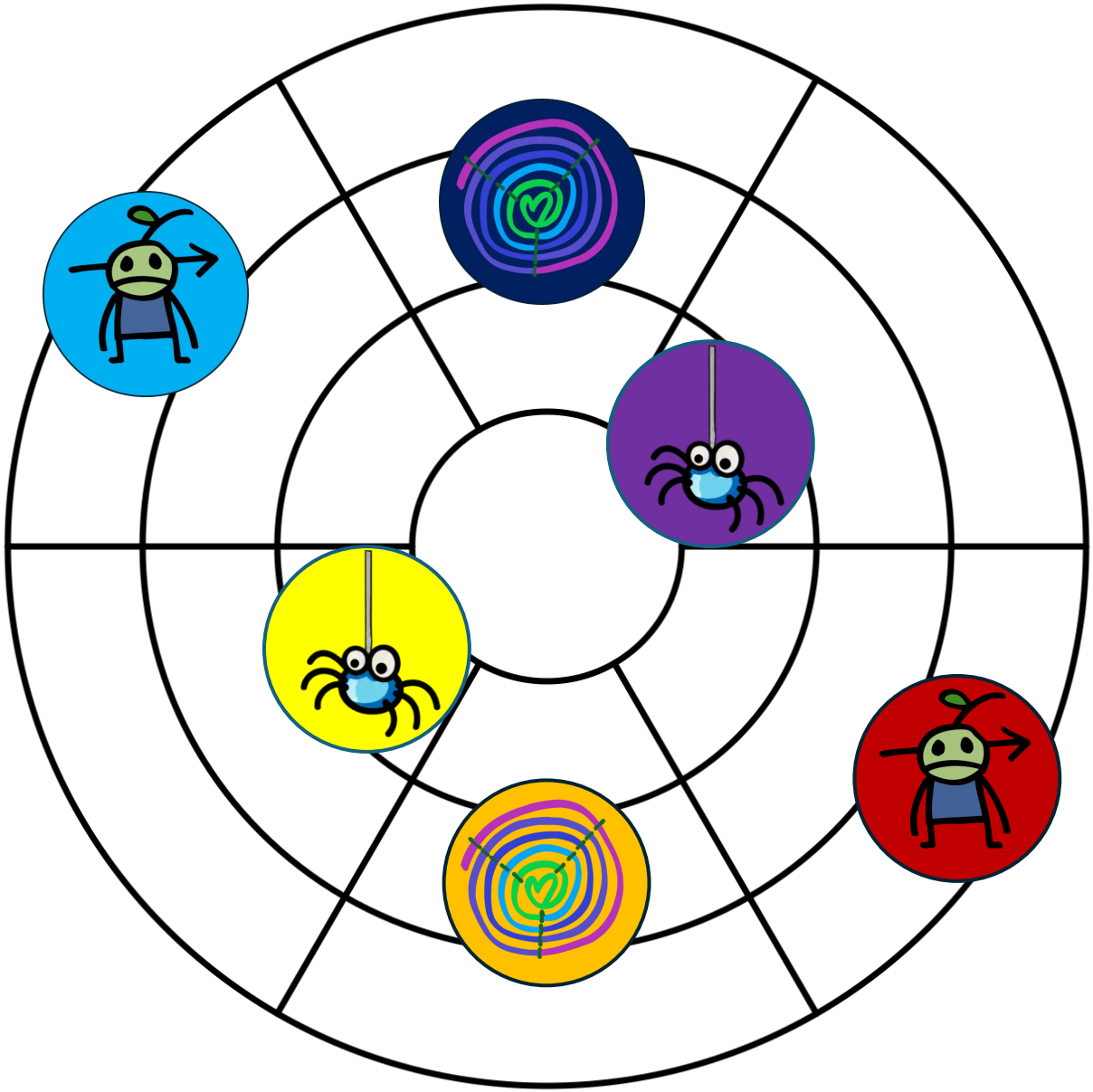
el tauler



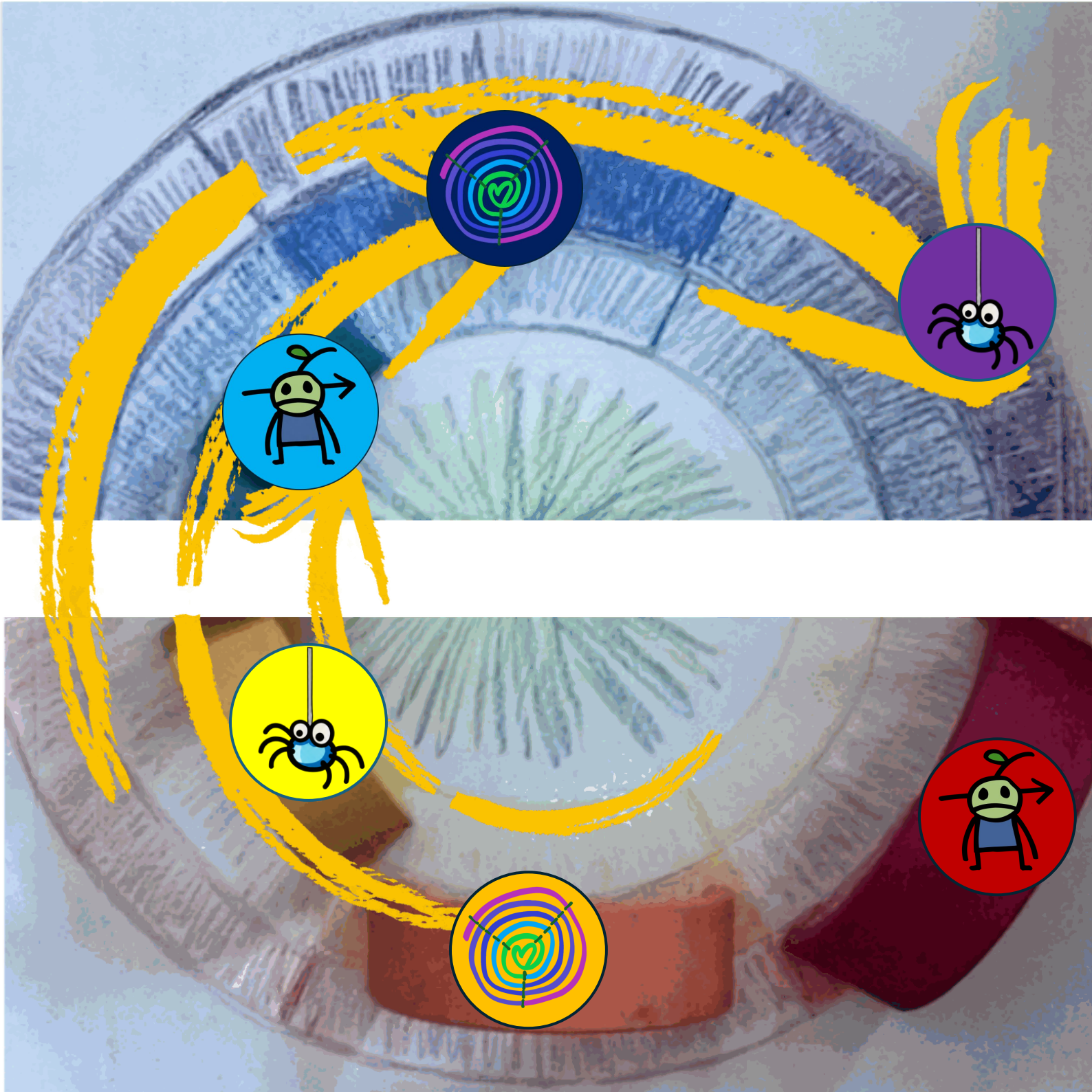
pinta i acoloreix



esquema de posades

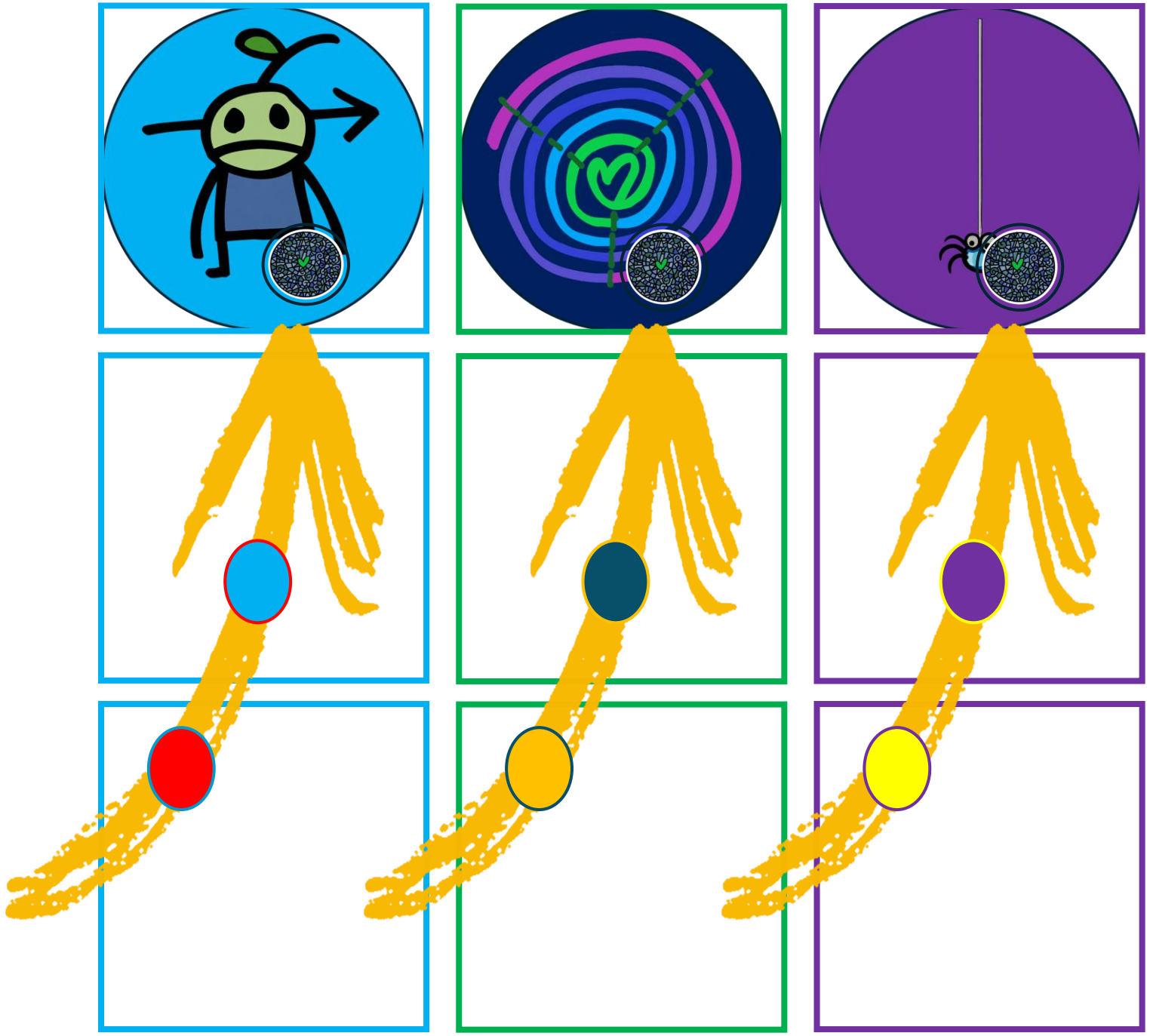


esquema de posades
(alternatiu / s'hi pot jugar igualment)

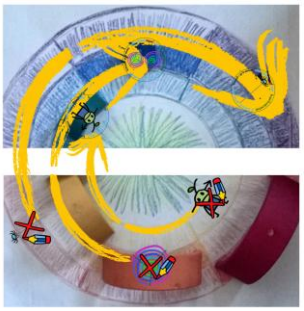


3reptes4us el joc

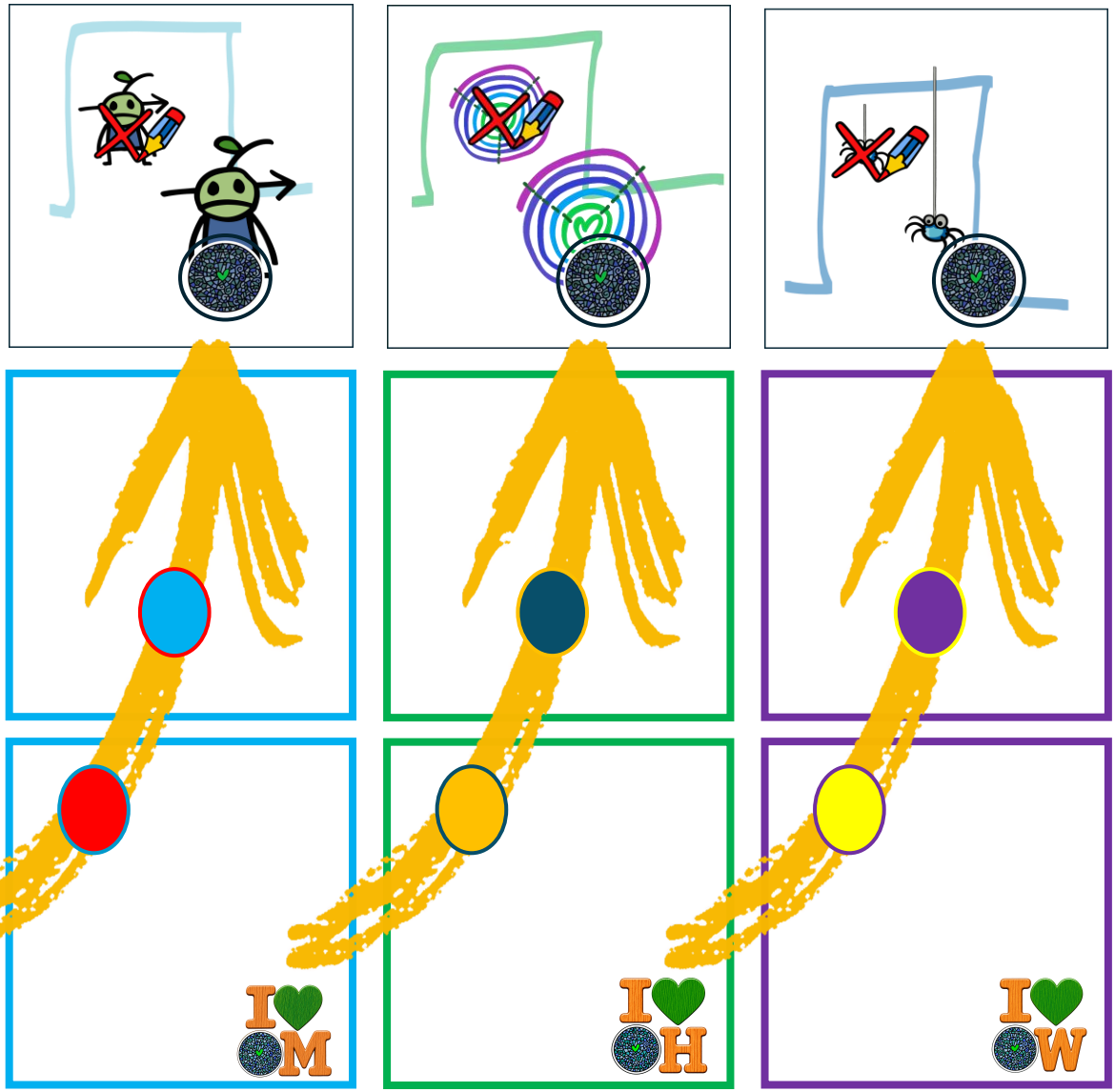
bitàcola de navegació



3reptes4us el joc







què he pensat? _____

què he sentit? _____

què m'emporto? _____


3 abraçadeT3s • jo m'abraço • yo t'abraço • kimuak •
per juntes abraçar millor allò que la vida ens porta •