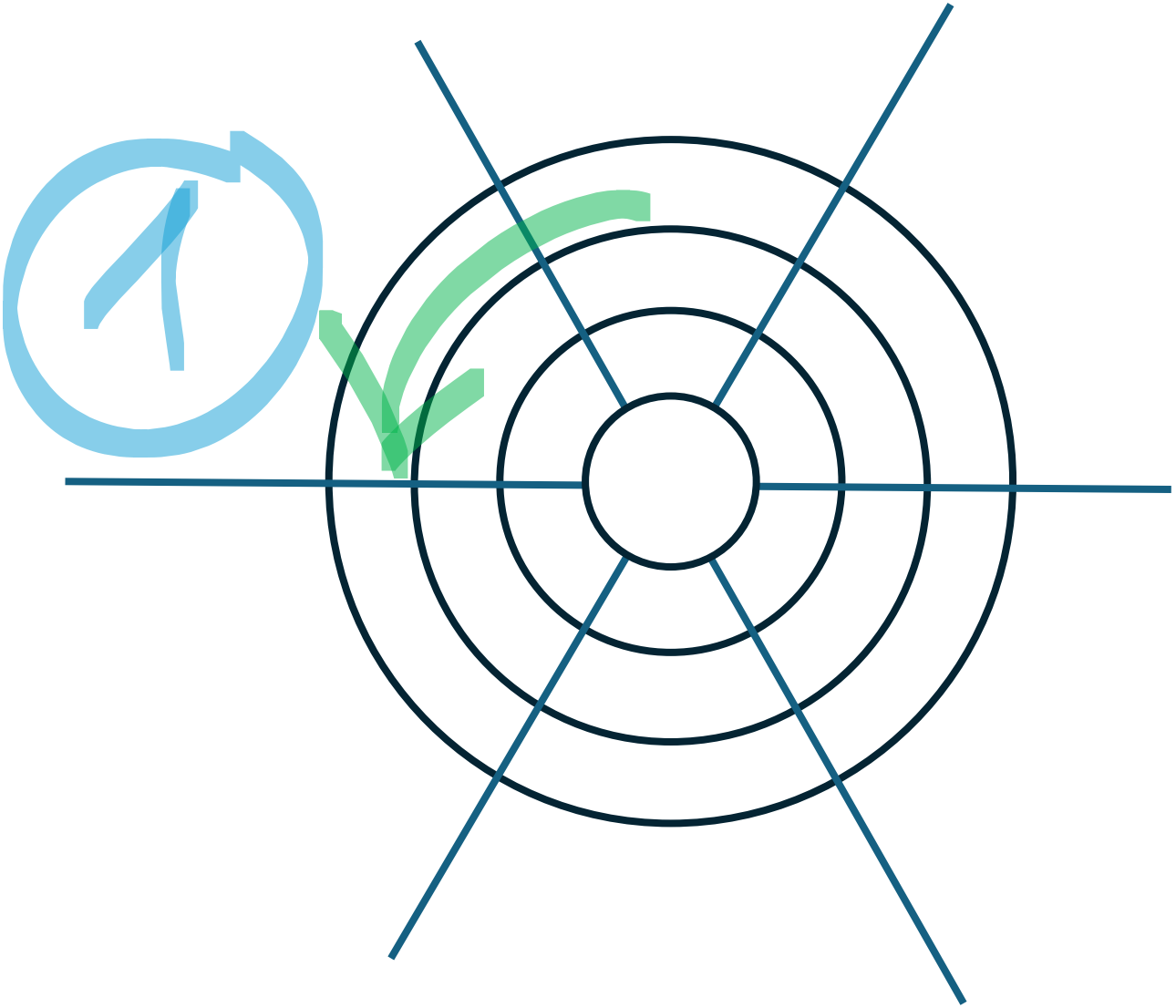
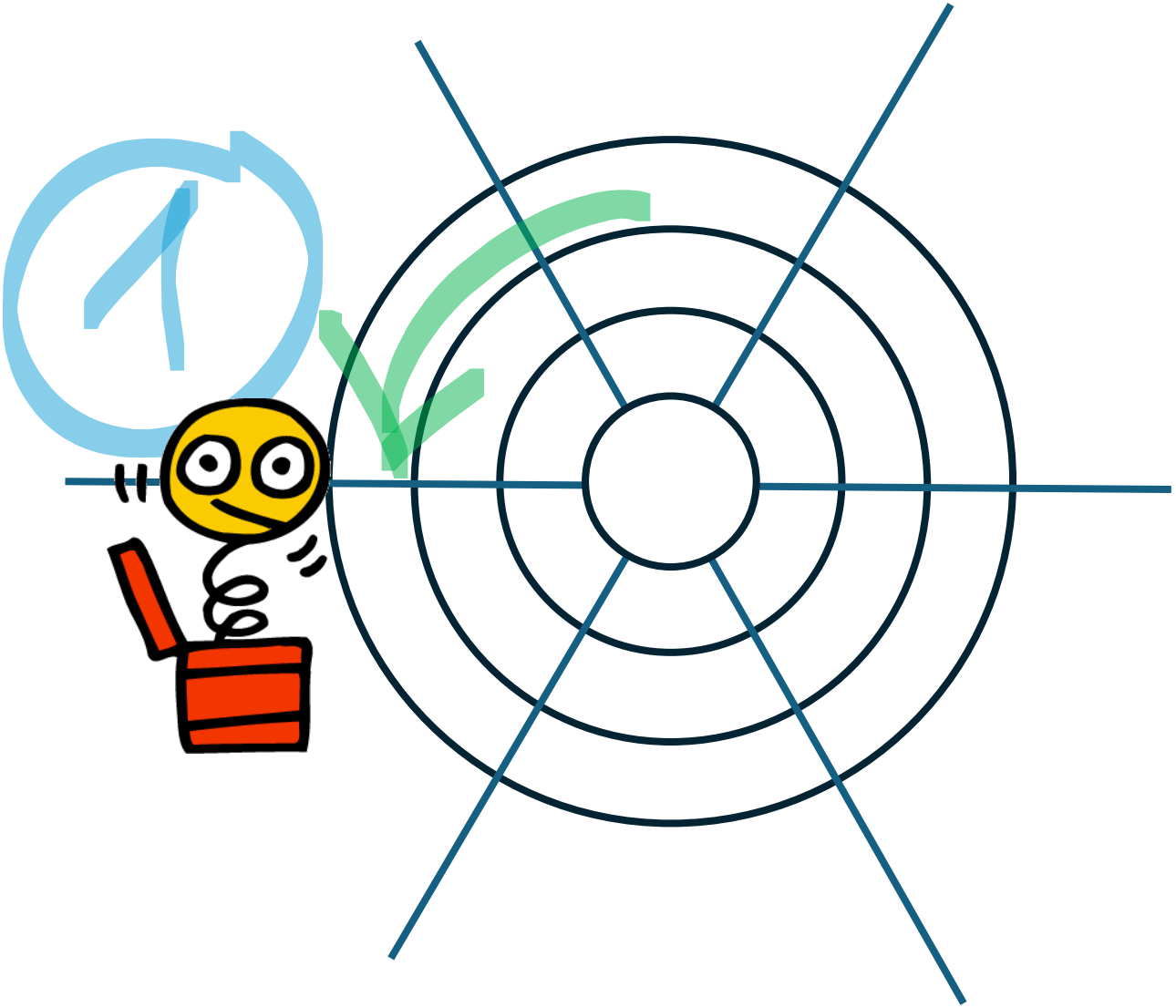
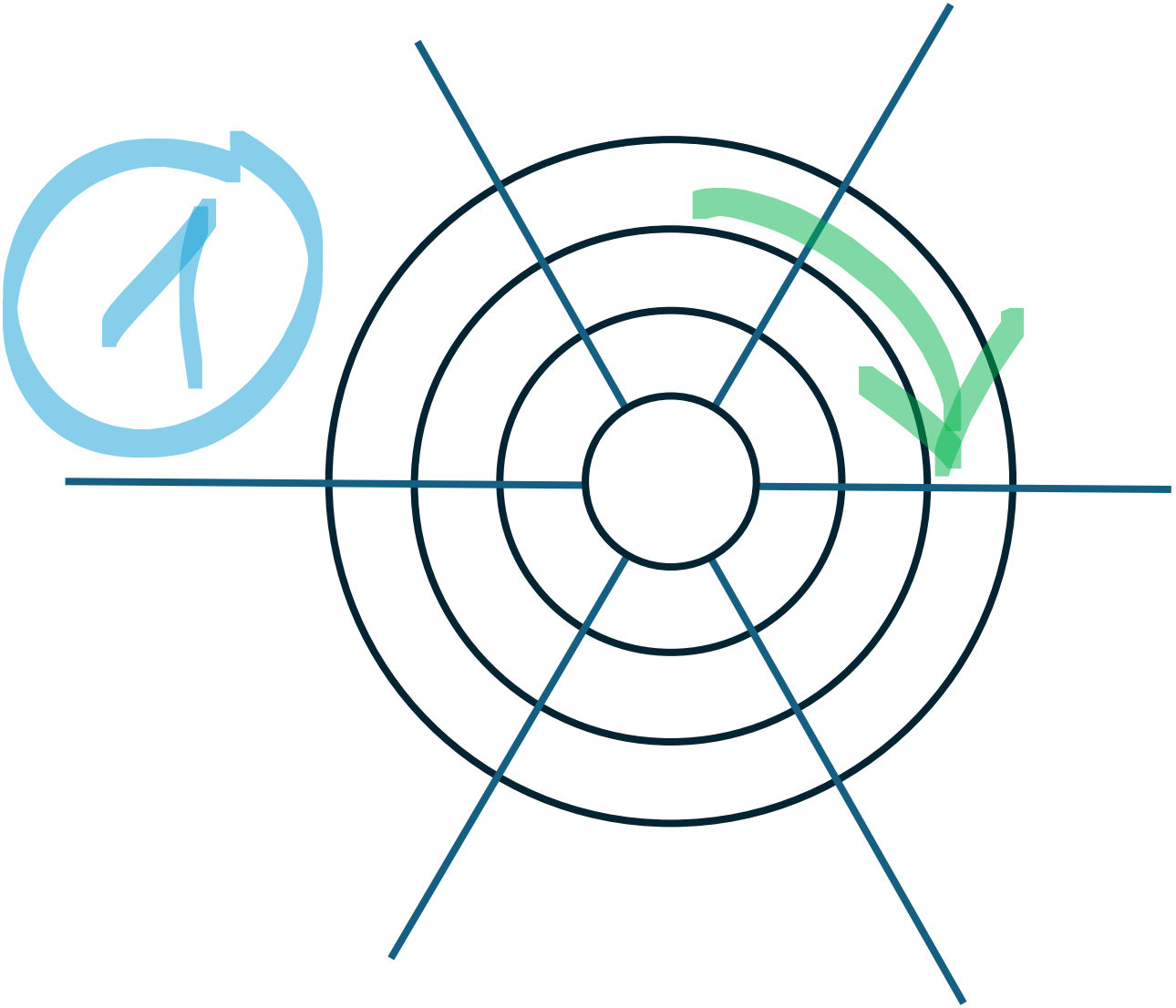

3desafios4us
o jogo
3abraço0t3s • eu me abraço • eu te abraço • kimuak • para juntas abraçar melhor aquilo que a vida nos traz •

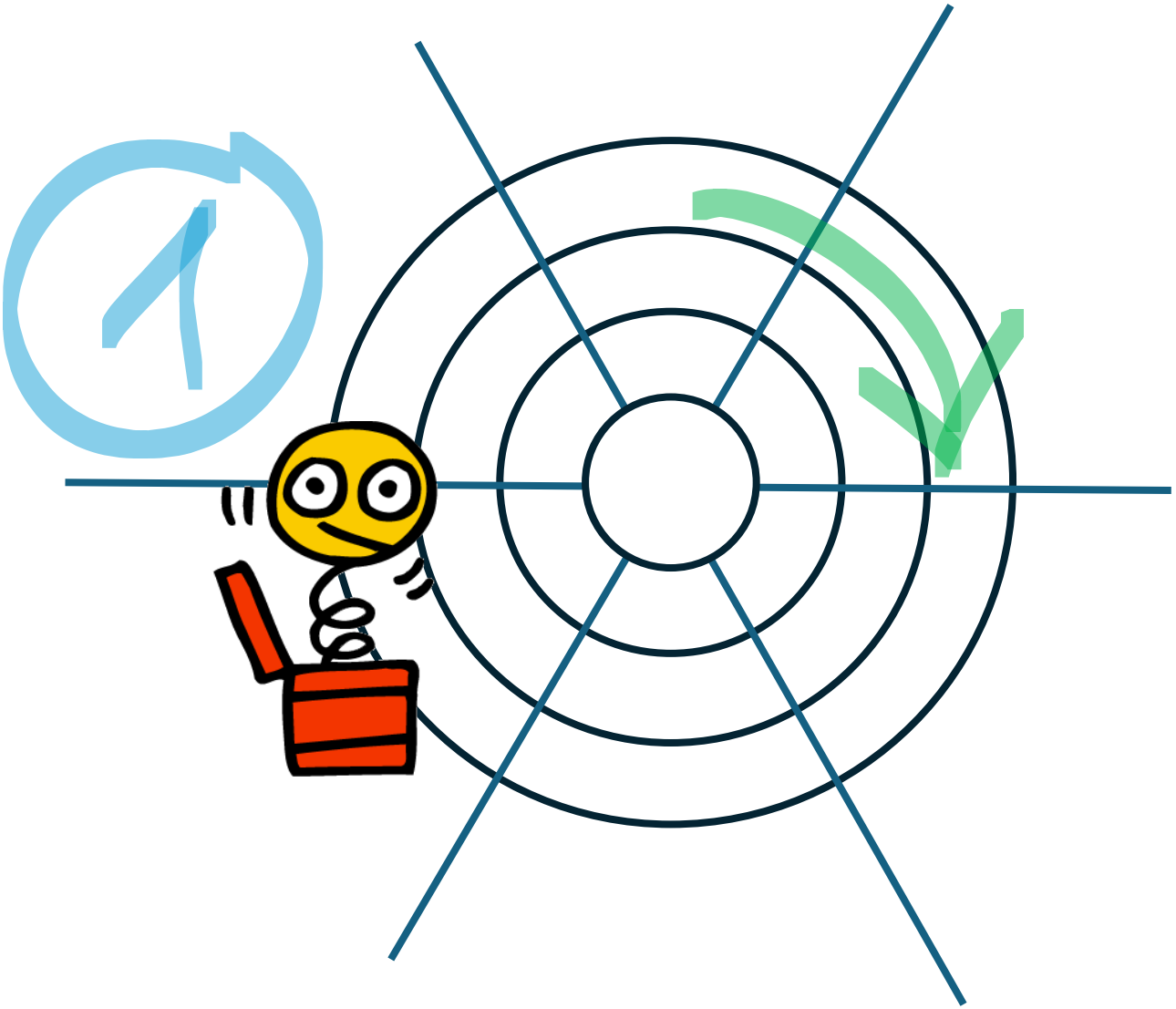
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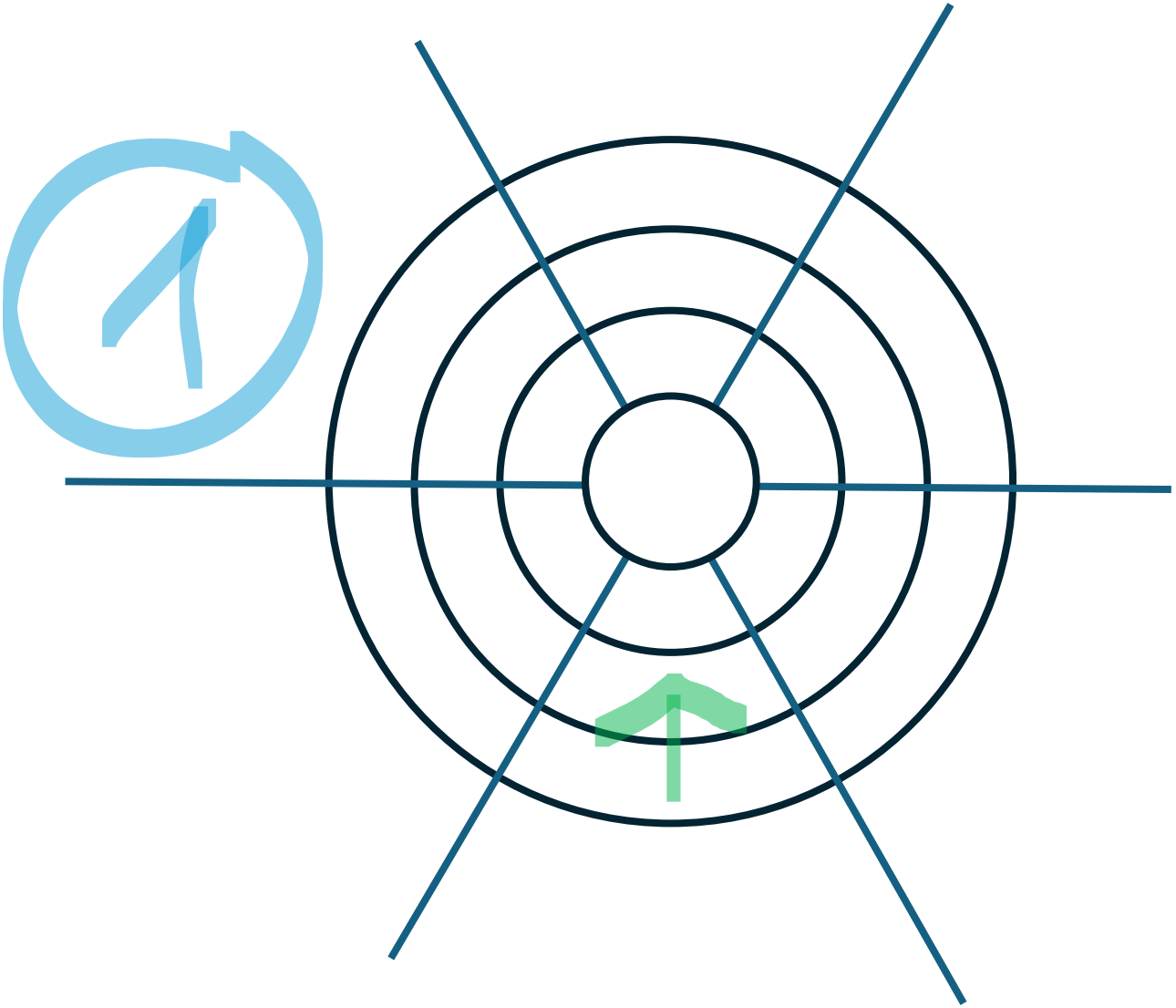
cartas de movimento

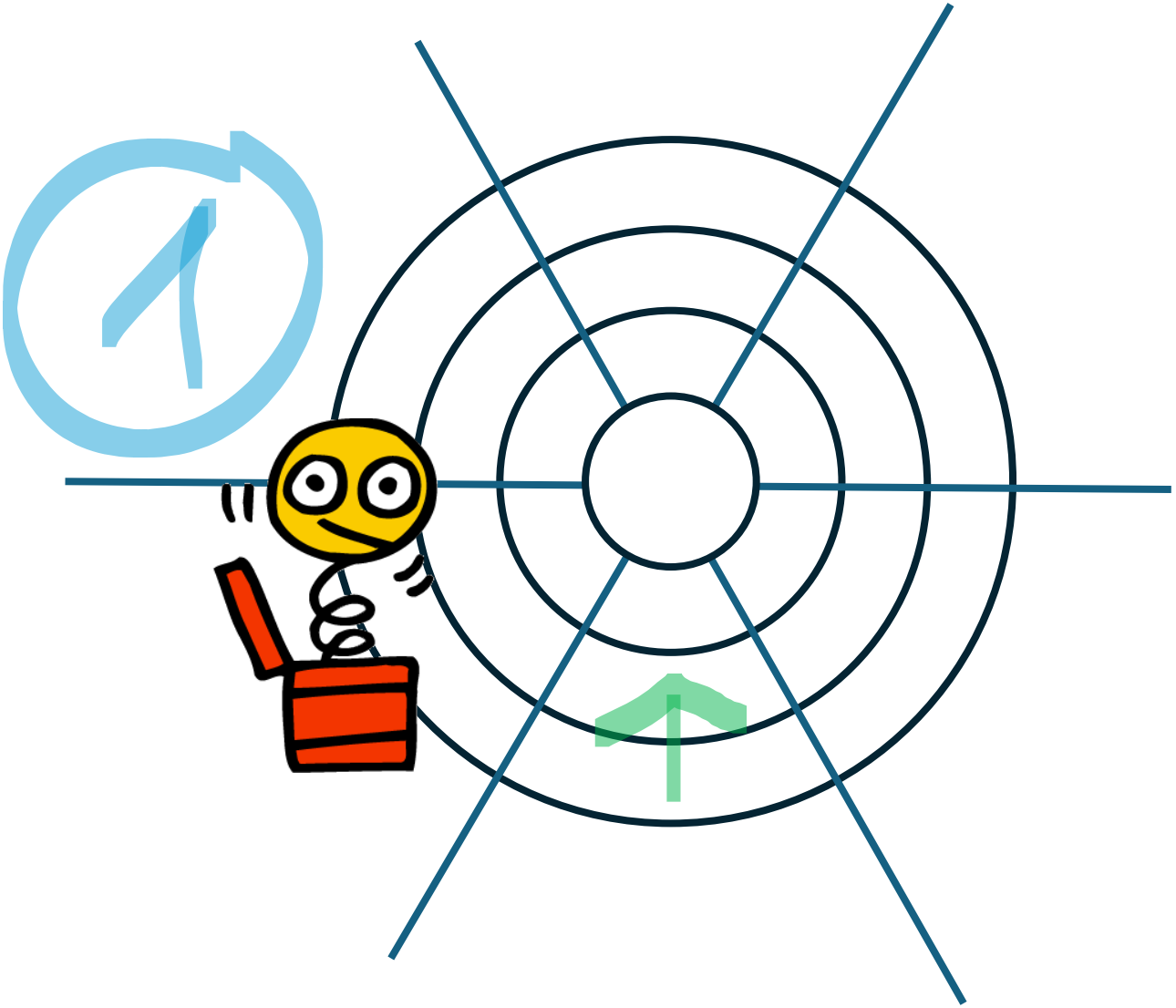


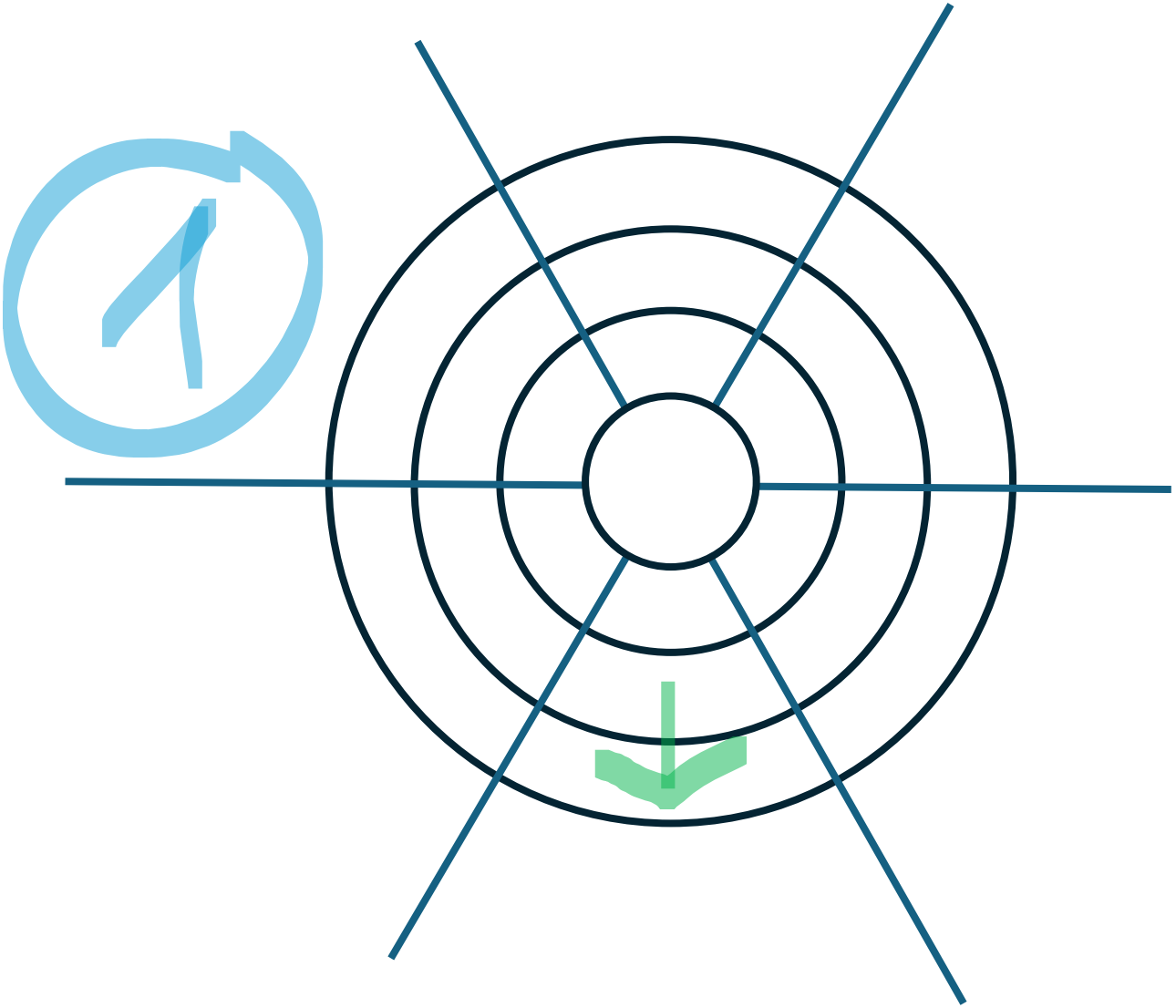


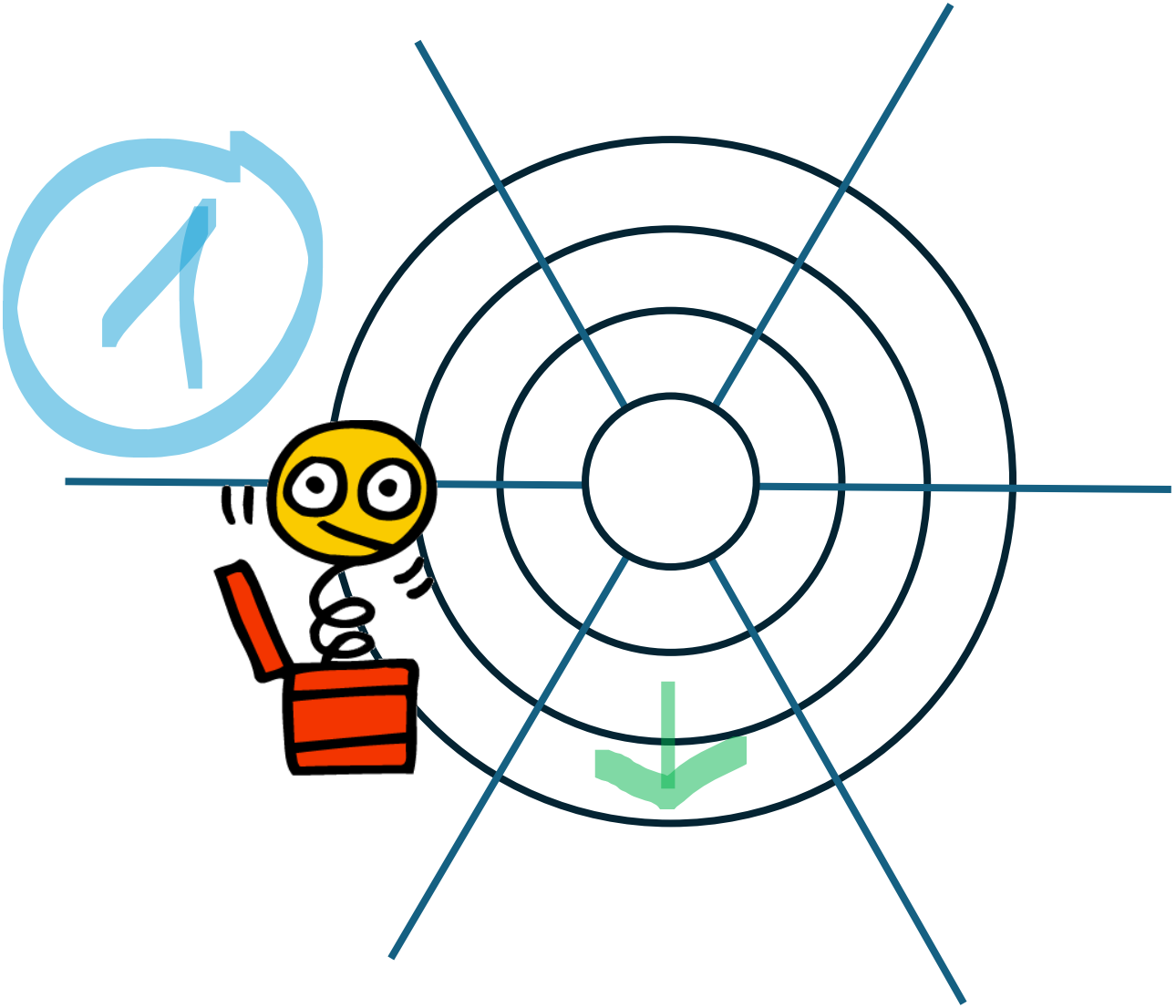


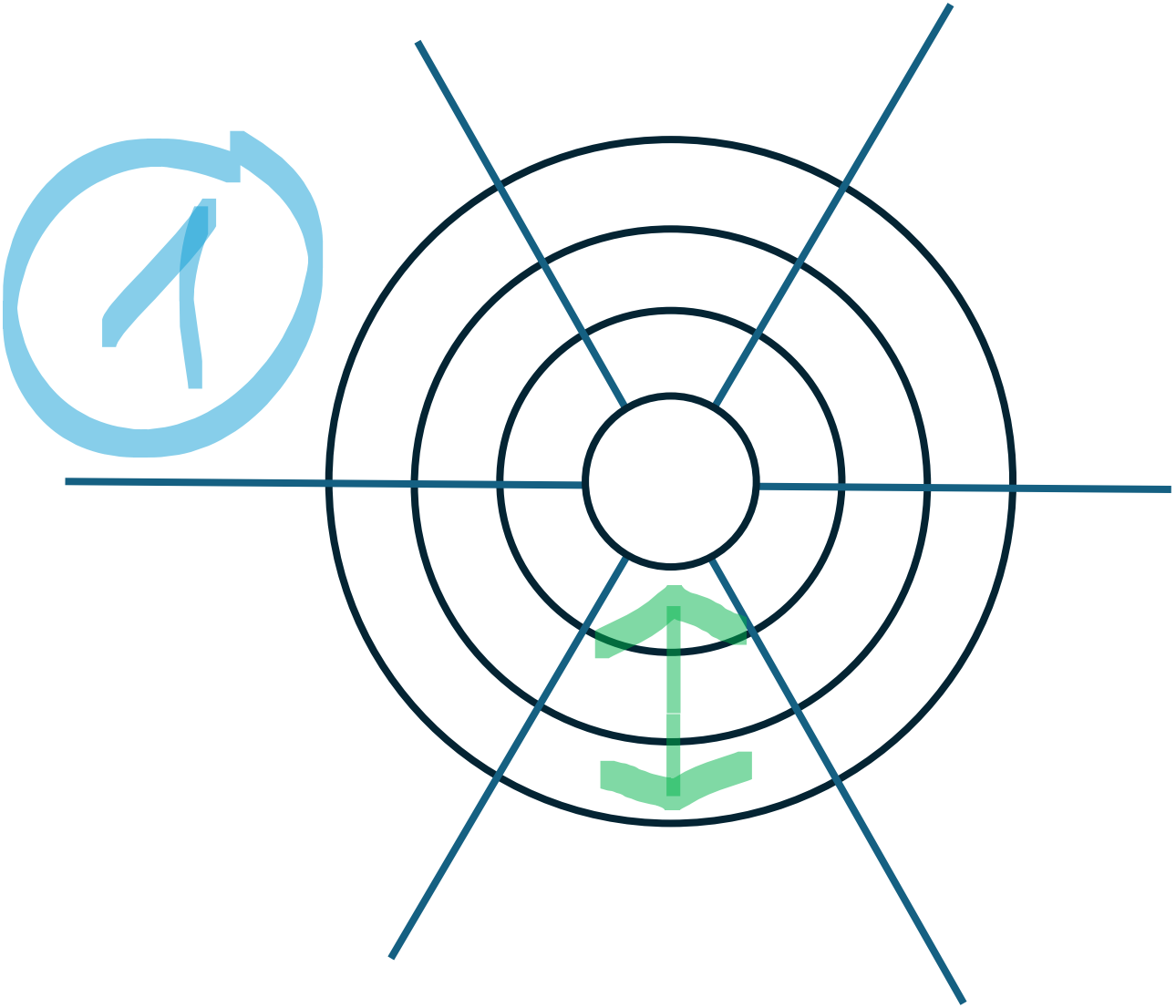


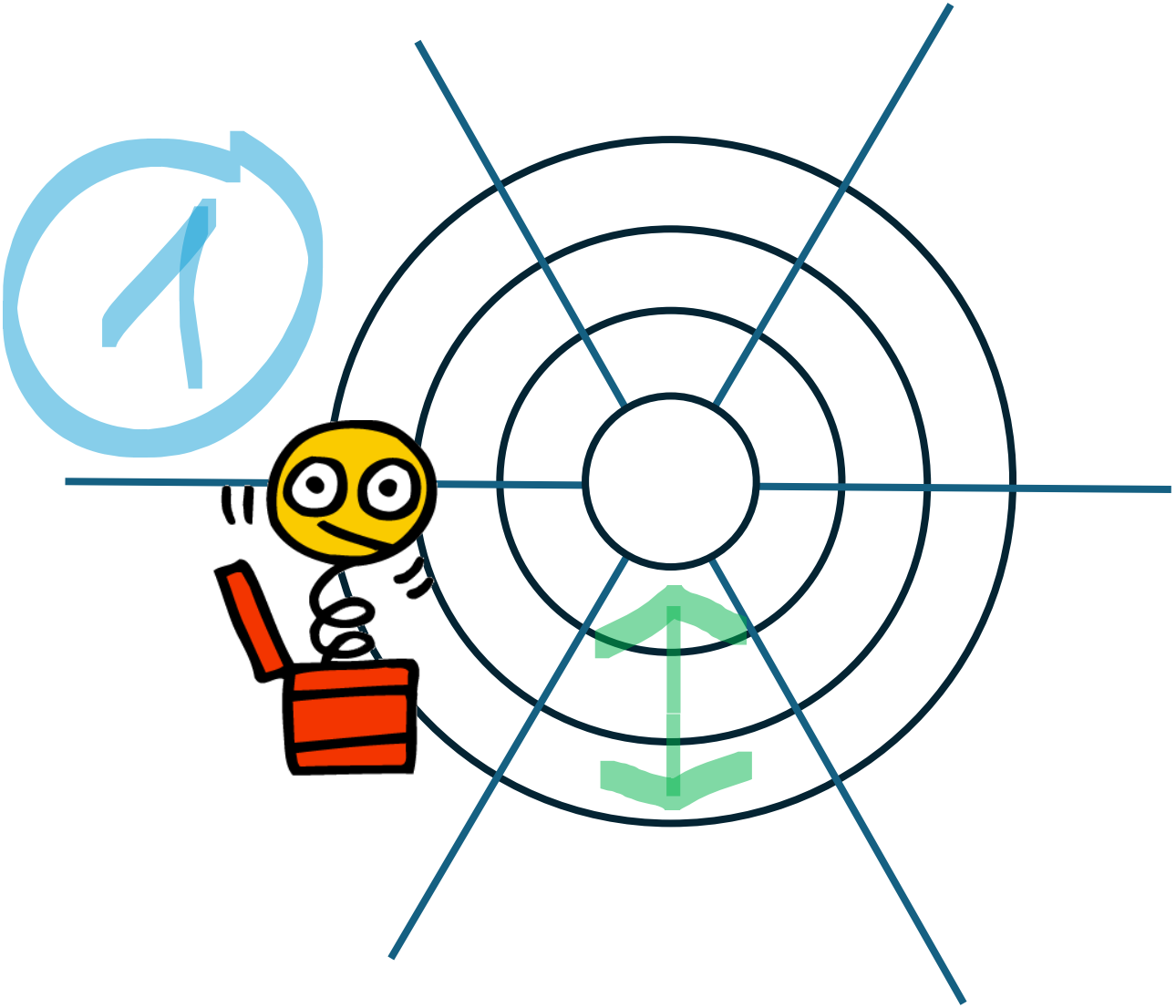


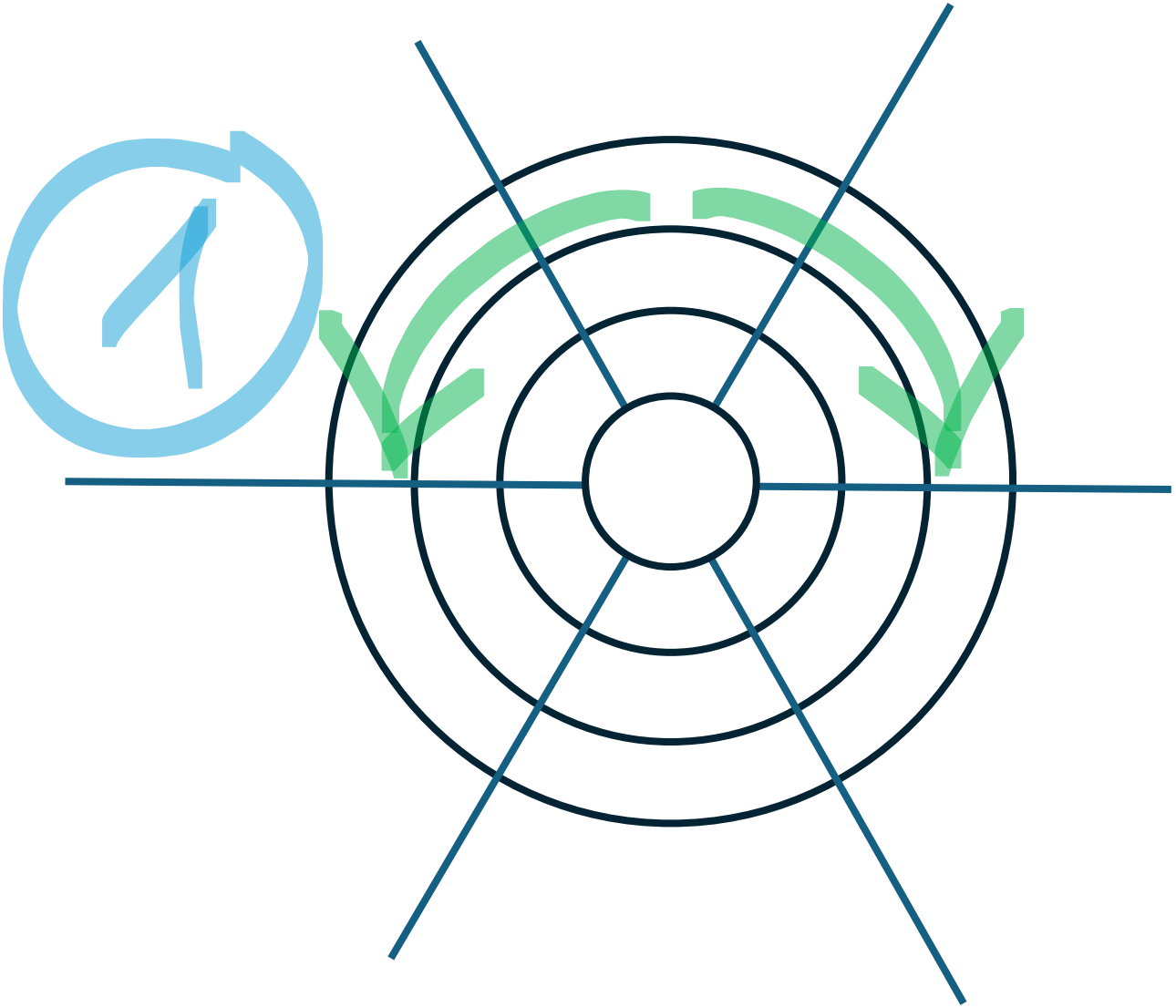


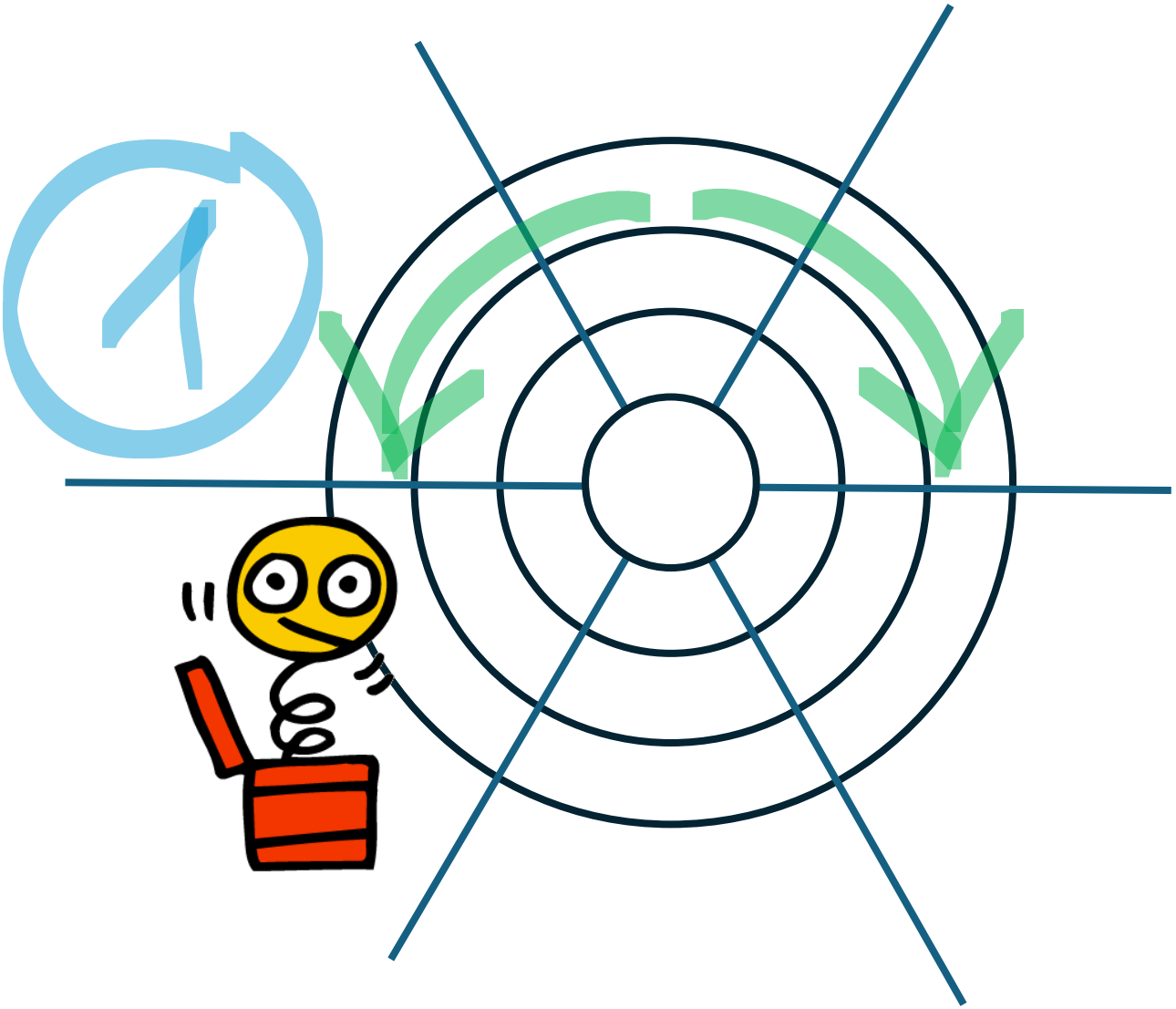


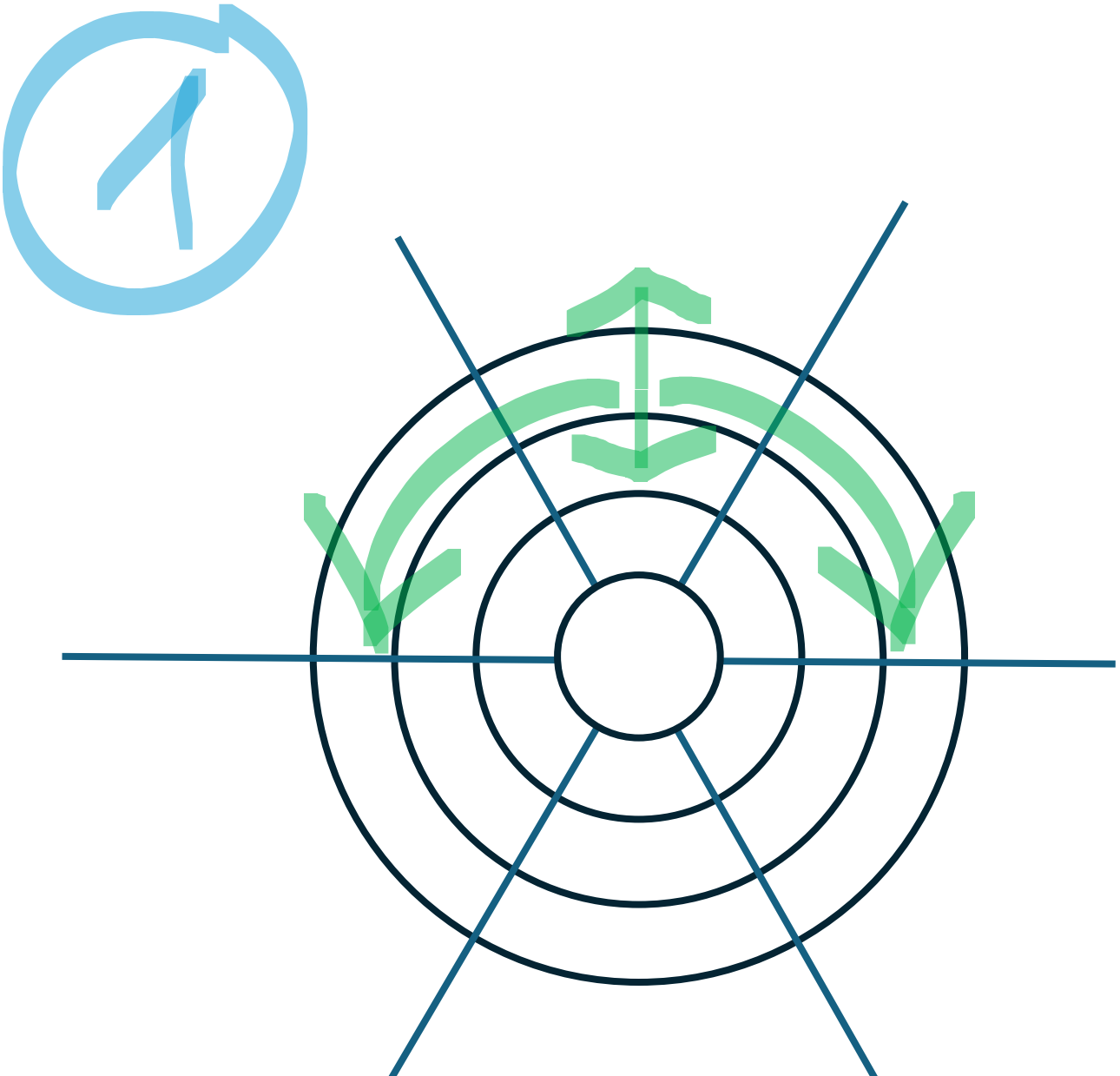


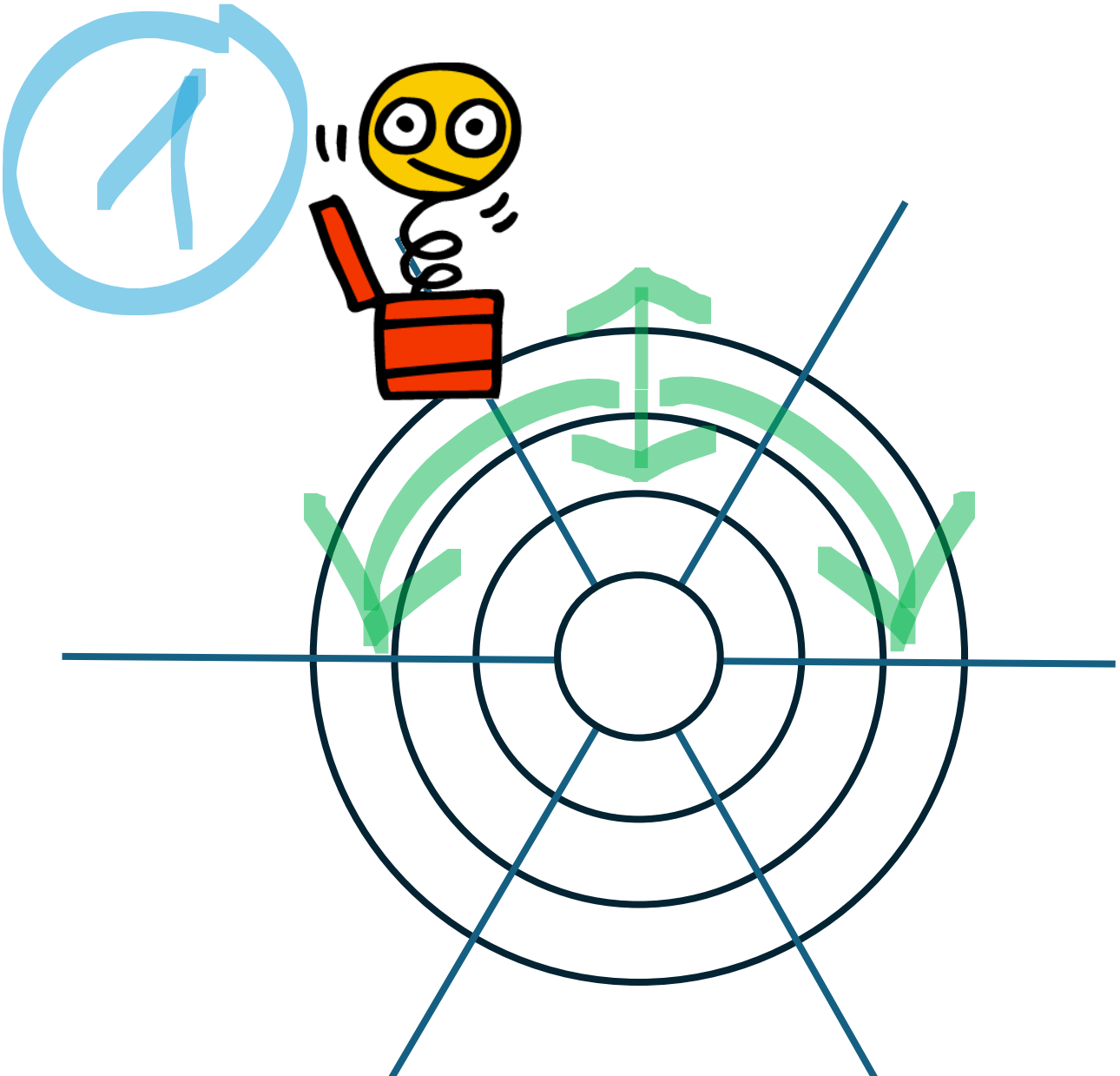




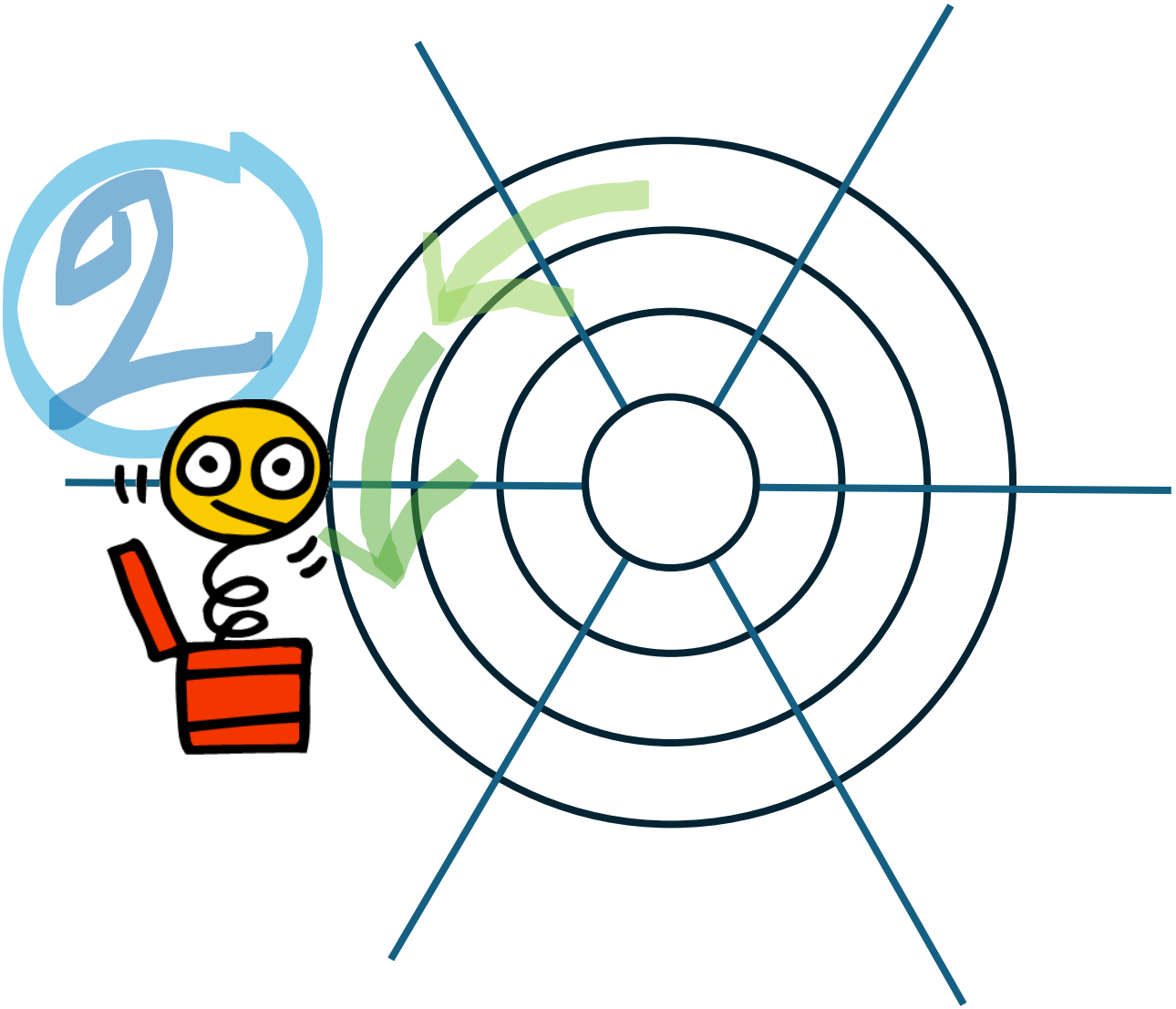




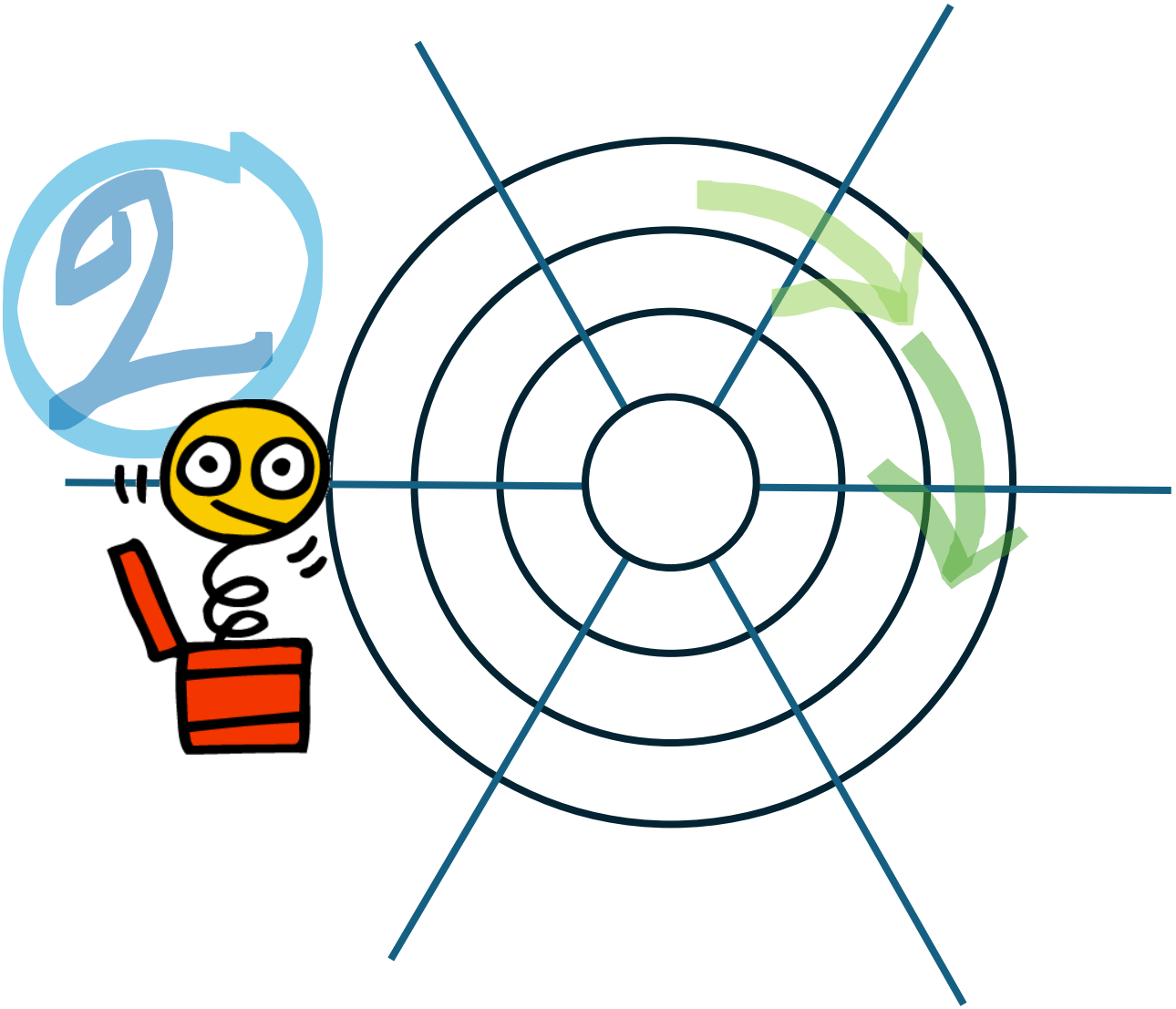


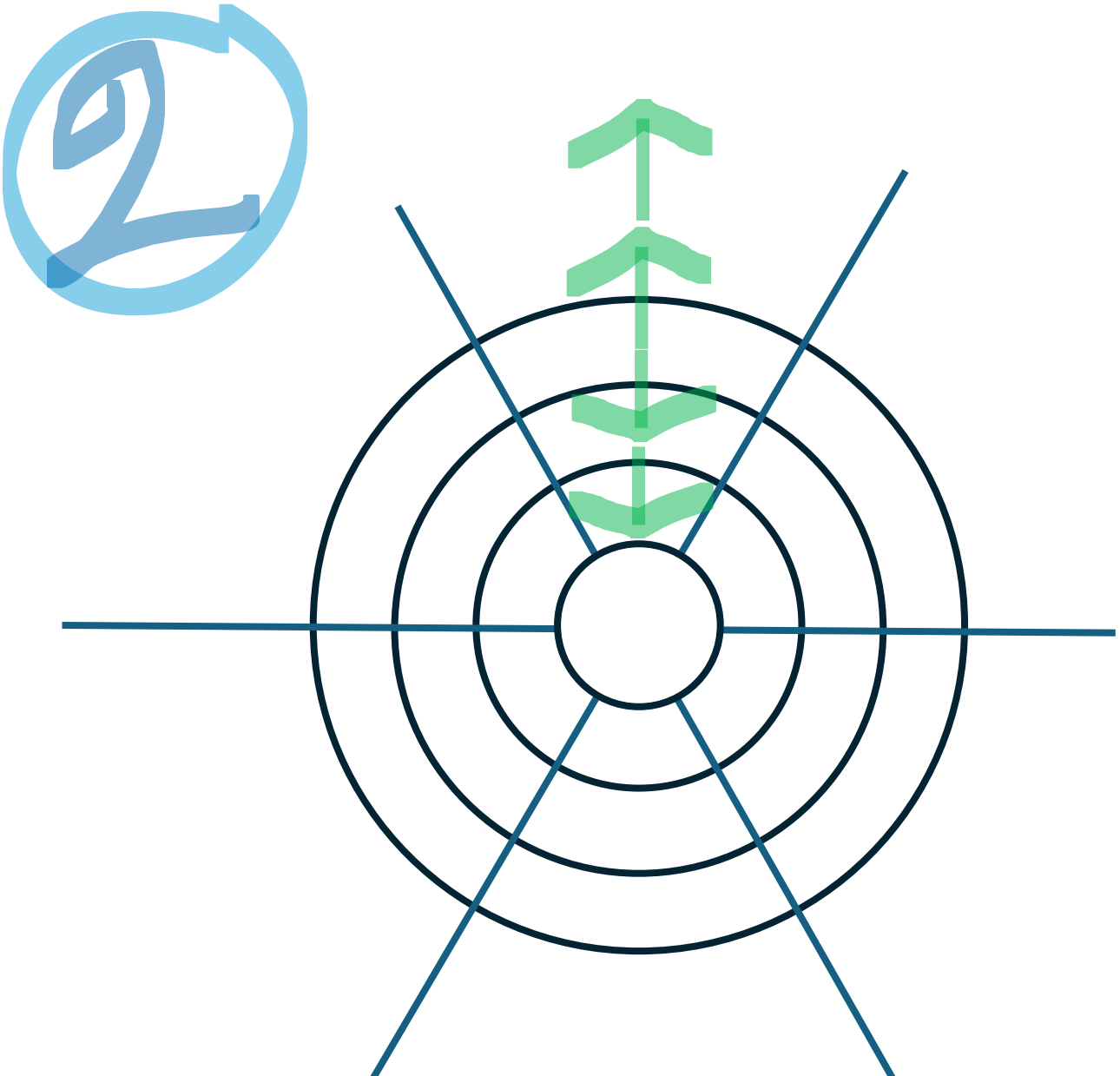


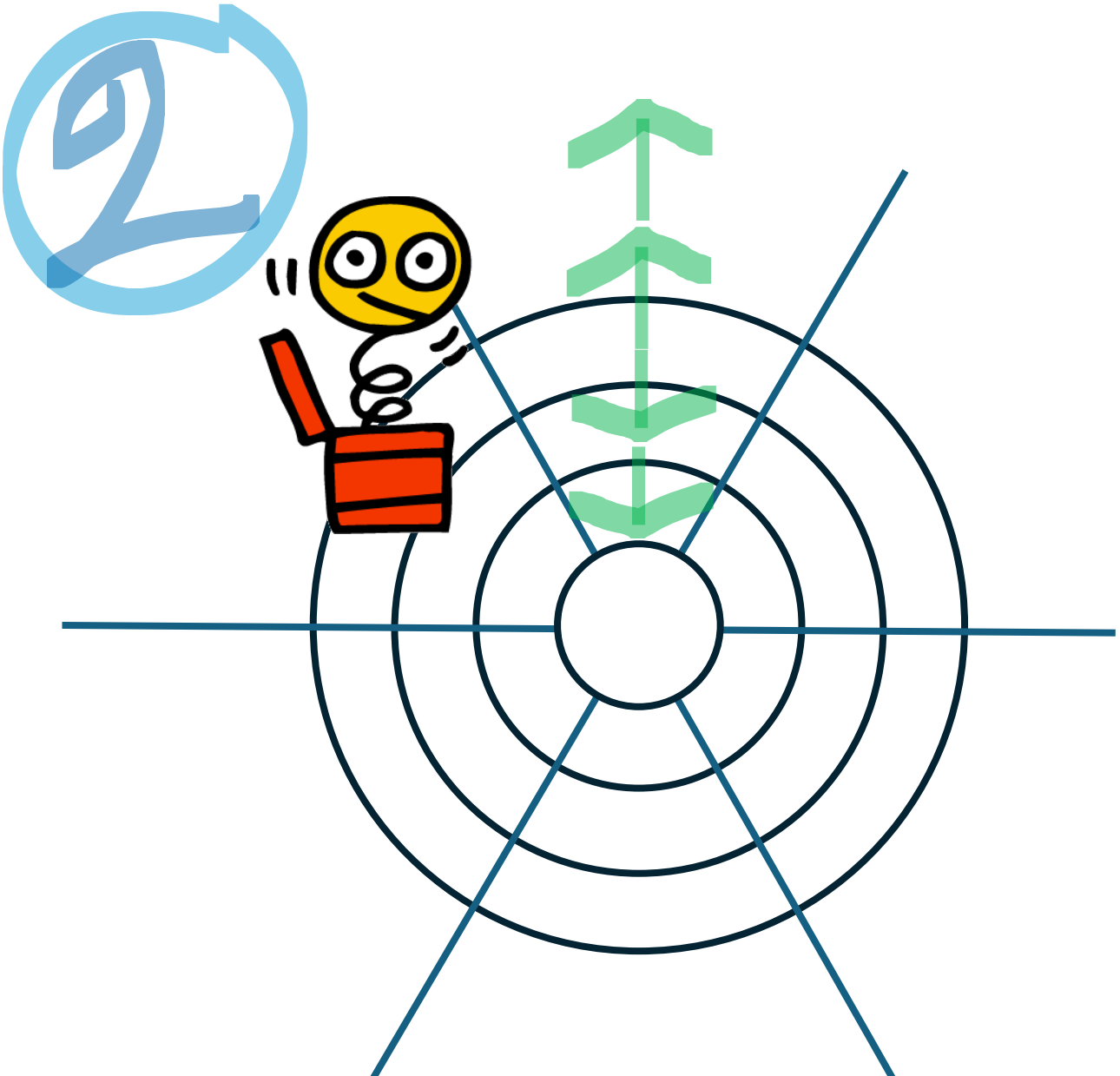


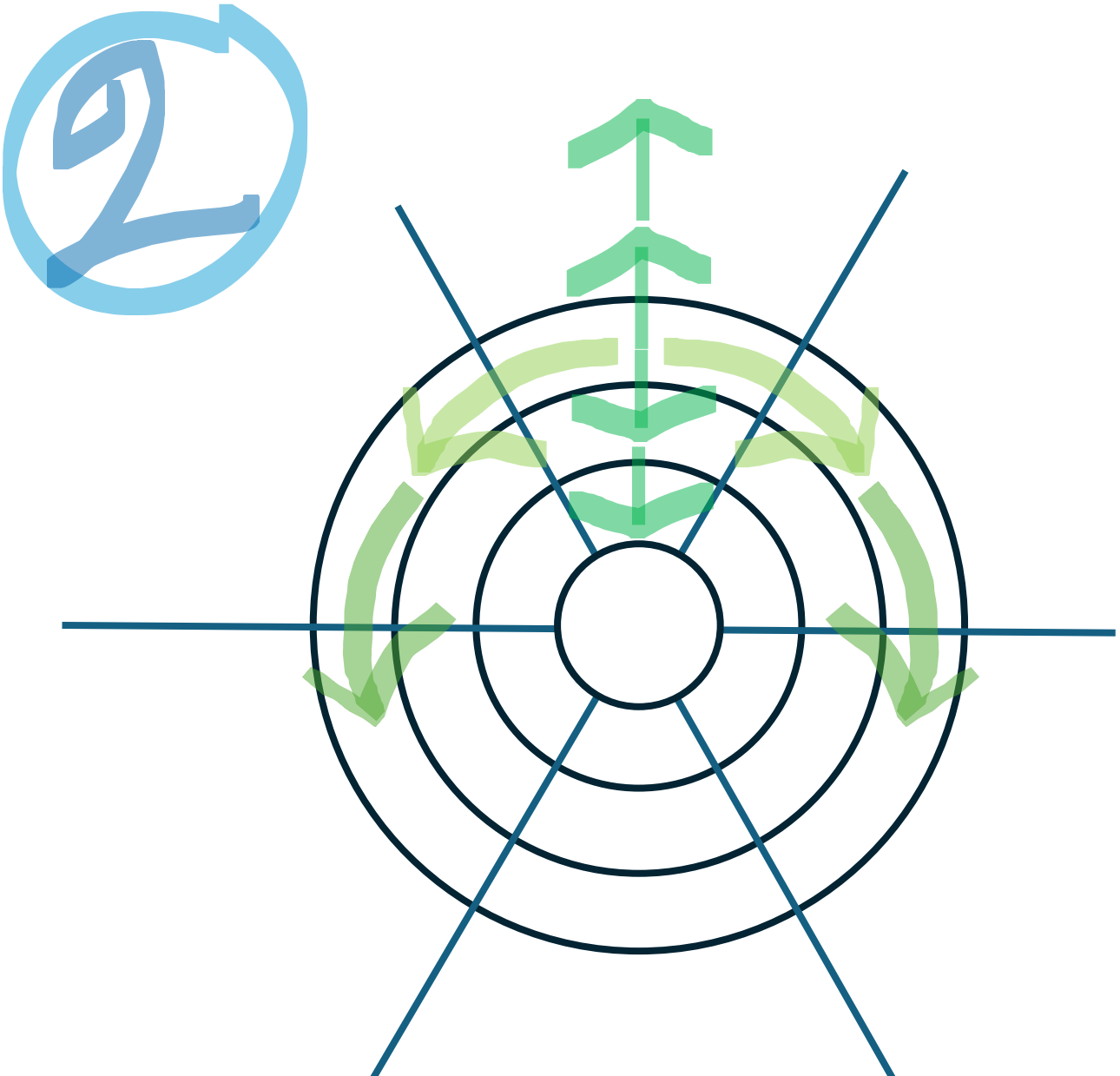


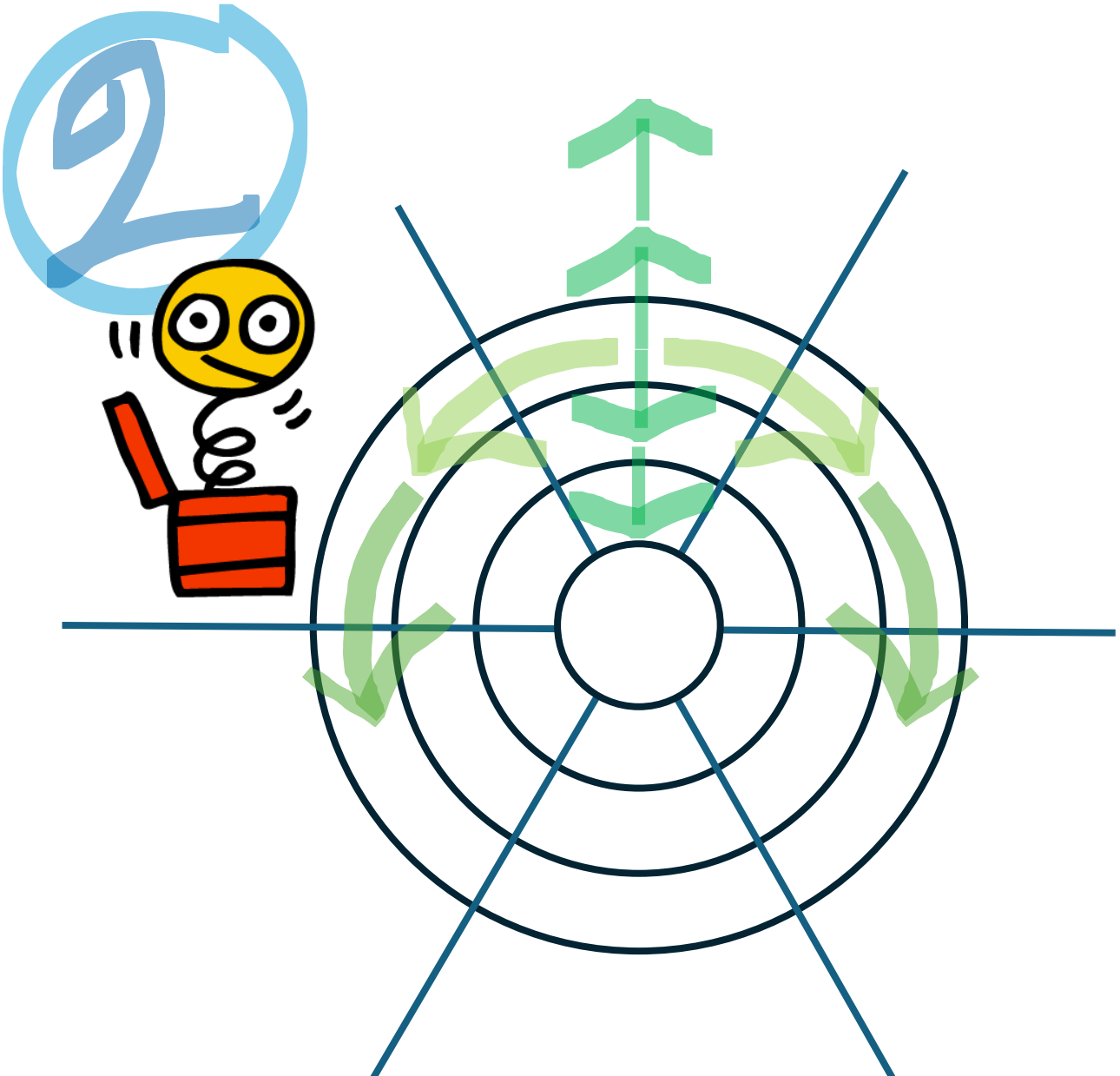


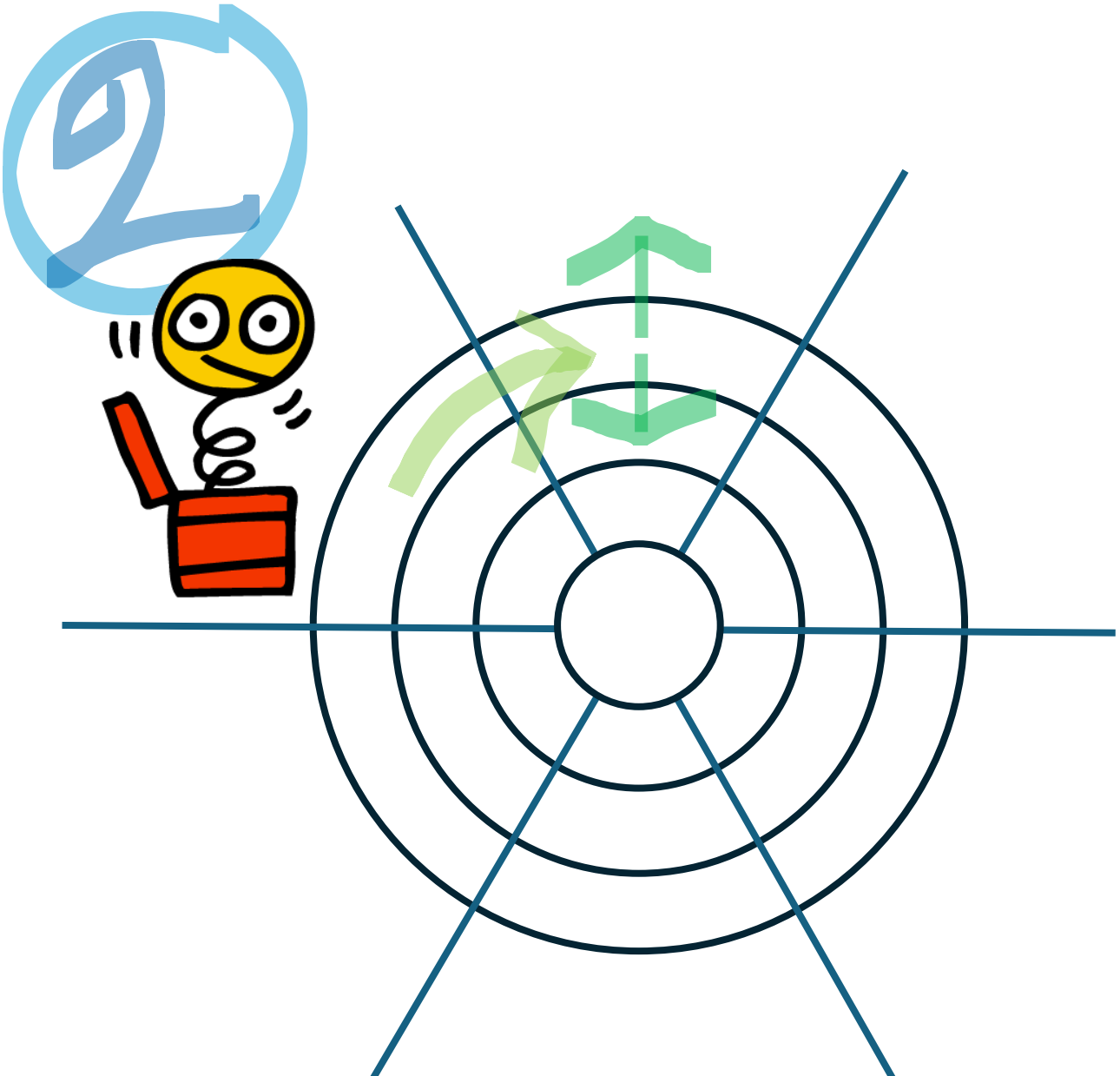


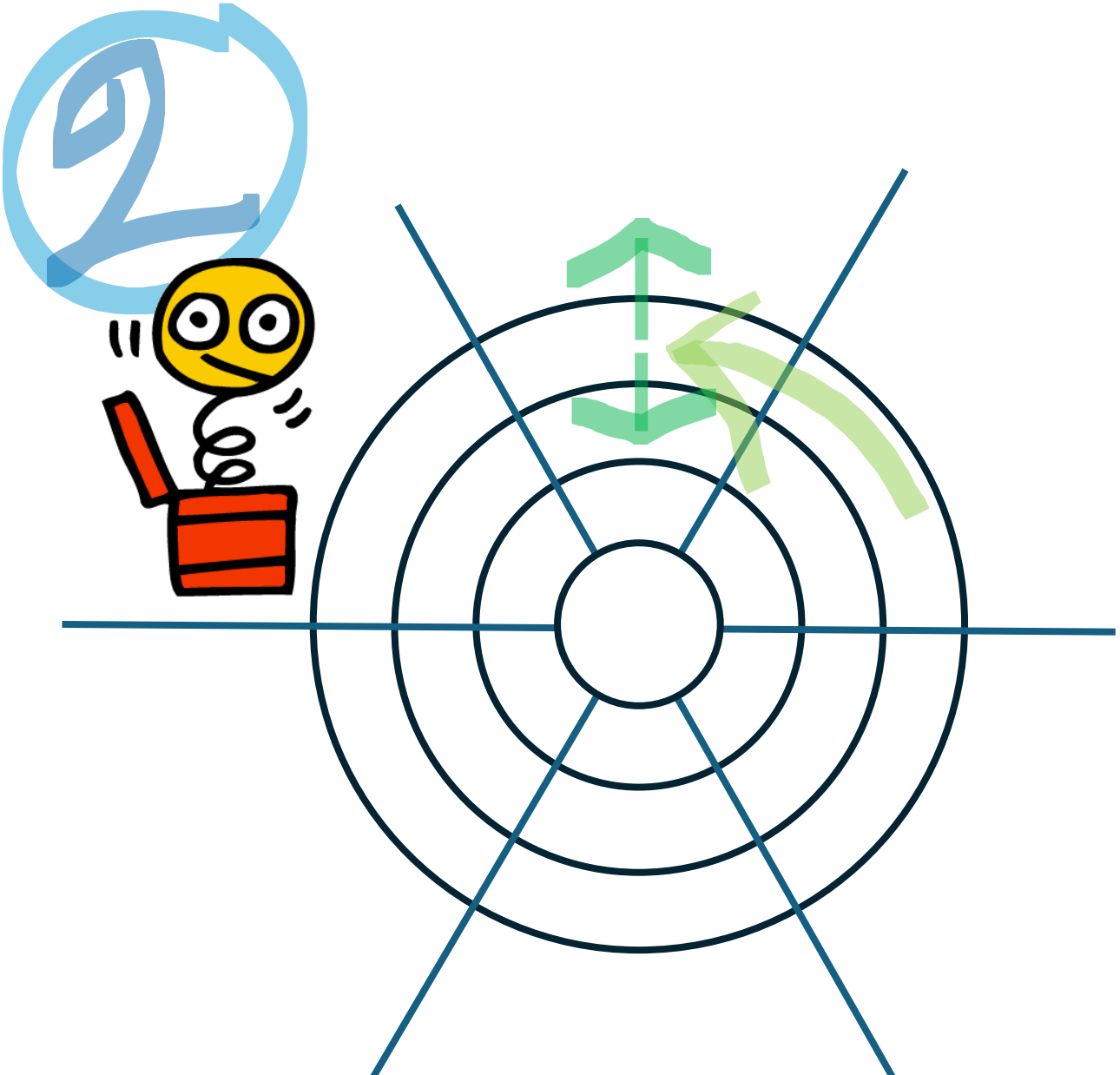


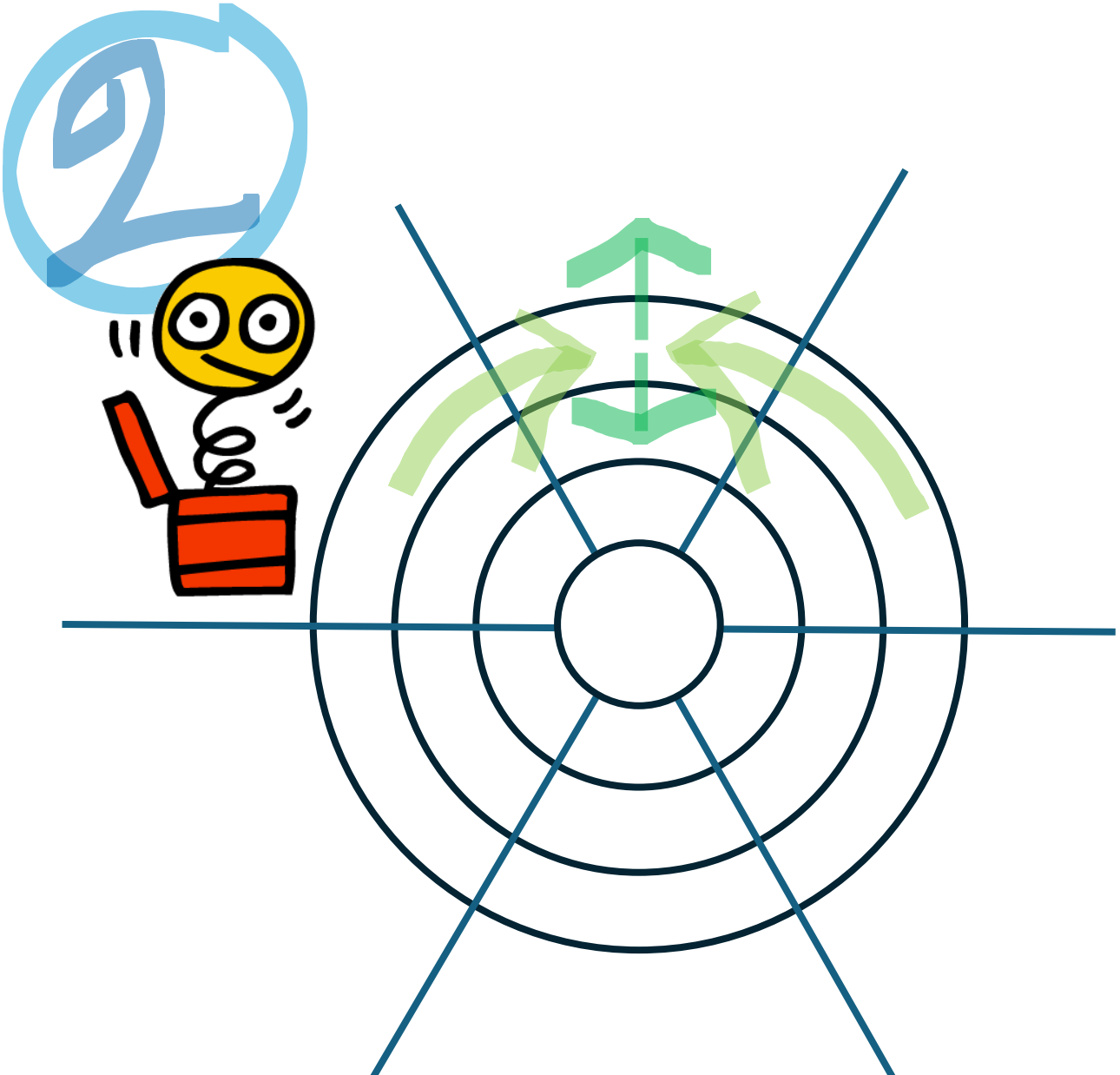


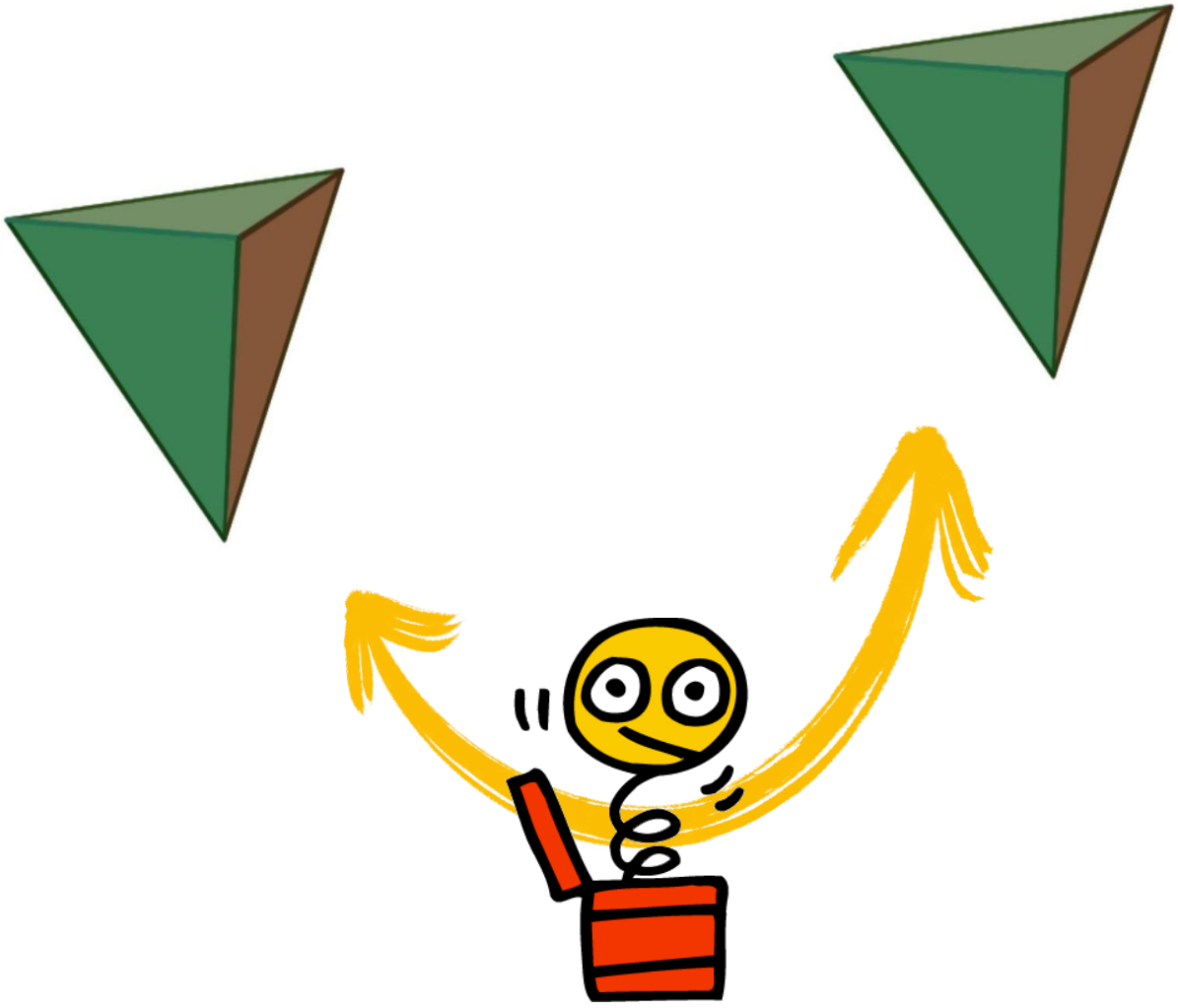


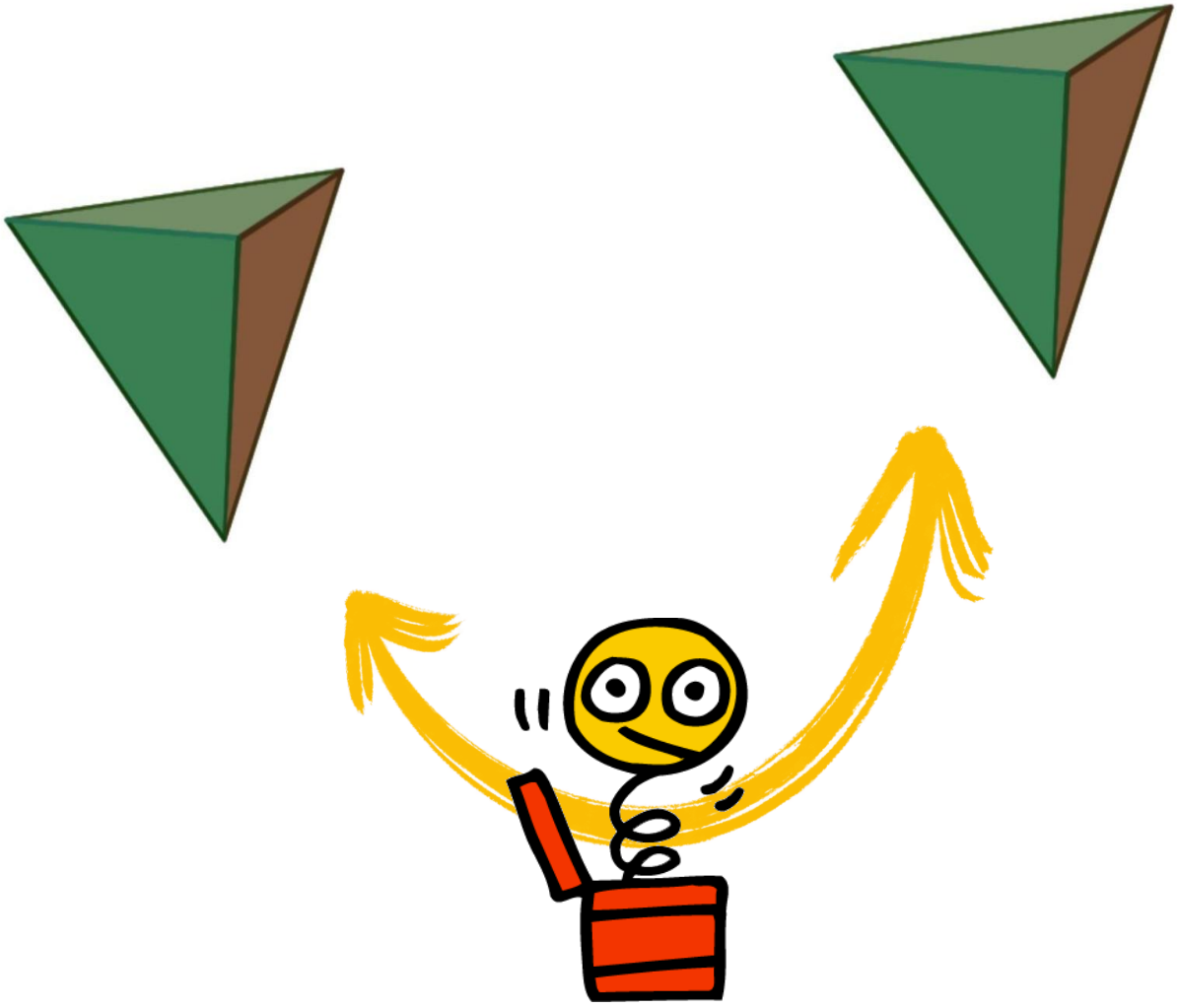


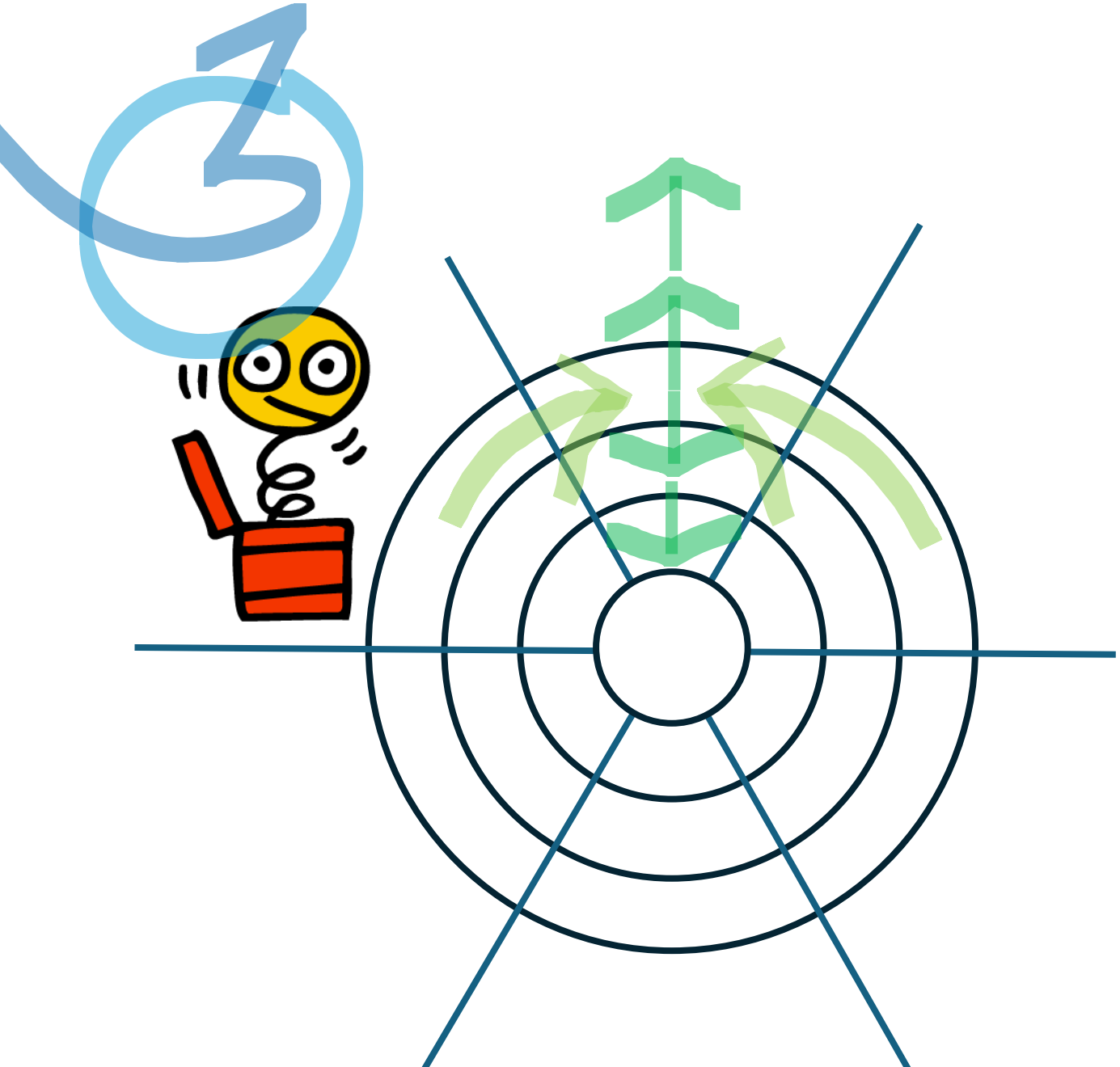


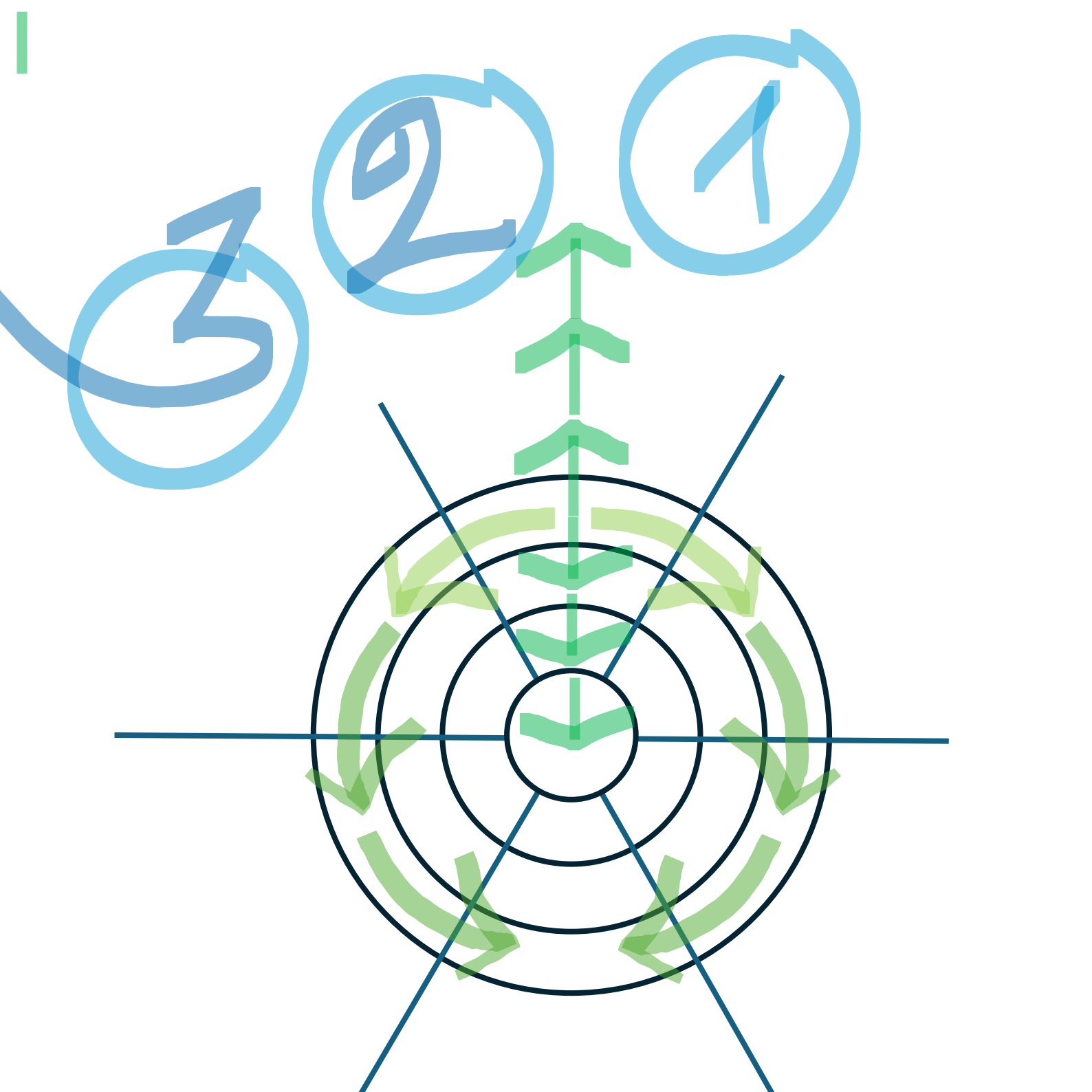


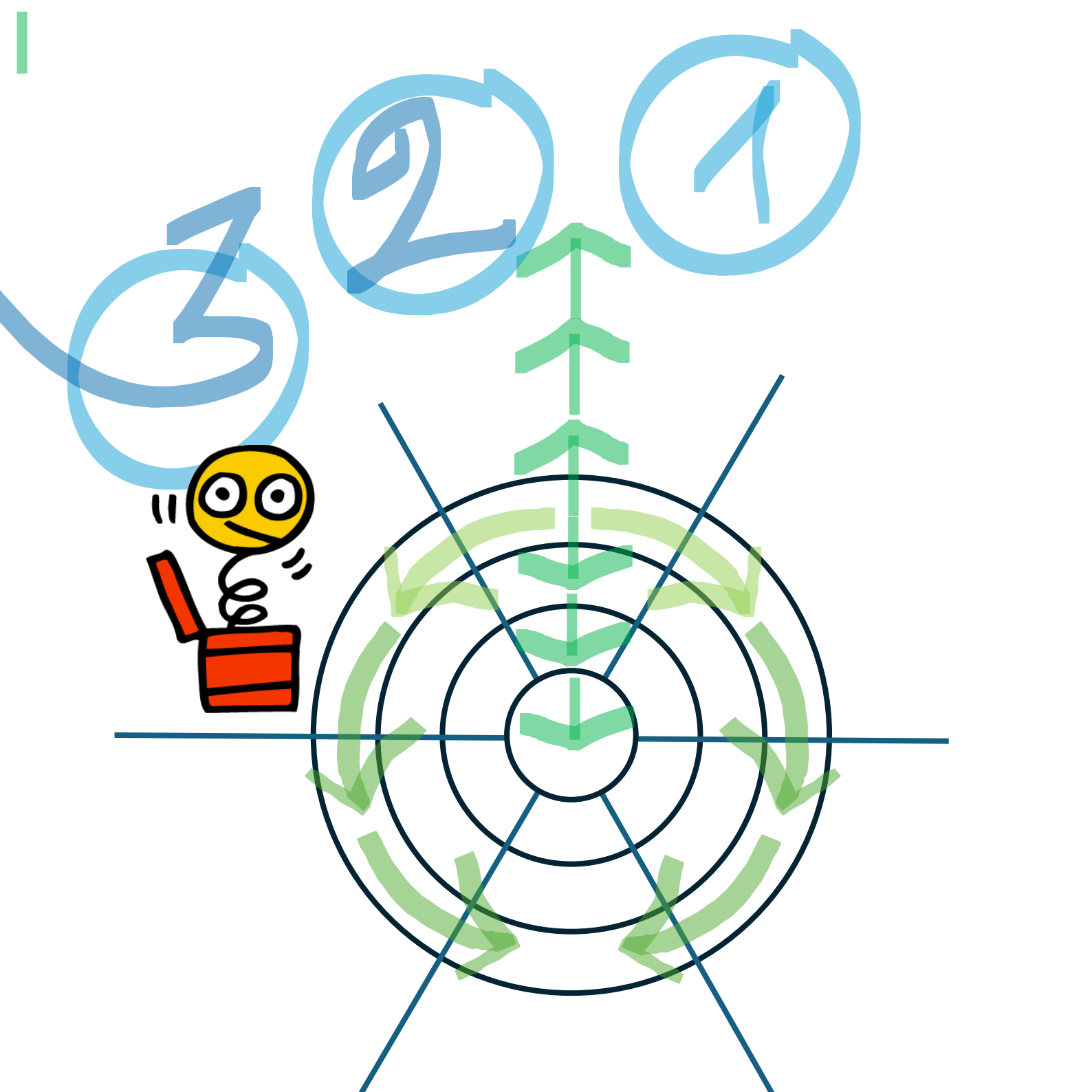






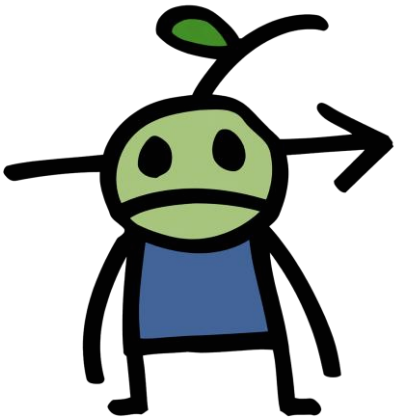








as 6 pousadas, os 3 personagens, o caminho triplo e as 3 flechas



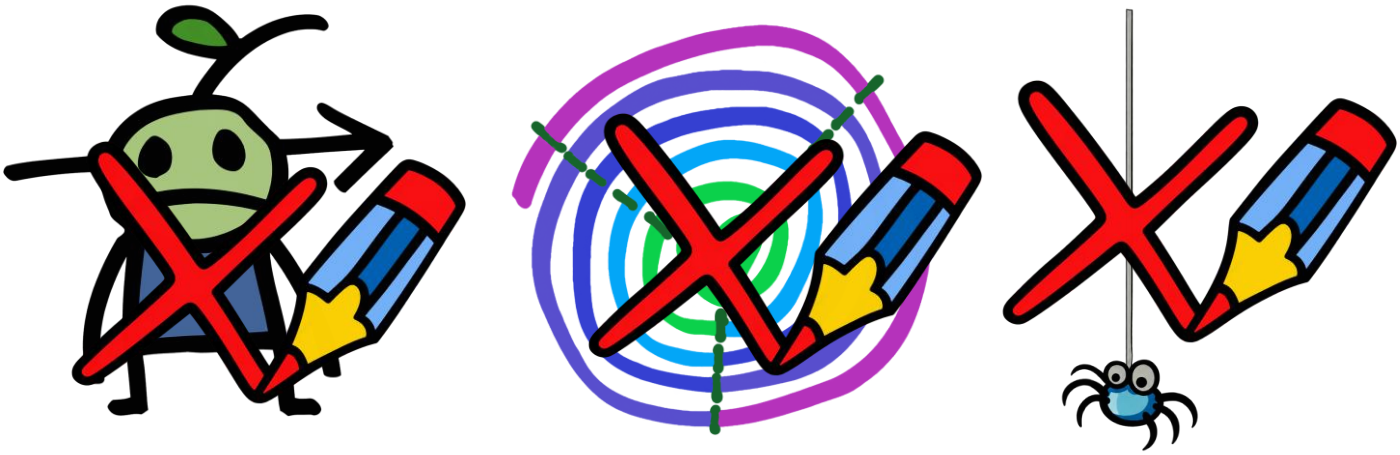




3 desfios 4 us · o jogo
nos convida a aprofundar 3 formas de estar no mundo:

- a criança natural,
- a mãe nutridora,
- o adulto saudável.

3 formas saudáveis de estar no mundo, às quais damos uma imagem



3 desfios 4 us o jogo nos convida a aprofundar uma pergunta:
por que

- riscamos a criança natural,
- silenciamos a mãe nutridora,
- deixamos de procurar o adulto saudável

e os substituímos pela vítima, pela salvadora e pelo perseguidor?
As 3 formas adoecidas de estar no mundo
(o ser humano na sombra).



E propomos 3 caminhos de desenvolvimento,

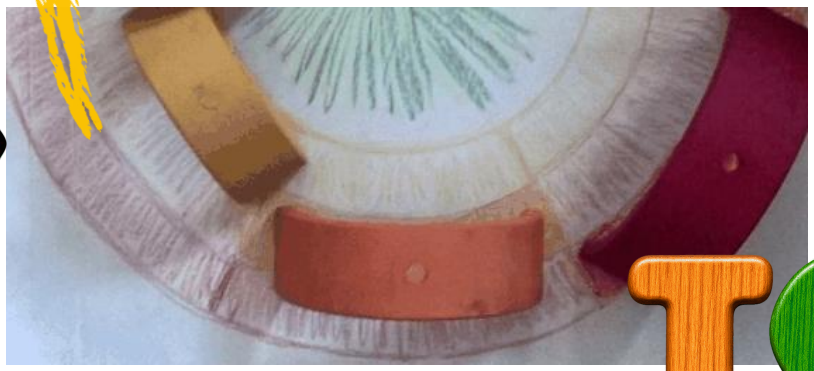
do mau trato ao bom trato

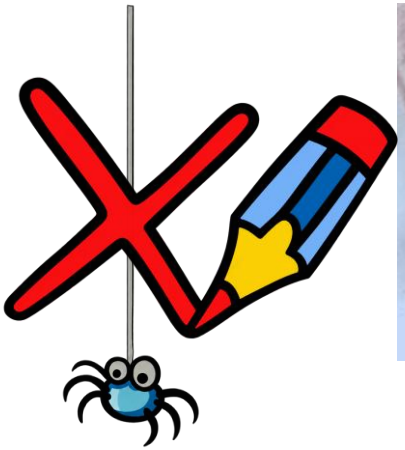
as flechas de 3 desafios 4 us o jogo são inspiradas na Teoria U,
embora também vejamos nelas uma semelhança
com o Caminho de Santiago, o caminho das pessoas comuns







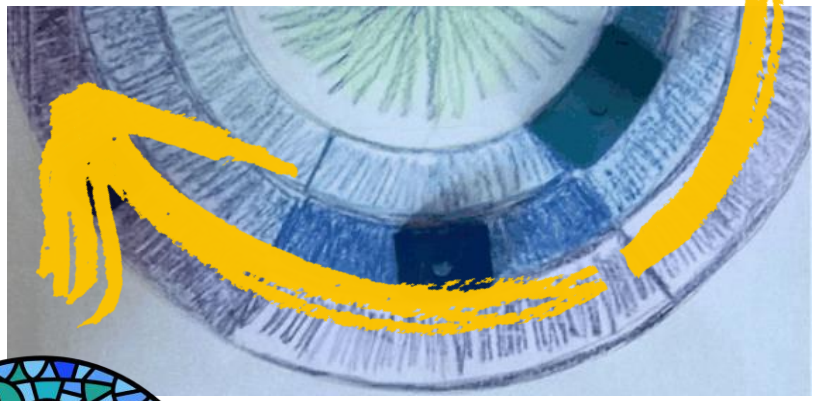




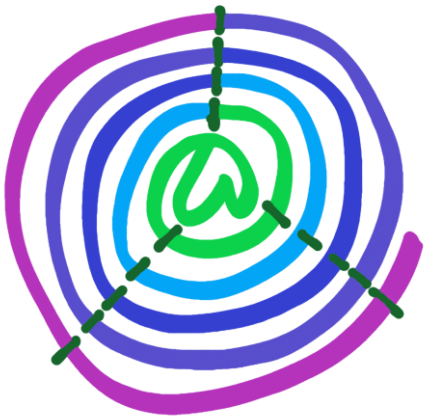


HOT

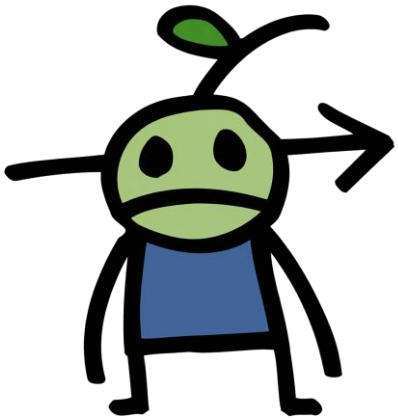




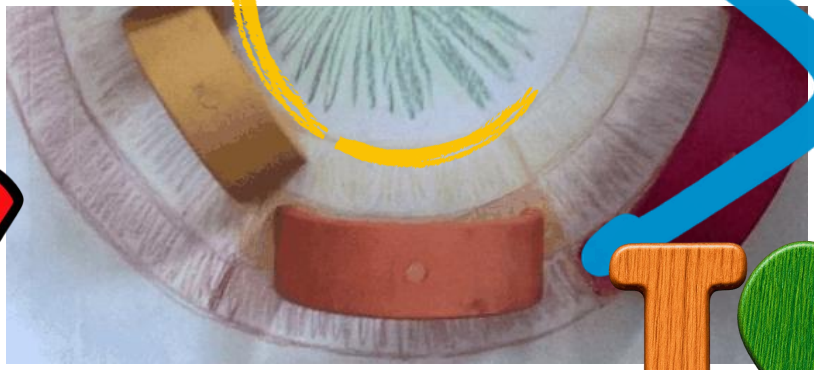


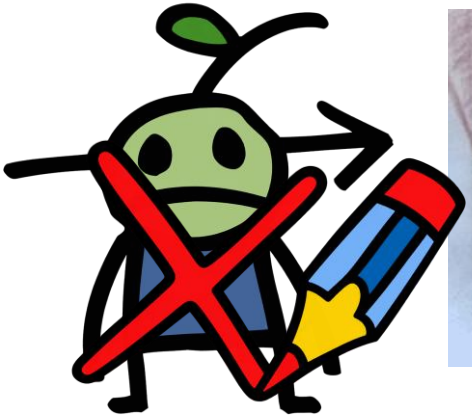




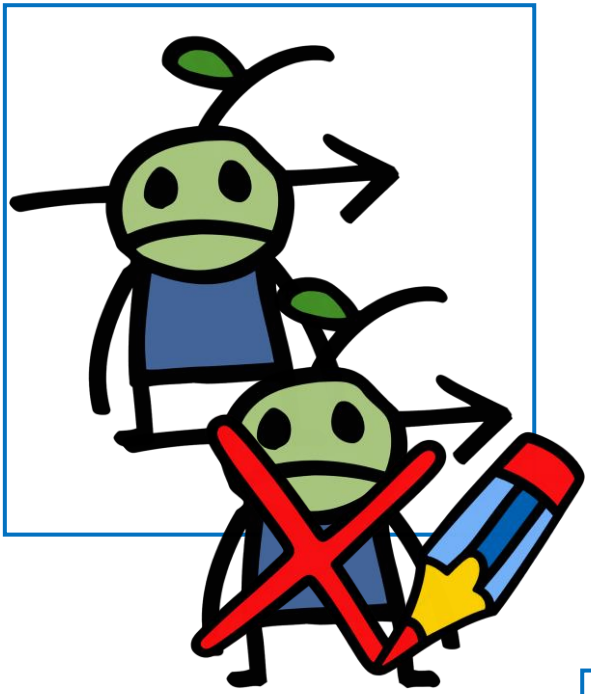


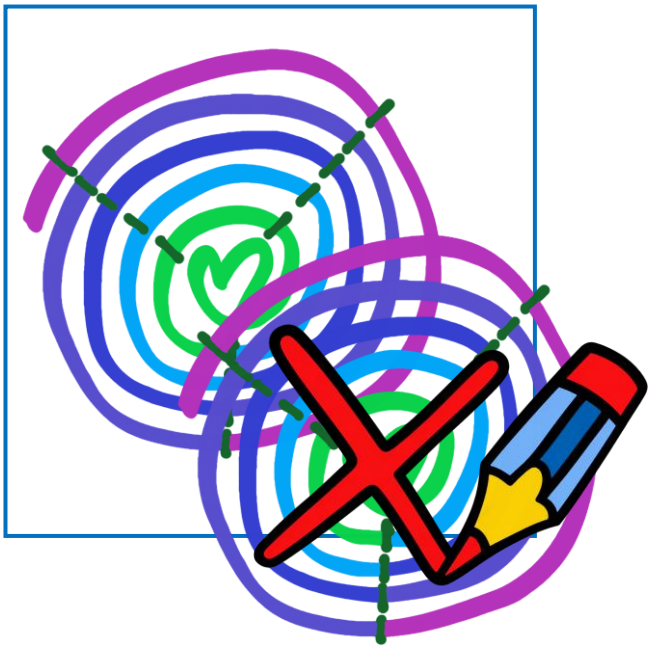


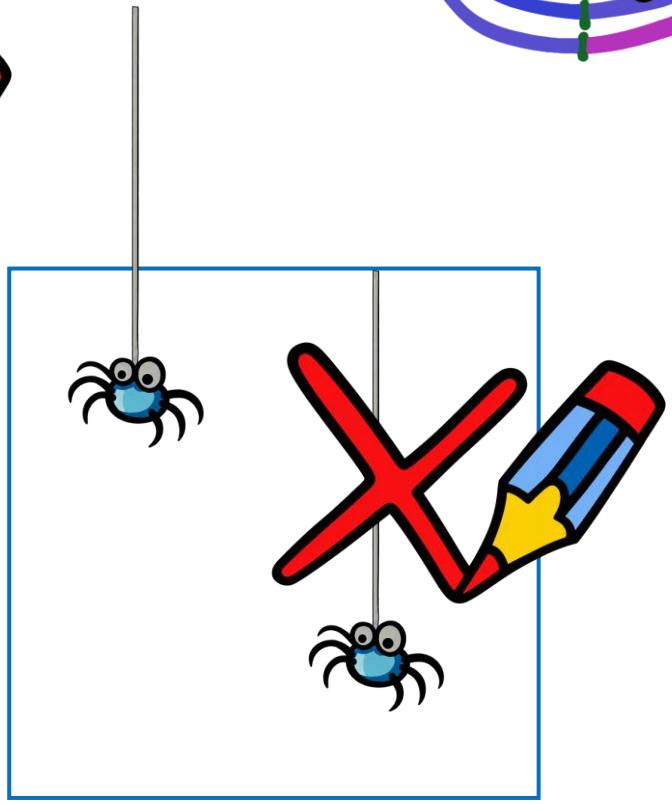


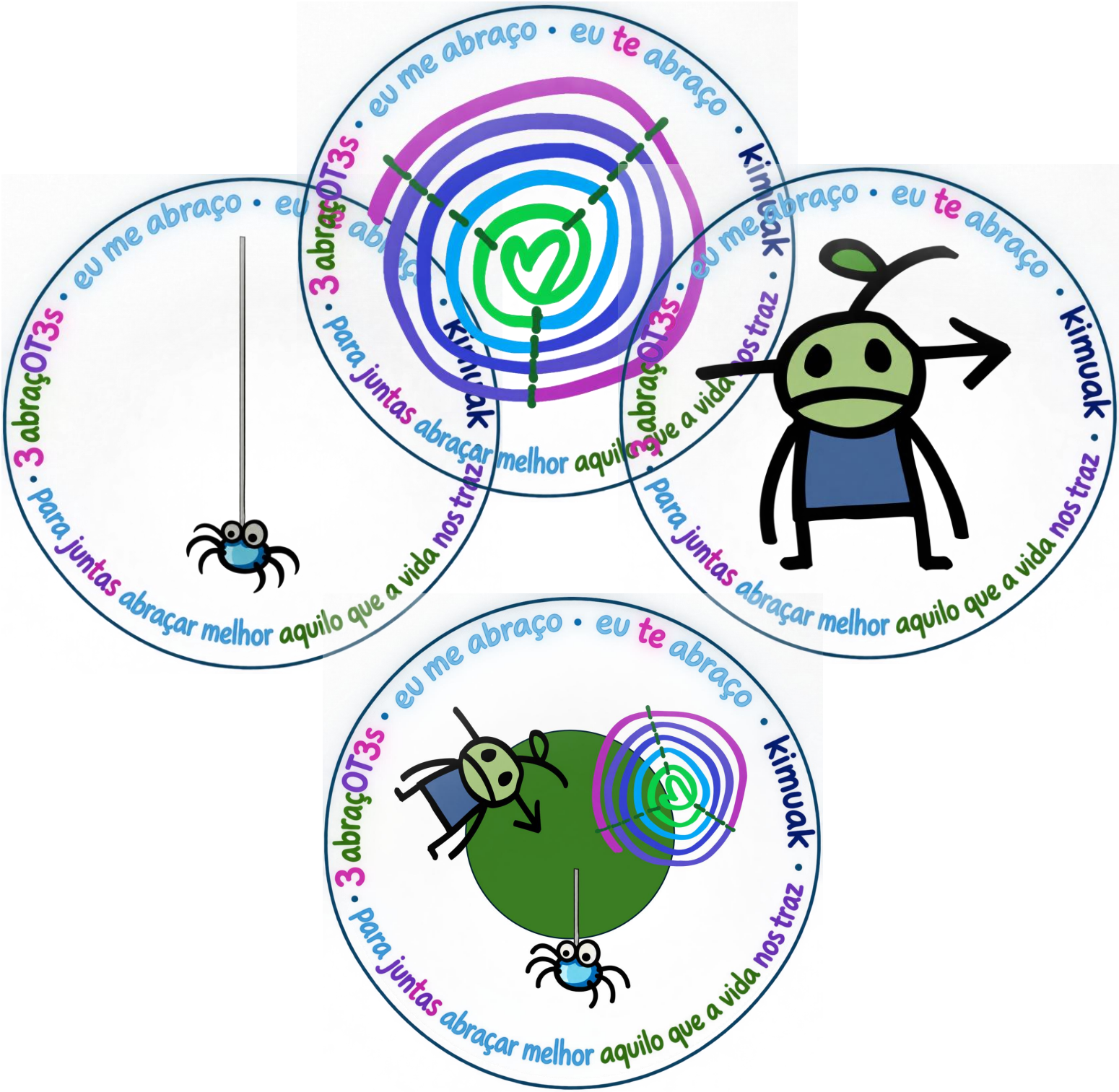


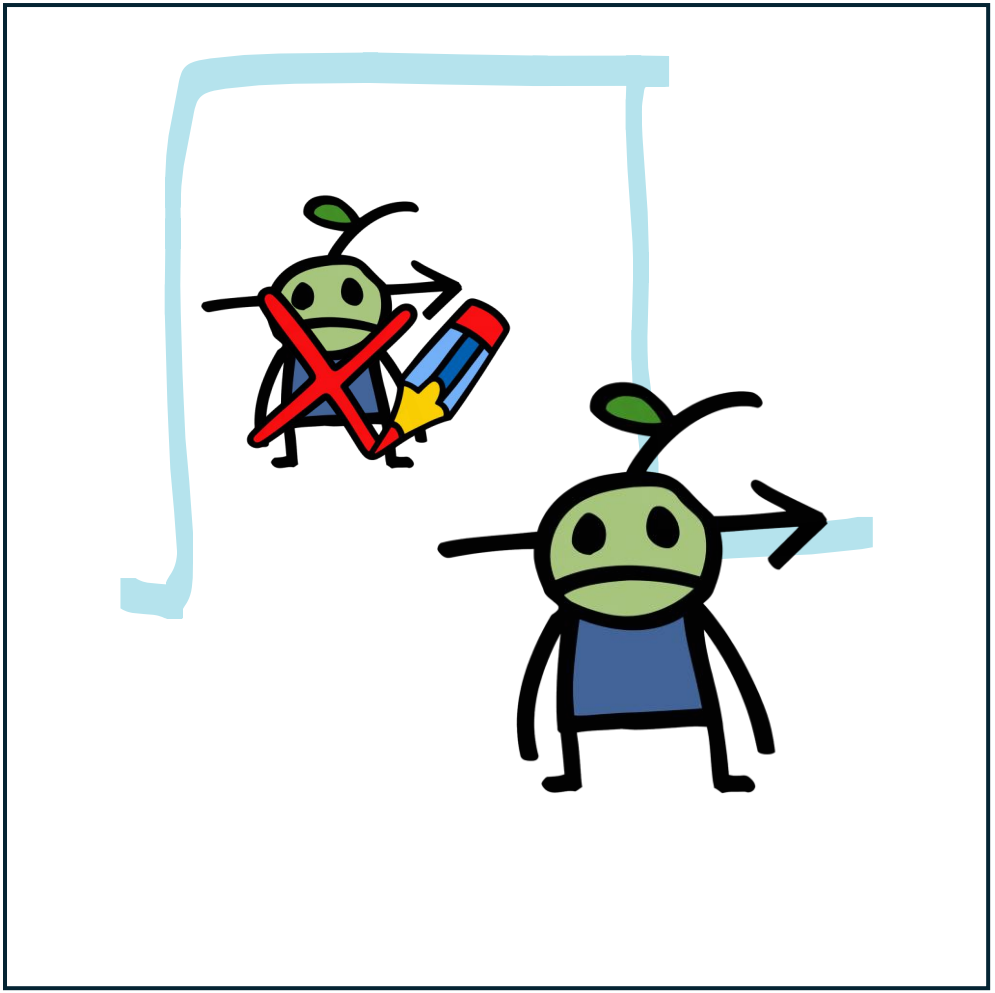




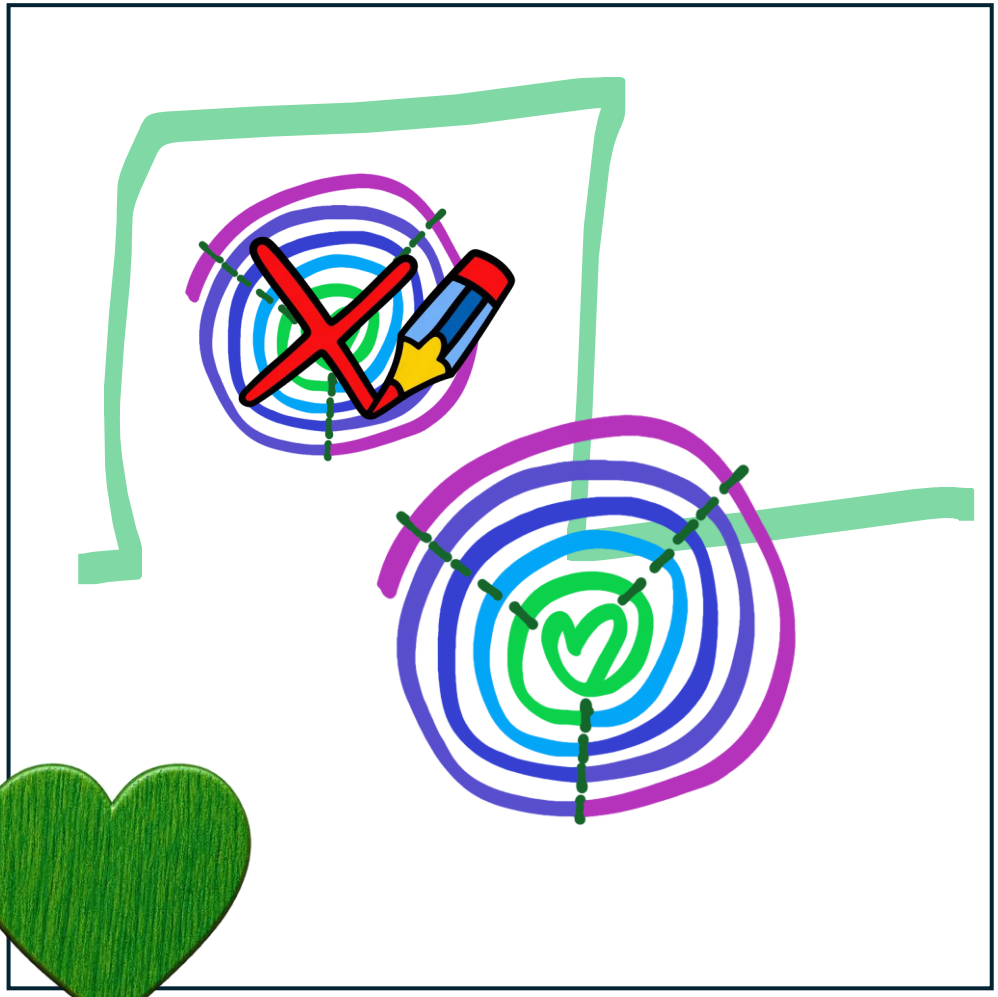




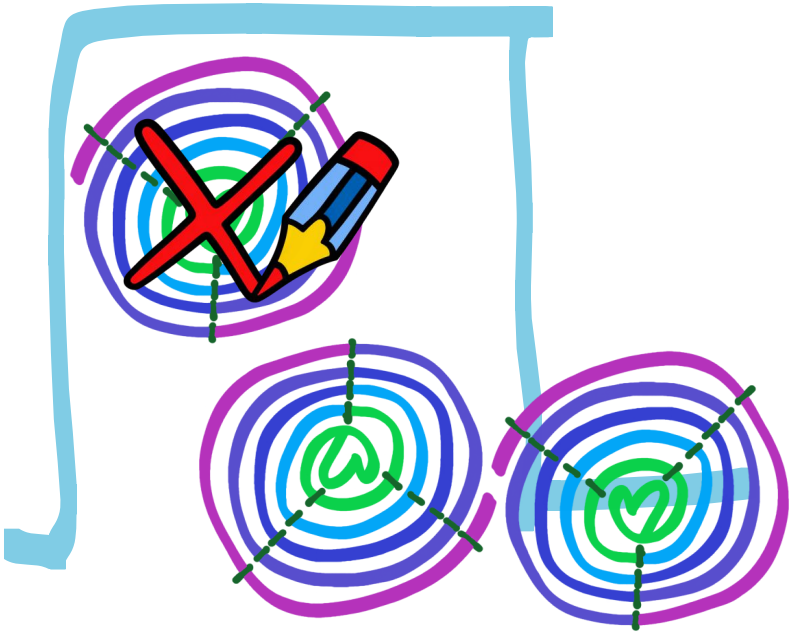

3 abraçOT3s • eu me abraço • eu te abraço • kimuak • para juntas abraçar melhor aquilo que a vida nos traz



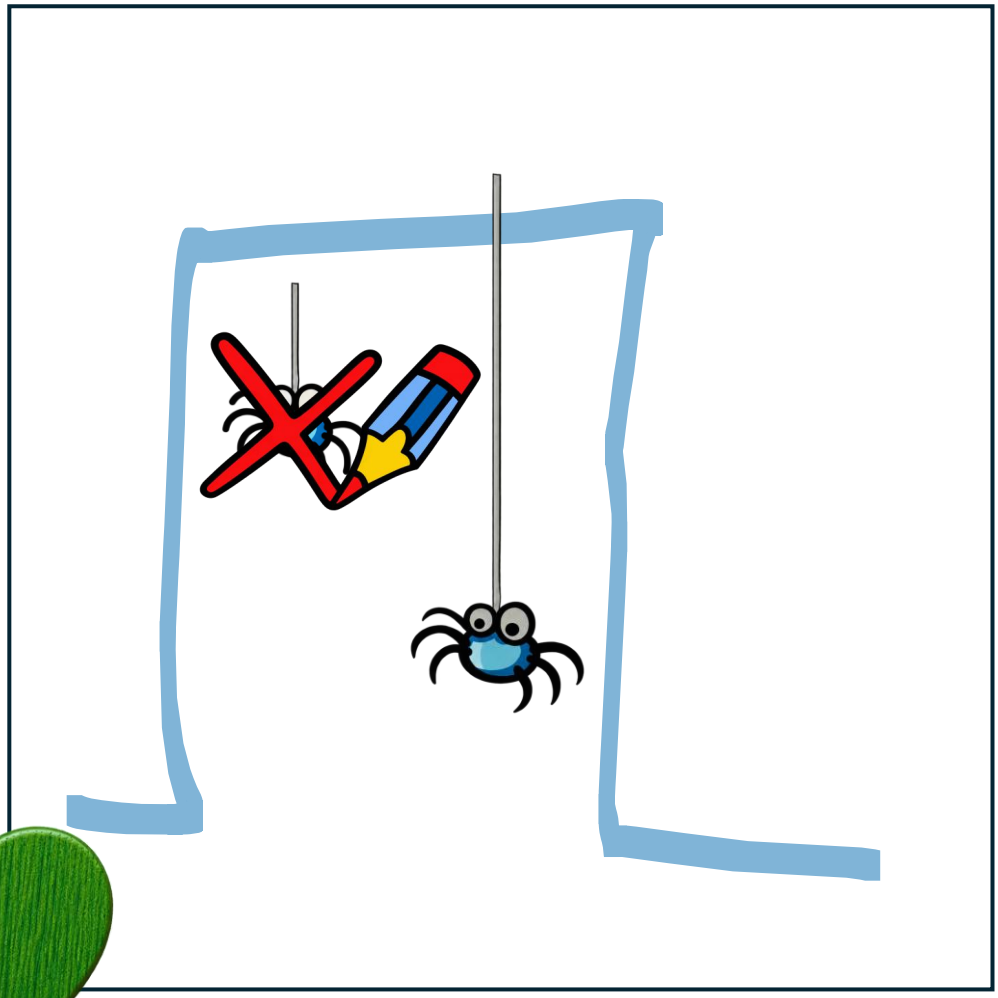
I ♥ OH



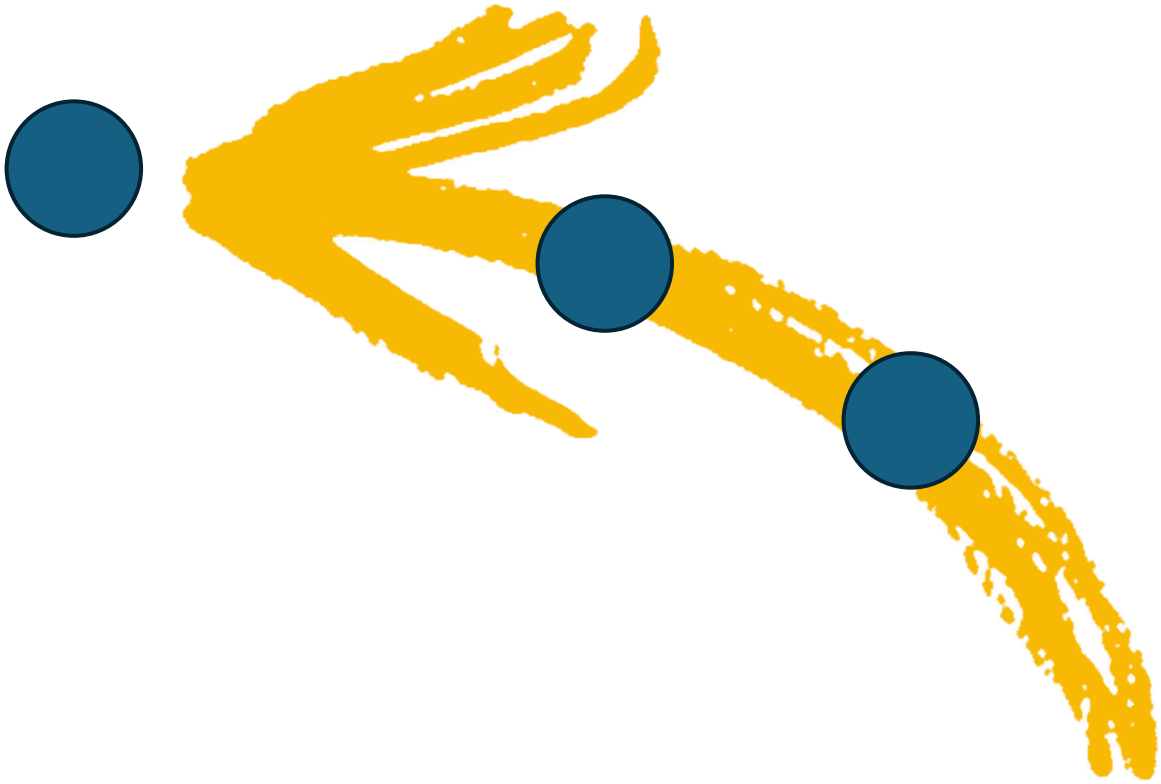
I ♥
OM



I ♥
OM

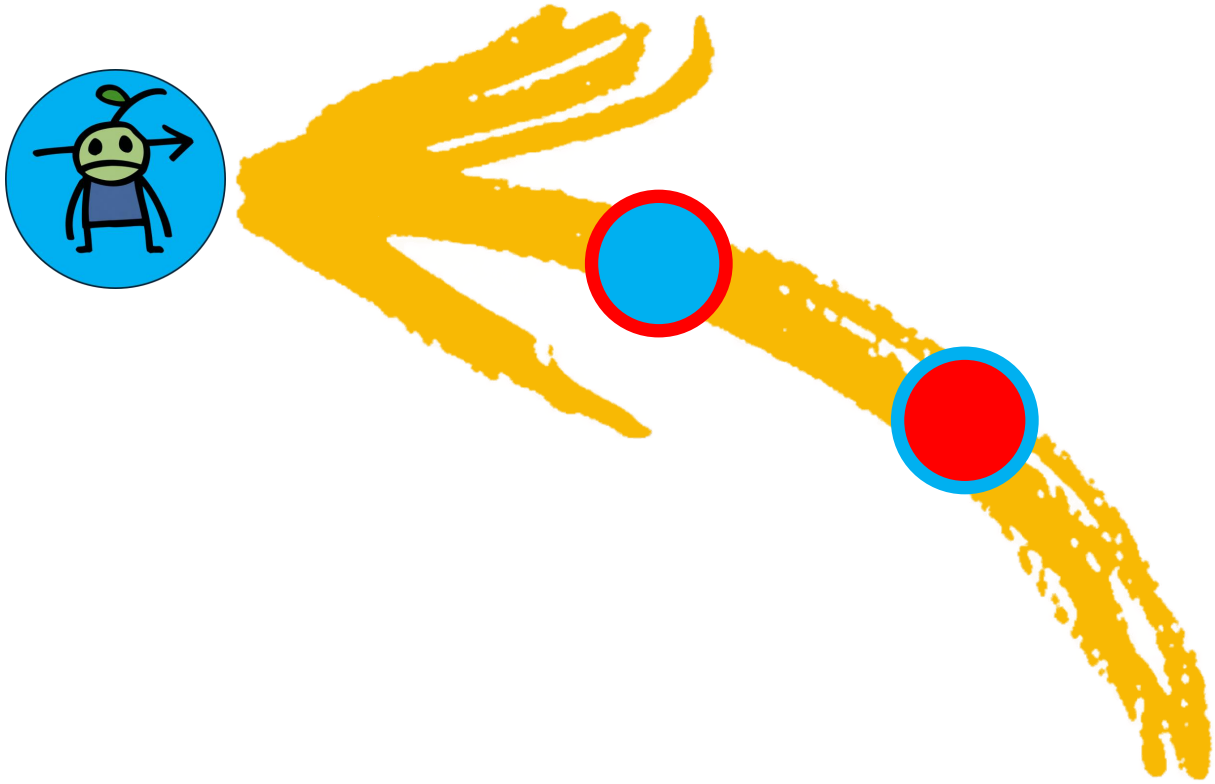


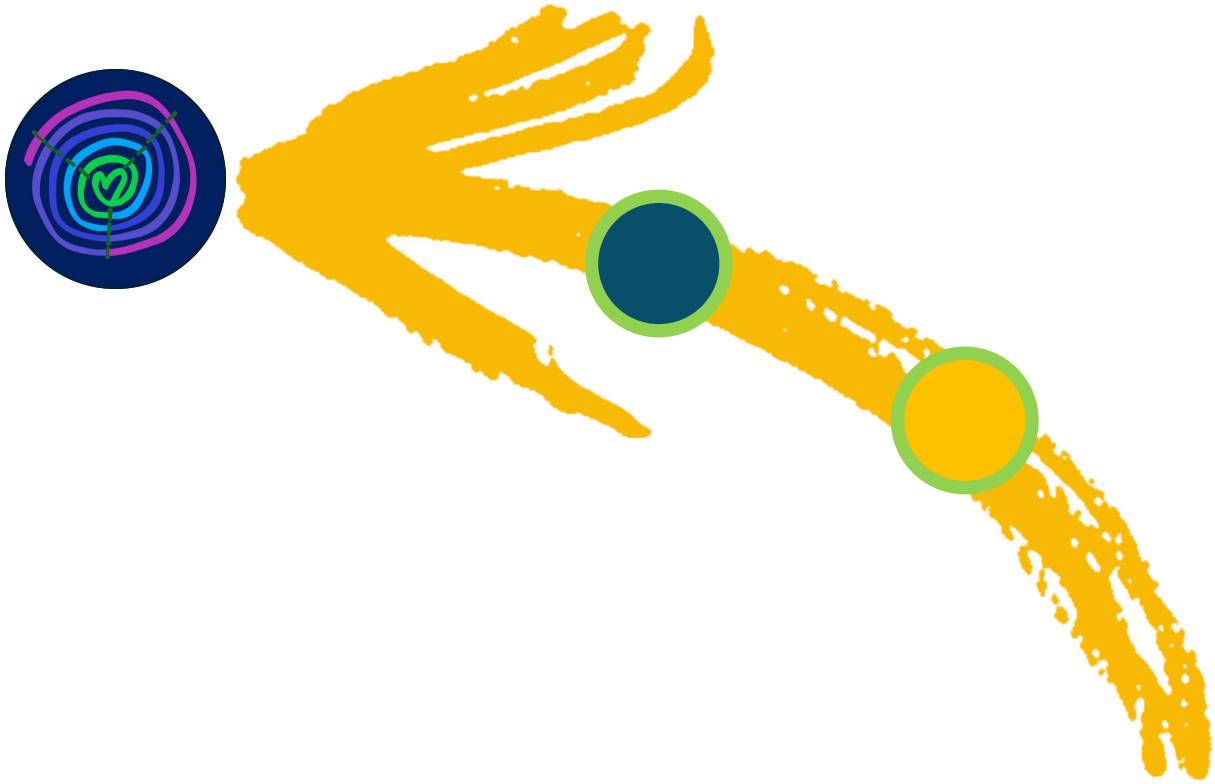
I ♥
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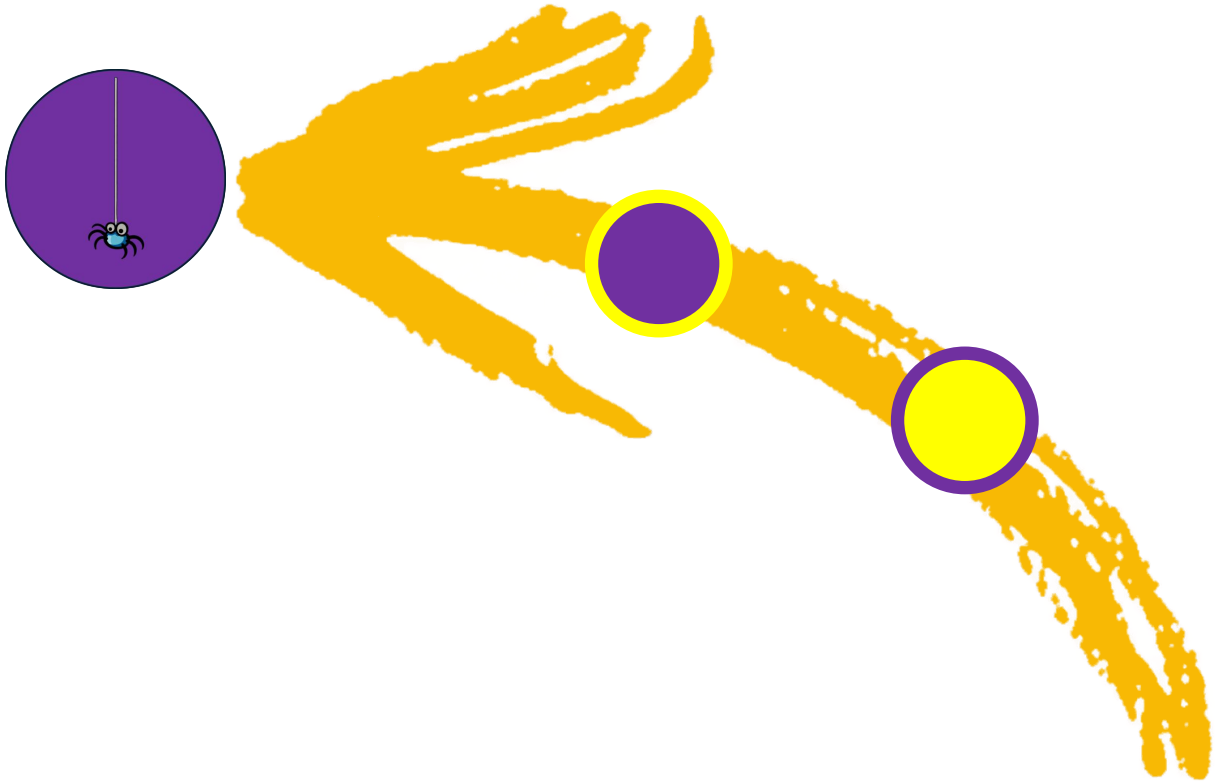


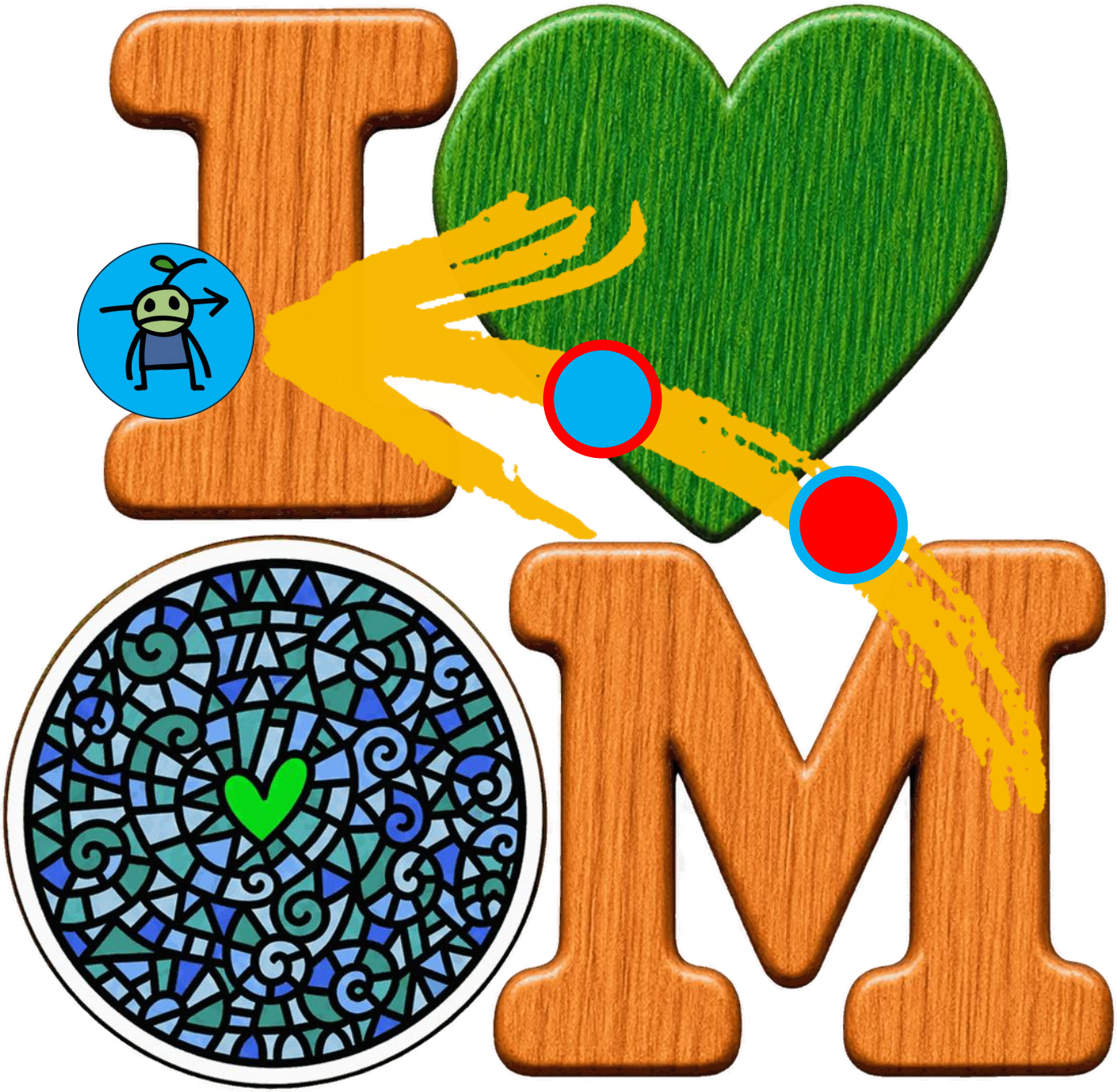
em 3 retos 4 us · o jogo, cada uma das 3 flechas tem 3 paradas:

- uma no mundo material ou na terra,
- outra no mundo aéreo ou espiritual,
- e a terceira no centro.

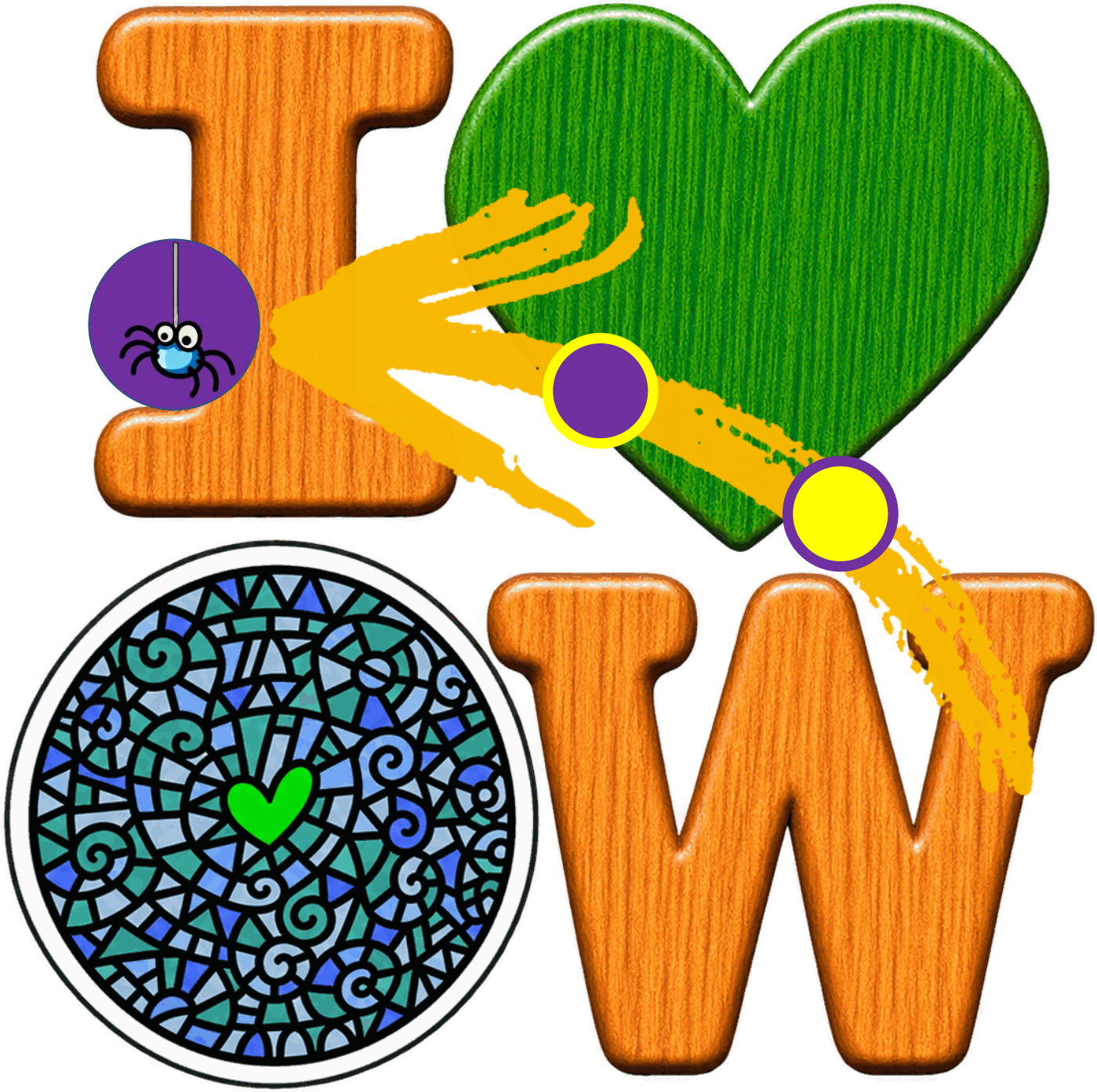






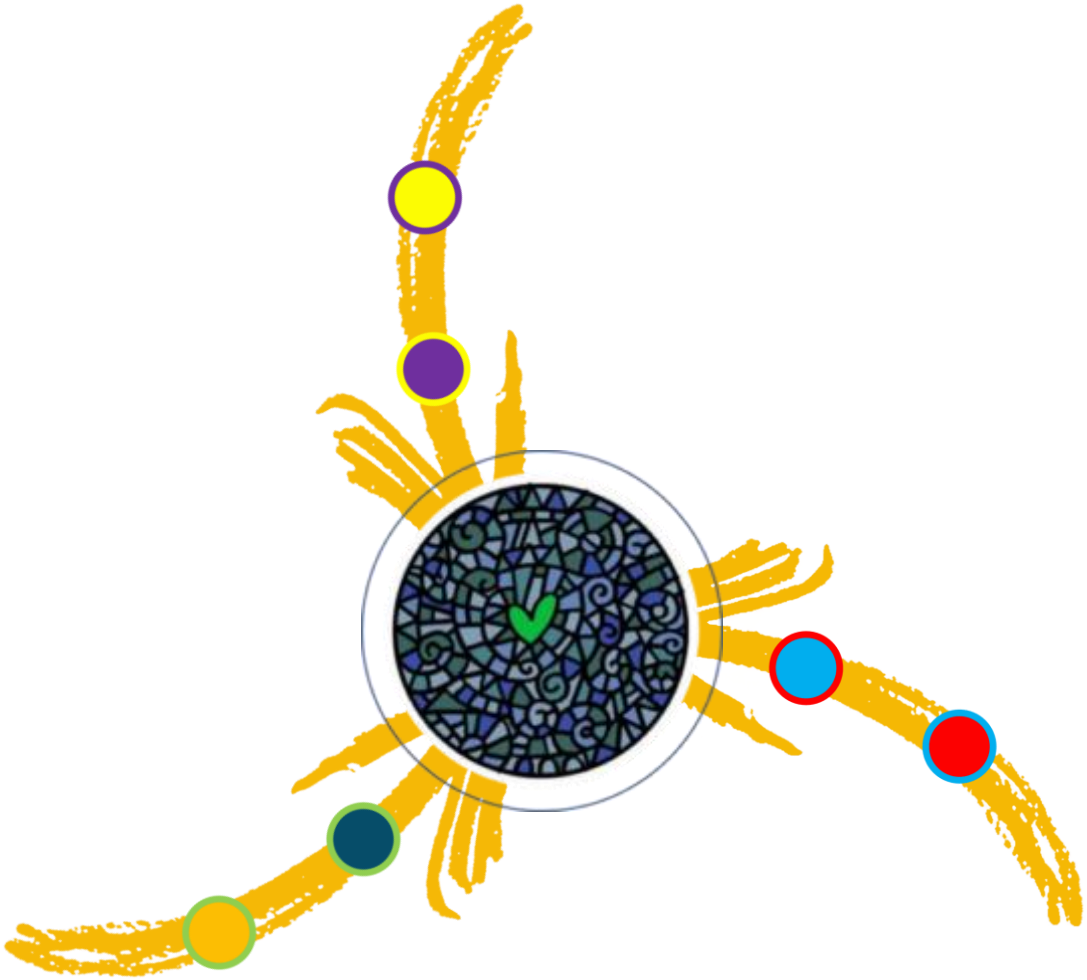

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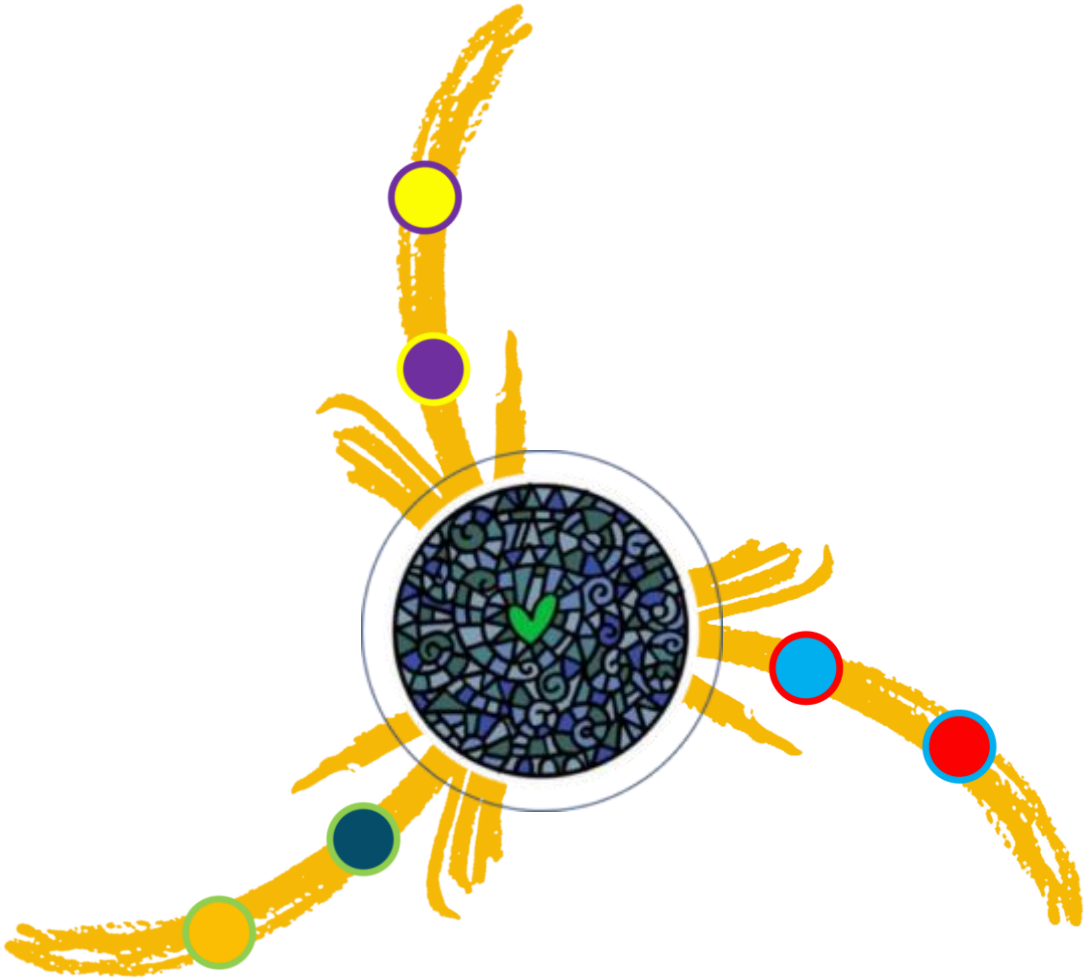

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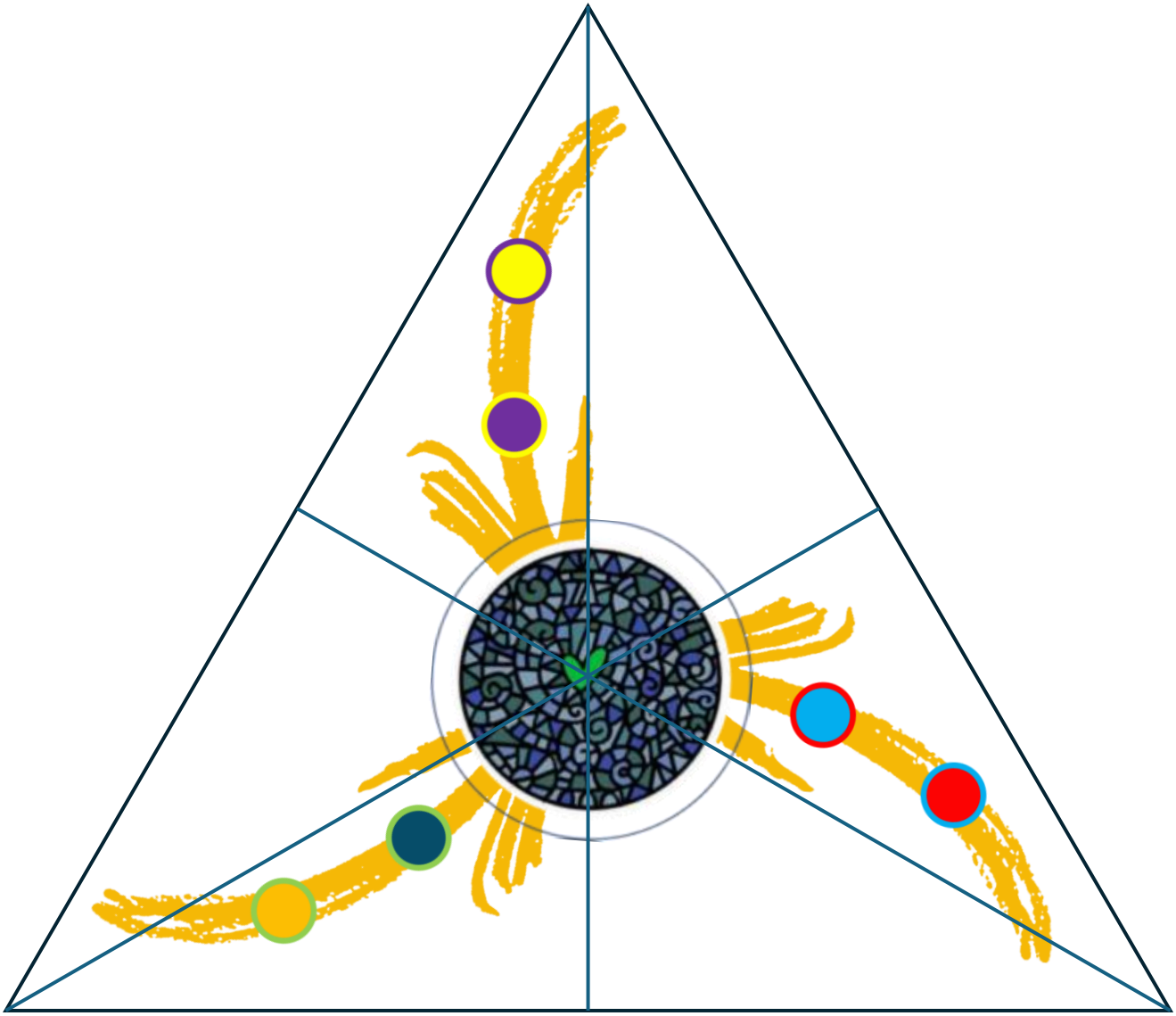

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3desafios4us o jogo

peças de movimento



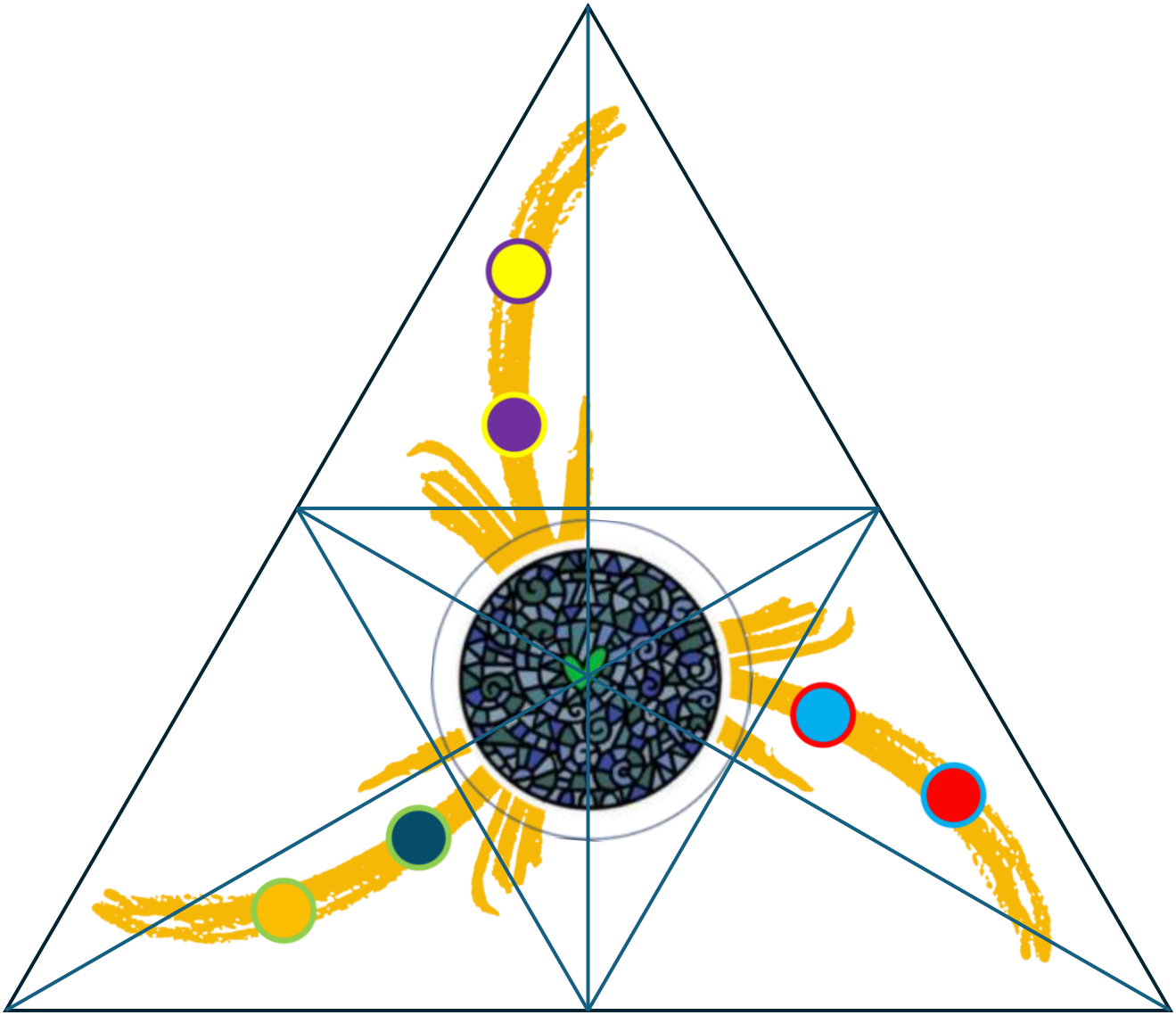


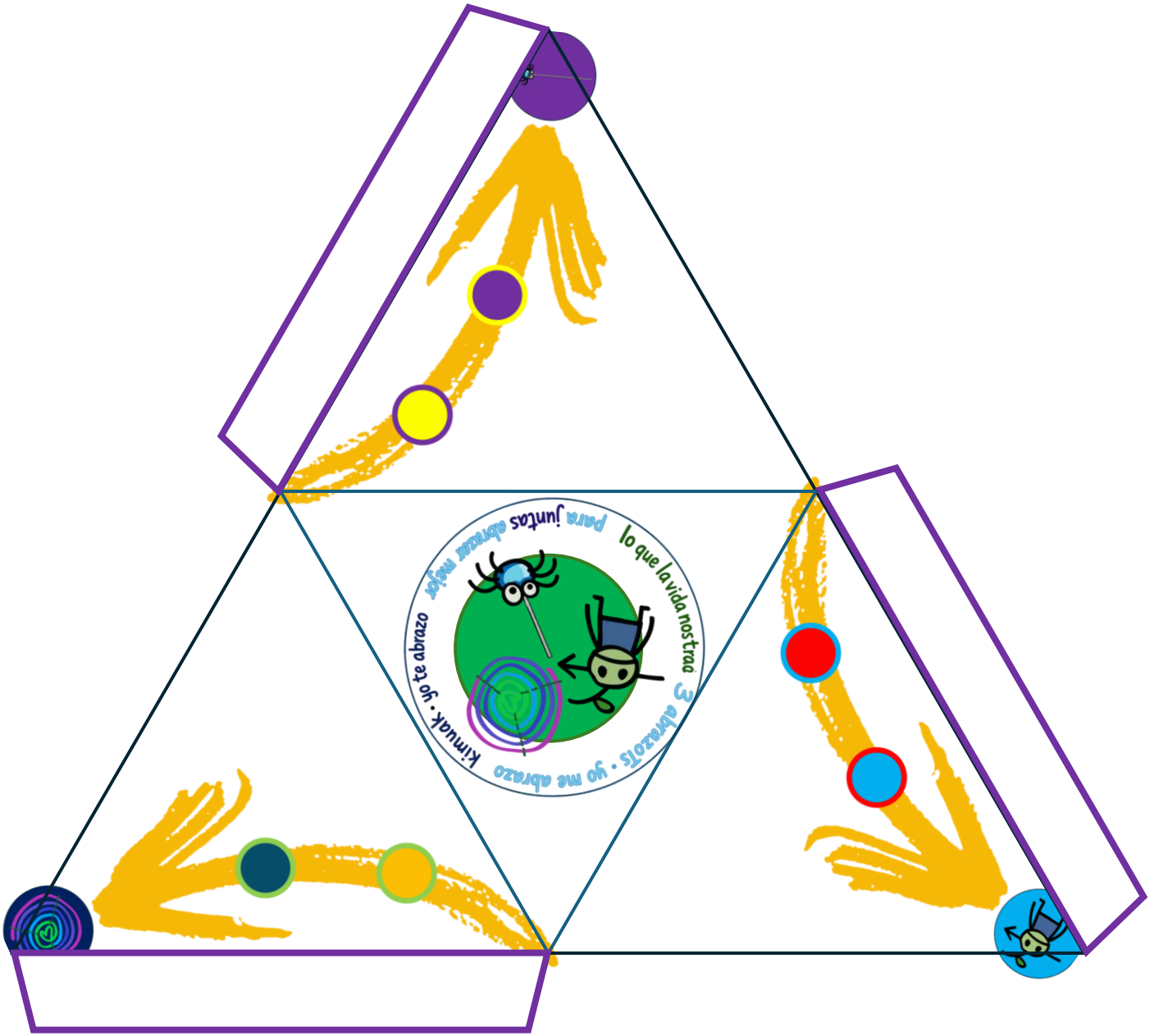


em 3 retos 4 us · o jogo, podemos jogar com uma peça plana

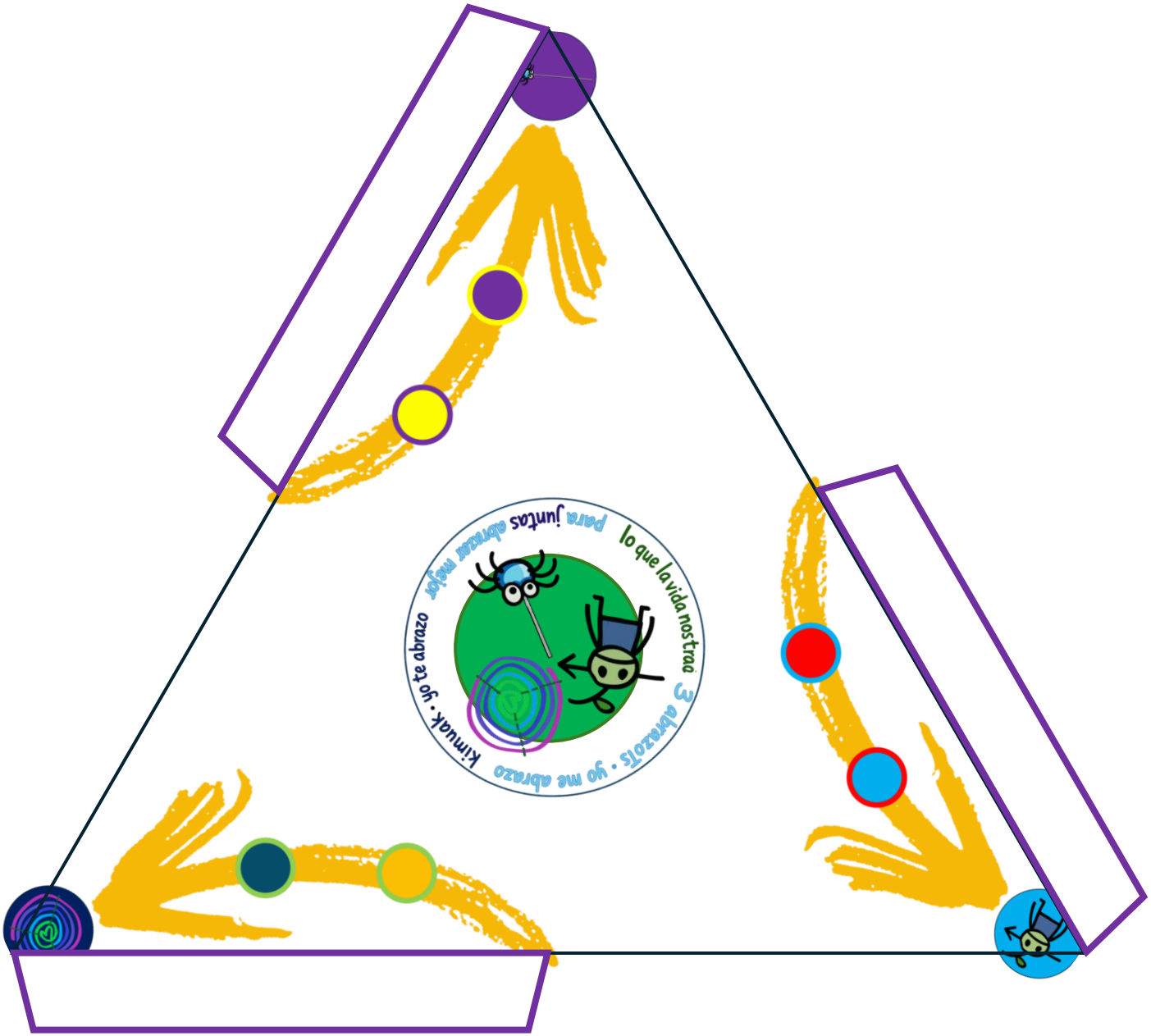
lembre-se de que cada uma das 3 flechas tem 3 paradas:

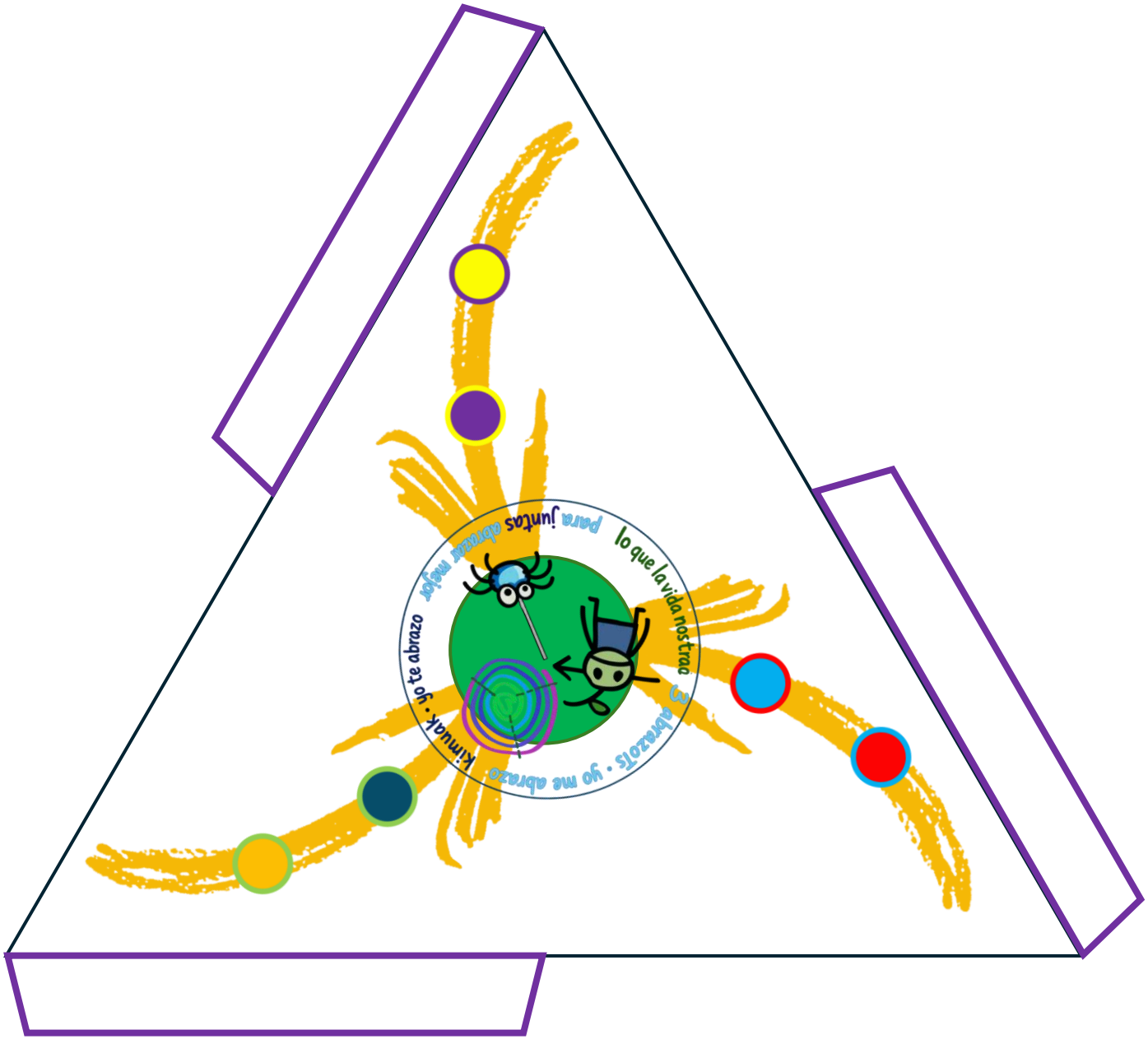
- uma no mundo material ou na terra,
- outra no mundo aéreo ou espiritual,
- e a terceira no centro (as 3 flechas compartilham o centro)



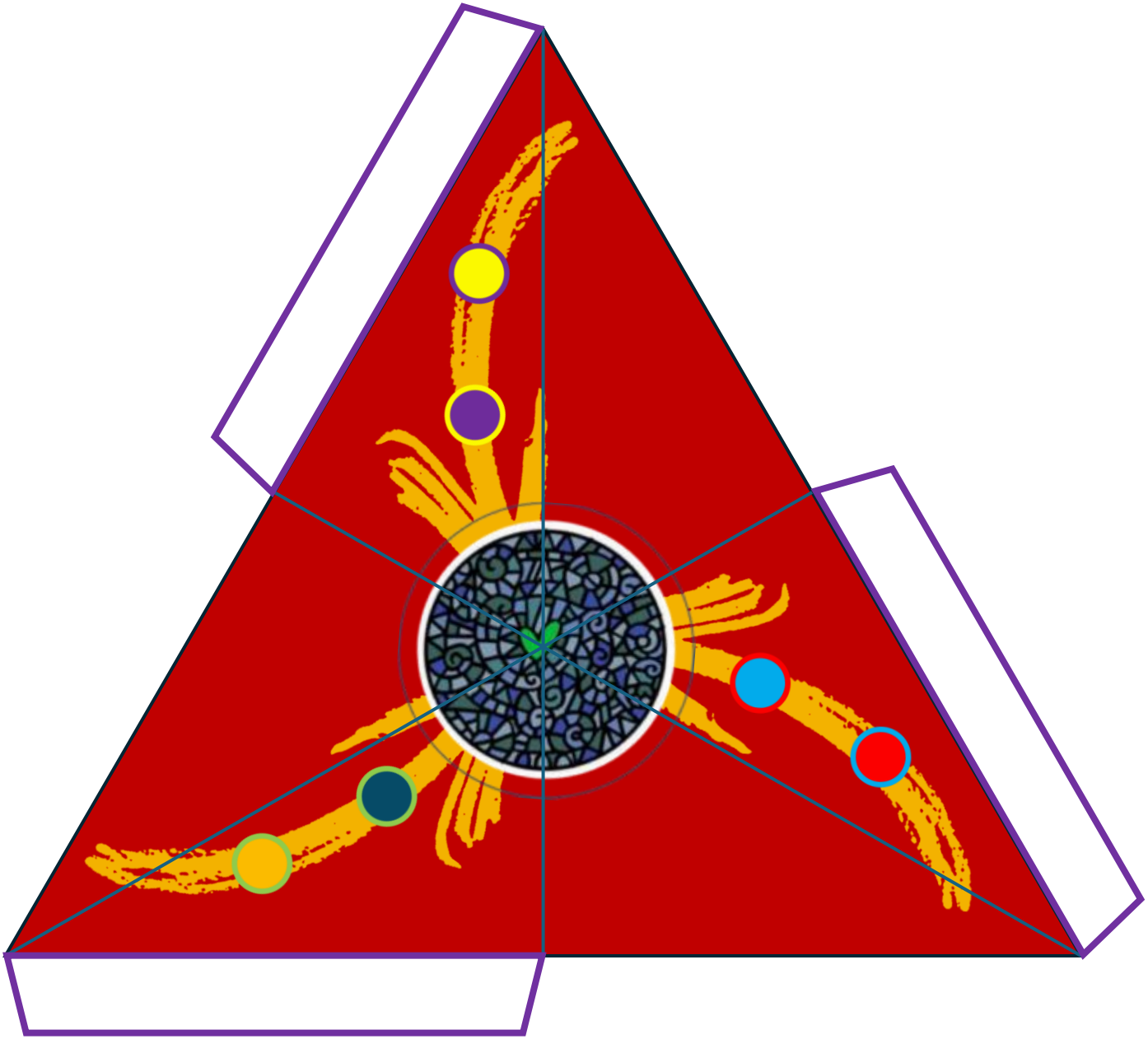


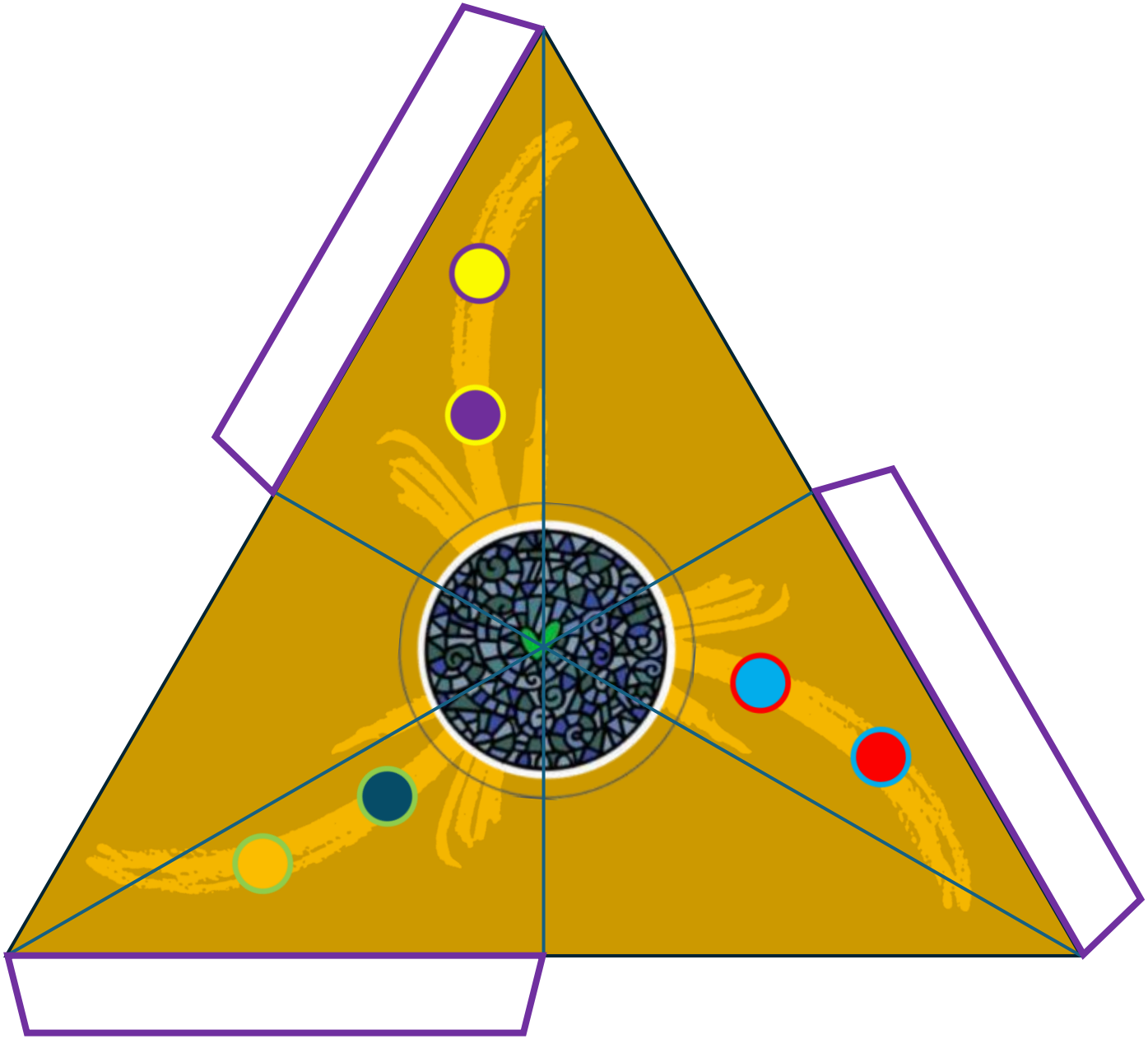
proposta de tetraedro com as flechas para cima,
3 retos 4 us · o jogo

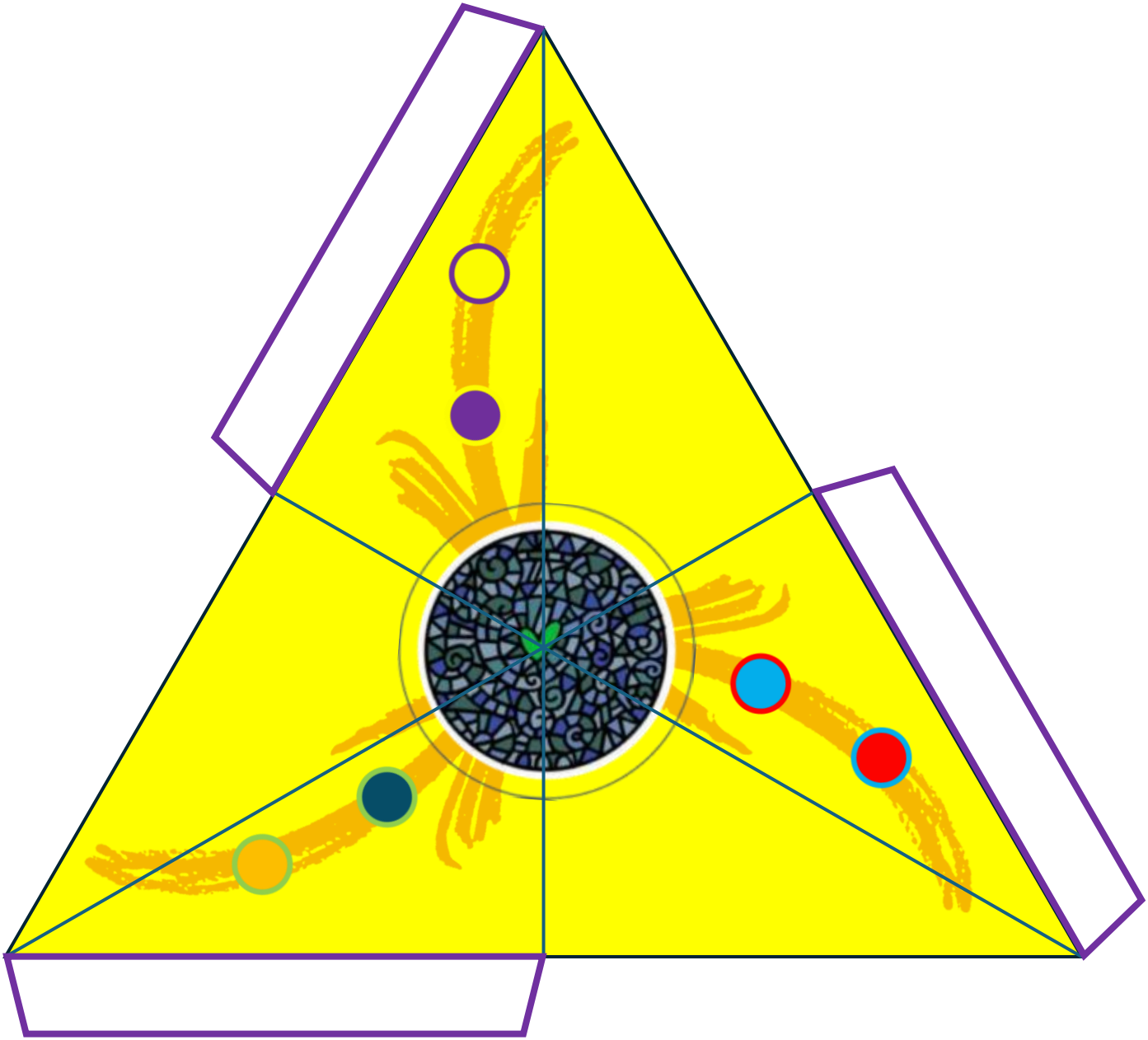

lo que la vida nos traa
para juntas abrazar mejor
kimuak · yo te abrazo · yo me abrazo
3 abrazos

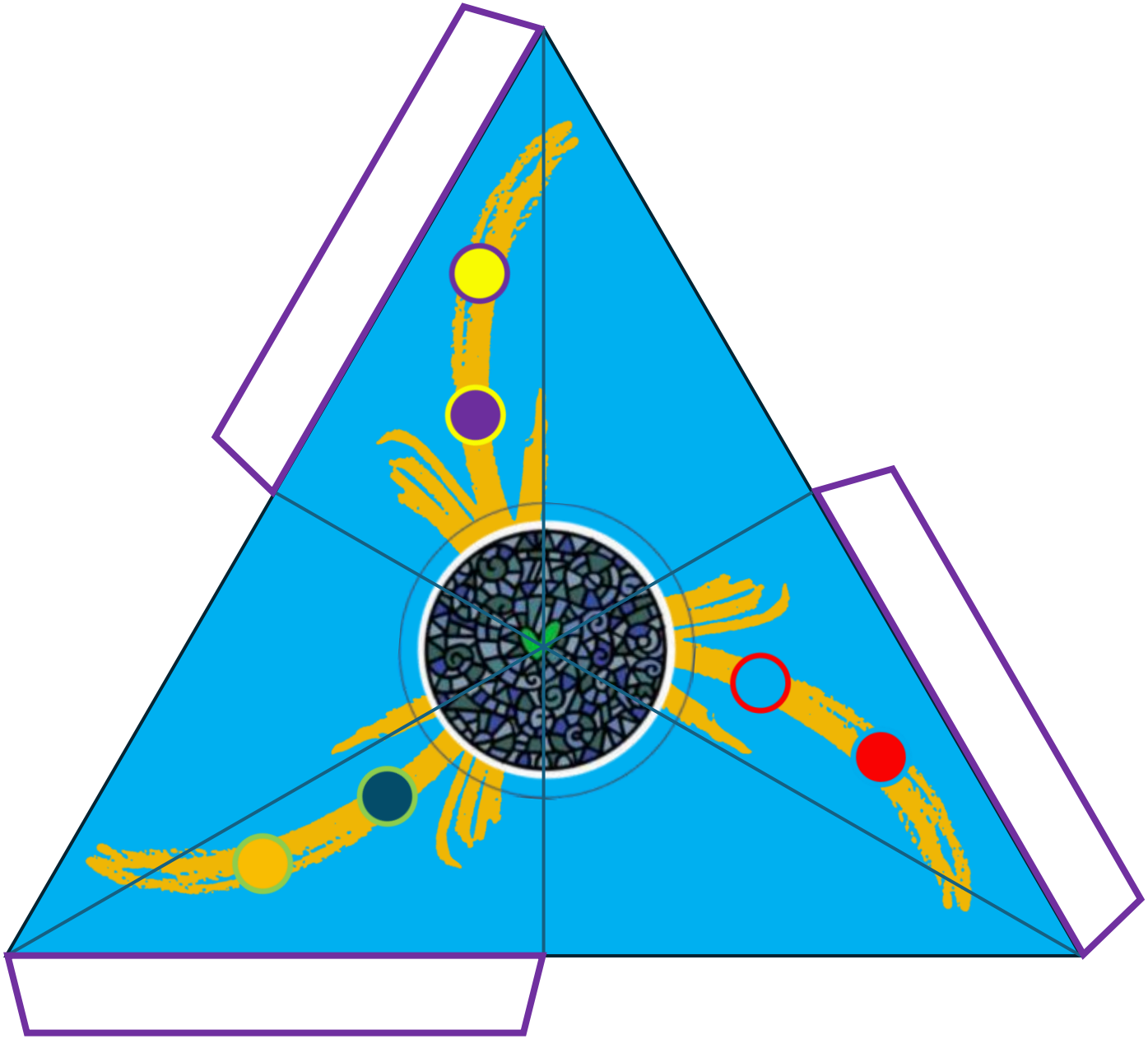


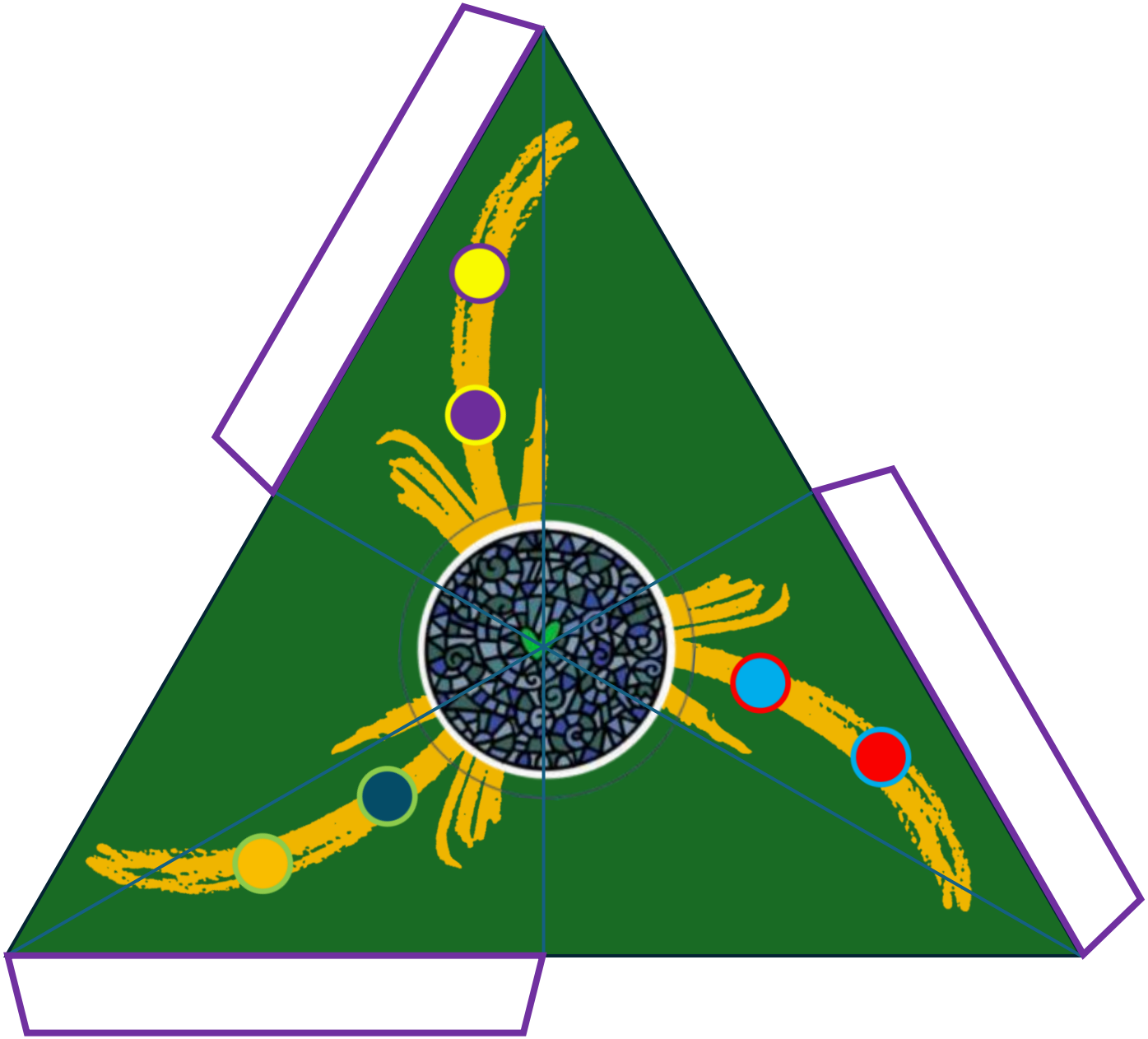
proposta de tetraedro com as flechas para cima,
3 retos 4 us · o jogo

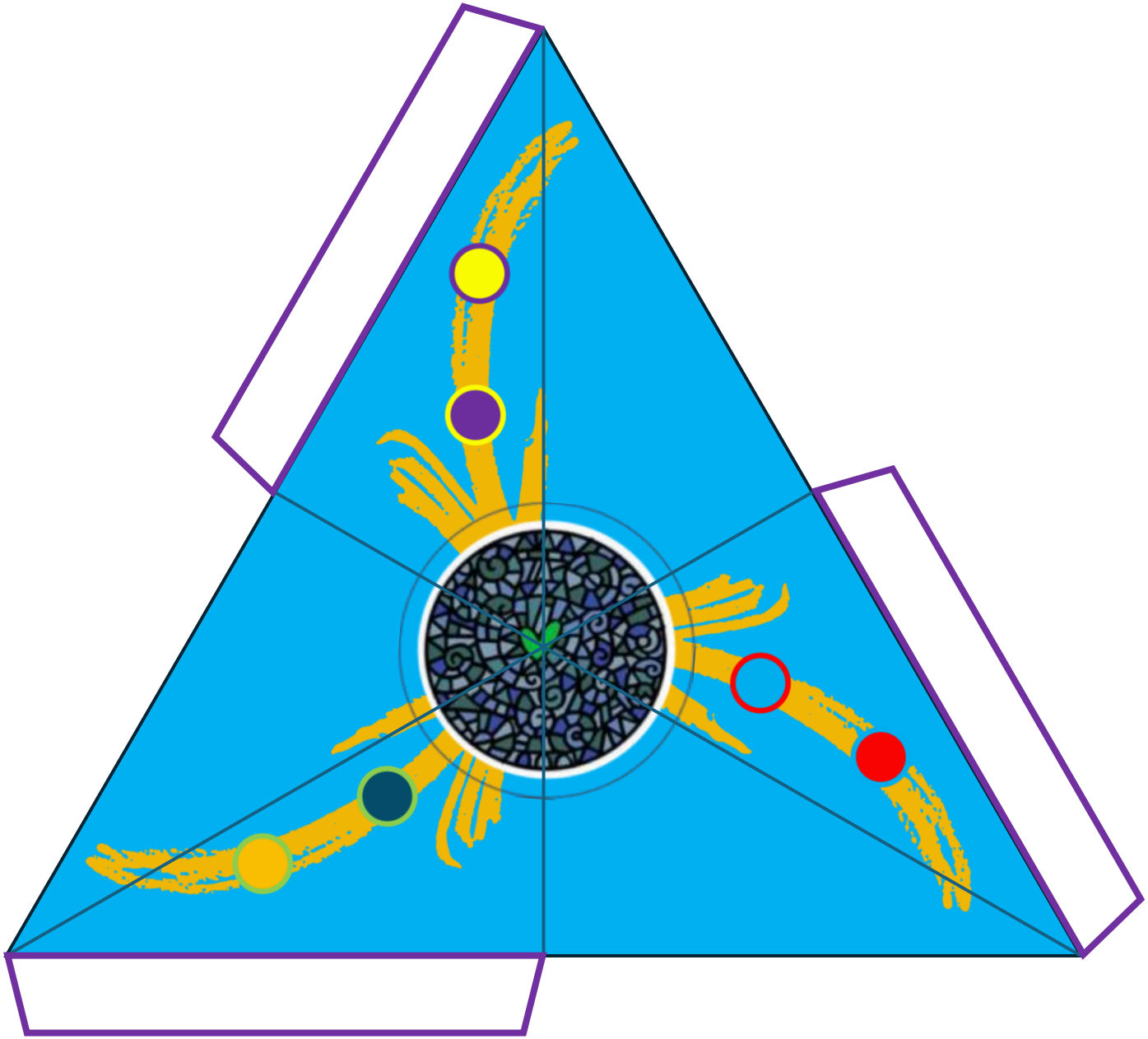


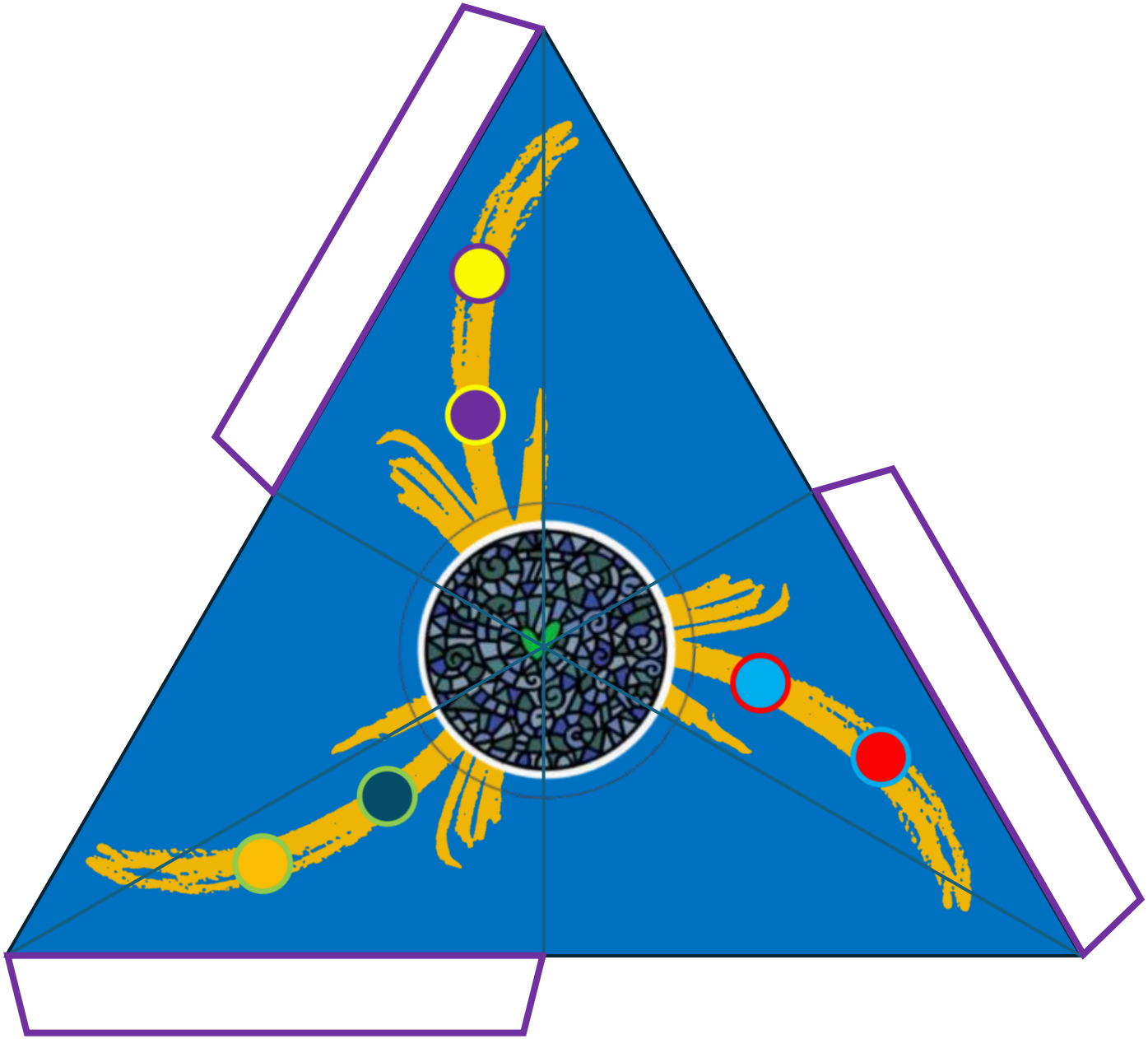


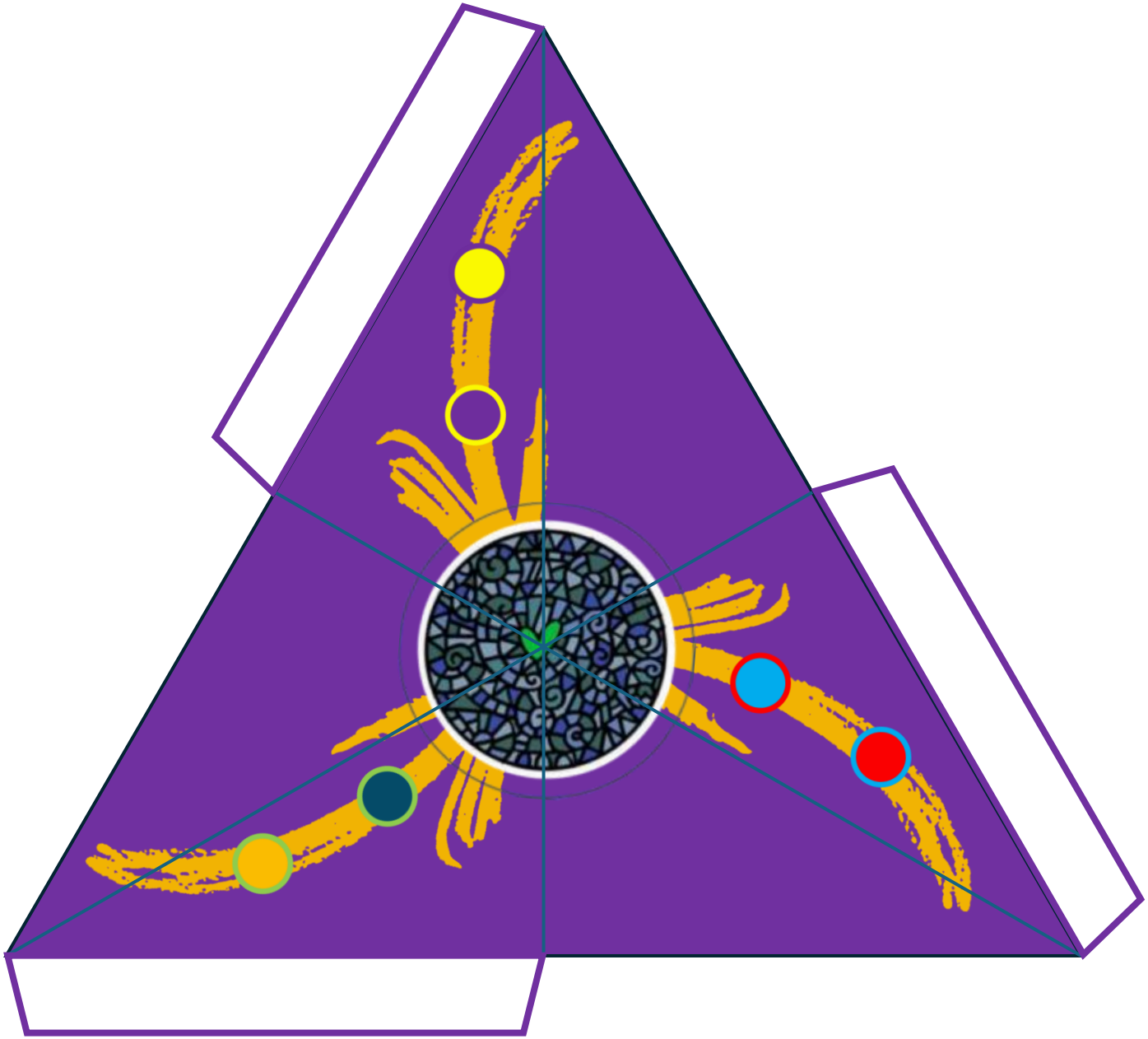






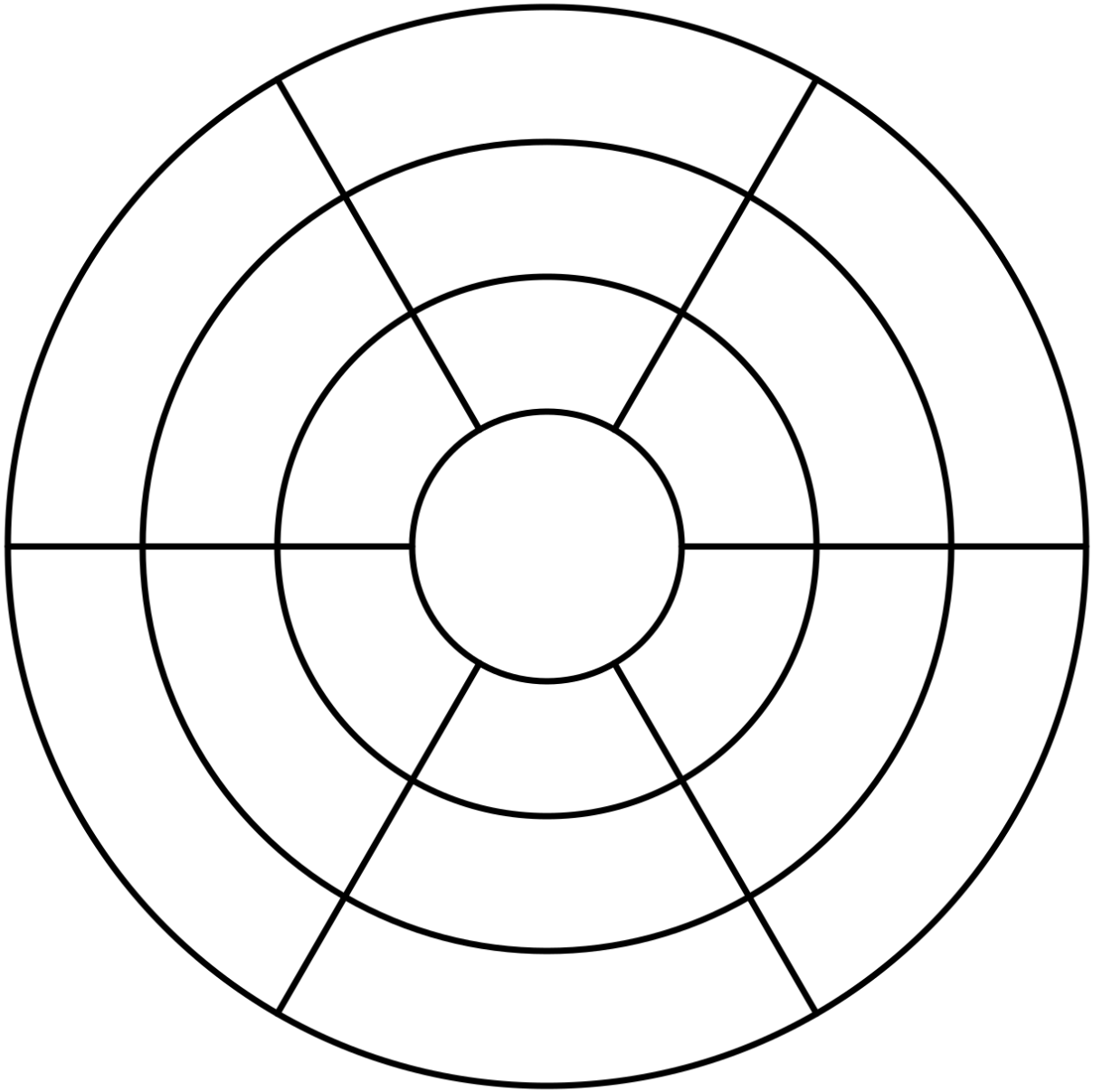




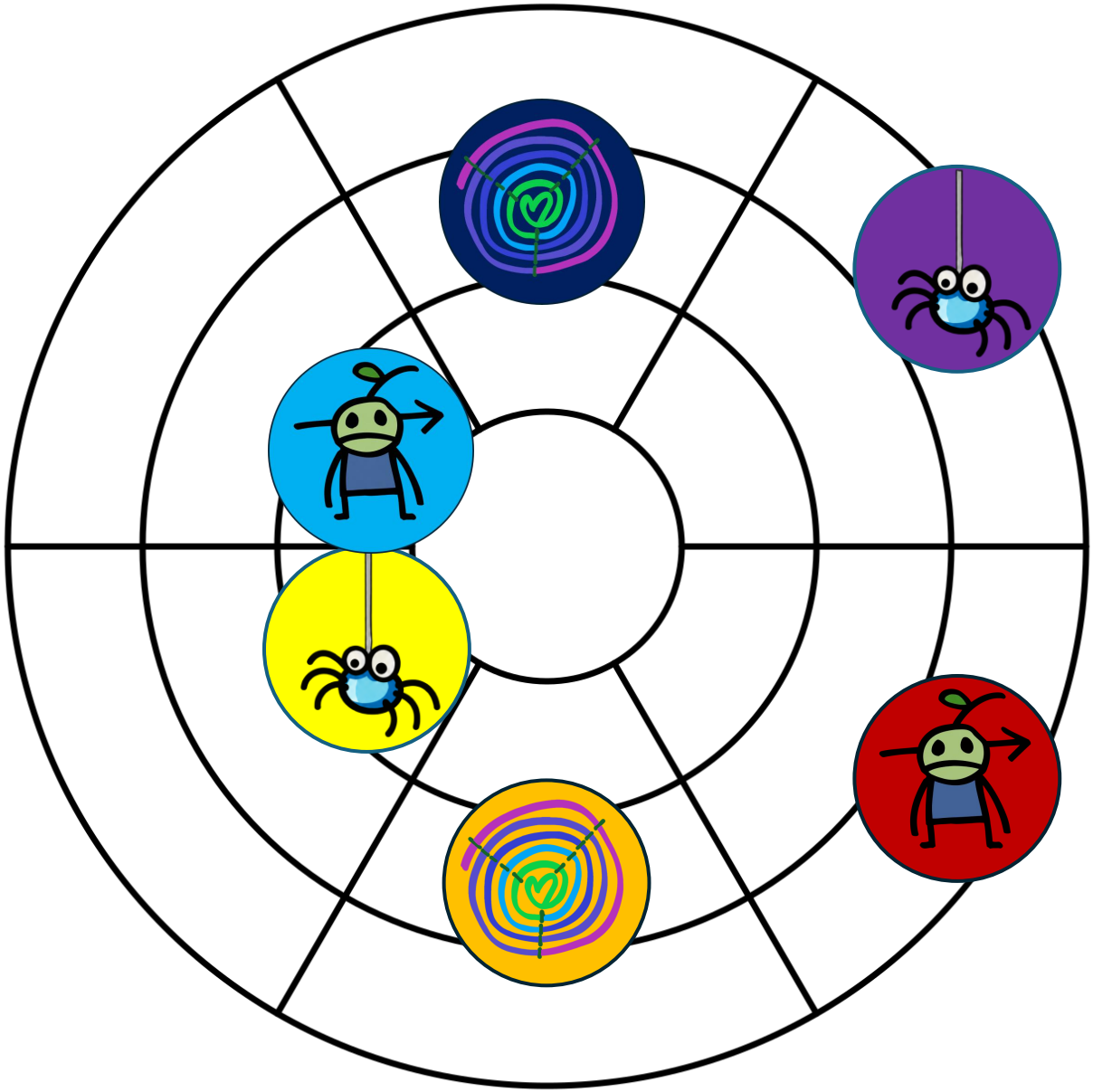


3desafios4us o jogo

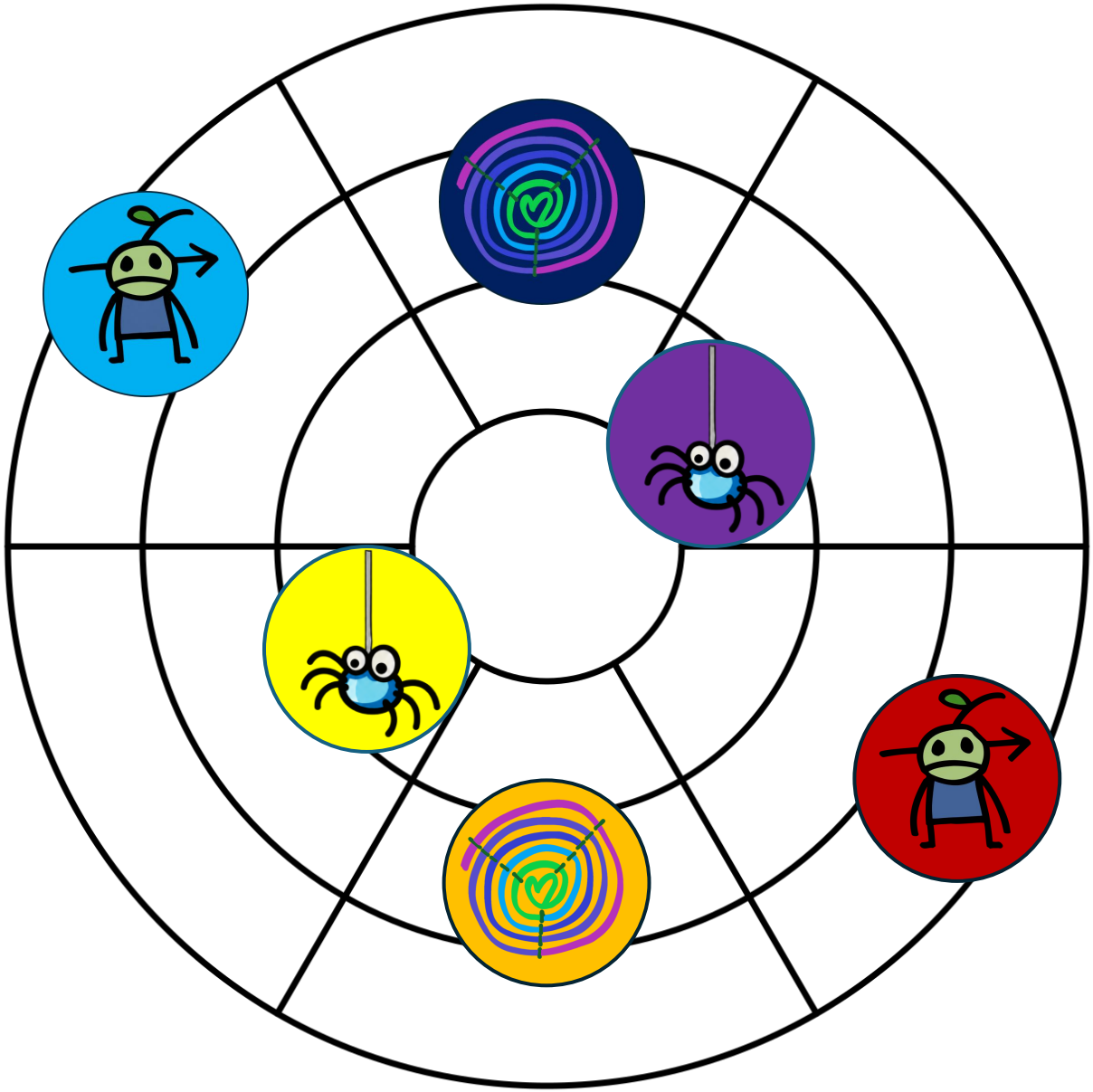
o tabuleiro



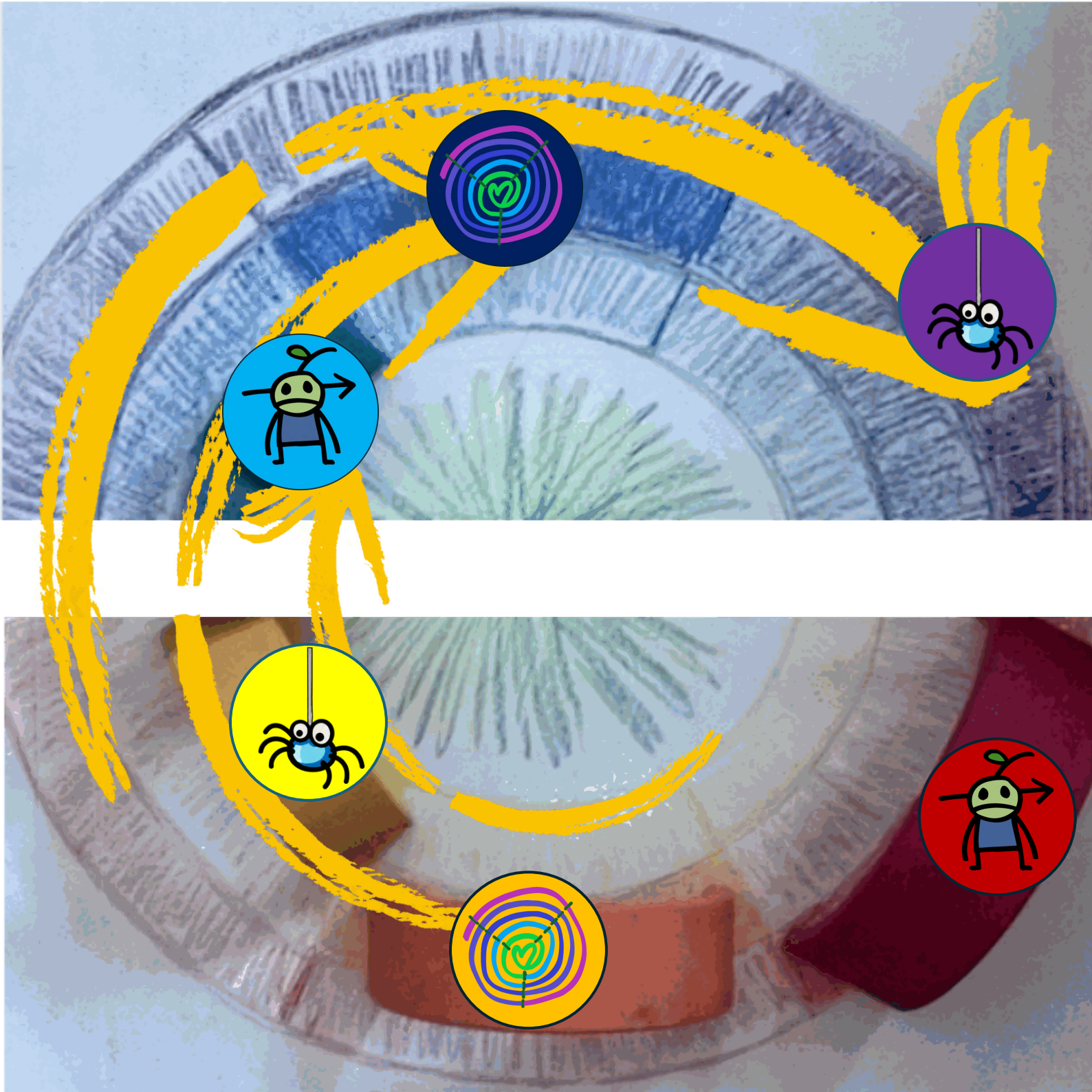
pinte e colora



esquema das pousadas

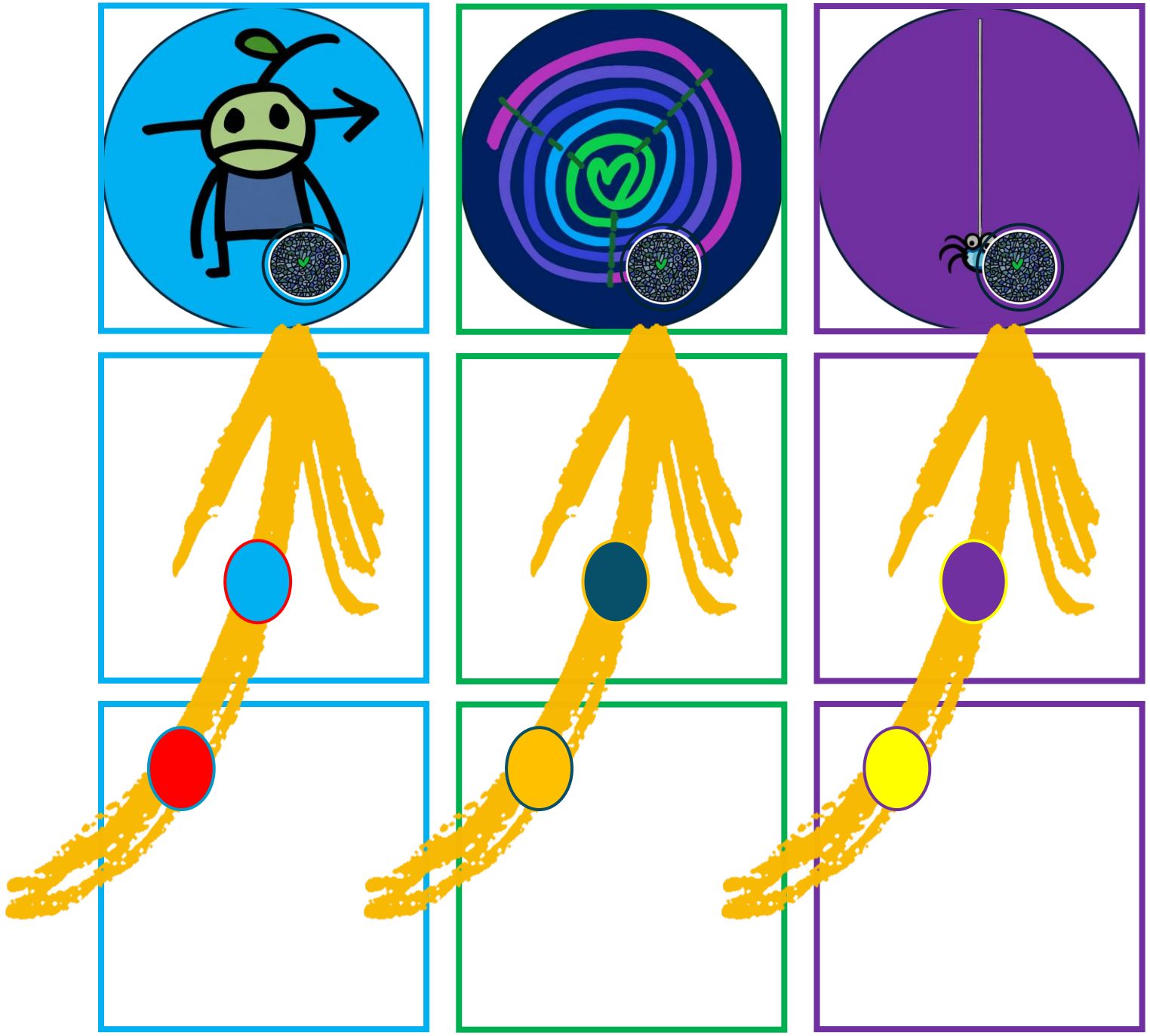


esquema das pousadas
(alternativo / é possível jogar da mesma forma)

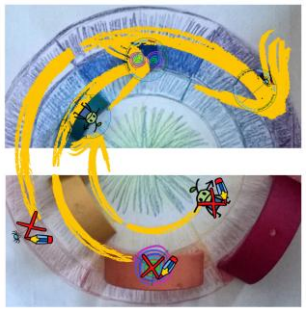


3desafios4us o jogo

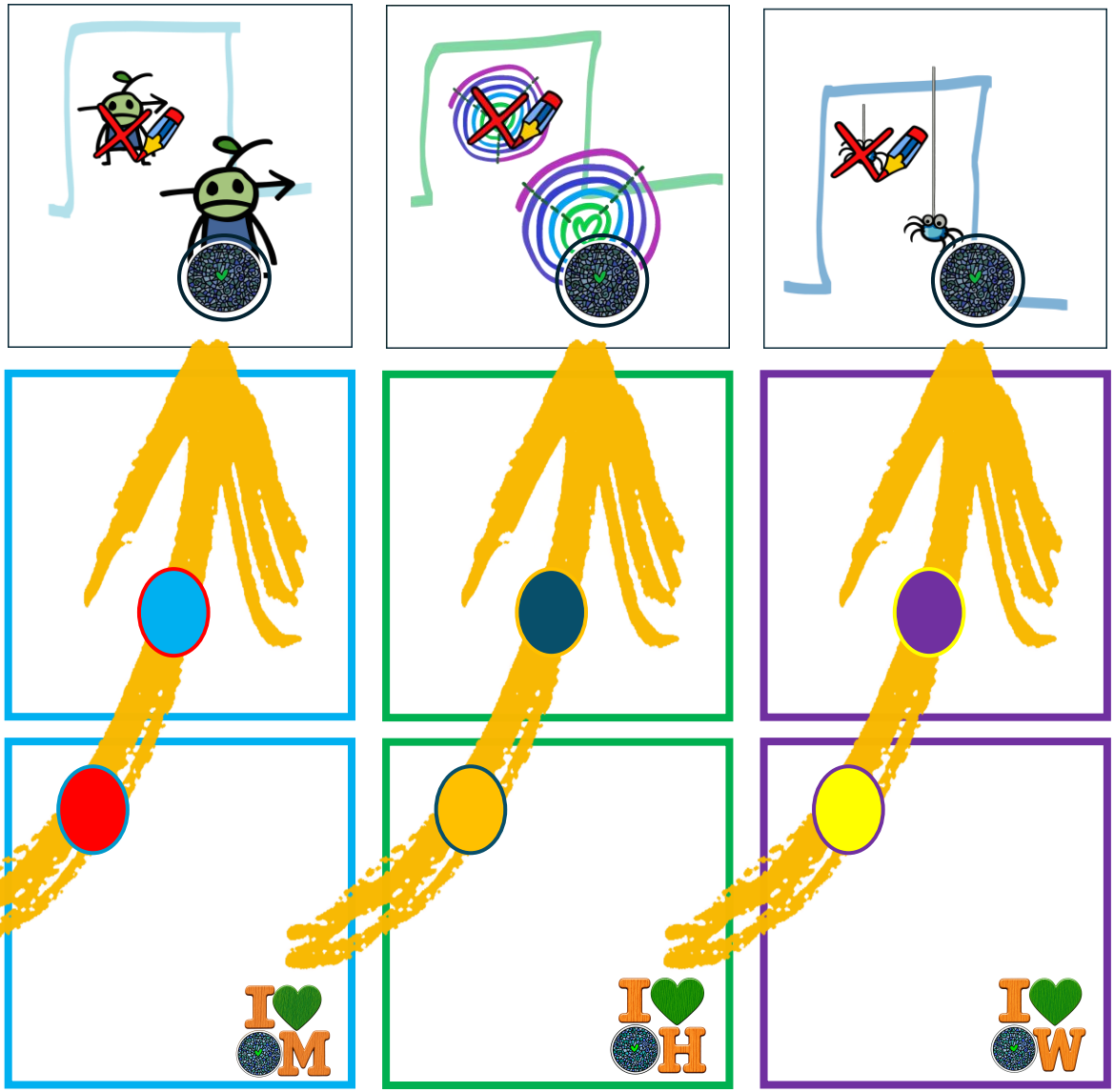
diário de navegação



3desafios4us
o jogo







o que pensei? _____

o que senti? _____

o que levo comigo? _____


3 abraçOT3s • eu me abraço • eu te abraço • kimuak • para juntas abraçar melhor aquilo que a vida nos traz •